

NEW YEAR'S EVE JUMPSUIT FOR WOMEN

SKILL LEVEL



INSTRUCTIONS FOR SEWING

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ПРО ШИТЬЕ



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MATERIALS:



- jersey,
- elastic 40 mm (1 3/16") wide,
- matching thread,
- woven interfacing,
- Jersey 80 - 90 or Stretch 80 - 90 needles

A

The required length of the elastic band is indicated on the paper patterns. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

B

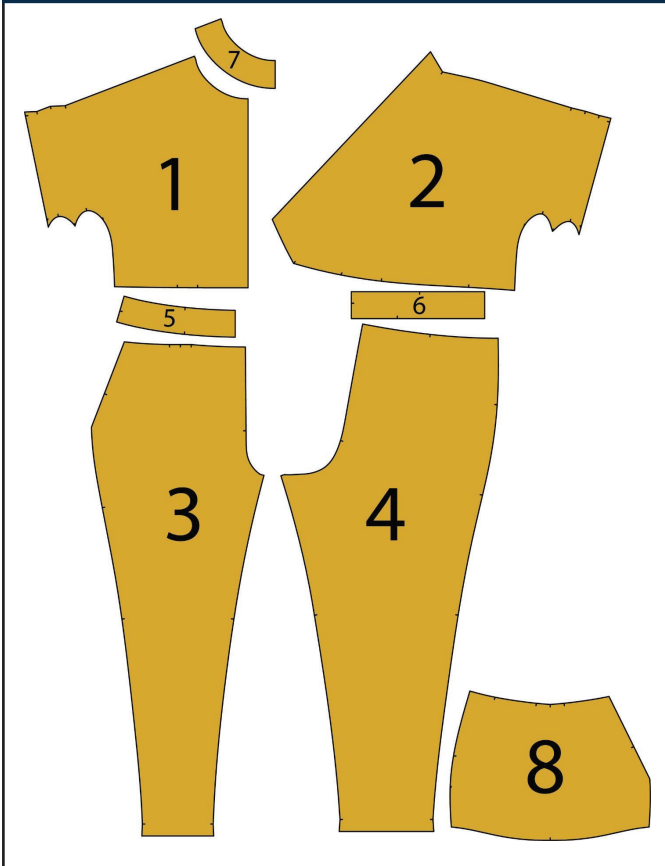
Let's start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

C

Put the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along them. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

NOW YOU HAVE ALL THE PIECES:

JUMPSUIT PIECES:



- 1 front - cut 1 on the fold
- 2 back - cut 2 and facing - cut 2 (fusible interfacing)
- 3 front pant leg - cut 2
- 4 back pant leg - cut 2
- 5 front waistband - cut 2 on the fold and cut 1 on the fold (interfacing)
- 6 back waistband - cut 2 on the fold
- 7 front neckband facing - cut 1 on the fold and cut 1 on the fold (interfacing)
- 7 pocket lining - cut 2

To reduce bulk, cut the interfacing pieces with 2 - 3 mm (1/8 - 3/16") seam allowances, you can cut them with pinking shears.

Note

When choosing a size, you should focus on the hips first. Your hips circumference shouldn't be wider than given in the required size in the table. The fabric chosen should be as stretchy as possible and not too dense: we recommend using jersey, with a density of no more than 400 g/m² and a stretch ratio of no more than 0.7*. If your fabric is stretchier, then everything is fine. If not, consider choosing the next size up. The elastic, sewn into the waistband, should not be too tight. You should also reinforce the waistband with fusible interfacing for stretchy fabric.

**The stretch ratio can be determined in the following way. Measure 10 cm (4") on the fabric edge (upright to the grain). Stretch this segment with both hands until it resists but avoid deforming the edge. Place it to a measure tape, keep holding the segment to estimate its length in stretched form. Find the ratio of the initial segment to the received segment. For example, the 10 cm (4") segment stretched to 14 cm (5 1/2"). So, your fabric stretch ratio is 10/14=0.71.*

CONSTRUCTION

SYMBOLS:



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



3-thread serger stitch



4-thread serger stitch

NOTE:

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

CONSTRUCTION

1



Fuse interfacing to the back facing, front neckband facing and one of the front waistbands.

2



4  2,5-3,5  7

Pin the facing to the neckband with right sides together. Serge the pieces.

