

WRAP SUNDRESS FOR WOMEN

SKILL LEVEL



INSTRUCTIONS FOR SEWING

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—
ПРО ШИТЬЕ

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FOR TAILORING YOU WILL NEED:



- dress fabric: cotton or linen,
- woven interfacing,
- kantenband,
- matching thread,
- Universal 80-90 needles

A

Check the pattern for amount of fabric to take, according to your size. Note: if the width of the fabric differs from the one specified in the table, the length of the cut is likely to be different. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

B

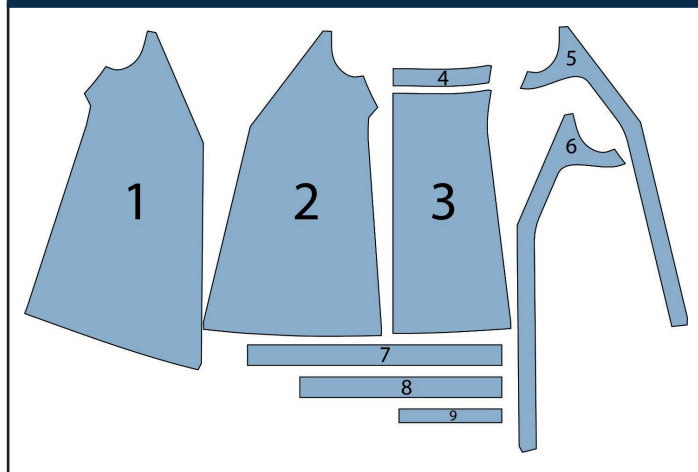
Let's start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

C

Put the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along them. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

NOW YOU HAVE ALL THE PIECES:

DRESS PIECES:



- ① right front - cut 1 (main fabric)
- ② left front - cut 1 (main fabric)
- ③ back - cut 1 on the fold (main fabric)
- ④ back facing - cut 1 on the fold (main fabric) and cut 1 on the fold (fusible interfacing)
- ⑤ right front facing - cut 1 (main fabric) and cut 1 (fusible interfacing)
- ⑥ left front facing - cut 1 (main fabric) and cut 1 (fusible interfacing)
- ⑦ left front tie - cut 1 on the fold (main fabric)
- ⑧ right front tie - cut 1 (main fabric)
- ⑨ strap - cut 2 (main fabric)

If the woven interfacing is dense, cut the interfacing pieces with 2 - 3 mm (1/16 - 1/8") seam allowances only, to avoid the seam thickening. You can cut them with pinking shears.

NOW WE CAN START TAILORING

SYMBOLS:



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



3-thread serger stitch



4-thread serger stitch

NOTE:

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

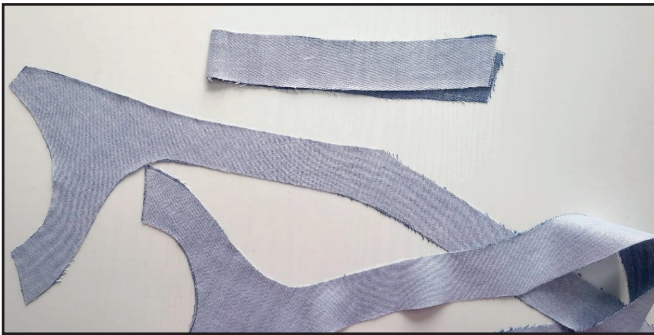
C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

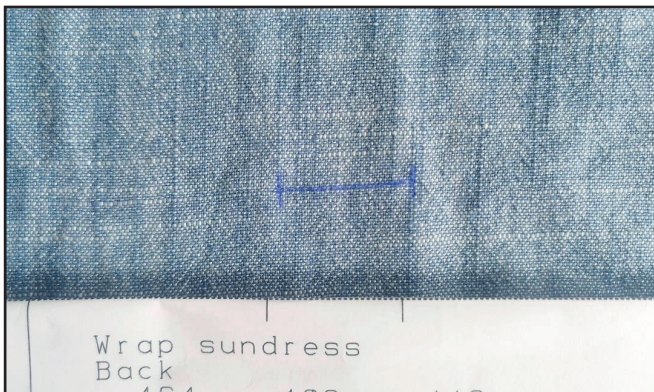
SEWING GUIDE

1



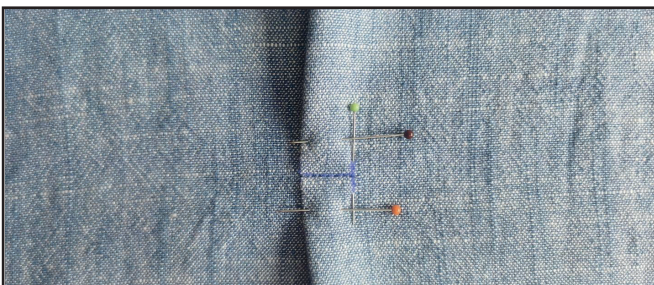
Fuse interfacing to the back facing and the front facings.

