
SHORTS «NEW» FOR BOYS

SKILL LEVEL



**INSTRUCTIONS
FOR SEWING**

ELINA PATYKOVA
—
ПРО ШИТЬЕ



ELINA_PATYKOVA



ELINA-PATYKOVA.RU



VK.COM/ELINA_PATYKOVA



YOU WILL NEED THE FOLLOWING MATERIALS:

- french terry,
- fusible interfacing,
- eyelets 8 mm (1/8") 2pcs.,
- cording 120 cm (47 1/4"),
- elastic band 4 cm (1 9/16"),
- matching threads and kantenband.

A

Check the pattern for amount of fabric to take according to your size. The required length of the elastic is indicated on the shorts waistband pattern. Note: if the width of the fabric differs from the one specified in the table, the length of the cut is likely to be different. Before beginning your sewing project, wash the fabric on warm, dry and iron it.

B

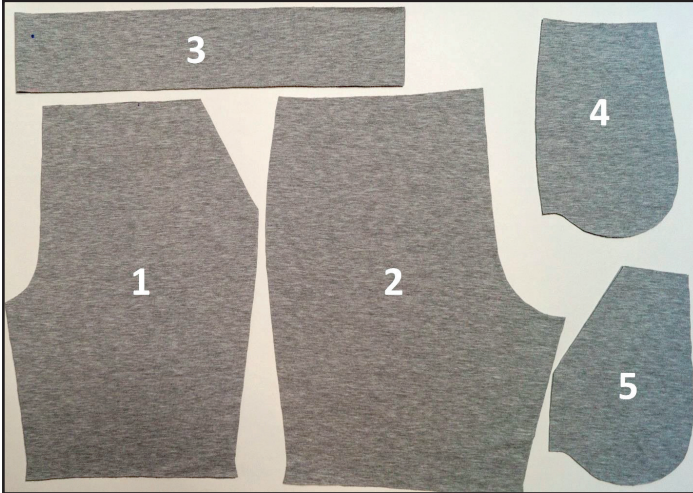
Let's start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

C

Put the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowance is included. Transfer any necessary marks from the pattern onto the wrong side of your fabric.

**NOW YOU HAVE
ALL THE PEACES:**

SHORTS PIECES:



- ① front- cut 2
- ② back- cut 2
- ③ waistband cut 1 on the fold
- ④ side front cut 2
- ⑤ pocket lining cut 2

NOW WE CAN START SEWING

SYMBOLS:



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



3-thread serger stitch



4-thread serger stitch

NOTE:

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

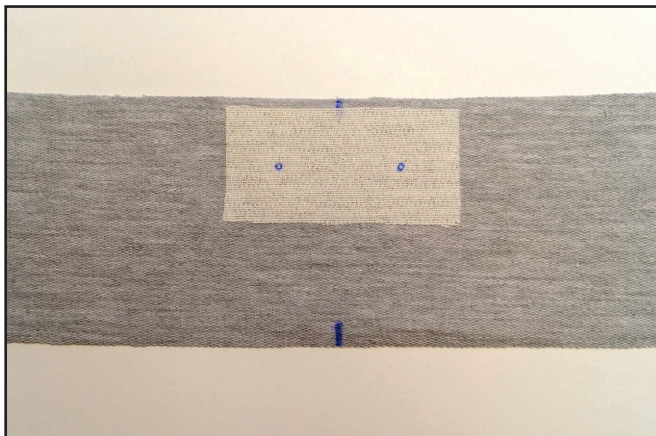
C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

