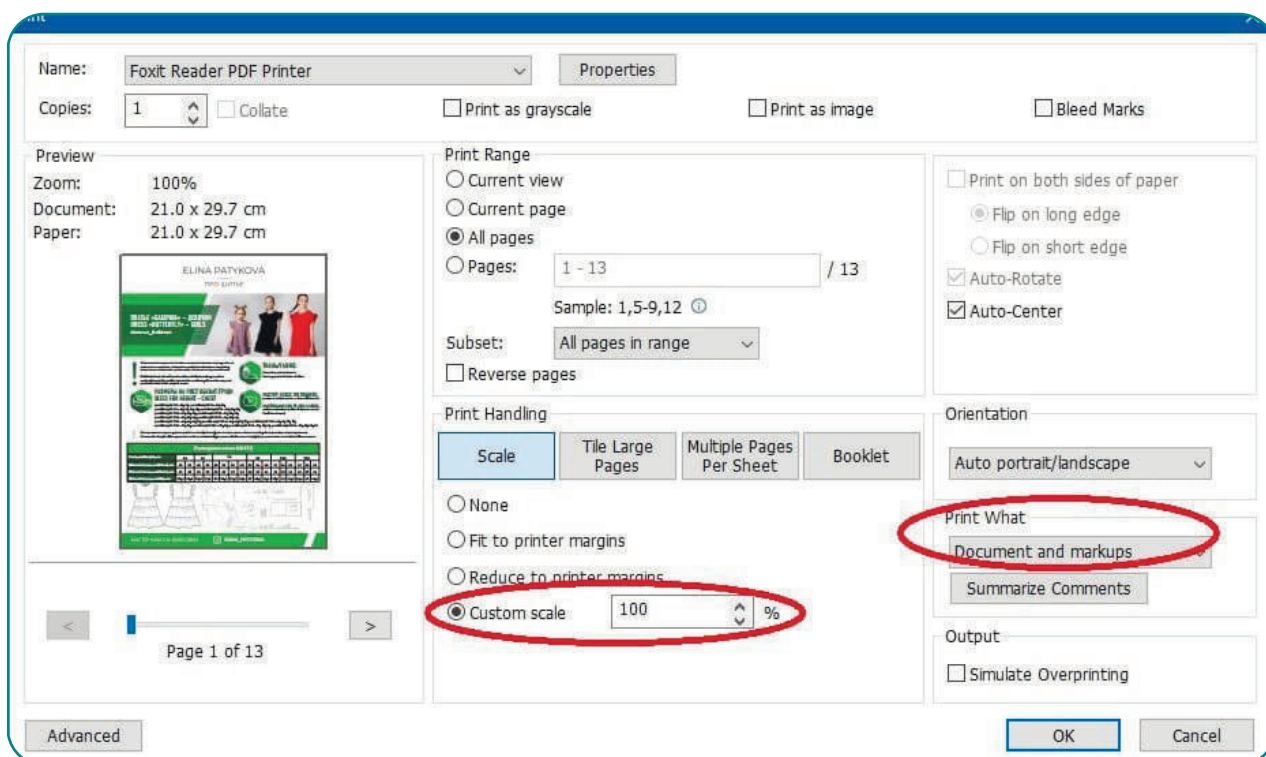
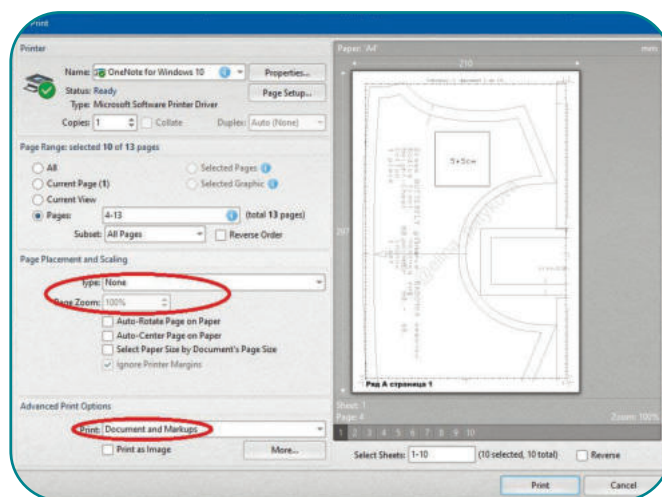


