

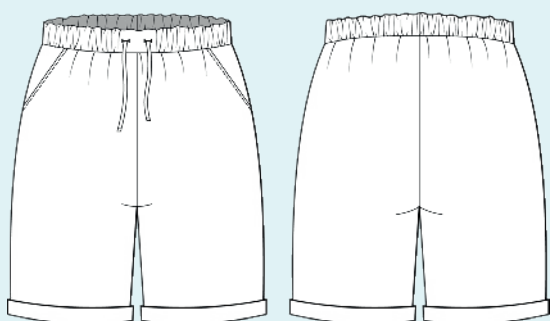
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Shorts Boy

#патыкова_boy



Skill level



Materials and notions



- linen, cotton, or denim fabrics
- elastic 40 mm (1 9/16") wide
- flat draw cord – 110-120 cm (3 ft.)
- fusible interfacing
- stabilising tape or kantenband
- matching thread
- Universal 80-90 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.



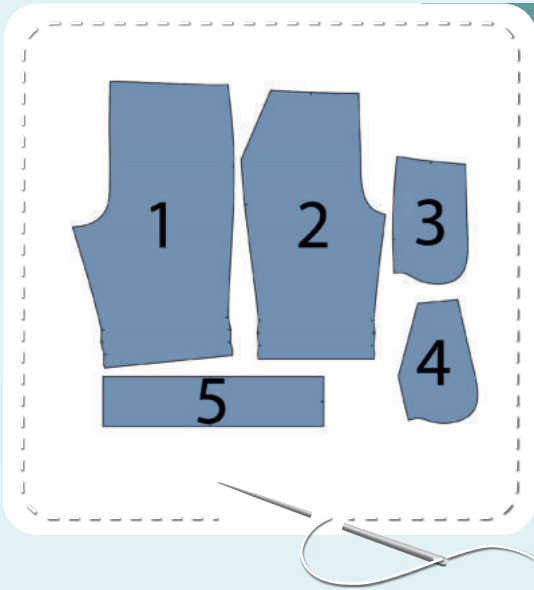
To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

How to cut: Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It's important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

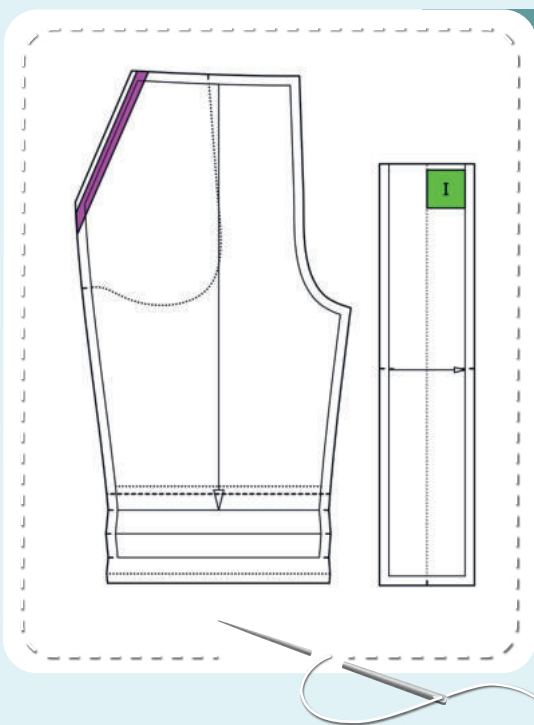


Now you have



SHORTS PIECES (LINEN)

1. pant leg back - cut 2
2. pant leg front - cut 2
3. side front - cut 2
4. pocket lining - cut 2
5. waistband - cut 1 on the fold



PIECES TO INTERFACE

- Purple - kantenband
 - reinforce the pocket openings on the fronts
- Green - fusible interfacing
 - the area for the cord holes on the waistband

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Shorts construction



1



Reinforce the pocket openings on the fronts with kanteband. Duplicate the area for the cord holes on the waistband.

2



With right sides together, pin the pocket lining to the garment front along the pocket opening. Stitch the pieces 10 mm (3/8") in from the edge.

