

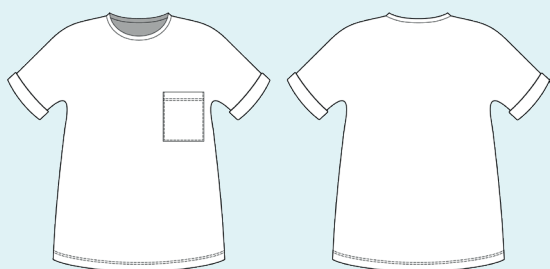
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

T-shirt Boy

#патыкова_boy



Skill level



ELINA_PATKOVA



ELINA-PATKOVA.RU



VK.COM/ELINA_PATKOVA

Materials and notions



- cotton lycra jersey
- knit fusible interfacing
- matching thread
- Jersey 70 - 80 or Stretch 70 - 80 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.



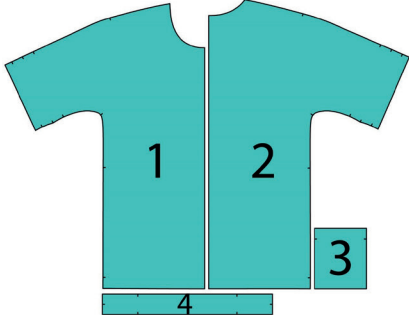
To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

How to cut: Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

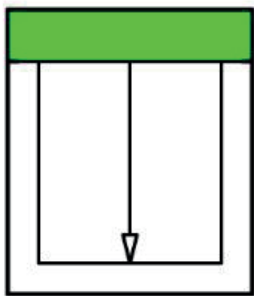


Now you have



T-SHIRT PIECES

1. front - cut 1 on the fold
2. back - cut 1 on the fold
3. breast pocket - cut 1
4. neckband - cut 1



PIECES TO INTERFACE

- Green - knit fusible interfacing
- breast pocket top seam allowance

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



T-shirt construction



1



Duplicate the breast pocket top seam allowance.

2



4



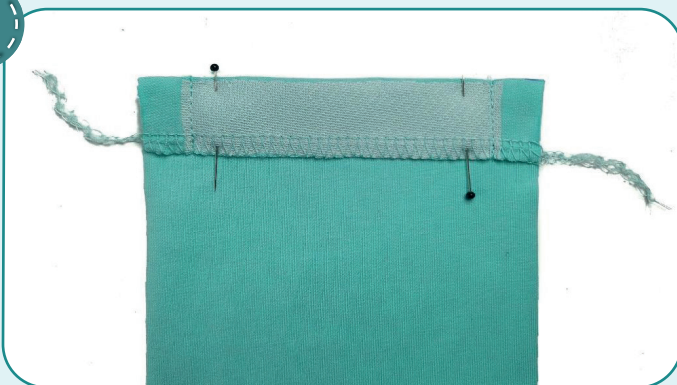
2,5-3,5



7

Finish the top edge with serger. Press it.

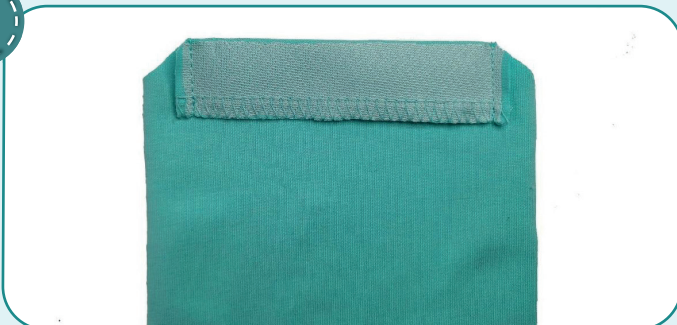
3



2,5-3

Fold the pocket top seam allowance to the right side. Stitch along the side edges 15 mm (9/16") away from the edge.