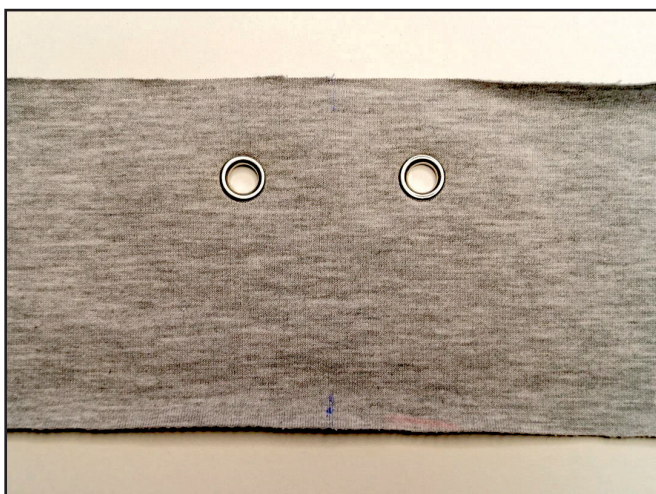
TAILORING OF SHORTS

1



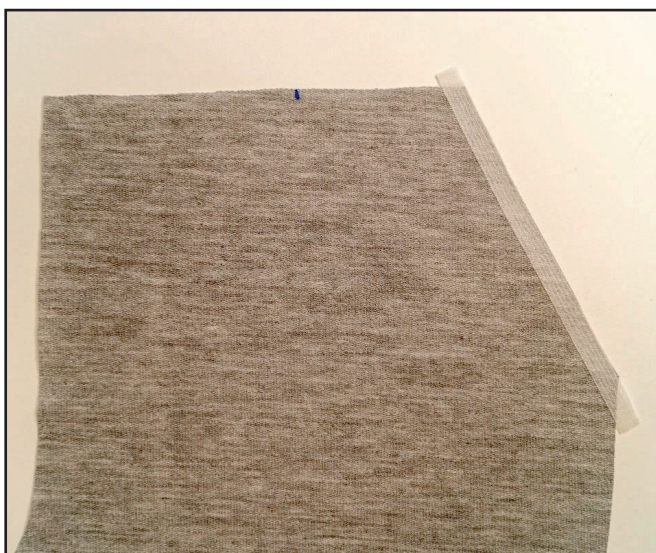
Reinforce the places for the eyelets with 5 x 2 cm (2 x 5/16") fusible interfacing pieces.

2



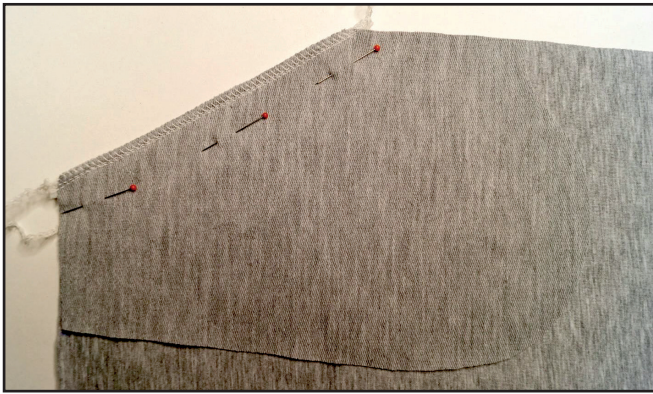
Punch 4,5 mm (3/16") holes for the eyelets with a Hole Punch or scissors. Attach the eyelets with a press.

3



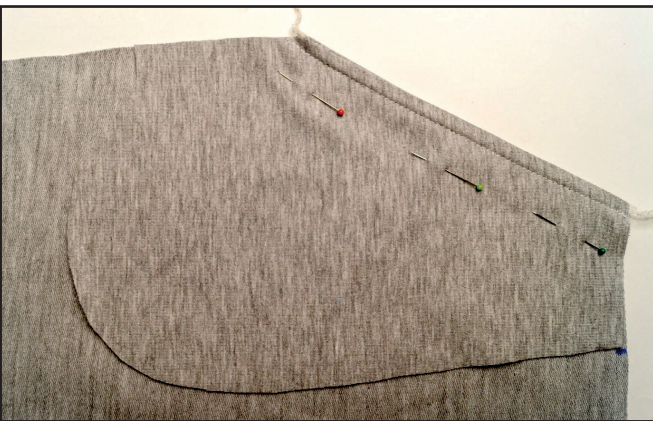
Reinforce the pocket openings on the shorts fronts with kantenband.

4



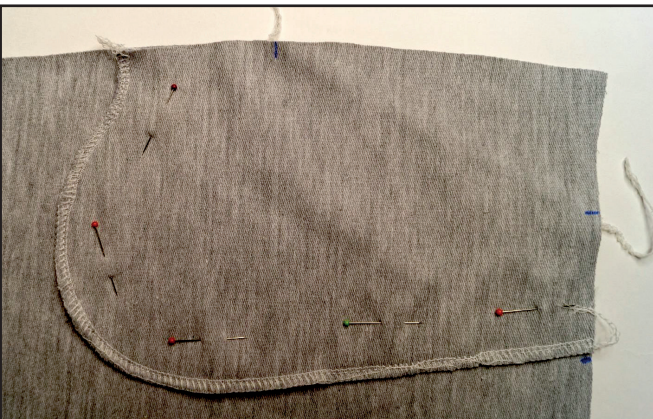
Pin the pocket lining along the pocket opening to the shorts front with right sides together. Stitch the pieces with a 4-thread serger stitch. Press the seam allowances towards the lining, then turn the lining to the wrong side and press it forming a roll.

