

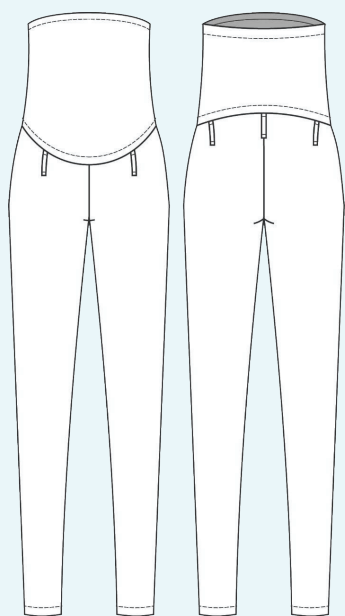
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Maternity jeans

#джинсы_беременным



Skill level



Materials and notions:



- stretch denim,
- rib knit fabric,
- elastic 2,5 cm (13/16") wide,
- matching thread,
- Jeans 75-80 or Universal 75-80 needles,
- Jersey 75-80 or Stretch 75-80 needles.

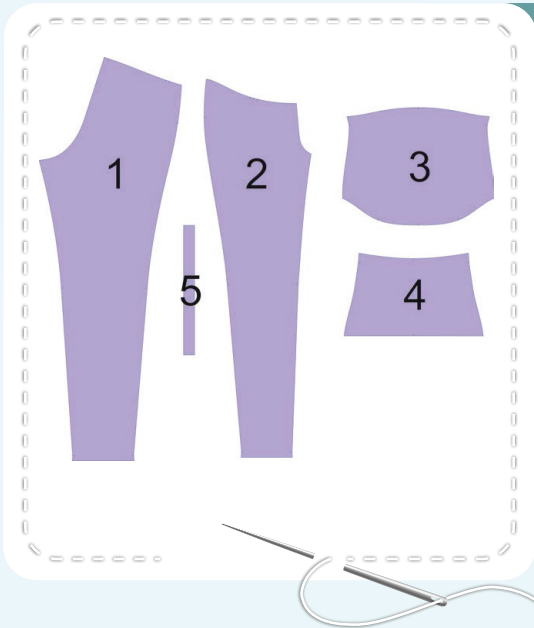
If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you to adjust the length, width and fit of the garment and save time.

Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

Let us start the cutting. Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Lay the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

Now you have



PANTS PIECES:

- 1.** pant back - cut 2
- 2.** pant front - cut 2
- 3.** maternity band front - cut 1 (rib knit fabric or ribbing)
- 4.** maternity band back - cut 1 (rib knit fabric or ribbing)
- 5.** belt loop - cut 1

Construction

Symbols:



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



3-thread serger stitch



4-thread serger stitch

NOTE:

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

Jeans construction:



1



2,5-3

Place pants front and back pieces with right sides together and stitch the side edges 1 cm (3/8") in from the edge.



2



2,5-3



7

Finish the seam allowances with a serger and press them towards the pant backs.

3



3-3,5

Stitch in the seam allowances on the pant backs 5-7 mm (3/16-1/4") away from the side seam.



JEANS CONSTRUCTION:

4



2,5-3

Place pants front and back pieces with right sides together and stitch the inseams 1 cm (3/8") in from the edge.

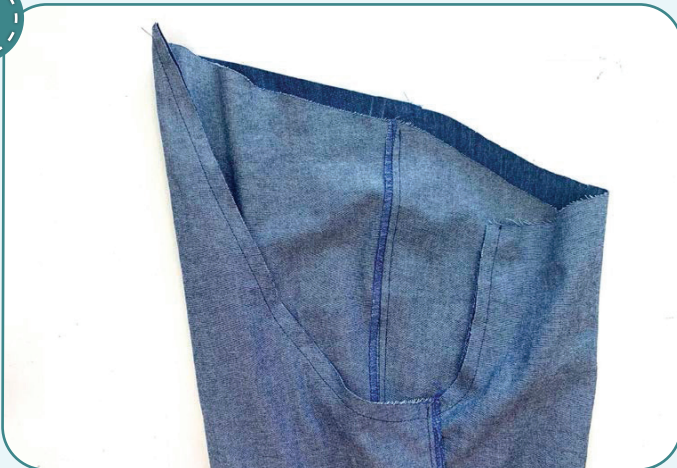
5



2,5-3

Finish the seam allowances with a serger and press them towards the pant backs.