4



Clip the corners. Trim the seam allowances of the folded top edge to 3 mm (1/8"). Turn it out to the right side and smooth the corners. Press it.

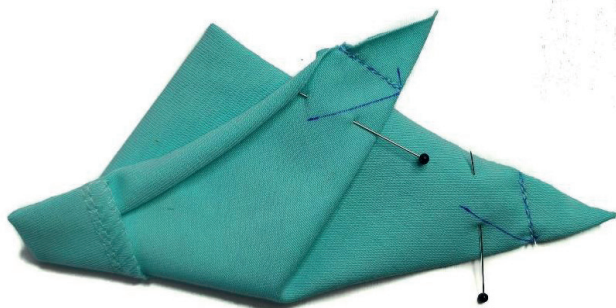


5



Draw the seam lines on the pocket bottom 15 mm (9/16") in from the edge.

6



Fold the pocket bottom corners at 45°, right side inside, and pin them. Draw lines on the pocket wrong side, at 90° to the fold, as shown in the photo. Draw the lines exactly from the corner top points of the ready pocket. Stitch along the marking.

7



Trim the seam allowances to 3 mm (1/8") and clip the corners.

8



Turn out the corners, form the pocket. Press the seam allowances at 15 mm (9/16").



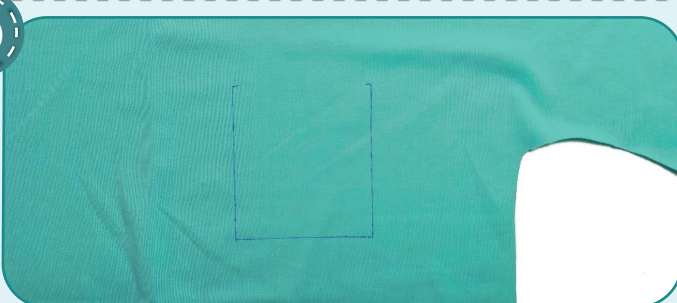
9



2,5-3

Edgestitch the pocket along the top edge 20 mm (13/16") away from the edge. Press it.

10



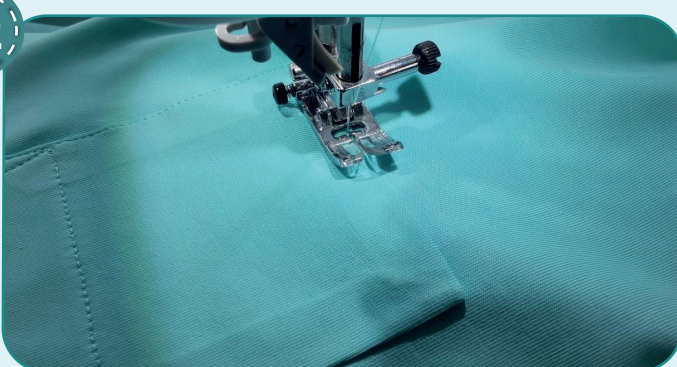
Transfer the pocket attaching marking line from the pattern onto the right side of the front left piece.

11



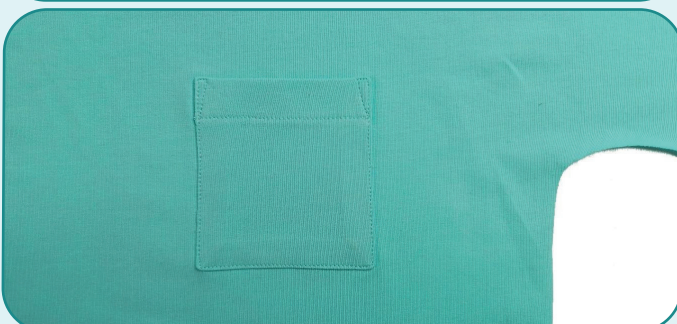
Pin, hand-baste or glue the pocket with a glue stick in place, face up.

