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# TOP «WINGS» WOMEN

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INSTRUCTIONS  
FOR SEWING

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ПРО ШИТЬЕ



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## YOU WILL NEED THE FOLLOWING MATERIALS:

- french terry
- fusible interfacing for stretchy fabric
- matching threads

A

Check the pattern for amount of fabric to take according to your size. Note: if the width of the fabric differs from the one specified in the table, the length of the cut is likely to be different. Before beginning your sewing project, wash the fabric on warm, dry and iron it.

B

How to cut the top  
Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

B

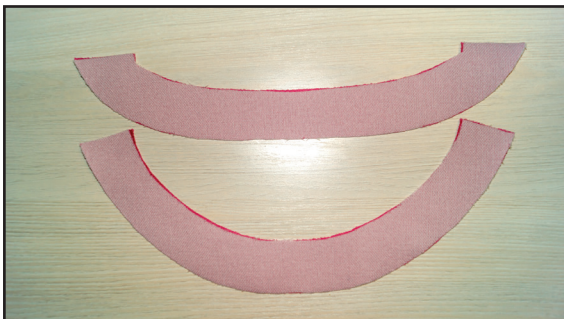
Put the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along them. Seam allowance is included but not printed. Transfer any necessary marks from the pattern onto the wrong side of your fabric.

**NOW YOU HAVE  
ALL THE PEACES:**

**OF THE TOP:**



- ① front – cut 1 on the fold
- ② back - cut 1 on the fold
- ③ ruffles - cut 2 on the fold
- ④ front facing - cut 1 on the fold
- ⑤ back neck facing - cut 1 on the fold



You should press the fusible interfacing on the facing pieces. Cut the interfacing and fuse it over the complete facing.

**HOW TO SEW THE TOP**



## TOP SEWING

1



Pin the front and back at the shoulders right sides together. Serge the shoulders. Press the seams flat towards the front.

2

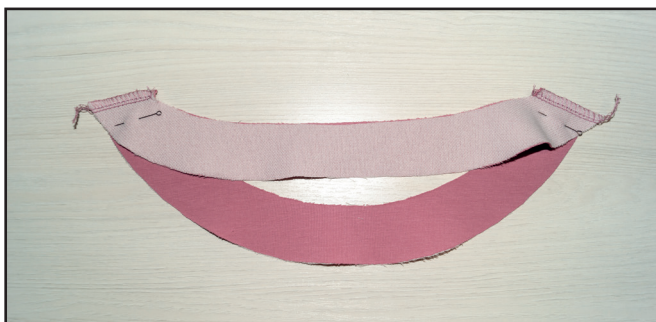


Pin the back and front right sides together along the side seam lines. Stitch the seams with the 4-thread serger stitch. Press the seams flat towards the front.

### NOTE

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, zigzag stitch. If you do not have a coverstitch machine, the flat seam can be performed with: a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with the serger and stitch them with straight stitch.

3



Pin the front facing and the back neck facing right sides together along the shoulders seam lines. Serge the shoulders. Press the seam allowances flat towards the back.

4



Finish the outer raw edges of each facing piece. Tie the thread tails at the end of the stitch. Press the facing pieces.

5



Pin the facing to the neckline right sides together. Align the shoulder seams and the folds. Stitch the facing in place 7 mm (0,27") in from the edge. Slash all over the seam not reaching 1 mm (0,03") the seam line.

6



Press the seam allowance on the facing. Stitch the facing 1 mm (0,03") in from the seam

7



Press the facing on the wrong side of the back forming a roll. To avoid twisting the facing up you can baste it to the shoulder seams or fuse lightweight interfacing band to it.



8



Serge the short ends of the ruffles forming a circle. Press the seam allowances. Fold the ruffles in half, lengthwise with wrong sides together and press them.

9



Sew two parallel seams 5 mm (0,2") and 3 mm (0.12") in from the edge. Set the max stitch length at 4 - 5 mm (1.6-2"), don't backstitch and leave the thread tails at least 3 cm (1.2") long at the both sides of the seams. Pull the upper threads to gather the ruffle to the length

specified in the pattern. Tie the thread tails.

10



Pin the ruffle to the armhole from the right side. Align the ruffle seam with the side seam and the centre of the ruffle with the shoulder seam. Distribute the gathers so that the folds are formed evenly.

11



Use the serger to stitch it to the garment. Press the seam allowances towards the top.

12



Stitch along the armhole 5 mm (0,2") in from the seam. Press the seam again. Repeat the steps with the other ruffle.

13



Fold the lower hem 2,5 cm (0,98") up to the wrong side. Pin, baste or glue it. Give the hem a final pressing.

14



Stitch the lower hem of the top by a coverstitch machine.

15



Remove the basting stitches, trim the thread tails and press once again. The top is ready!

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ПРО ШИТЬЕ

THANK YOU FOR JOINING MY TEAM AND ME!  
SHARE YOUR WORKS IN INSTAGRAM AND MY  
GROUP IN VKONTAKTE. HOPE YOU WILL STAY  
WITH US FOR OUR NEXT PROJECT!