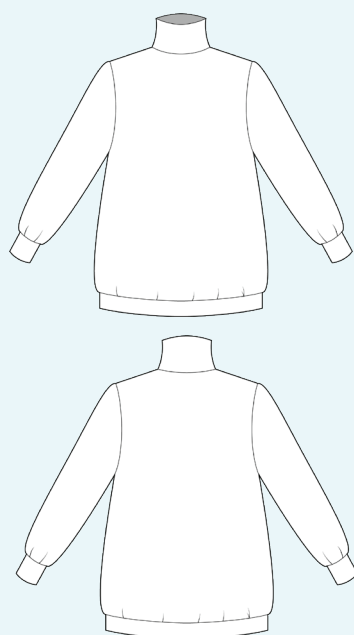# ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions for sewing

Turtleneck sweatshirt Flame
(for children)

#флэйм_свитшот

Skill level

Materials and notions

- sweatshirt fleece
- rib knit fabric
- matching thread
- Jersey 90 or Stretch 90 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you to adjust the length, width and fit of the garment and save time.

The fabric must be prepared for sewing: washed in warm water, dried and ironed.
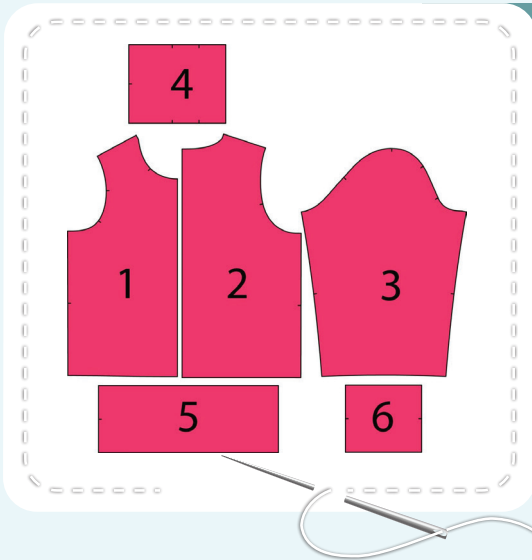
Let us start the cutting. Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included. Transfer all the necessary marks from the pattern onto the wrong side of your fabric.

SWEATSHIRT PIECES

1. **front - cut 1 on the fold (sweatshirt fleece)**
2. **back - cut 1 on the fold (sweatshirt fleece).**
3. **sleeve - cut 2 (sweatshirt fleece)**
4. **turtleneck collar - cut 1 on the fold (rib knit fabric)**
5. **waistband - cut 1 on the fold (rib knit fabric)**
6. **cuff - cut 2 (rib knit fabric)**

Construction

Symbols

	straight stitch		the stitch length in (mm)		flat lock stitch
	zigzag stitch		the stitch width in (mm)		3-Step Zigzag Seam Finishing
	unilateral zipper presser foot		universal presser foot		invisible zipper presser foot

pinning
You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.

double welting (pipping) presser foot

3-thread serger stitch

4-thread serger stitch

NOTE

A **4-thread serger stitch**
If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B **3-thread serger stitch**
If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C **flat lock stitch**
If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.
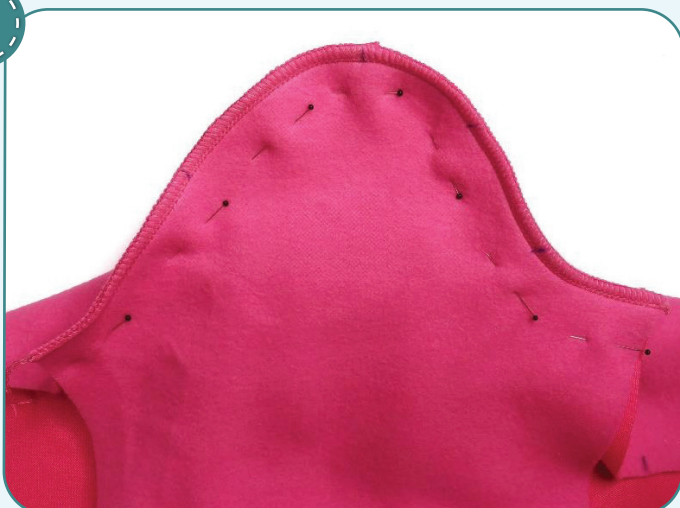
Sweatshirt construction