12



2,5-3

Edgestitch the pocket in place about 1 mm (1/16") in from the fold. Backstitch at the seam ends. Press the seams.





13



4#



2,5-3,5



7

Pin the front and back along the shoulder edges with right sides together. Serge them. Press the seam allowances flat towards the front.

14



4#



2,5-3,5

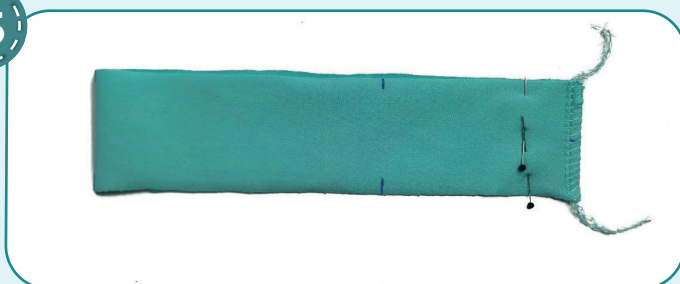


7

Pin the back and the front along the side seam with right sides together. Serge the pieces. Press the seam allowances towards the front. Repeat the process for the opposite side seam.

NOTE: it is recommended to try the garment on, check the fit, length and ease. When fitting, take into account the lower hem bend width and the cuff width.

15



4#



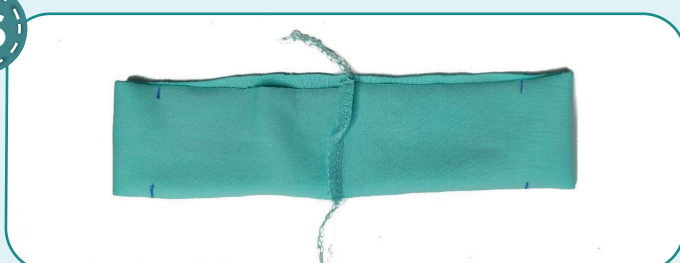
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7

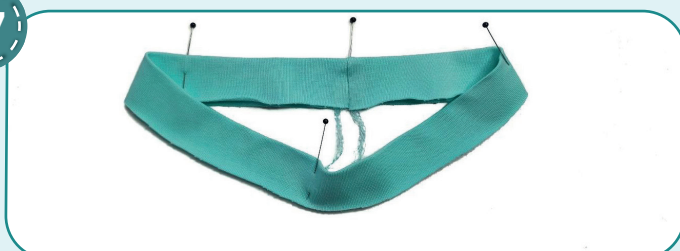
Serge the neckband short edges having previously pinned them.

16

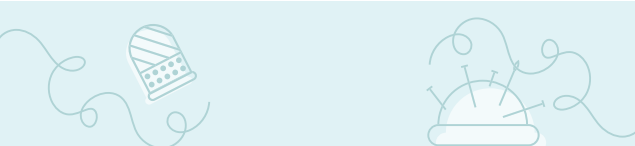


To avoid bulk when stitching the neckband, press the seam allowances into different directions.

17



Fold the neckband in half and press it with wrong side inside. At the same time, shape the neckline with an iron, gently stretching the raw edges and ironing the fold. For convenience, the neckband can be pinned at the marked places.



18



Working from the right side, pin the neckband to the garment neckline. Align the neckband seam with the back neckline center, the neckband center - with the front neckline center, and align the rest marks with shoulder seams.

19



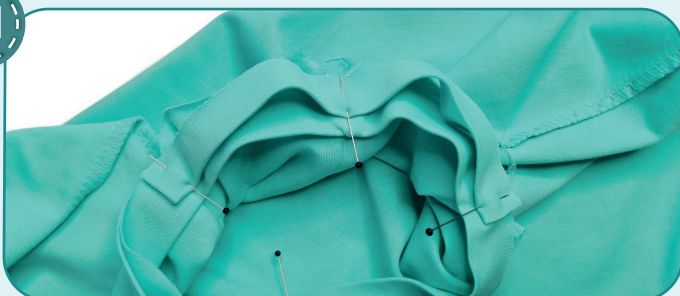
Measure the back neckline. Cut a strip of main fabric 35 mm (1 3/8") wide and 20 mm (13/16") longer than back neckline length.