HOW TO PRINT AND GLUE SEWING PATTERNS

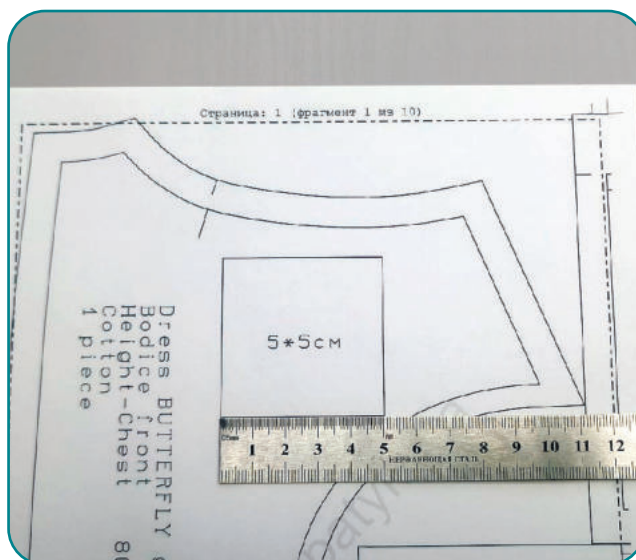
1

Print the pattern. Set the scale to 100% or the actual size, depending on the program you use. To have a test square and margins, you must choose «Document and markups» in the print settings.

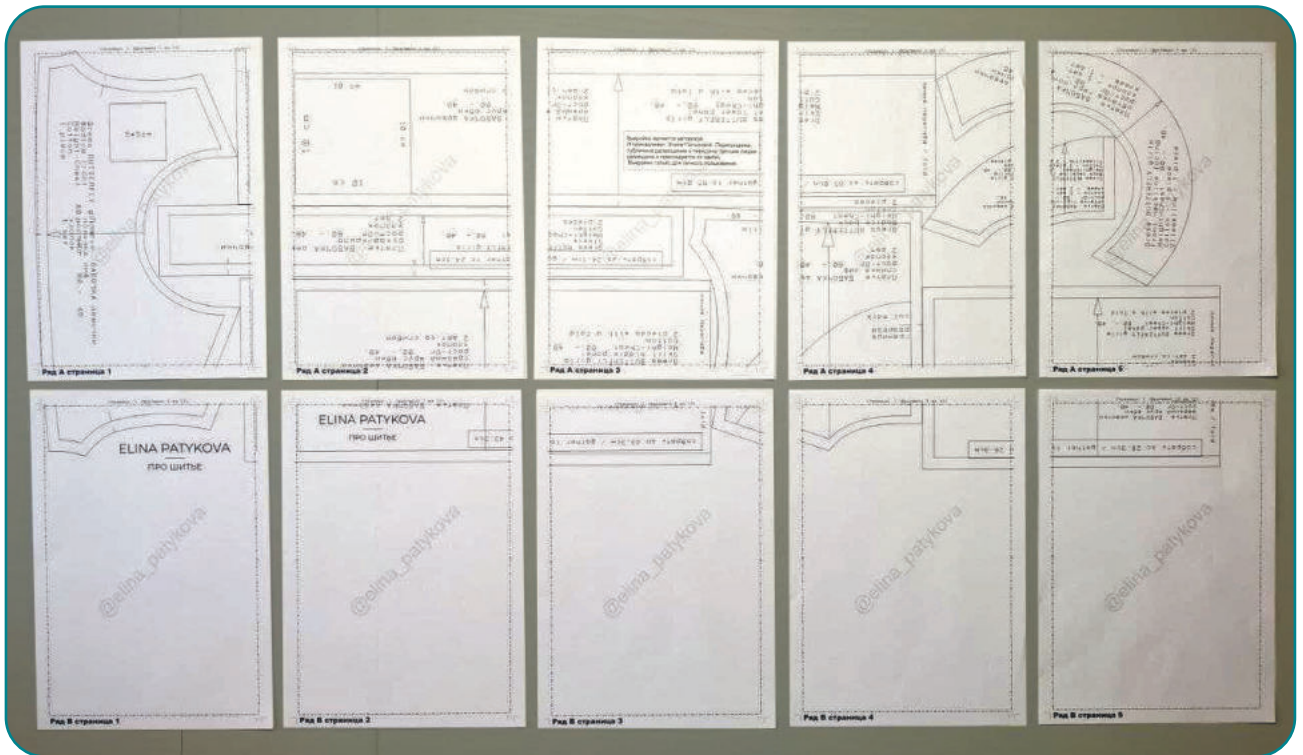
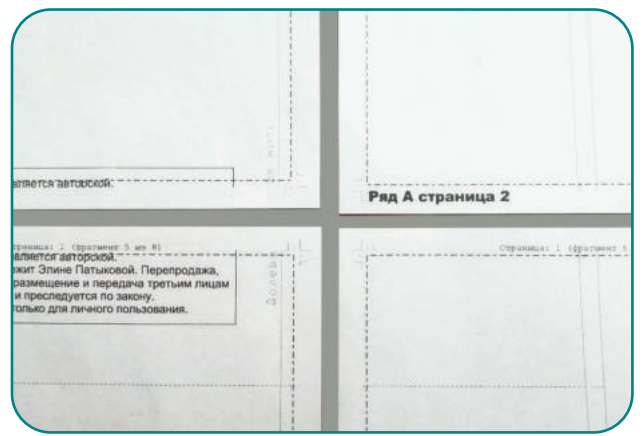