6



2,5-3

Insert one pant leg into the other with right sides together. Stitch the crotch seam 1 cm (3/8") in from the edge.

7



2,5-3

Finish the seam allowances with a serger and press them towards any side.

JEANS CONSTRUCTION:

8



3-3,5

Stitch in the seam allowances on the pant backs 5-7 mm ($3/16$ - $1/4$ ") away from the crotch seam.

9



2,5-3



7

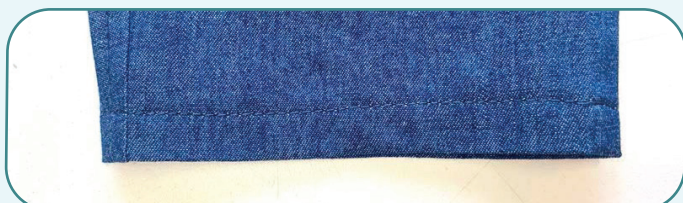
Finish the pant leg lower hems with a serger. Tie the thread tails and hide them into the seam.

10

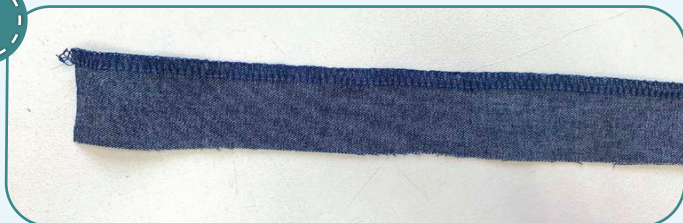


3-3,5

Press 1,5 cm ($9/16$ ") of the pant opening seam allowances towards the wrong side and stitch them 10-12 mm ($3/8$ - $1/2$ ") in from the fold.



11



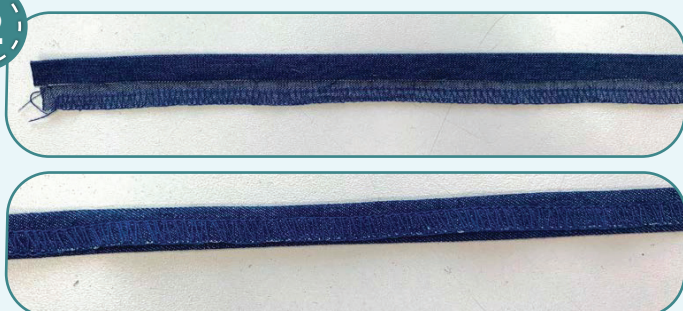
2,5-3



7

Finish the belt loop long edge with a serger.

12



Press the other belt loop long edge at 1 cm ($3/8$ "). Then press the finished edge towards it.

JEANS CONSTRUCTION:

13



3-3,5

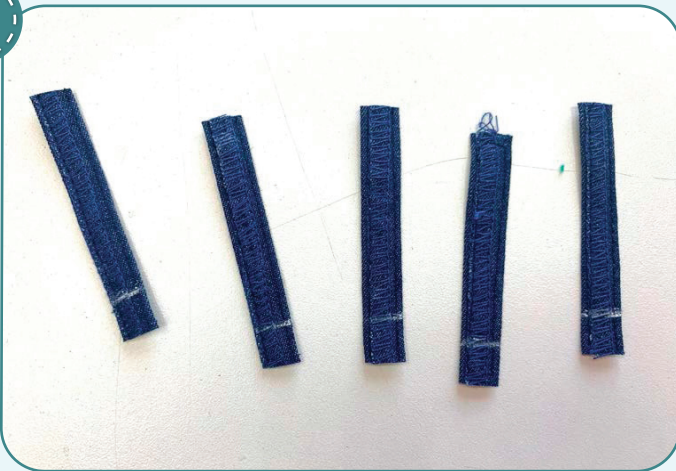
Stitch the belt loop 1.5-2 mm (9/16-13/16") away from the long edges.