20



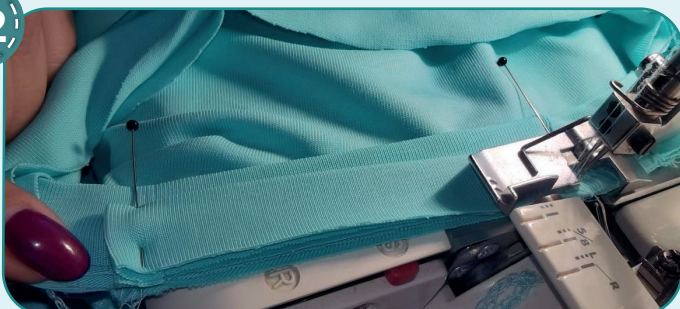
Fold the strip in half, lengthways, tucking its ends inside at 10 mm (3/8"). Press it.

21



Aligning the edges, pin the strip along the back neckline on the neckband wrong side. Place the strip between the shoulder seams with right side to the neckband. The neckband should be between the garment neckline and the strip.

22



4#

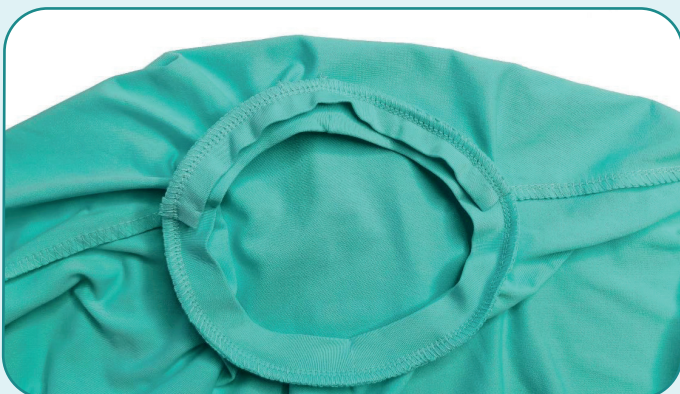


2,5-3,5



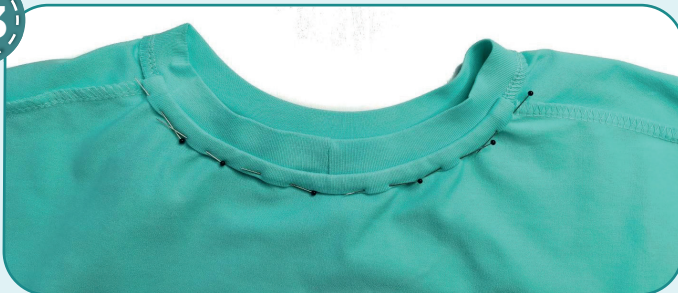
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Serge the neckband and the strip. While serging, stretch the neckband evenly, but avoid stretching the neckline and the strip. Press the seam and the strip down.