1

`4` | `2,5-3,5` | `7`

Pin the front and back along the shoulder edges with right sides together. Serge them. Press the seam allowances flat towards the front.
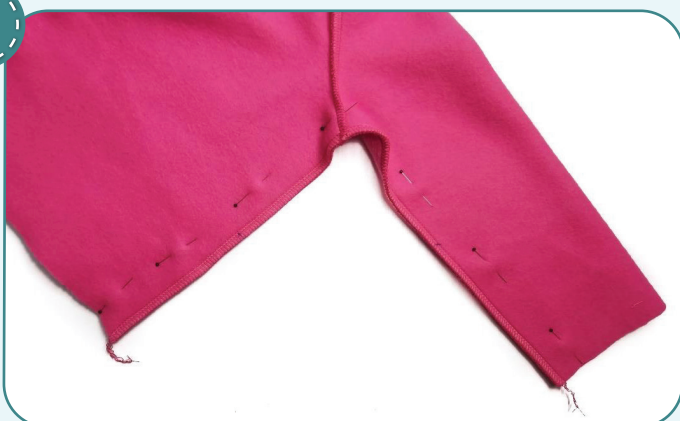
2

`4` | `2,5-3,5` | `7`

With right sides together, pin the sleeve into the armscye, aligning all the marks. Serge it in. Press the seam allowances towards the front and the back. Repeat the process for the other sleeve.
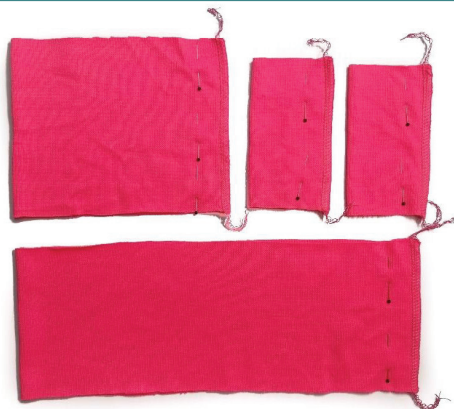
3

`4` | `2,5-3,5` | `7`

Pin the back with the front and the sleeve along the side seam with right sides together. Serge the pieces. To avoid bulk, place the sleeve attaching seam allowances in different directions. Press the seam allowances towards the front. Repeat the process for the opposite side seam.

NOTE: it is recommended to try it on, check the fit, length and ease. When fitting, consider the cuffs and the hem band length.
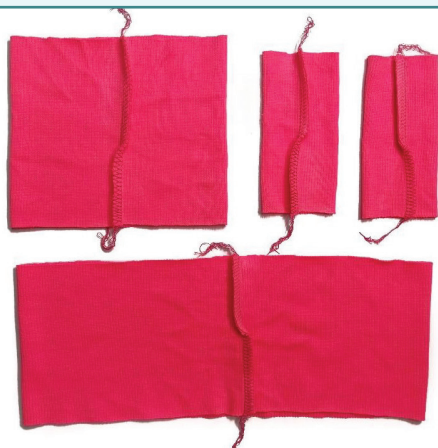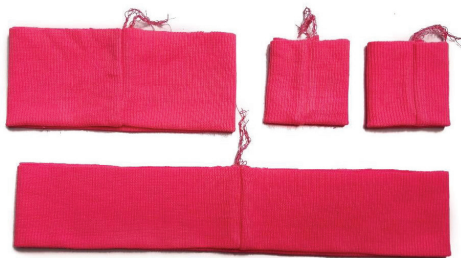
4

4 | | 2,5-3,5 | | 7

With right sides together, fold the turtleneck collar, the waistband, and the cuffs in half, lengthways, and pin along the short edges. Serge them.
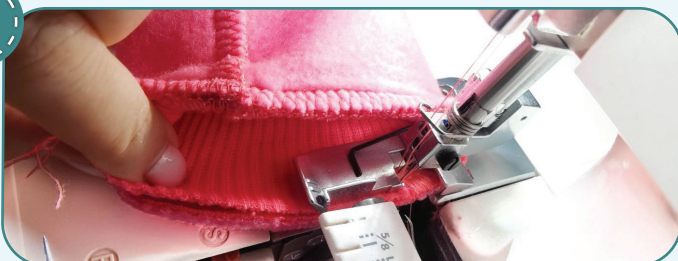
5

To avoid bulk when stitching the pieces cut from rib knit fabric, press the seam allowances in different directions.