5



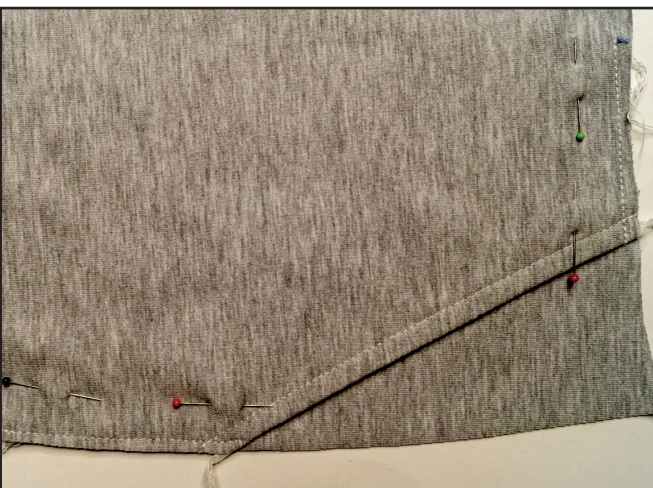
Topstitch along the pocket opening 7 mm (1/4") from edge. Press the pocket opening again.

6



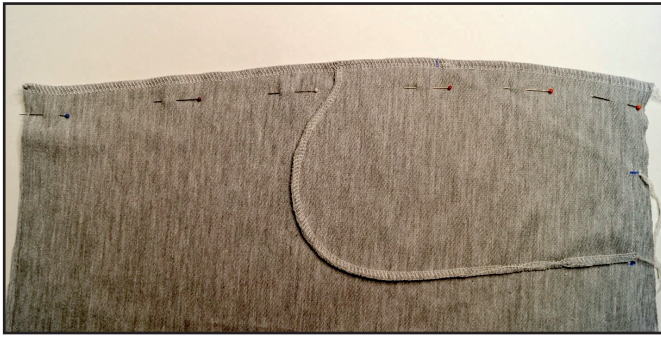
Pin the pocket lining to the side front with right sides together. Stitch the pocket bag with a 4-thread serger stitch. Press the pocket.

7



Reinforce the pocket bag above and below the pocket opening stitching 4 mm (3/16") from the edge. Do the same steps (4 -7) with the opposite pocket.

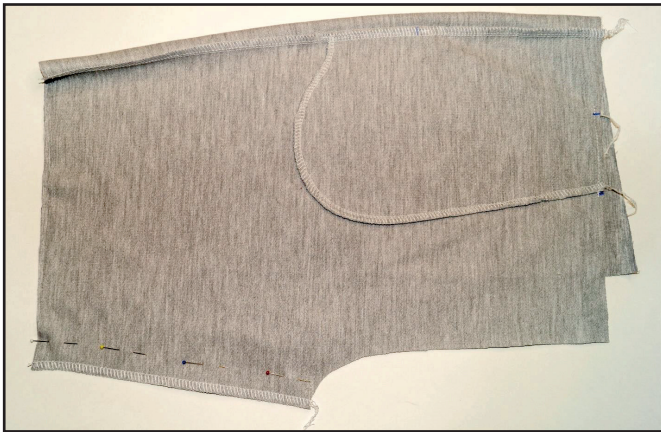
8



4 2,5-3 7

Aligning the marks, pin the shorts fronts and backs side seams with right sides together. Stitch the seams with a 4-thread serger stitch. Press the seams flat towards the shorts back pieces.

9



4 2,5-3 7

Pin the shorts legs inseams with right sides together. Stitch the seams with a 4-thread serger stitch. Press the seams flat towards the shorts back pieces.