2

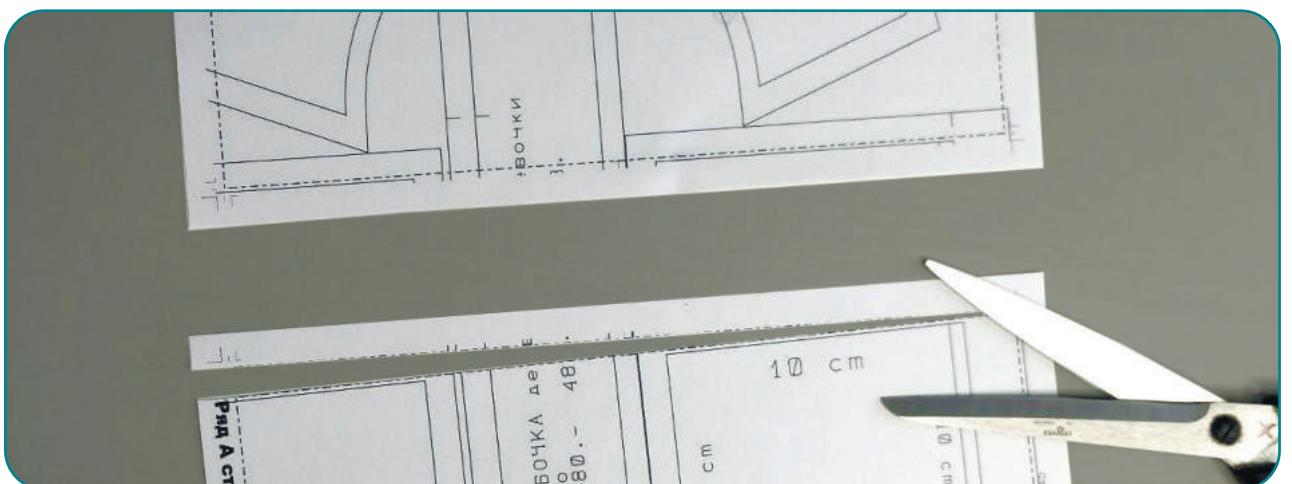
First print the test square. Measure the size of the test square. It needs to match up exactly the size, indicated in it. If it does not match, then try to print with a scale 99% or 101%. Set the scale so that the test square matches the specified size. Then print out the entire pattern.