6

With wrong sides together, fold the turtleneck collar, the waistband, and the cuffs in half, lengthways, and press them.

7

4 | | 2,5-3,5 | | 7

Aligning the cuff seam and the underarm seam, serge the cuff to the sleeve opening. When attaching the cuff, evenly stretch it, but care not to stretch the sleeve opening. Repeat the process for the opposite cuff. Press the seams upwards.
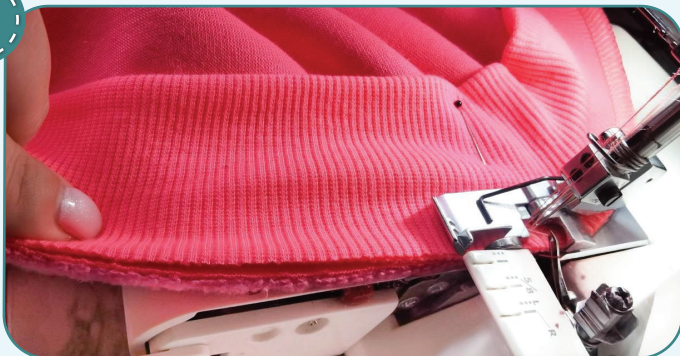
8

Divide the waistband in quarters and mark at quarter points, with one mark at the seam. Divide the garment lower hem in quarters and mark at quarter points. One of the marks should coincide with one of the side seams. Turn the garment out and place the waistband to the garment lower hem. Align the waistband seam with a side seam, as well as three other marks and pin in these places.
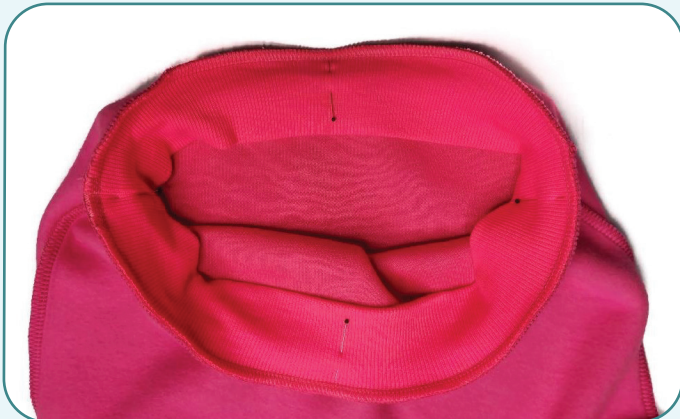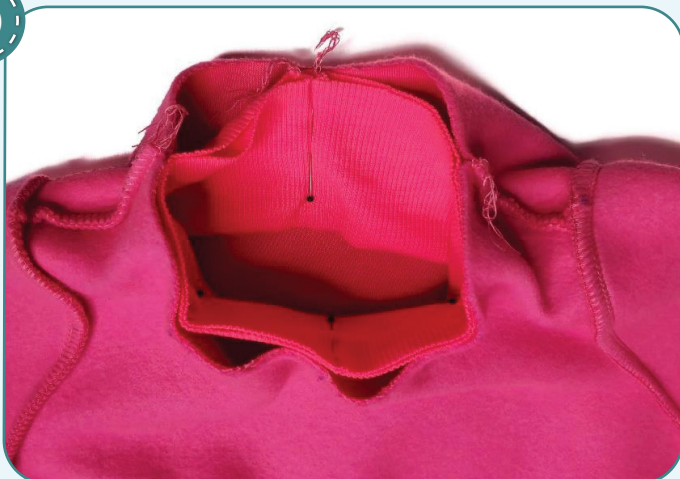
9

4 | 2,5-3,5 | 7

Serge the waistband to the garment. When attaching the waistband, evenly stretch it, but avoid stretching the garment lower edge. Press the seams upwards.

10

Turn the garment out and place the turtleneck collar to the garment neckline. Align the turtleneck collar seam with the back neckline center and the turtleneck center with the front neckline center and align the other marks. Pin at these places.

11

4 | 2,5-3,5 | 7

Serge the turtleneck collar to the garment. Evenly stretch it but avoid stretching the garment neckline. Press the seams down.

12

Remove the basting stitches, trim, and hide the thread tails and press the garment once again. The sweatshirt is ready!

4 | 2,5-3,5 | 7

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Thank you for joining my team and me!
Share your works in instagram and my group in vkontakte. Hope you will stay with us for our next project!