

DRESS «CLASSIC» FOR GIRLS



INSTRUCTIONS
FOR SEWING

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—
ПРО ШИТЬЕ



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YOU WILL NEED THE FOLLOWING MATERIALS:

- french terry,
fusible interfacing for
- stretchy fabric
- matching threads

A

Check the pattern for amount of fabric to take according to your size. Note: if the width of the fabric differs from the one specified in the table, the length of the cut is likely to be different. Before beginning your sewing project, wash the fabric on warm, dry and iron it.

B

Let's start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

C

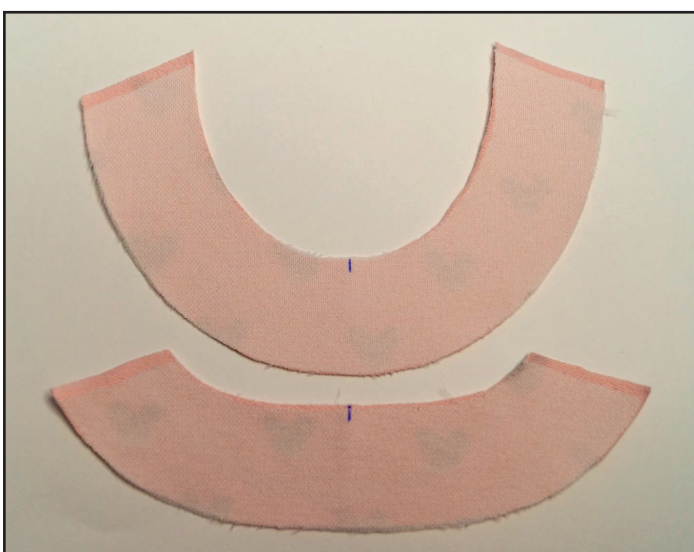
Put the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along them. Note: seam allowance is included. Transfer any necessary marks from the pattern onto the wrong side of your fabric. Cut the pieces from the fusible interfacing in the same way as the main fabric pieces, but leave the shoulder seam allowances only 2 mm (0.07").

NOW YOU HAVE ALL THE PEACES:

OF THE DRESS:



- ① front – cut 1 on the fold,
- ② back – cut 1 on the fold,
- ③ sleeve – cut 2,
- ④ top tier – cut 2 on the fold,
- ⑤ bottom tier – cut 2 on the fold,
- ⑥ front neck facing – cut 1 on the fold and a piece from the fusible interfacing cut 1 on the fold,
- ⑦ back neck facing – cut 1 on the fold and a piece from the fusible interfacing cut 1 on the fold.



You should press the fusible interfacing on the facing pieces. Press the interfacing pieces over the complete facing.

NOW WE CAN START SEWING

DRESS MAKING

1



Pin the front and the back at the shoulders right sides together. Stitch the seams with a 4-thread serger stitch. Press the seams flat towards the front.

2



Pin the pieces of the front and back neck facing together at the shoulder seams. Stitch the seams with a 4-thread serger stitch. Press the seams towards the back neck facing.

3



Finish the outer raw facing edges with the serger. Tie the seam thread tails and hide them into the seam. Press the facing.

NOTE

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, zigzag stitch. If you do not have a coverstitch machine, the flat seam can be performed with: a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with straight stitch.

4



Pin the facing to the bodice neckline right sides together. Align the shoulder seams and the folds. Use the serger to stitch it to the garment. Tie the seam thread tails and hide them into the seam.

5



Press the seam allowance towards the neck facing. Stitch the facing 1 mm (0,03") in from the seam.

6



Press the facing on the wrong side of the back forming a roll. To avoid twisting the facing up, you should hand-stitch it to the shoulder seams.

7



Pin the sleeves into the bodice armholes, right sides together, matching the underarm seams and the notches. Use the serger to stitch them to the garment. Press the seam allowances towards the bodice.

8



Pin the back and the front right sides together along the sleeve and side seams. Stitch the seams with a 4-thread serger stitch. Tie the seam thread tails and hide them into the seam. Press the seams flat towards the front.

9



Pin the top tier side edges right sides together. Stitch the seams with the serger. Press the seams flat towards the tier back part.

10



First sew two parallel seams 5 mm (0.2") and 3 mm (0.12") in from the first half of the top tier long edge, then do the same with the second half. Set the maximum stitch length at 4 - 5 mm (1.6- 2"), don't backstitch and leave the thread tails at least 3 cm (1.2") long at the both sides of the seams. Pulling the tails of the upper threads, gather the top tier of the skirt to the length indicated on the pattern. Tie the thread tails. Pin the top tier of the skirt to the bodice lower edge right sides together.

Align the side seams and the pieces center marks. Distribute the gathers so that the folds are formed evenly.

NOTE

If the size of your dress is small, there may be some problems in stitching the sleeve hem because of a difficult access for the coverstitch presser foot. In this case, before stitching the sleeve and bodice side seams, you should fold and stitch the lower sleeve hem with the coverstitch machine (steps 13 and 14).

11



Stitch the top tier to the bodice with a 4-thread serger stitch. Tie the seam thread tails and hide them into the seam. Press the seam allowances towards the bodice.

12



Do the same steps with the skirt bottom tier.

13



Fold and glue the dress lower hem and the sleeves hems 2 cm (0.8") up to the wrong side. Give the hem a final pressing.

14



Stitch the dress lower hem by a coverstitch machine. Pull the seam thread tails to the wrong side, tie them and hide into the seam. Press the seam again.

15



Remove the basting stitches, trim the thread tails and press once again. The dress is ready!

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ПРО ШИТЬЕ

**THANK YOU FOR JOINING MY TEAM AND ME!
SHARE YOUR WORKS IN INSTAGRAM AND MY
GROUP IN VKONTAKTE. HOPE YOU WILL STAY
WITH US FOR OUR NEXT PROJECT!**