14



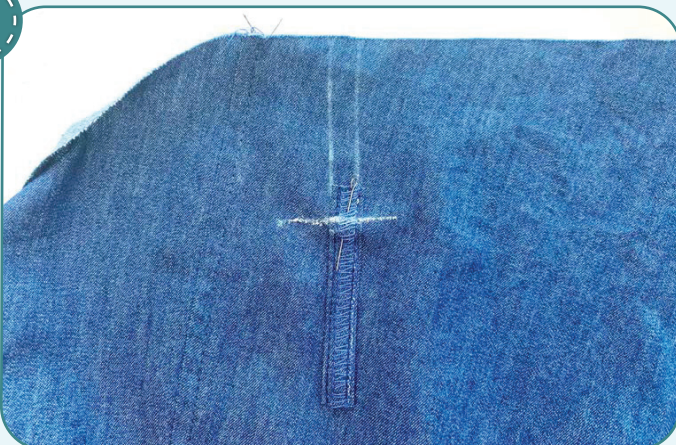
Cut this strip into 5 parts, each 7 cm (2 3/4") long.

15



Draw a mark 1 cm (3/8") away from one short end of each strip.

16



Place belt loops to the pants, aligning the mark on the belt loop with the lower marks on the pant pieces and pin them.

JEANS CONSTRUCTION:

17



3-3,5

Stitch in the belt loops exactly along the marks.

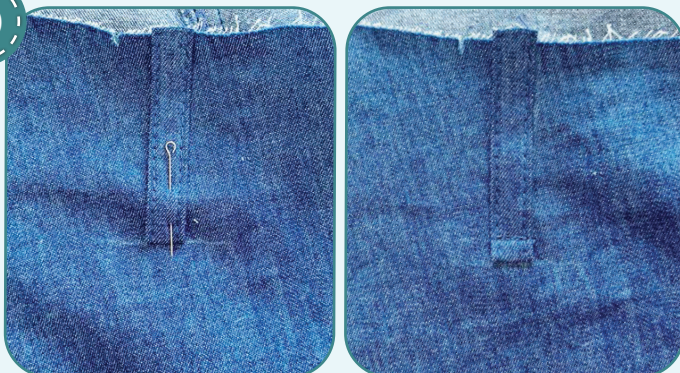


18



Trim the belt loops seam allowances in half.

19



3-3,5

Bend the belt loops upwards and stitch them in the pants 5-7 mm ($\frac{3}{16}$ - $\frac{1}{4}$ ") away from the fold.

20



Pin the belt loops upper edges along the marks and stitch them 5 mm ($\frac{3}{16}$ ") away from the edge.

21



4

3-3,5

7

Place the maternity band pieces with right sides together and serge the side edges. Press the seam allowances towards the back piece.

22



4

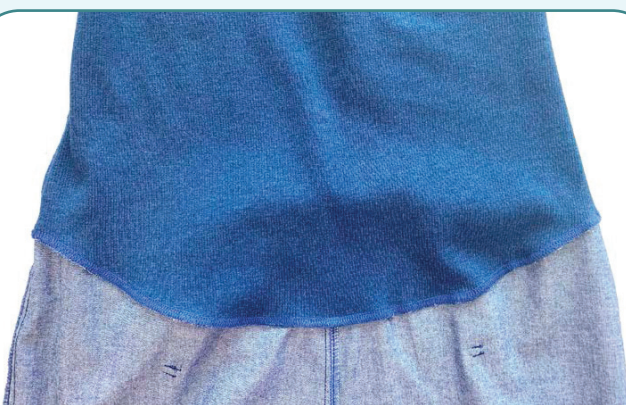
3-3,5

7

Place the band lower edge to the pants upper edge with right sides together aligning the marks. Serge them all the way around. Tie the thread tails and hide them into the seam.