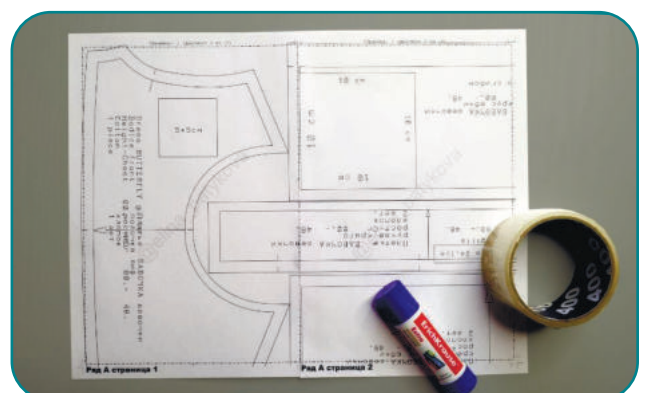
- 3 Line up the pattern in rows and columns. To do it easier, each sheet of paper has a row and a page written on it. If you line up them correctly, you can already see the patterns outlines.



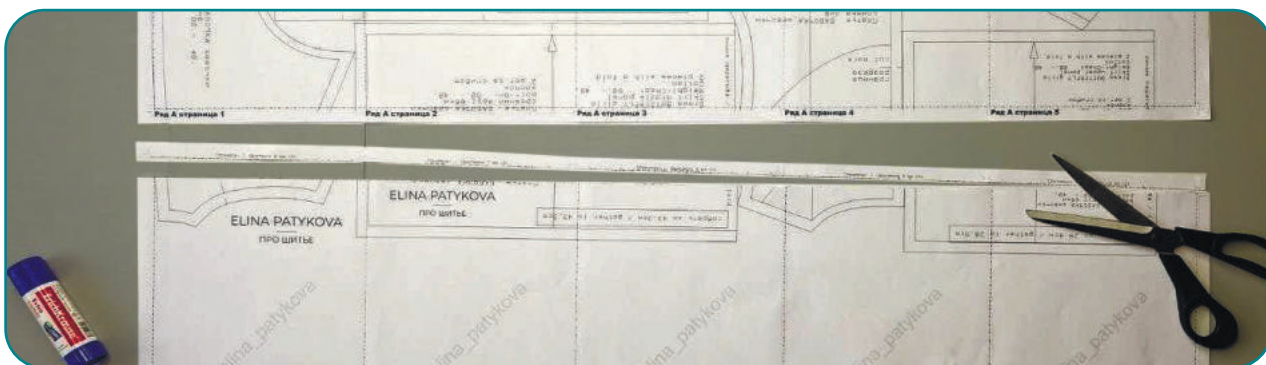
- 4 Take two adjacent sheets of the first row. Cut off the left margins of the right column sheet along the dotted line. Do not worry if the dotted lines extend to the margins.



