

# COAT- HOODIE FOR WOMEN

SKILL LEVEL



## INSTRUCTIONS FOR SEWING

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ПРО ШИТЬЕ



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## YOU WILL NEED THE FOLLOWING MATERIALS:

- three-thread cotton fleece fabric,
- single jersey of the same or contrasting color,
- open-end zipper,
- matching threads,
- kantenband.

A

Check the pattern for amount of fabric and the zipper length to take according to your size. You can sew the zipper up to the mark on the pattern, or in full length, in this case, it is better to choose a zipper with two sliders. Note: if the width of the fabric differs from the one specified in the table, the length of the cut is likely to be different. Before beginning your sewing project, wash the fabric on warm, dry and iron it.

B

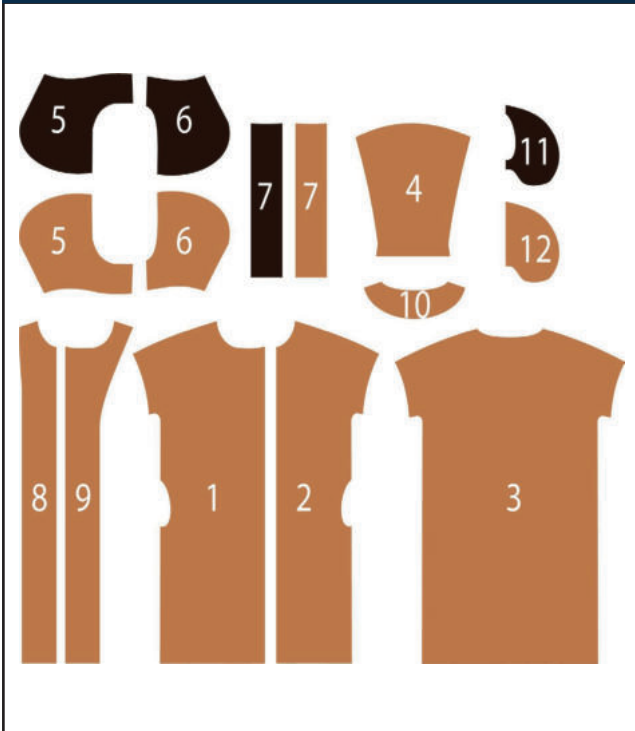
Let us start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

C

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowance is included. Transfer any necessary marks from the pattern onto the wrong side of your fabric.

NOW YOU HAVE  
ALL THE PEACES:

## COAT-HOODIE PIECES



- ❶ left front - cut 1 from three-thread cotton fleece fabric
- ❷ right front - cut 1 from three-thread cotton fleece fabric
- ❸ back - cut 1 on the fold (from three-thread fleece fabric)
- ❹ sleeve cut 2 from three-thread cotton fleece fabric
- ❺ hood left side part cut 1 from three-thread cotton fleece fabric and cut 1 from single jersey
- ❻ hood right side part cut 1 from three-thread cotton fleece fabric and cut 1 from single jersey
- ❼ hood center part cut 1 from three-thread cotton fleece fabric and cut 1 from single jersey
- ❽ right front facing - cut 1 from three-thread cotton fleece fabric
- ❾ left front facing - cut 1 from three-thread cotton fleece fabric
- ❿ back neck facing - cut 1 on the fold
- ⓫ pocket lining- cut 2 (from single jersey)
- ⓬ sleeve cut 2 (from three-thread cotton fleece fabric)

NOW WE CAN START SEWING

# SEWING GUIDE

1



Apply the pieces of kantenband along the fronts central edges and side hood edges. I reinforced them only up to the mark of attaching the zipper, but it is better to reinforce the whole edge.



2



Pin the coat back to the coat fronts at the shoulders with the right sides together. Serge the shoulders. Press the seams flat towards the fronts.

## NOTE

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, zigzag stitch. If you do not have a coverstitch machine, the flat seam can be performed with: a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with straight stitch.



3



Aligning the marks, pin the hood center and side parts with right sides together. Serge the seams on the hood side part.

4



Attach the hood opposite side part to the hood center one in the same way. Press the seams towards the hood center part.

5



Pin the hood to the coat neckline with right sides together. Serge the hood to the garment. Press the seam allowances towards the fronts and the back.

6



Pin the pocket lining to the front with right sides together and serge it along the pocket opening.

7



Turn the pocket lining to the front wrong side. Press the seam opening forming a roll towards the wrong side. Pin the lining and topstitch 5 mm (0.2") from the edge. Stitch on the right side, upper thread matching the main fabric, bobbin is wound by the thread matching the pocket lining.



8



Pin the pocket underlay piece to the lining with right sides together and serge them. Press the seam.

9



Reinforce the pocket above and below the pocket opening, stitching along the side edge 4 - 5 mm (0.16 - 0.2") from the edge. Repeat the steps 6 to 9 for the other pocket.

10



Pin the sleeve into the armhole, right sides together, aligning the sleeve top edge mark to the shoulder seam. Stitch the sleeve seam. Press the seam allowances towards the sleeve. Repeat the same steps with the opposite sleeve.

11



Pin along the side seams from the sleeve hem to the bottom hem right sides together aligning all the marks. Serge the side seam placing the seam allowances in different directions to avoid excess thickening. Press the seam flat towards the back. Repeat the steps with the opposite side seam.

