

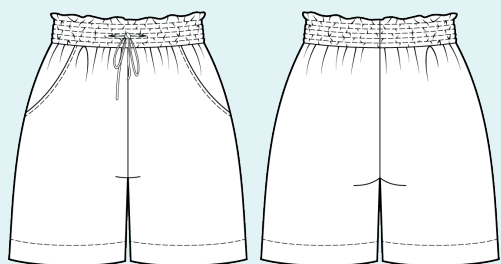
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Shorts Hit

#патыкова_hit



Skill level



Materials and notions



- staple fabric
- stabilizing tape (a strip of fusible interfacing, cut on the bias, with a chain stitch in the center)
- two scraps of fusible interfacing 30x40 mm (1 3/16-1 9/16")
- elastic 50 mm (2") wide
- matching thread
- Universal 70-80 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow

you to adjust the length, width and fit of the garment and save time.

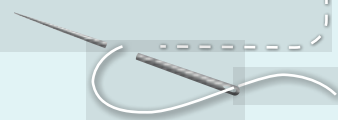


To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

How to cut:

Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along them. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.



Now you have

SHORTS PIECES:

1. front - cut 2
2. back - cut 2
3. side front - cut 2
4. pocket lining - cut 2
5. waistband - cut 1 on the fold

PIECES TO INTERFACE:

- Green - stabilizing tape
 - Reinforce the pocket openings on the shorts fronts with kantenband.
- Purple - fusible interfacing
 - The area for the cord holes on the waistband

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Shorts construction



1



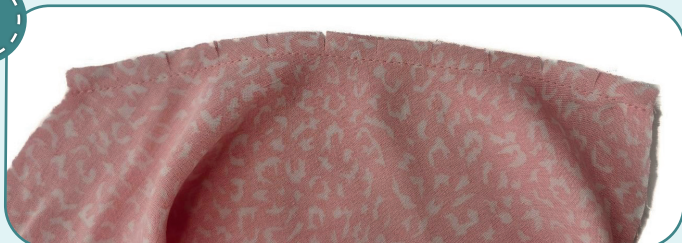
Fuse pieces of stabilising tape to the pocket openings on the fronts.

2



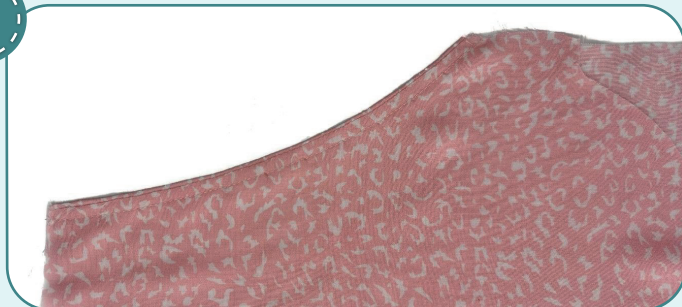
With right sides together, pin the pocket lining to the garment front along the pocket opening. Stitch the pieces 7 mm (1/4") in from the edge.

3



Slash the seam allowances every 15 mm (9/16") leaving 1 mm (1/16") before the stitching.

4



Turn the pocket out, forming a roll towards the pocket lining. Topstitch along the pocket opening 7 mm (1/4") in from the edge. Press the pocket opening again.

5



Pin the side front to the pocket lining with right sides together. Stitch the pieces 10 mm (3/8") in from the edge.



6



3

4

7

Use a serger to finish the seam allowances together. Press the pocket.

7



3

4

7

2,5-3

Secure the pocket bag above (along the top edge) and below the pocket opening, stitching 7 mm (1/4") away from the edge. Repeat the process for the opposite pocket (steps 2-7).

8



3

4

7

2,5-3

Pin the front and the back along the side seams and inseams. Stitch them 10 mm (3/8") in from the edge.

9



3

4

7

Finish the inseams and side seams with a serger. Press the inseam allowances towards the front and press the side seam allowances towards the back.



10



2,5-3

Insert the left pant leg into the right one with right sides together. Pin the crotch seam aligning the marks and the inseams. Stitch it in place 10 mm (3/8") away from the edge.

11



Finish the crotch seam allowances with a serger. Press the seam allowances flat towards the right pant leg.

12

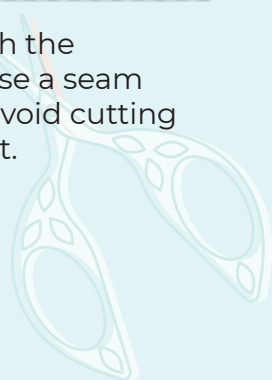


Working from the wrong side, fuse scraps of interfacing 30x40 mm (1 3/16-1 9/16") to the area for the cord to pass through.

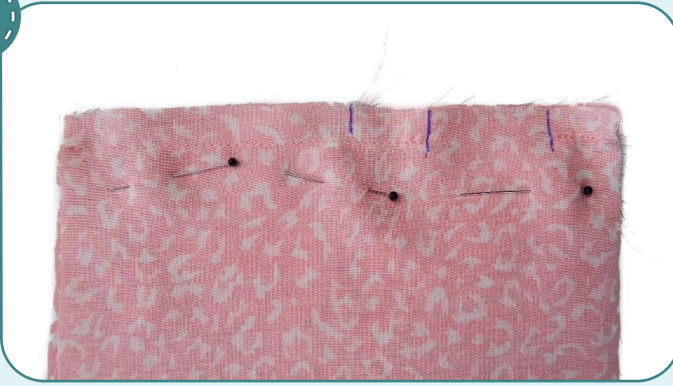
13



Make the cord size holes with the buttonholing presser foot. Use a seam ripper to cut the holes, but avoid cutting the stitching threads. Press it.