3



    2,4-2,8

Under stitch on the facing right side 1 mm (1/16") away from the seam.



4



Press the facing from the inside of the garment, forming a roll towards the facing.

5

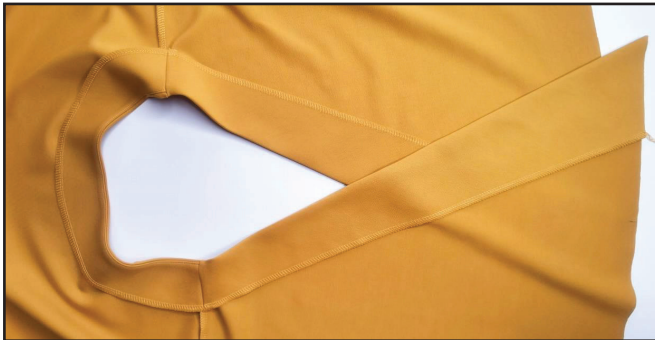
5



4 2,5-3,5 7

Pin the front, the backs, the neck facing and back facings along the shoulder edges with right sides together. Serge the pieces. Press the seams towards the front.

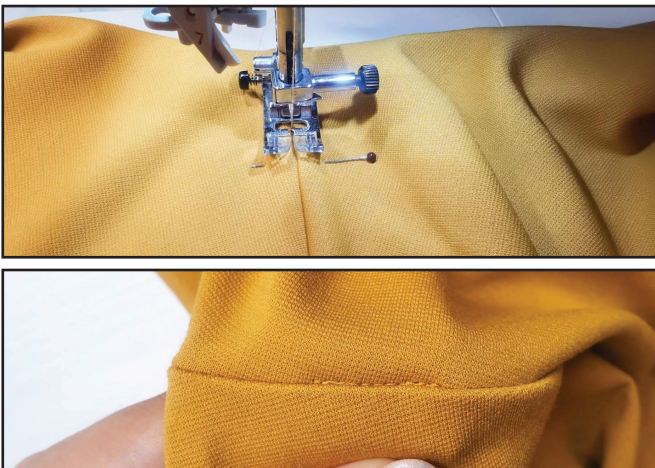
6



4 2,5-3,5 7

Serge the facing outer edges. Press the seam. Press the facings towards the wrong side.

7



2,4-2,8

Secure the facings at the shoulder seams. Working on the right side, stitch a straight seam 15 mm (9/16") long, exactly atop the shoulder seam.

8



Press the cuff edges 55 mm (2") up to the wrong side. You can hand-baste or pin them.

9



3

Coverstitch the cuffs. Press the fold.

10



Fold the cuff edges towards the right side and press them by 30 mm (1 3/16"). Secure the cuffs at the shoulder seams. Working on the right side, stitch a straight seam 15 mm (9/16") long, exactly atop the shoulder seam. Secure the cuffs in the side seams with straight stitches 5 mm (4/8") away from the edge.

11



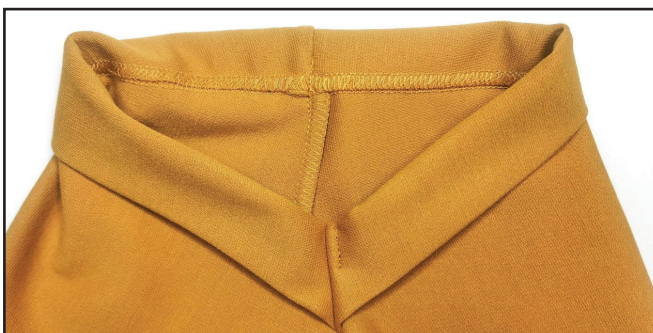
With right sides together, pin the front and the backs along the cuff side edges. Align the cuffs edges exactly. Stitch the pieces 7 mm (1/4") in from the edge.

12



Pin the front and the backs along the side seam, with right side inside. Serge the pieces. Tie the thread tails and hide them into the seam. Press the seam allowances towards the front. Repeat the process for the opposite side seam.

13



Secure the side seam allowances towards the front, close to the cuff edge with 10 mm (3/8") long straight stitch.