2

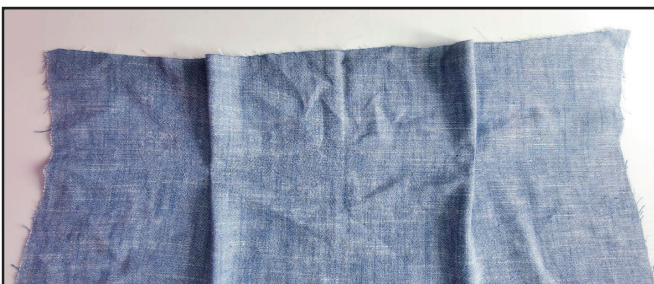


Transfer the marking for the pin-tucks to the back and the fronts wrong sides.

3



Make the pin-tucks: two to the back center and two to the front center edges. Secure across them with straight stitches. The back right side should look like in the photo.



5

4



2-2,6

Mark the darts on the front wrong side and pin them with right side inside aligning their edges. Stitch the darts along the marking line. Press the darts upward. Trim excess fabric at the dart bottoms to align them with the front side edges.

5



3-4 7

Finish the front and the back side edges with a serger. Press the edges.

6



2-2,6

Pin the front and the back along the side edges with right sides together. Stitch the seams 10 mm (3/8") in from the edge. Leave an opening in the right side seam, looking at the marking. Press the seam allowances open.

7



2-2,6

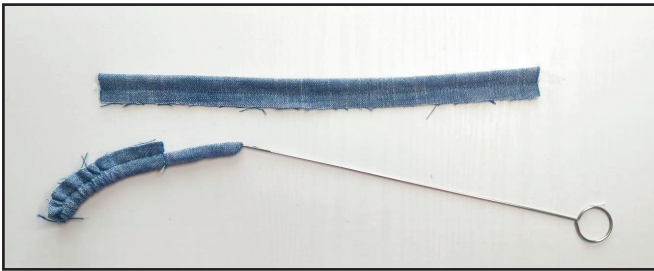
Working on the right side, topstitch all around the opening. Press it.

8



Reinforce the neckline edges with kantenband to avoid the neckline gape open. To do it, lay the front onto the ironing board, match the edges with the pattern and fuse the kantenband.

9



Fold the straps in half, lengthways, with right side inside, and pin them. Stitch them 10 mm (3/8") in from the edge. Turn the straps out to the right side with a mending needle or with a needle and a thread. Tie

the thread tail at one of the fabric edge and pass the needle eye through the tube, then begin pulling the thread carefully, turning the entire tube right sides out. Press the straps.

10



Fold the strips for the ties in half, lengthways, with right side inside, and pin them. Stitch them 10 mm (3/8") in from the edge. Leave one short edge open. Trim the corners.

11



Turn the ties out with a pencil and press them.

12



Pin the straps to the garment, and the longer tie to the left front piece and the shorter tie to the right front piece. Look at the marks. Stitch the straps and the ties 7 mm (1/4") in from the edge.

13



Finish the front facing side edges and the back facing with a serger. Press the edges.

14



2-2,6

Pin the front facings and the back facing along the side edges with right sides together. Stitch the seams 10 mm (3/8") in from the edge. Press the seam allowances open.

15



3-4
 7

Finish the front facings and the back facing along the outer edge with a serger. Press them.

16



2-2,6

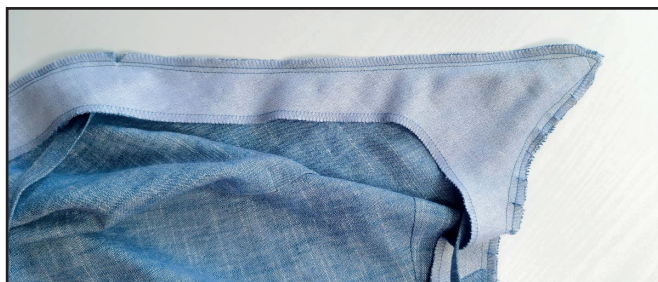
Pin the facings to the garment, aligning the marks. Stitch them along the center and upper edges 10 mm (3/8") in from the edge.

