

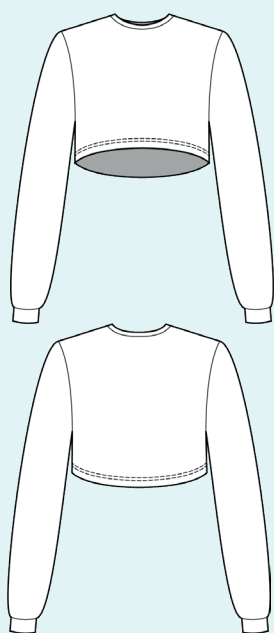
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Crop top «Sleeves» (for women)

#top_sleeves



Skill level



Materials and notions



- sweatshirt loop back fabric,
- rib knit fabric,
- twilled ribbon,
- matching thread,
- Jersey 75-80 or Stretch 75-80 needles.

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you to adjust the length, width and fit of the garment and save time.

Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

Let us start the cutting. Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

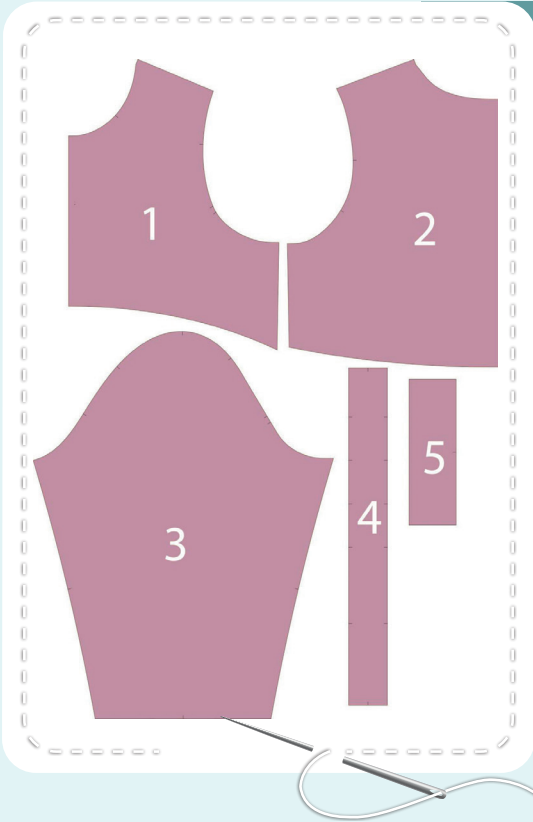
Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.



Now you have

CROP TOP PIECES

- 1. front** - cut 1 on the fold (sweatshirt loop back fabric)
- 2. back** - cut 1 on the fold (sweatshirt loop back fabric)
- 3. sleeve** - cut 2 (sweatshirt loop back fabric)
- 4. neckband** - cut 1 (rib knit fabric)
- 5. cuff** - cut 2 (rib knit fabric)



Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

Crop top construction



1



4

2,5-3,5

7

Pin the front and the back along the shoulder edges with right sides together. Serge them. Press the seam allowances towards the front.

2



4

2,5-3,5

7

Pin the sleeve into the armhole with right sides together aligning the marks. Serge them. Press the seam allowance towards the front and the back. Repeat the process for the other sleeve.

3



4

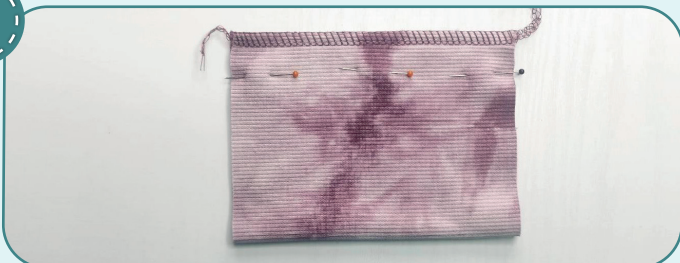
2,5-3,5

7

Pin the back, the front, and the sleeve along the side seam with right sides inside. Serge the pieces. To avoid bulk, place the sleeve attaching seam allowances in different directions. Press the seam allowances towards the back. Repeat the process for the other side

seam. Tie the thread tails at the end of the garment side seam and hide them into the seam.

