

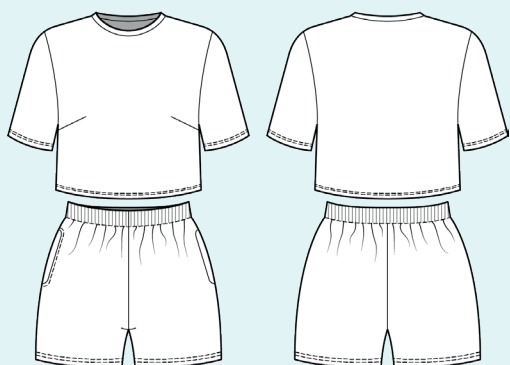
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ПРО ШИТЬЕ

Instructions
for sewing

Batman Pajama set

#пижама_бэтмен



Skill level



Materials and notions



- french terry,
- rib knit fabric,
- elastic 40 mm (1 9/16") wide,
- twilled ribbon,
- matching thread,
- Jersey 80 or Stretch 80 needles.

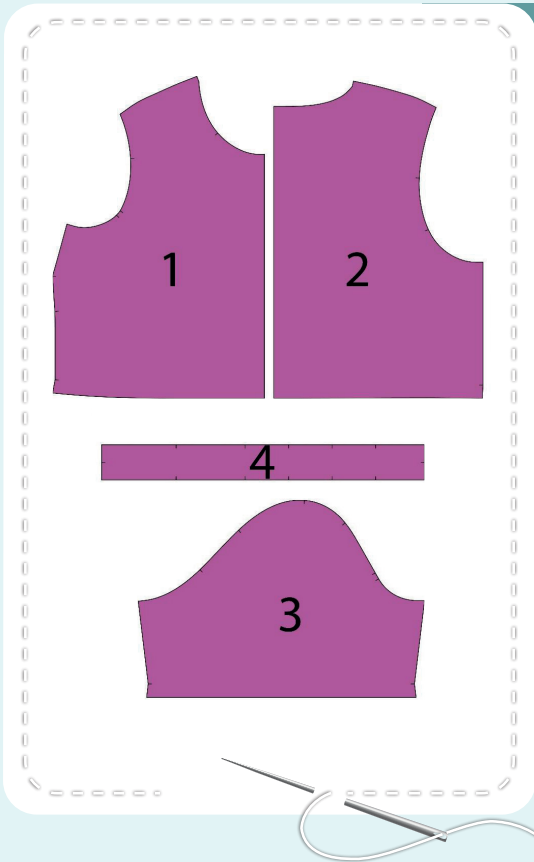
If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you to adjust the length, width and fit of the garment and save time.

To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

Let us start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

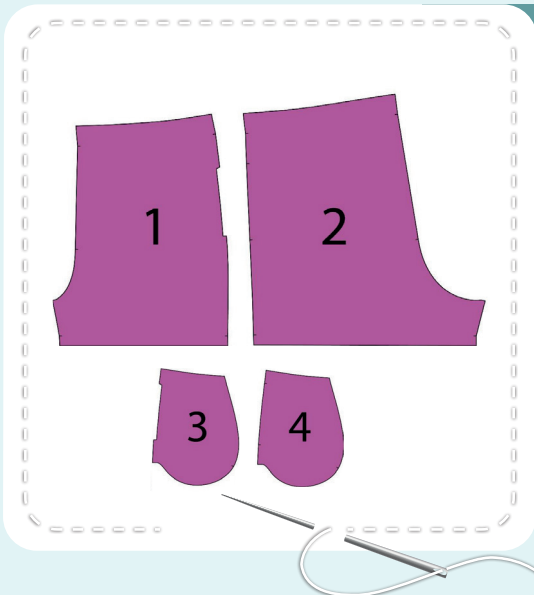
Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

Now you have



TOP PIECES:

1. front - cut 1 on the fold (french terry)
2. back - cut 1 on the fold (french terry)
3. sleeve - cut 2 (french terry)
4. neckband - cut 1 (rib knit fabric)



SHORTS PIECES:

1. front - cut 2
2. back - cut 2
3. pocket lining - cut 2
4. side front - cut 2

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

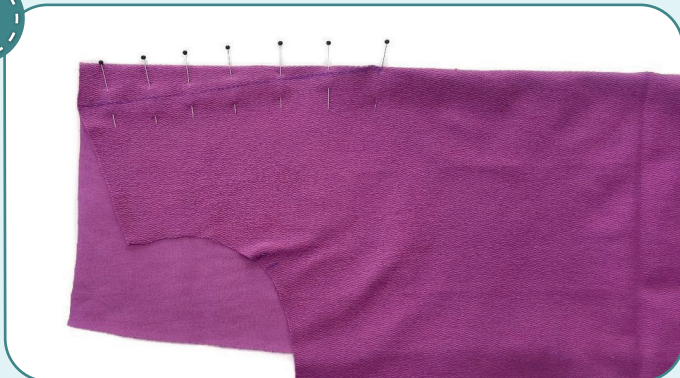
If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Top construction



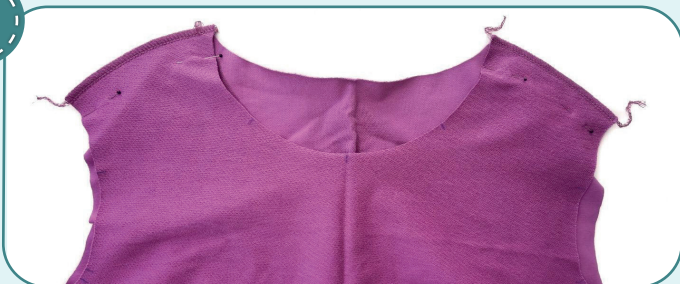
1



2,5-3

Transfer the marking for the darts from the pattern onto the front. Pin or hand-baste the darts evenly aligning their sides. Stitch the darts along the marking. Press the darts upwards.

2



2,5-3,5



7

With right sides together pin the front and the back along the shoulder edges. Serge them. Press the seam allowances flat towards the front.

3



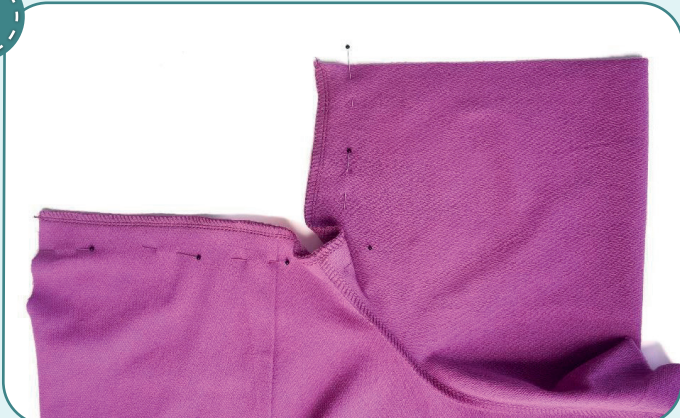
2,5-3,5



7

With right sides together, pin the sleeve into the armhole, aligning all the marks. Serge it in place. Press the seam allowance towards the front and the back. Repeat the process for the other sleeve.

4



2,5-3,5



7

Pin the back with the front and the sleeve along the side seam with right side inside. Serge the pieces. To avoid bulk, place the sleeve attaching seam allowances in different directions. Press the seam allowance towards the back. Repeat the process for the opposite side seam.

5

TOP CONSTRUCTION



5



Fold the neckband in half, lengthways, with wrong side inside. Press it. Check with the pattern after WTO and, if need be, align the length and transfer the marks again.

6



4



2,5-3,5



7

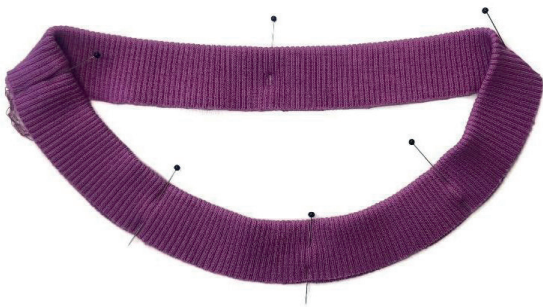
Pin and serge the neckband short edges from the wrong side.

7



To avoid bulk when attaching the neckband, press the ends of the seem allowances in different directions.

