

CAMISOLE PAJAMA SET BOOM

SKILL LEVEL



INSTRUCTIONS FOR SEWING

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ПРО ШИТЬЕ



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FOR TAILORING YOU WILL NEED:

- cotton lycra jersey,
- elastic edging ribbon,
- elastic 4 cm (1 9/16") wide,
- bra strap slider - 2 pcs.,
- bra strap ring - 2 pcs.,
- matching threads of similar color,
- Jersey 75 - 80 or Stretch 75 - 80 needles

A

Check the pattern for amount of fabric to take according to your size. Note: if the width of the fabric differs from the one specified in the table, the length of the cut is likely to be different. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

B

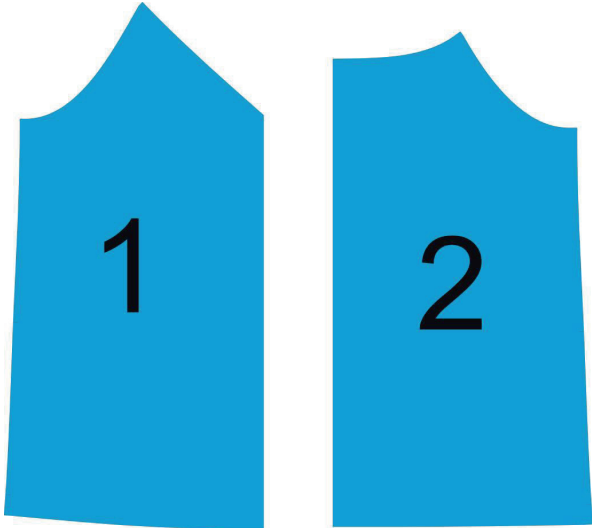
Let us start the cutting. Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

C

Lay the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowance is already included. Transfer all the marks from the pattern onto the wrong side of the fabric pieces.

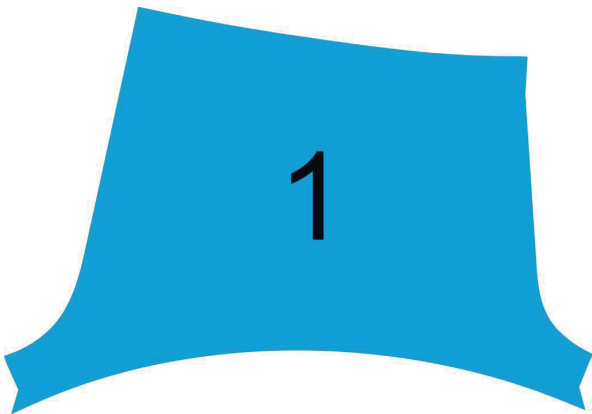
NOW YOU HAVE
ALL THE PIECES:

TOP PIECES:



- ① front - cut 1 on the fold
- ② back - cut 1 on the fold

SHORTS PIECES:



- ① Pant leg - 2 pcs.

NOW WE CAN START TAILORING

SYMBOLS:



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



3-thread serger stitch



4-thread serger stitch

NOTE:

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

TAILORING OF THE TOP

1



4 2,5-3 7

Place the front and the back, right sides together, and serge the side seams aligning the marks. Press the seam allowances towards the back.

2



3-3,5

Place the elastic edging ribbon in half lengthways and insert the neckline front and back edges into it. Pin or baste them. Topstitch the elastic edging ribbon with coverstitch machine. Press the seams.



3

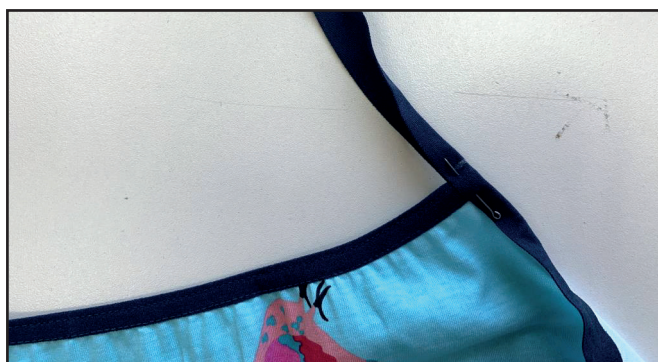


2,5-3

To make the corner on the front piece more accurate, fold the front in half, right side inside, and stitch the elastic edging ribbon vertically with a straight stitch.



4



Measure about 10 - 15 cm (3/8 - 9/16") on the elastic edging ribbon and pin to the armhole on the back piece, beginning from this mark.

5



3-3,5

Leave an elastic edging ribbon end by the length indicated on the pattern. Topstitch the elastic edging ribbon with coverstitch machine. Press the stitching.



6



Insert the short elastic edging ribbon end into the bra ring. Double tuck this end and topstitch it.

7



Insert the elastic edging ribbon in the bra slider and then into a bra ring. Insert the strap in the bra slider again.



8



Double tuck this strap end and topstitch it.



9



Here's a strap you should get.

10



3-3,5

Press 2 cm (13/16") of the top piece lower hem seam allowances towards the wrong side. Coverstitch the hem. Tie the thread tails on the wrong side and hide them into the seam. Press the seams.

11



Remove the basting stitches and press the garment. The top is ready!

SHORTS SEWING GUIDE

1



2,5-3



7

Place the shorts pieces with right sides together and serge the front and back crotch seams. Press the seam allowances towards any side.

2



2,5-3



7

Place the shorts, right side inside, and serge the inseam. Press the seam allowances towards the back pieces.

3



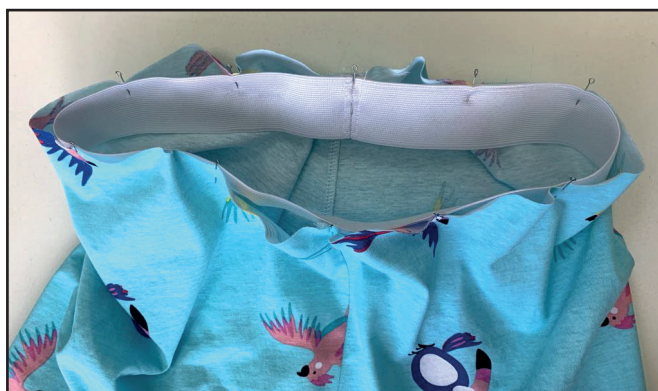
Press 2 cm (13/16") of the pant leg lower hem seam allowances towards the wrong side. Coverstitch the hem. Tie the thread tails on the wrong side and hide them into the seam. Press the seams.

4



Place the elastic in half (the length is indicated on the pattern) and stitch its ends. Topstitch the seam allowances in different directions.

5



Pin the elastic, stretching it, to the shorts upper edge. Serge them all the way around the upper raw edges. Retract the serger knife if it is possible. Tie the thread tails and hide them into the seam.

6



Turn the elastic to the shorts wrong side and pin it. Topstitch the elastic edging ribbon with a coverstitch machine. Tie the thread tails on the wrong side and hide them into the seam.

7



Remove the basting stitches and press the garment. The shorts are ready!

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ПРОШИТЬЕ

**THANK YOU FOR JOINING MY TEAM AND ME!
SHARE YOUR WORKS IN INSTAGRAM AND MY
GROUP IN VKONTAKTE. HOPE YOU WILL STAY
WITH US FOR OUR NEXT PROJECT!**