12



Pin or baste one zipper side to the front with right sides together. Place the zipper to sit accurately in the seam without waving and pulling the fabric. Align the zipper bottom with the mark, indicated on the pattern. Upper zipper teeth should not be above the hood lining seam. If the zipper is too long, you can shorten it or place the entire zipper lower. Stitch the zipper in place with a zipper foot 7 mm (0,28") from the edge. Fold the top of the zipper tape over, as in the step 14.

I had forgotten to do it, that is why I folded it later. If the slider prevents you from finishing the seam, then place the machine needle in the work, raise the zipper foot, move the zipper slider and sew on.

13



Close the zipper and mark the place for the hood attaching seam on the other zipper tape. Align the fronts lower hems and mark the place of the zipper bottom on the other front.



14



Pin or baste in place the other side of the zipper. Very precisely, align the mark on the zipper with the seam of attaching the neckline and the zipper bottom with the mark on the front. Upper zipper teeth should not be above the hood lining seam. Fold the top of the zipper tape over, as in the photo. Stitch the zipper in

place with a zipper foot 7 mm (0,28") from the edge.

15



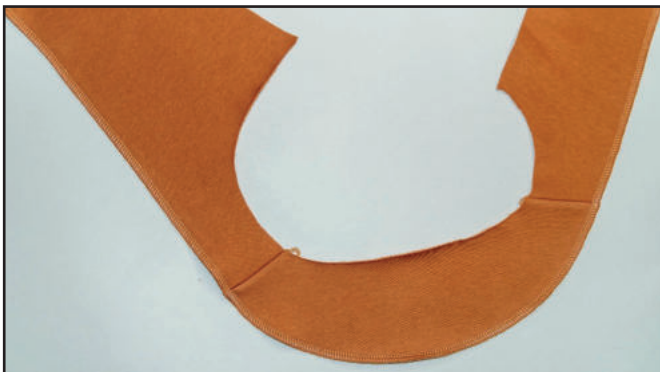
Close the zipper, make sure that the hood attaching seam and the garment hem match, and the zipper is flat, not in waves.

16



Pin the fronts facings to the back neckline facing along the shoulder edges, with right sides together. Serge the parts. Press the seams towards the facing.

17



Finish the outer facing edges with a serger. Press the seam.

18



Finish the coat lower hem. Press the seam.



19



Aligning the marks, pin the hood lining side parts to the center part with right sides together. Serge them. Press the seam allowances towards the hood side parts.

20



Let us make a loop for the coat. Cut a strip of single jersey along the grain line 3 cm (1,18") wide and 10 cm (3.94") long. Fold it lengthwise right sides together and serge.

21



Turn the strip through to the right side with a hook or a pin. Press it.

22



Pin the prepared loop strip to the neckline facing center. Stitch the loop strip 4 -5 mm (0,16 - 0,2") from the edge. Trim the loop strip ends.

23



Pin the hood to the facing neckline with right sides together, align the edges so that the hood is centered in the back center. Serge the parts. Press the seam allowances towards the back and the fronts facings.

24



Place the right sides of the hood and the hood lining together and pin them aligning the marks and the seams. Serge the hood and the lining.

25



Edge stitch the seam of attaching of the hood lining on the lining 1mm (0.039") from the seam. Thread the sewing machine with the matching the hood color. Press the seam.

26



Pin the fronts and the facings with right sides together. Stitch the front facings along the central edge 0,7 cm (0,28") from the edge and along the lower hem 4 cm (1,57") from the edge. Stitch on the front part, make sure that the seam goes exactly along the zipper attaching seam. When attaching the hood, place the seam allowances to the different

directions, to avoid excess thickening.

27



Trim the corner and excess seam allowances along the lower hem. Turn the facings and the hood out.

28



Fold the garment lower hem 4 cm (1,57") up to the wrong side and pin or baste it. Pin the central seams along the zipper and the hood edge. Press them. Topstitch along the hood edge 2 cm (0,8") from the edge, topstitch the central seams 0,7 mm (0,28") from the edge and topstitch the lower hem 3,5 cm (1,38") from the edge. Since the lining of the hood is contrasting, I first stitched on the hood lining, inserting the upper thread in the color of the lining. Then I topstitched along the zipper and the lower hem. Press the seams again.

29



Pin the hood to the garment along the hood attaching seam and the hood lining attaching seam. Stitch the seams together with a straight line 3 - 4 mm (0,12 - 0,16") from the edge. Stitch as closer to the zipper as possible.

30



Pin the facing outer edge to the back. Stitch it along the serger seam and between the shoulder seams. Stitch on the wrong side. Press the seam.

31



Fold 4 cm (1,57") of the sleeves lower hems and pin them. Stitch the lower hem by a coverstitch machine. Press the sleeves.



32



Clip the left pocket to the left front facing in two places (see the photo).

33



Make two strips 10 cm (3,94") long as you made it for the loop (steps 20-21). Use them to clip the right pocket to the right front facing (see the photo). Trim the strips ends 5 mm (0,2") from the seams.

34



Remove the basting stitches, trim the thread tails and press the garment once again. The coat-hoodie is ready!

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ПРО ШИТЬЕ

**THANK YOU FOR JOINING MY TEAM AND ME!  
SHARE YOUR WORKS IN INSTAGRAM AND MY  
GROUP IN VKONTAKTE. HOPE YOU WILL STAY  
WITH US FOR OUR NEXT PROJECT!**