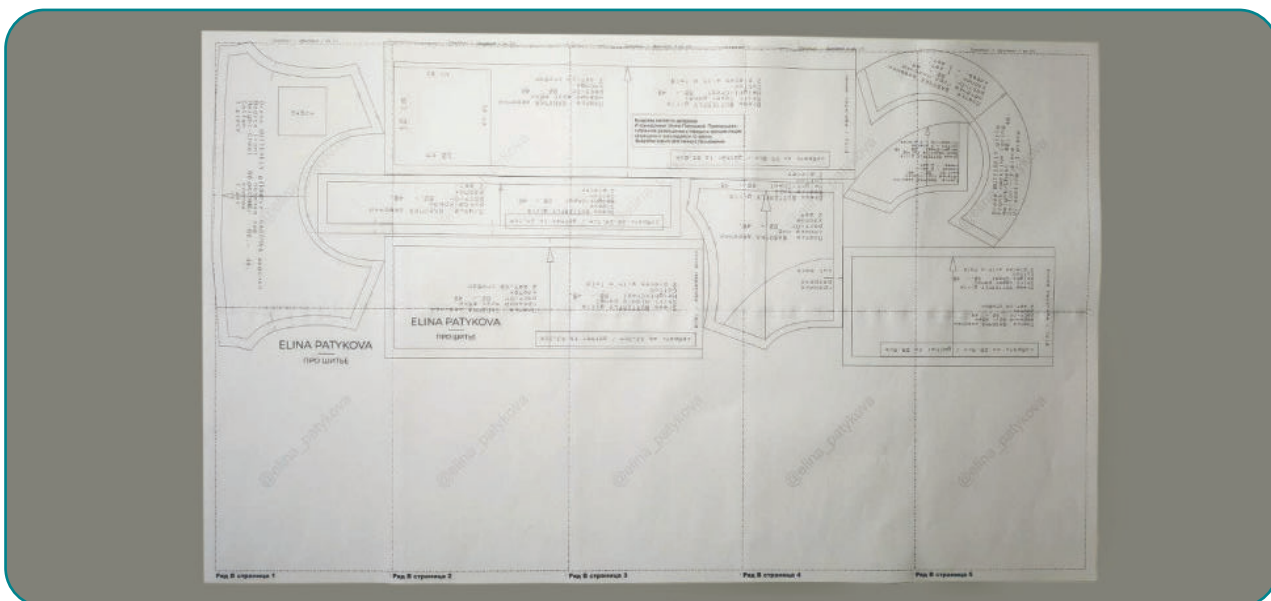
- 5 Glue the sheets with glue or tape, aligning the cut edge with the dotted line. Make sure that the patterns outlines align. Thus, we assemble all the rows in order.



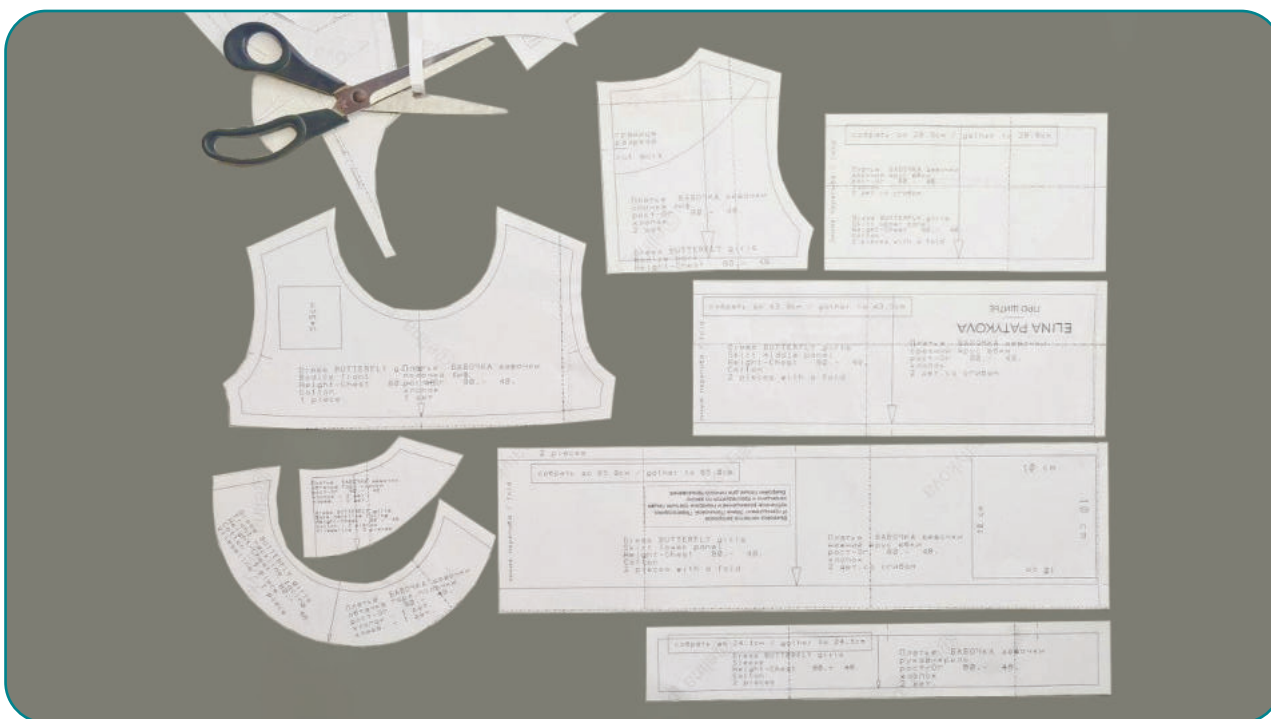
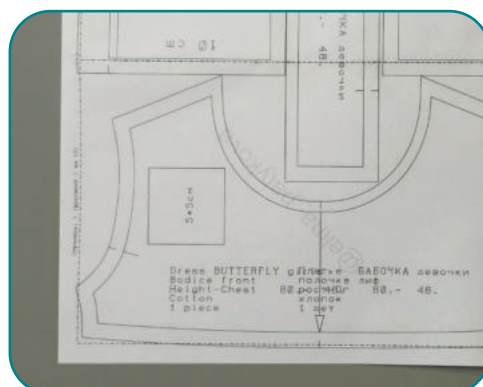
6 Cut off the upper margin along the dotted line at the bottom row.