14



Align the back lower edges, looking at the marks. Stitch along the back lower hem 5 mm (3/16") in from the edge. Fold the pleats on the front, so that the inside folds face towards the center and the outside folds towards the side seams. Secure the pleats 5 mm (7/9") in from the edge.

15



Pin the front and back waistbands along the side seams. Serge the pieces. Press the waistband fused upper part seam allowances towards the back. Press the waistband lower part seam allowances towards the front.

16



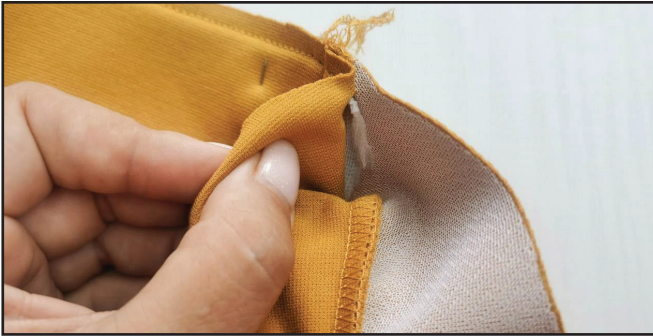
Sandwich the bodice between the waistband pieces and pin them aligning the marks and side seams. Face the waistband pieces to the bodice. If you lack experience, hand-baste the edges beforehand. Serge the pieces. Press both waistband pieces down.

17



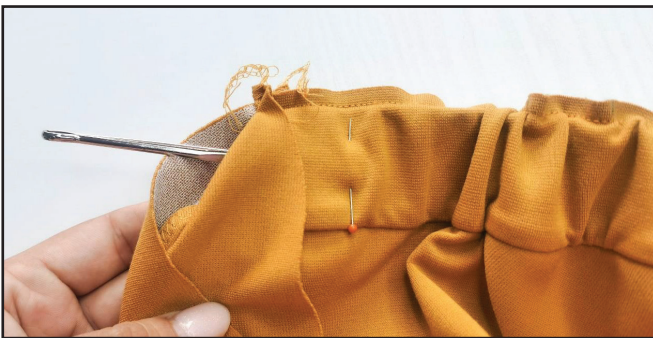
Stitch the back waistband along the raw edges 6 mm (1/4") in from the edge. Stitch between the side seams.

18



Cut the elastic 40 mm (1 9/16") wide, the length is indicated on the back waistband pattern. Working from one side seam, insert the elastic and secure it with a pin. To secure the elastic, stitch across the waistband, exactly atop the side seam on the right side.

19



Stretch the elastic up to the opposite side seam and pin it. To secure the elastic, stitch across the waistband exactly atop the side seam on the right side.

20



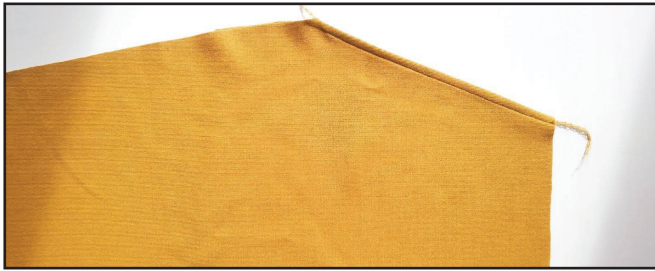
Evenly stretching the elastic, stitch between the side seams, exactly in the middle of the the waistband.

21



With right sides together, pin the pocket lining to the pant front along the pocket opening. Serge the pieces. Press the seam allowances towards the pocket lining and then press the pocket lining towards the wrong side, forming a roll.

22



Topstitch along the pocket opening 5 mm (3/16") in from edge. Press the pocket opening.

23



Place the pocket lining in half with right side inside. Serge the pocket lower edge. Press the pocket.

24



Fold the pleat so that the inside fold faces towards the center seam and the outside fold towards the side seam. Reinforce the pocket lining above and below the pocket opening 5 mm (3/16") in from the edge. Repeat the process for the opposite pocket (steps 21-24).

25



With right sides together, pin the front and the back pant leg panels along the side seam, aligning the marks. Serge them. Press the seam allowances flat towards the back.

26



Pin the pant leg along the inside seam with right side inside. Serge the pieces. Press the seam allowances towards the pant leg front. Repeat the process for the other pant leg (steps 25 - 26).