3



Serge the seam allowances together.

4



Turn the pocket out and press forming a roll towards the pocket lining. Working from the lining side, topstitch along the pocket opening 7 mm (1/4") in from the edge. Press the pocket opening again.

5



Pin the pocket lining to the side front with right sides together. Stitch the pieces 10 mm (3/8") in from the edge.

SHORTS CONSTRUCTION

6



3

3-4

7

Serge the seam allowances together. Press the pocket.

7



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2,5-3

Secure the pocket lining below the pocket opening and along the pocket upper edge with straight stitches 7 mm (1/4") away from the edge.

8



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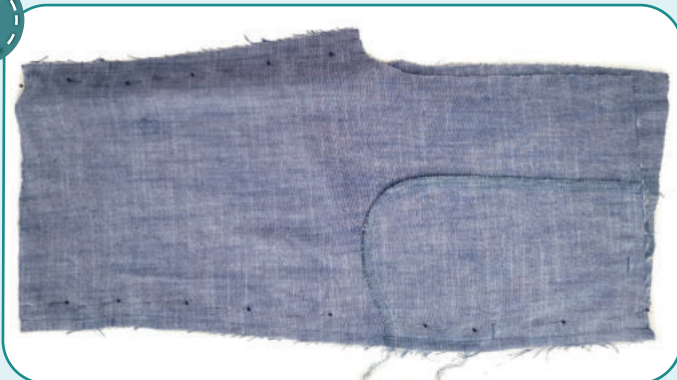
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2

Use a fine zigzag stitch to make two bar tacks 10 mm (3/8") long above and below the pocket opening. Bar tack above the pocket 15 mm (9/16") away from the upper edge and below the pocket opening 15 mm (9/16") away from the joint of the pocket opening and the side seam marking line. Repeat the process for the opposite pocket (steps 2-8).

9



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2,5-3

Pin the front and the back along the side seams and inseams. Stitch them 10 mm (3/8") in from the edge.

10



3

3-4

7

Finish the inseams and side seams with serger. Press the inseam allowances towards the front and the side seam allowances towards the back.

SHORTS CONSTRUCTION



11



2,5-3

Insert the right pant leg into the left one with right sides together. Pin the crotch seam aligning the marks and the inseams. Stitch them 10 mm (3/8") in from the edge.

12



3-4



7

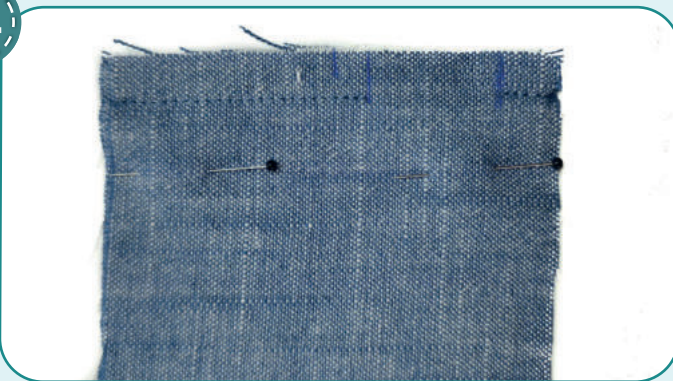
Finish the crotch seam allowances with a serger. Press the seam allowances towards the left back piece.

13



Use buttonholing presser foot to make buttonholes about 10 mm (3/8") in size. A seam ripper may be used to make the slit, but be careful not to cut the threads and bar tacks. Press them.

14



2,5-3

Fold the waistband in half, right side inside, and pin it along the short edges. Stitch the waistband in a ring with two straight seams 55 mm (2 3/16") and 15 mm (9/16") long, leaving a hole for elastic. Press the seam allowances open.

15



Fold the waistband in half, lengthwise, wrong side inside and press it.

SHORTS CONSTRUCTION

16



2,5-3

Pin the waistband to the garment upper edge, with right sides together, aligning the waistband seam with the garment crotch seam, waistband center with the front crotch seam and the marks with the side seams. Stitch the pieces 10 mm (3/8") in from the edge.