7 Glue the rows together, making sure that the patterns outlines are aligned. Thus, we assemble the entire sheet of patterns.



8 Glue the sheets with glue or tape, aligning the cut edge with the dotted line. Make sure that the patterns outlines align. Thus, we assemble all the rows in order.



T-SHIRT DRESS FOR WOMEN

SKILL LEVEL



INSTRUCTIONS FOR SEWING

ELINA PATYKOVA

ПРО ШИТЬЕ



ELINA_PATKOVA



ELINA-PATKOVA.RU



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FOR TAILORING YOU WILL NEED:

- cotton lycra jersey,
- matching thread,
- Jersey 70 - 75 or Stretch 70 - 75 needles



A

Check the pattern for amount of fabric to take according to your size. Note: if the width of the fabric differs from the one specified in the table, the length of the cut is likely to be different. The fabric must be prepared for sewing: washed in warm water, dried and ironed.

Б

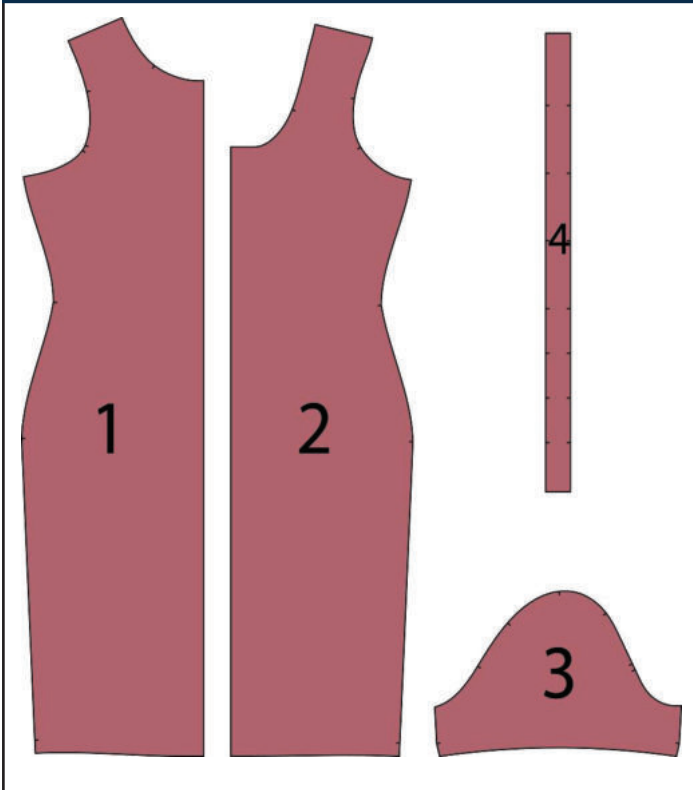
Let us start the cutting. Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Б

Lay the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are included. Transfer all the marks from the pattern onto the wrong side of your fabric.