8

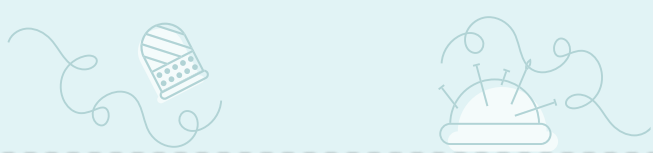


Fold the neckband in half, lengthways, wrong side inside, and press it. At the same time, shape the neckline with an iron, gently stretching the raw edges and ironing the fold. For convenience, you can pin the neckband beforehand.

9



Pin the neckband to the garment neckline right side. Align the neckband seam with one of the shoulder seams, the remaining marks - with the marks on the front neckline, the back neckline center and the other shoulder seam.



10



4 2,5-3,5 7

Serge the neckband to the garment. While serging, stretch the neckband, but avoid stretching the neckline itself. Press the seam down.



11



2,5-3

Stitch the twilled ribbon to the back neckline between the shoulder seams, overlapping the neckband attaching seam. Tuck the twilled ribbon ends in. Stitch the twilled ribbon, overlapping the serged seam left edge, sewing along the serged seam 1 mm (1/16") away from the twilled ribbon edge. While stitching the twilled ribbon, stretch the neckline gently.

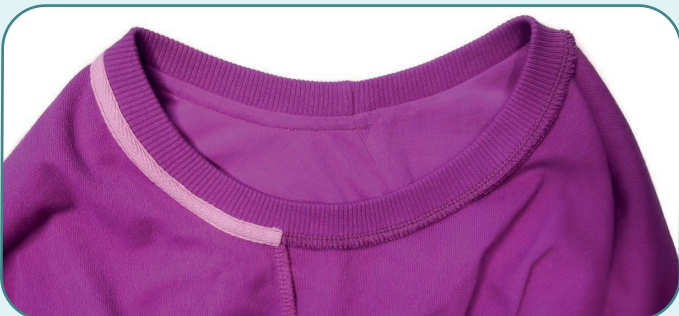


12



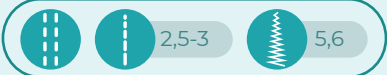
2,5-3

Overlapping the serged seam, stitch the twilled ribbon raw edge to the back, 1 mm (1/16") away from the edge. Press the back neckline.





13



Fold the top lower hem and the sleeve lower hems to the wrong side by 20 mm (13/16") and press them. You can hand-baste the lower hems. Coverstitch the lower hems. Tie the seam thread tails on the wrong side and hide them into the seam. Press them.

14



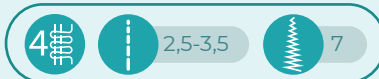
Remove the basting stitches, trim and hide the thread tails and press the garment once again. The top is ready!



Shorts construction

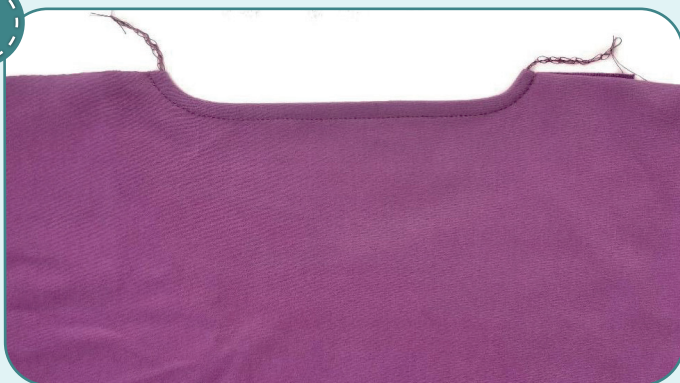


1



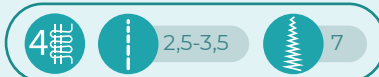
Pin the pocket lining to the garment front along the pocket opening with right sides together. Serge the pieces. Turn the pocket lining to the wrong side and press the pocket opening forming a roll towards the wrong side.

2



Topstitch along the pocket opening 5 mm (3/16") away from the edge. Press the pocket opening again.

3



Pin the side front to the pocket lining with right sides inside. Serge the pocket bag. Press the pocket bag.

4



Secure the pocket bag above and below the pocket opening stitching 5 mm (3/16") away from the edge. Repeat the process for the opposite pocket (steps 1-4).