4



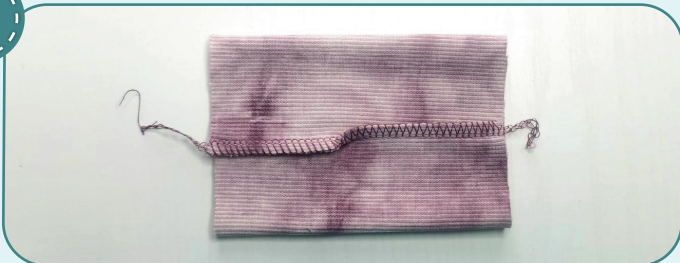
4

2,5-3,5

7

With right side inside, fold the cuffs in half, and pin them along the short edges. Serge them.

5



To avoid bulk when stitching the cuffs, press the seam allowances in different directions.

CROP TOP CONSTRUCTION



6



With wrong sides together, fold the cuffs in half and press them.

7



4

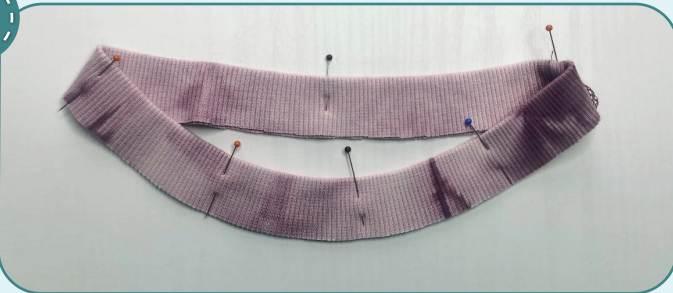
2,5-3,5

7

Serge the cuff to the garment, aligning the cuff seam and the sleeve side seam. While serging, evenly stretch the cuff, but avoid stretching the sleeve opening. Repeat the process for the other cuff. Press the seams towards the sleeves.



8



4

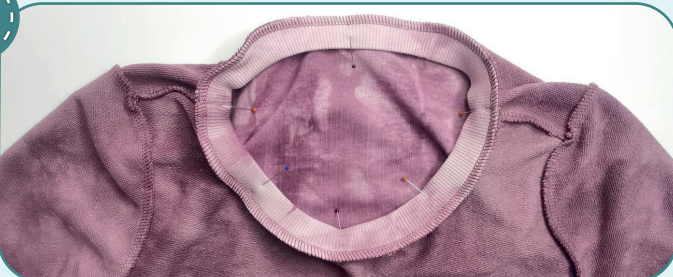
2,5-3,5

7

Repeat the process for the neckband (steps 4-6): ring stitch, press the seam allowances in different directions, then fold and press the neckband in half with wrong side inside. At the same time, shape the neckline with an iron, gently stretching the raw edges and ironing the fold. For ease, pin at marks beforehand.

stretching the raw edges and ironing the fold. For ease, pin at marks beforehand.

9



4

2,5-3,5

7

Pin the neckband to the garment neckline right side with six pins, aligning the centers and the shoulder seams with the marks. Serge the neckband to the garment. While serging, stretch the neckband, but avoid stretching the

neckline itself. Press the seam allowances towards the front and the back.

CROP TOP CONSTRUCTION



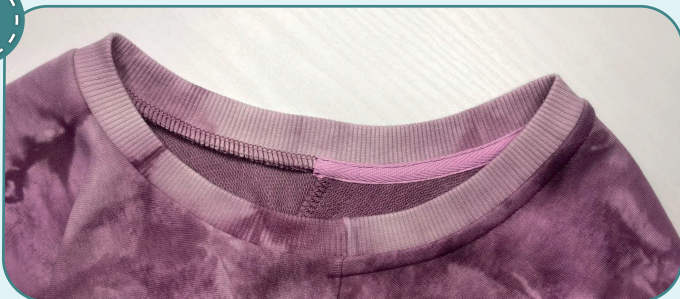
10



2,4-2,8

Stitch the twilled ribbon to the back neckline between the shoulder seams, overlapping the neckband attaching seam. Tuck the twilled ribbon ends in. Stitch the twilled ribbon, overlapping the serged seam left edge, sewing along the serged seam 1 mm (1/16") away from the twilled ribbon edge. While stitching the twilled ribbon, stretch the neckline gently.

11



2,4-2,8

Overlapping the serged seam, stitch the twilled ribbon raw edge to the back, 1 mm (1/16") away from the edge. Press the back neckline.

12



2,5-3,5

Coverstitch the garment lower hem 5 mm (3/16") in from the edge. Leave the edge itself raw. Tie the seam thread tails on the wrong side and hide them into the seam. Press the lower hem.

13



Remove the basting stitches, trim, and hide the thread tails and press the garment once again. The crop top is ready!



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Thank you for joining my team and me!
Share your works in
instagram and my
group in vkontakte. Hope
you will stay with us for our
next project!