NOW YOU HAVE
ALL THE PIECES:

DRESS PIECES:



- ① front - cut 1 on the fold
- ② back - cut 1 on the fold
- ③ sleeve - cut 2
- ④ neckband - cut 1

NOW WE CAN START TAILORING

SYMBOLS:



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



3-thread serger stitch



4-thread serger stitch

NOTE:

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

DRESS SEWING GUIDE

1




4  2,5-3,5  7

Pin the front and back along shoulder edges with right sides together. Serge them. Press the seam allowances flat towards the front.

2




4  2,5-3,5  7

With right sides together, pin the sleeve into the armhole, aligning all the marks. Serge it in. Press the seam allowances towards the front and the back. Repeat the process for the opposite sleeve.

3

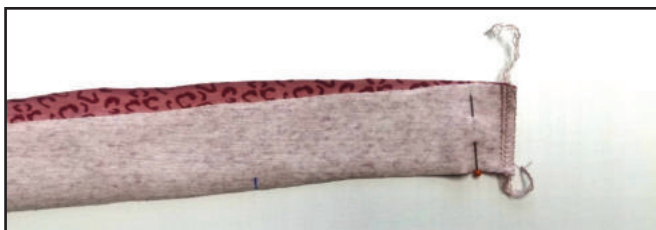




4  2,5-3,5  7

Pin the sleeve, the front and the back along the side seam with right sides together. Serge them. Place the sleeve attaching seam allowances in different directions to avoid excess thickening. Press the

seam allowances towards the front. Repeat the process for the opposite side seam.

4



4  2,5-3,5  7

Serge the neckband short edges, having pinned the side edge beforehand.

5



Press the seam allowances into different directions to avoid excess thickening when stitching the neckband to the garment.

6



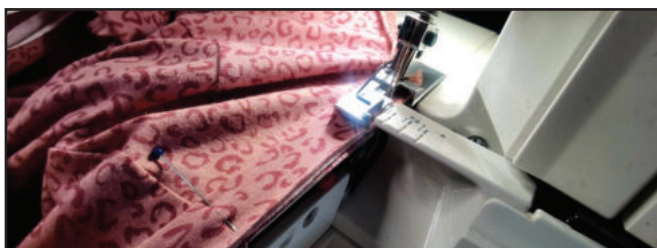
Fold the neckband piece in half, lengthways, wrong side inside, and press it. At the same time, shape the neckline with an iron, slightly stretching the raw edges and ironing the fold. For convenience, you can pin it at the marked places beforehand.

7



Pin the neckband to the dress neckline right side aligning the centers, shoulder seams and marks with the marks on the neckband.

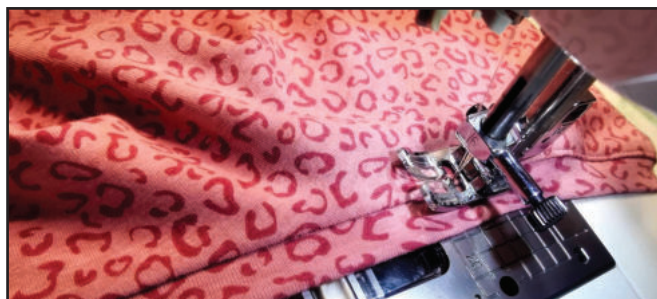
8



Serge the neckband to the garment. In the process, evenly stretch the neckband, but care not to stretch the neckline. Press the seam down.



9



Topstitch the neckband attaching seam allowance on the front and back 1 mm (1/16") away from the seam. Press the neckline.



10



Draw lines along the dress and sleeves lower hems 40 mm (1 9/16") in from the edge. Use the lines to fold the lower hem 20 mm (13/16") up to the wrong side. Pin, baste or glue the folded hem. Press the dress and the sleeves hems into position.

11



Hem the dress and the sleeves with a coverstitch machine. Tie the thread tails on the wrong side and hide them into the seam. Press the seams.

12



Remove the basting stitches, trim the thread tails, and press the garment once again. The dress is ready!

ELINA PATYKOVA

ПРОШИТЬЕ

**THANK YOU FOR JOINING MY TEAM AND ME!
SHARE YOUR WORKS IN INSTAGRAM AND MY
GROUP IN VKONTAKTE. HOPE YOU WILL STAY
WITH US FOR OUR NEXT PROJECT!**