SHORTS CONSTRUCTION



5



4



2,5-3,5



7

With right sides together, pin the shorts front and back along the side edges aligning the marks. Serge them. Press the seam allowances towards the shorts back.

6



4



2,5-3,5



7

Place the shorts front and back panels along the inseam, right side inside. Serge the inseam. Press the seams flat towards the front panel. Repeat the process for the opposite short leg (steps 5 - 6).

7



4



2,5-3,5



7

Insert the left leg into the right leg with right sides together. Pin along the crotch seam placing the inseam allowances in different directions to avoid bulk. Serge the inseam. Press the seam allowances towards the right.

8



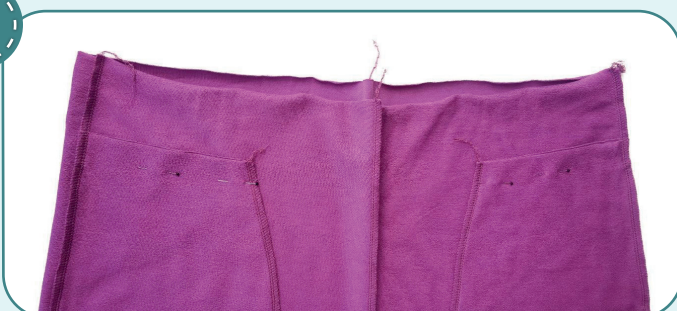
2,5-3



7

Cut the elastic 40 mm (1 9/16") wide, the length is indicated on the front pattern. Stitch the elastic in a ring with a straight or a zigzag stitch.

9



Smooth the pockets and pin or hand-baste them to secure.

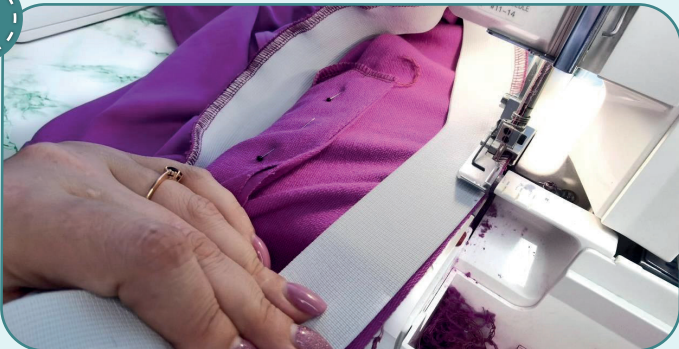


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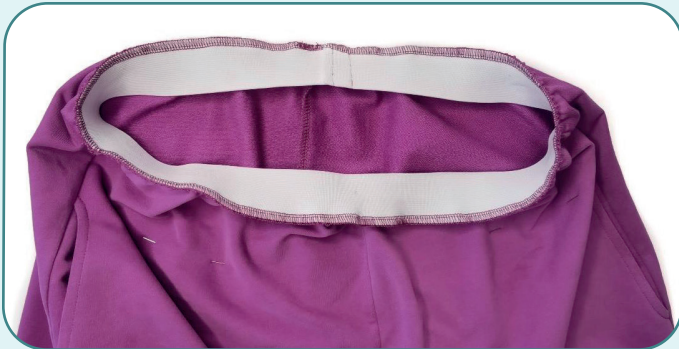
Divide the elastic in quarters. Divide the garment waistband into quarters. Align the marks and pin the elastic to the garment wrong side. To avoid bulk, do not align the waistband and elastic seams.

11



4 2,5-3,5 7

Evenly stretching the elastic, serge it to the garment.



12



2,5-3

Tuck the edge inside the shorts with the elastic width, and evenly stretching, stitch the elastic atop the serger stitching 35 mm (1 3/8") in from the edge. Care the pockets upper edges to be caught into the seam.





13



Fold the garment lower hems to the wrong side by 20 mm (13/16") and press them. You can hand-baste the lower hems. Coverstitch the lower hems. Tie the seam thread tails on the wrong side and hide them into the seam. Press them.

14



Remove the basting stitches, trim and hide the thread tails and press the garment once again. The shorts are ready!



Batman Pajama set

Thank you for joining my
team and me!
Share your works in my
groups. Hope you will stay
with us for our next project!