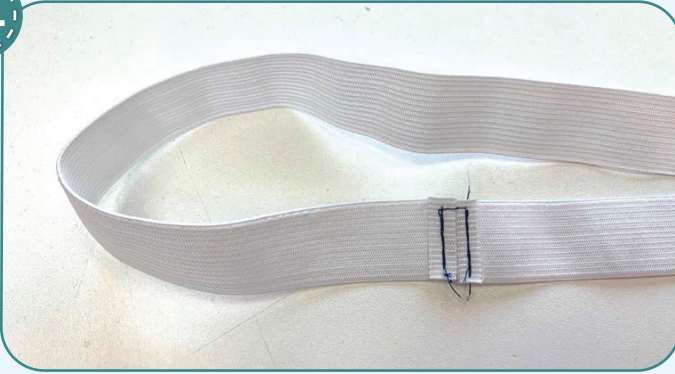


23



Press the seam allowances towards the pants.

24

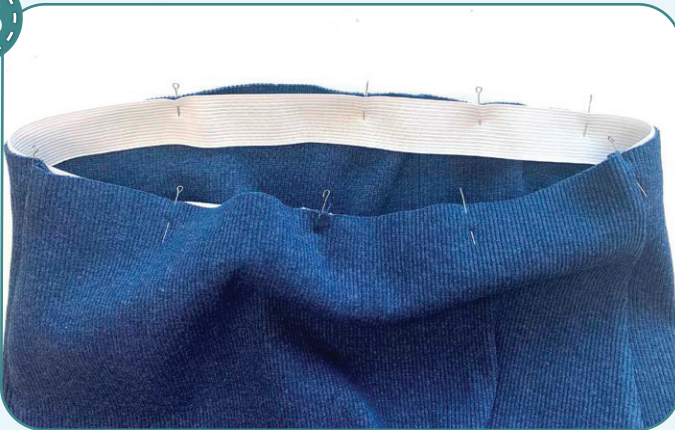


2,5-3

While fitting, determine the right length for the elastic and add 1.5 cm (9/16") for allowances.

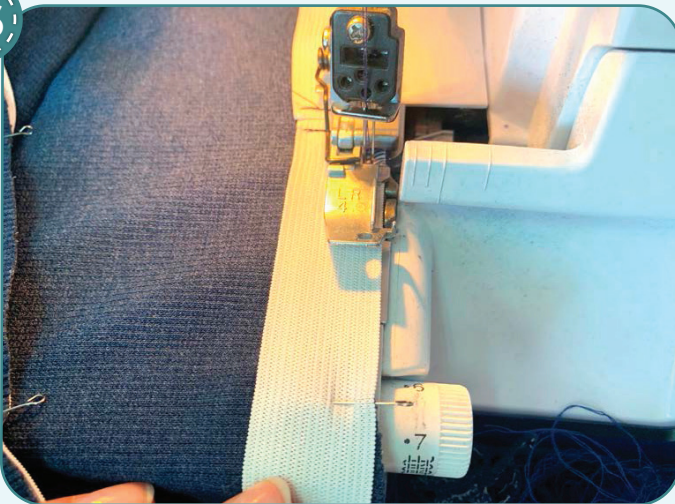
Place the elastic in half and stitch the short edges 7 mm (1/4") in from the edge. Stitch the seam allowances open.

25



Pin the elastic to the band upper edge from the wrong side.

26



3-3,5



7

Serge them all the way around. Tie the thread tails and hide them into the seam.



JEANS CONSTRUCTION:

27



Fold both the seam allowances and the elastic to the band wrong side and pin them. Coverstitch the seam allowances 2,5 cm (1") away from the edge. Tie the thread tails and hide them into the seam.



28



Remove the basting stitches and iron the garment. Your maternity jeans are ready!

ELINA PATYKOVA

ПРО ШИТЬЕ

Maternity jeans

Thank you for joining my team and me!
Share your works in instagram and my group in vkontakte. Hope you will stay with us for our next project!