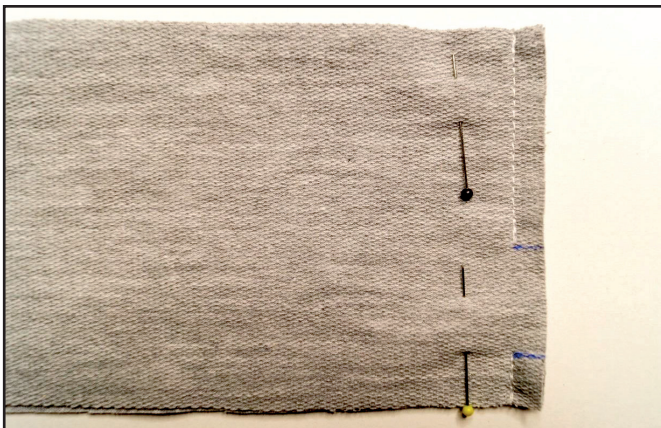
10



4 2,5-3 7

Insert 1 shorts leg into the other with right sides together. Pin along the crotch seam placing the inseams allowances in different directions to avoid excess thickening. Stitch it with a 4-thread serger stitch. Press the seam towards the left side.

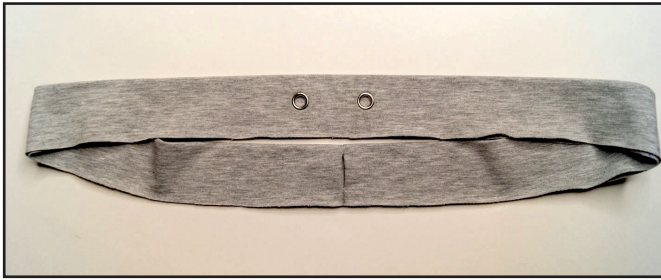
11



2,4-2,8

Fold and pin the shorts waistband along the short edges with right sides together. Stitch it with two straight seams leaving an opening 3 cm (1 3/16") long. Press the seam open.

12



Fold the waistband in half, lengthwise, with wrong sides together and press it.

13



4 2,5-3 7

Pin the waistband to the shorts top edge, with right sides together, aligning the waistband seam with the shorts crotch seam, waistband center with the front crotch

seam and the marks with the side seams. Stitch the shorts with a 4-thread serger stitch. Tie the seam thread tails and hide them into the seam. Seam allowances are pressed down.

14



2,4-2,8

Insert the elastic through the casing opening into the waistband. Join the ends of the elastic together by straight or zigzag stitch. Try on the shorts to make sure the waistband to fit your waist snugly, yet comfortably. If necessary, change

the length of the elastic. Hand-baste the casing opening closed, with a blind stitch. Distribute the elastic evenly.

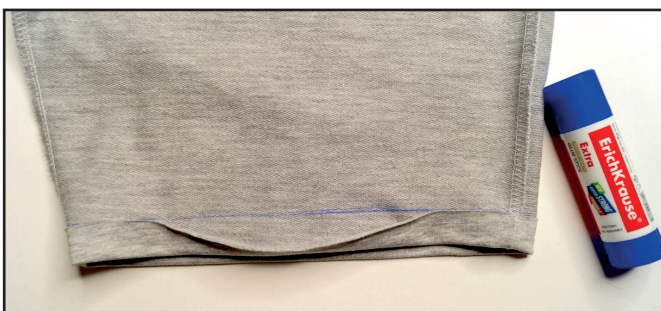
15



2,4-2,8

Evenly stretching the waistband, topstitch two seams 7 mm (1/4") from the waistband top and lower edges.

16



Draw a line along the legs bottom openings 4 cm (1 9/16") from the edge. Use the line to fold the bottom edge of each leg about 2 cm (13/16") up to the wrong side. Pin, baste or glue the folded hem. Give the hems a final pressing.

17



Hem the shorts legs with a coverstitch machine. Tie the seam thread tails on the wrong side and hide them into the seam. Press the seams.

18



Insert the cording through the waistband. Remove the basting stitches, trim the thread tails and press the garment once again. The shorts are ready!

ELINA PATUKOVA

ПРО ШИТЬЕ

**THANK YOU FOR JOINING MY TEAM AND ME!
SHARE YOUR WORKS IN INSTAGRAM AND MY
GROUP IN VKONTAKTE. HOPE YOU WILL STAY
WITH US FOR OUR NEXT PROJECT!**