14



2,5-3

Fold the waistband in half, right side inside, and pin it along the short edges. Stitch the waistband in a ring with two straight seams 105 mm (4 1/8") and 20 mm (13/16"), leaving a hole for the elastic. Press the seam open.

15



2,5-3

Fold the waistband in half, lengthways, wrong side inside and press it. Stitch a straight seam 15 mm (9/16") away from the fold. Press the seam again.

16



2,5-3

Pin the waistband to the garment upper edge, with right sides together, aligning the waistband seam with the garment crotch seam, waistband center with the front crotch seam and the marks with the side seams. Stitch the pieces 10 mm (3/8") in from the edge.

17



4



7

Serge the seam allowances together. Seam allowances are pressed down.

18



Cut the elastic 50 mm (2") wide and with the length, indicated on the waistband pattern. Insert it through the hole in the waistband with a safety pin or a bodkin.

19



2,5-3

Join the ends of the elastic together by straight or zigzag stitch. Spread the elastic evenly around the waistband.

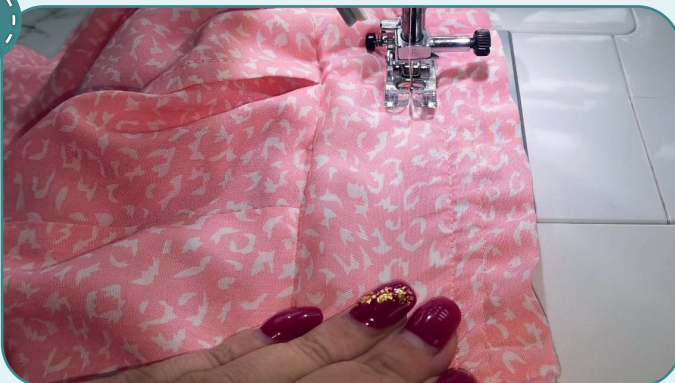
NOTE: It is recommended to try it on, check the fit, length and ease. When trying the garment, consider the lower hem seam allowance width. Make sure, that the shorts waistband is comfortable to wear. If necessary, change the length of the elastic.

20



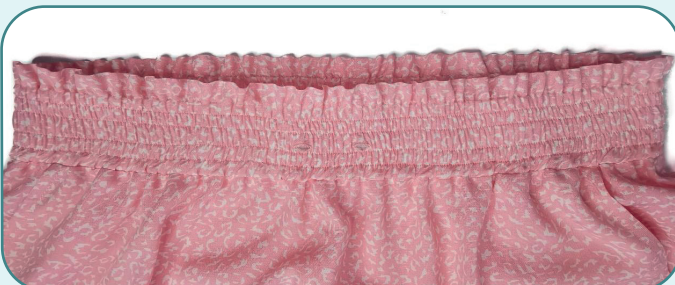
Hand-baste the hole in the waistband with a blind stitch.

21



2,5-3

Evenly stretching the elastic, stitch two seams 25 mm and 35 mm (1 and 1 3/8") away from the waistband fold. Then stitch two more seams 10 and 20 mm (3/8 and 13/16") away from the waistband attaching seam. The holes for the cord should be in the middle of the elastic, between the seams.



22



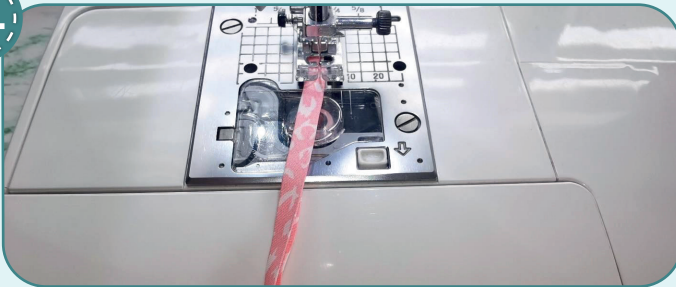
Press the garment lower hems to the wrong side first by 10 mm (3/8") and then by 20 mm (13/16"). Pin or hand-baste the fold.

23



Topstitch the fold 20 mm (13/16") in from the edge. Press it.

24



Cut a strip of the fabric for the cord (it's size is indicated on the waistband pattern). Press the strip edges to the center with wrong side inside. Fold it in half lengthways and press. For convenience, you can hand-baste it beforehand. Stitch the 1 mm (1/16") in from the edge. Press it.



25



Thread the cord into the waistband, tie knots on its both ends, remove the basting stitches, trim and hide the thread tails and press the garment. The shorts are ready.



ELINA PATYKOVA

ПРО ШИТЬЕ

Shorts Hit

Thank you for joining my
team and me!
Share your works in my
groups. Hope you will stay
with us for our next project!



ELINA_PATKOVA



ELINA-PATKOVA.RU



VK.COM/ELINA_PATKOVA