27



4 2,5-3,5 7

Insert one pant leg into the other, with right sides together. Pin along the crotch seam, placing the inside seams in different directions to avoid bulk. Serge the pieces. Press the seam allowances towards the right.

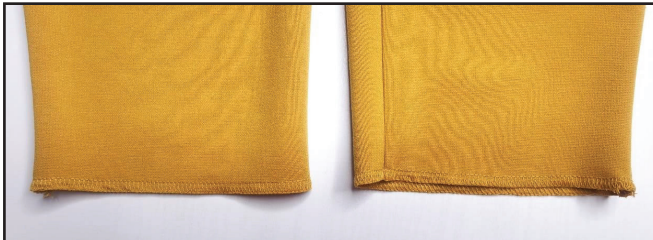
28



4 2,5-3,5 7

Insert the bodice into the pants with right sides together. Pin the pieces aligning the centers, side seams and the marks. Serge them, stretching the elastic. Press the seam down.

29



4 2,5-3,5 7

Finish the pant leg lower hems with a serger. Press them.

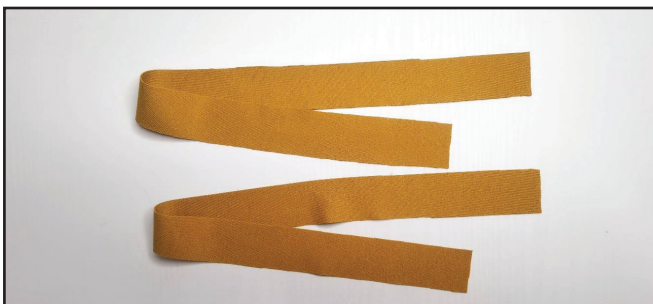
30



2,4-2,8

Fold the pant leg lower hems towards the wrong side by 25 mm (1") and press them. You can sew up the garment edge. Topstitch the pant leg lower hems 20 mm (13/16") in from the edge. Press them again.

31



To make tie strings, cut two strips of fabric 500 - 600 mm (20 - 23 5/8") long and 35 mm (1/3/8") wide.

32



4 2,5-3,5 7

Fold the strips lengthways, right side inside. Serge them together, ending with a seam that runs smoothly to the fold, closing one of the short ends. Turn the tie strings out to the right side with a mending needle or with a needle and a thread. Tie the thread tail at the tie string one end and first pass the needle eye through the tube, then

begin pulling the thread carefully turning the entire tube right side out. Press the tie strings.

33



2,4-2,8

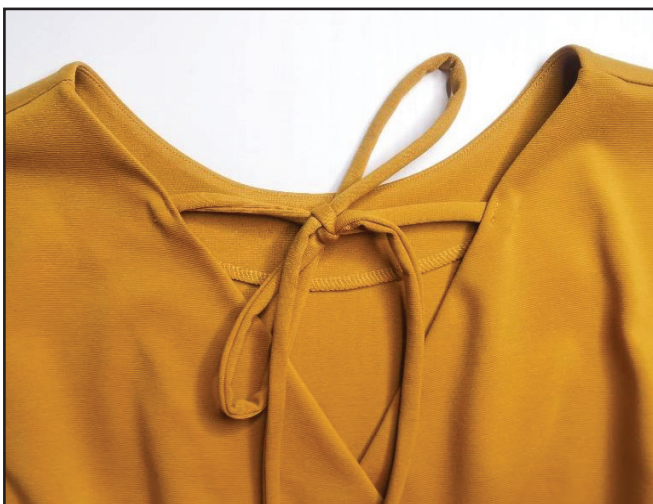
Mark the places for the attaching tie strips on the back facings. Place the tie string raw edge on the garment wrong side 10 mm (3/8") away from the edge. Stitch it 3 mm (1/8") in from the edge.

34



2,4-2,8

Fold back the tie string, closing the edge. Under stitch it 7 mm (1/4") away from the previous seam. Repeat the process for the opposite tie string. Press them.



35



Remove the basting stitches, trim the thread tails and iron the garment once again. The jumpsuit is ready!

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ПРО ШИТЬЕ

**THANK YOU FOR JOINING MY TEAM AND ME!
SHARE YOUR WORKS IN INSTAGRAM AND MY
GROUP IN VKONTAKTE. HOPE YOU WILL STAY
WITH US FOR OUR NEXT PROJECT!**