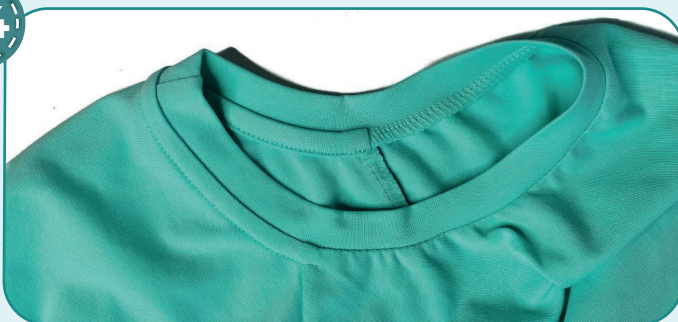


23



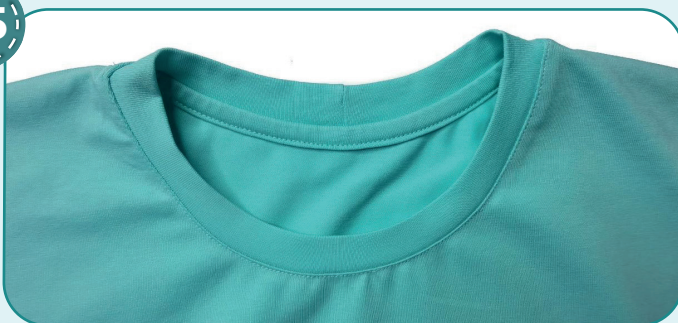
Pin or hand-baste the strip other edge to the back overlapping the serged seam.

24



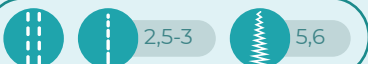
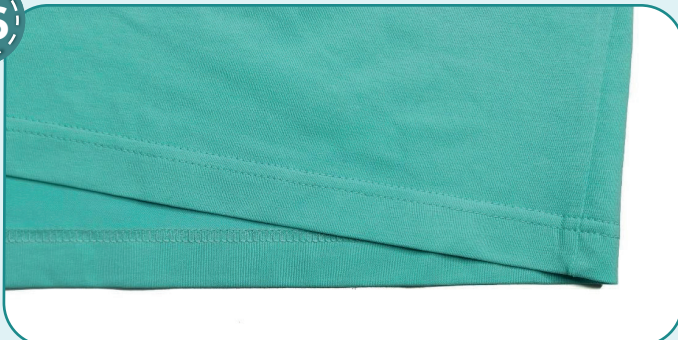
Stitch the strip to the back 1 mm (1/16") in from the edge covering the serged seam. Press the back neckline.

25



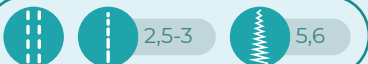
Topstitch the neckline between the shoulder seams 1 mm (1/16") away from the neckband attaching seam. Press the seams.

26



Fold the garment lower hem 25 mm (1") towards the wrong side and press it. You can hand-baste the edge. Coverstitch the lower hem. Tie the seam thread tails on the wrong side and hide them into the seam. Press the garment.

27



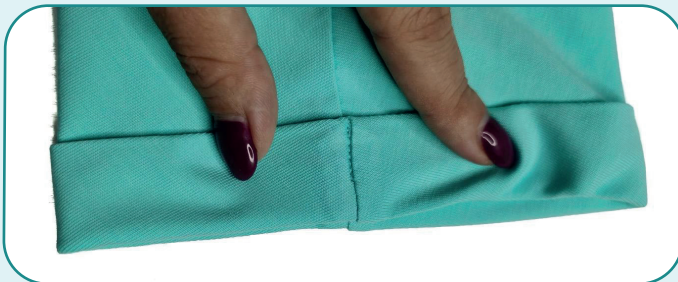
Fold the sleeve lower hems 44 mm (1 3/4") to the wrong side and press them. You can hand-baste the edge. Coverstitch the lower hems. Tie the seam thread tails on the wrong side and hide them into the seam. Press the seams.

28



2,5-3

Press the sleeve cuffs by 27 mm (1 1/16") to the right side. To secure the cuff, stitch two 10 mm (3/8") long parallel seams along the side seam and along the shoulder seam. Repeat the process for the opposite cuff.



29



Remove the basting stitches, trim, and hide the thread tails and press once again. The T-shirt is ready!

ELINA PATYKOVA

ПРО ШИТЬЕ

T-shirt Boy

Thank you for joining my
team and me!
Share your works in my
groups. Hope you will stay
with us for our next project!



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