17



Trim the corners. Slash along the curved edges (along the armholes and the back upper edge) 1 - 2 mm (1/16") before the seam.

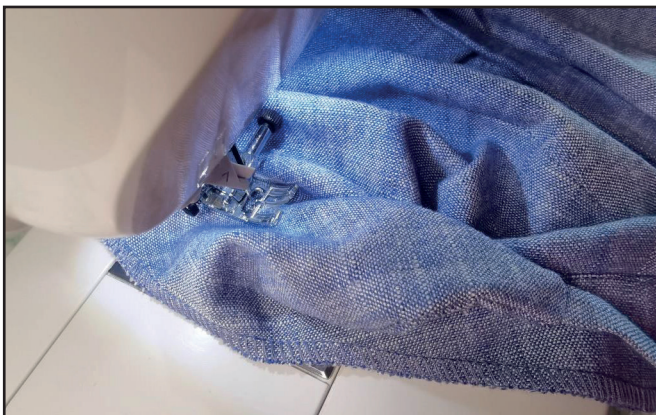
18



3-4
 7

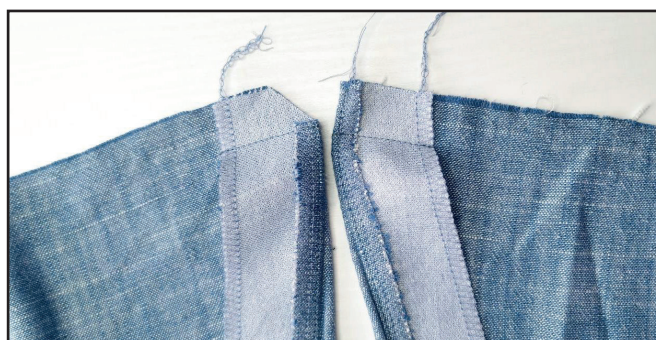
If the fabric is fraying easily, you can finish the garment pieces and the facings together with a serger. Turn it out to the right side.

19



Topstitch the seam allowances towards the front facings and the back facing 1 mm (1/16") in from the edge. Do it in several stages. Start stitching the center edges below and stitch as close to the strap as possible. When stitching along the upper edge, start at the back center and finish as close to the strap as possible. Then stitch from the back center to the other strap. Press the garment edges forming a roll towards the wrong side.

20



Turn the front facing lower hems to the right side and stitch them to the garment lower hem 20 mm (13/16") away from the edge. Trim the corners.

21



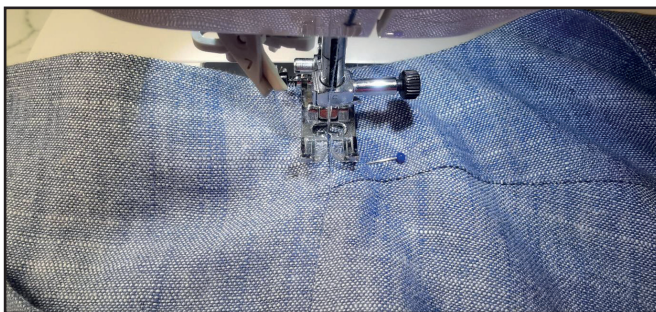
Finish the dress lower hem with a serger. Press it.

22



Turn the facings out and smooth the corners. Fold the garment lower hem towards the wrong side by 20 mm (13/16") and press it. You can sew up the garment edge. Topstitch the lower hem 15 mm (3/8") in from the edge. Press it again.

23



Secure the facings at the side seams. Working on the right side, stitch a straight seam 15 mm (9/16") long, exactly atop the side seam.

24



Remove the basting stitches, trim the thread tails and press the garment once again. The sundress is ready!

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ПРО ШИТЬЕ

**THANK YOU FOR JOINING MY TEAM AND ME!
SHARE YOUR WORKS IN INSTAGRAM AND MY
GROUP IN VKONTAKTE. HOPE YOU WILL STAY
WITH US FOR OUR NEXT PROJECT!**