17



3-4



7

Serge the seam allowances together. Press the seam allowances down.

18



Cut the elastic 40 mm (1 9/16") wide and the length, indicated on the waistband paper pattern. Thread it through the hole in the waistband with a safety pin or a bodkin.

19



2,5-3

Join the ends of the elastic together by straight or zigzag stitch. Spread the elastic evenly around the waistband.

NOTE: it is recommended to try it on, check the fit, length and ease. When trying the garment, consider the cuffs width. Make sure, that the shorts waistband is comfortable to wear. If need be, change the length of the elastic.

SHORTS CONSTRUCTION



20



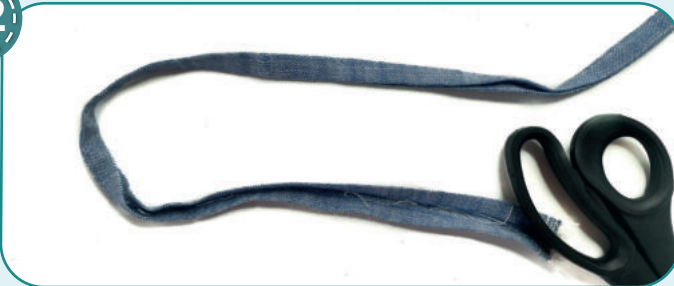
Hand-baste the hole in the waistband with a blind stitch.

21



If you do not have a cord, it can be made from the main fabric. Cut a strip of fabric 35 mm (1 3/8") wide and 110-120 cm (3 ft.) long.

22



Press the strip edges to the center with wrong side inside. Fold it in half, lengthways, and press. For convenience, you can hand-baste it beforehand.

23



Stitch it 1 mm (1/16") in from the edge. Press it.

24



Thread the cord into the waistband and tie the knots at the cord ends.



25



To avoid the elastic twisting while wearing the garment, secure it at the back center and at the side seams. Stitch two seams 10 mm (3/8") at the waistband upper and lower parts. Place the cord between these two seams, i.e. at the center of the waistband. At the back stitch exactly atop the waistband seam.



26



Slash the inseam and side seam allowances 10 and 42 mm (3/8" and 1 3/4") away from the garment lower edge leaving 1 mm (1/16") away from the stitching. Press the seam allowances into different directions to avoid bulk. Press the pant leg lower hems to the wrong side first by 10 mm (3/8") and then by 42 mm (1 3/4"). Pin or hand-baste the fold.

27



Topstitch along the fold 40 mm (1 9/16") away from the edge. Press.



SHORTS CONSTRUCTION

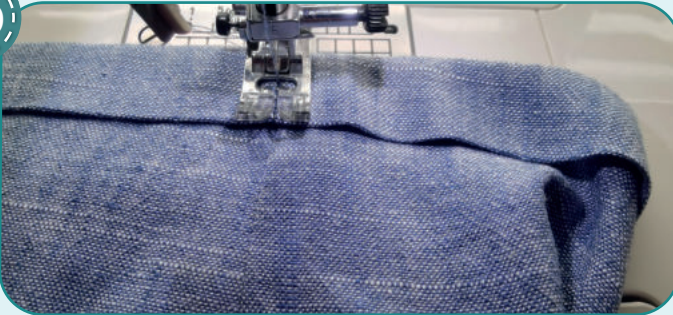


28



Fold the shorts lower hems to the right side to form a cuff 25 mm (1") wide. Press the cuffs.

29



2,5-3

Find and mark the center points on the shorts cuff front and back panels. Stitch four 10 mm (3/8") long parallel seams along the side seam, inseam and on the marked shorts panel centers. Repeat the process for the opposite cuff.



30



Remove the basting stitches, trim, and hide the thread tails and press the garment once again. The shorts are ready!



ELINA PATYKOVA

ПРО ШИТЬЕ

Shorts Boy

Thank you for joining my team and me!
Share your works in my groups. Hope you will stay with us for our next project!



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