

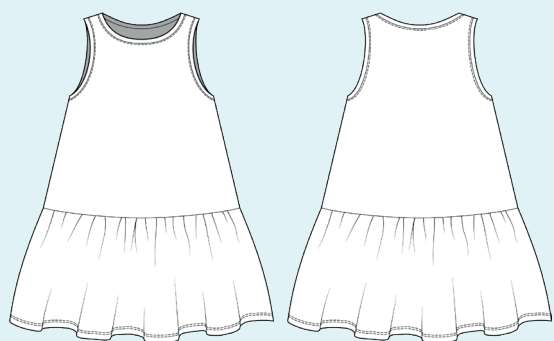
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Tiered sundress Lime

#патыкова_lime



Skill level



Materials and notions



- cotton lycra jersey
- matching thread
- Jersey 70 - 75 or Stretch 70 - 75 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.



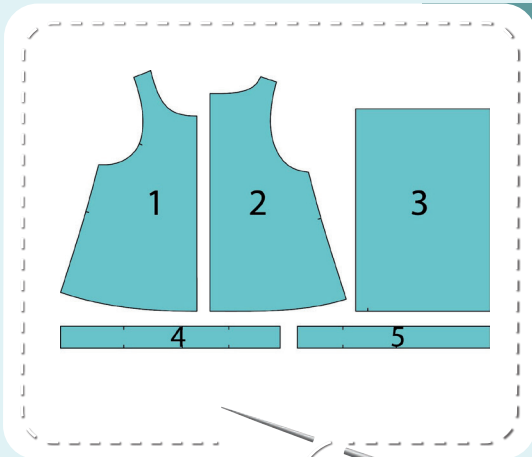
To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

How to cut: Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.



Now you have



SUNDRESS PIECES

- 1. front bodice - cut 1 on the fold
- 2. back bodice - cut 1 on the fold
- 3. skirt panel - cut 2 on the fold
- 4. neck binding - cut 1
- 5. arm binding - cut 2

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Sundress construction



1



4



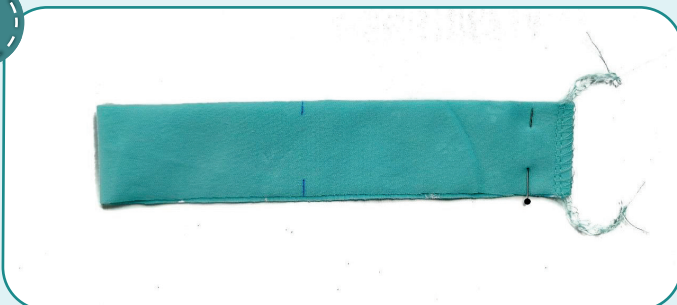
2,5-3,5



7

Pin the front bodice and the back bodice along the shoulder and side edges with right sides together. Serge them. Press the seam allowances flat towards the front.

2



4



2,5-3,5



7

Serge the neck binding short edges having previously pinned them.

3



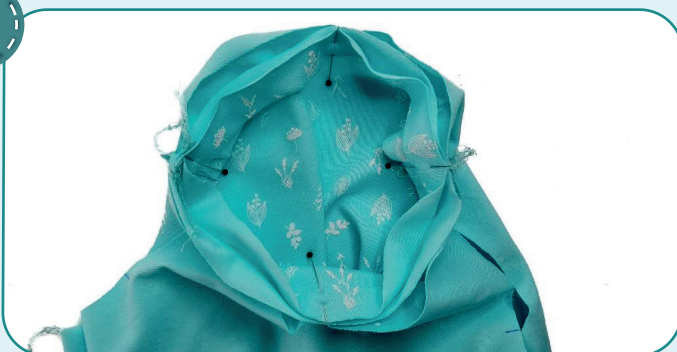
To avoid bulk when stitching the neck binding, press the seam allowances into different directions.

4



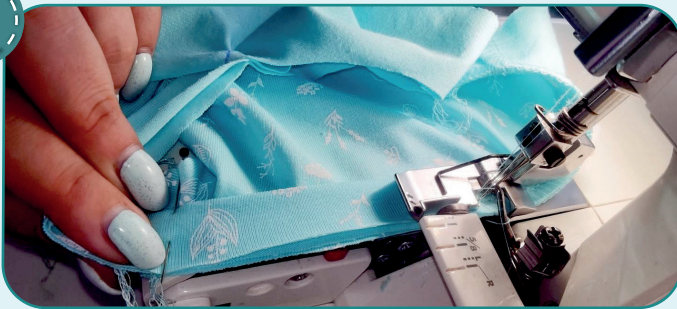
Fold the neck binding in half, lengthways, wrong side inside, and press it. Use an iron to shape the neckline slightly stretching the raw edges and pressing the fold. For convenience, the neck binding can be pinned at the marked places.

5



Pin the neck binding to the garment neckline right side. Align the neck binding seam with one of the shoulder seams, the remaining marks - with the front neckline center, the back neckline center and the other shoulder seam.

6



4#

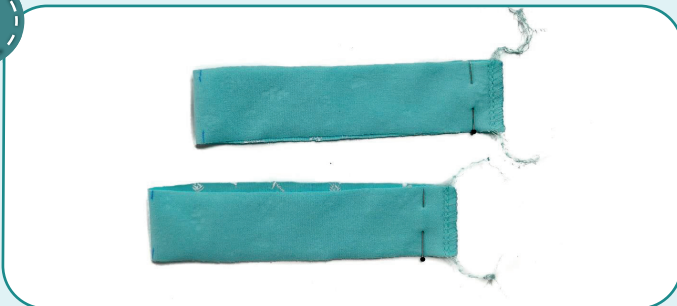
2,5-3,5

7

Serge the neck binding to the garment. While serging, stretch the neck binding evenly, but avoid stretching the neckline itself. Press the seams down.



7



4#

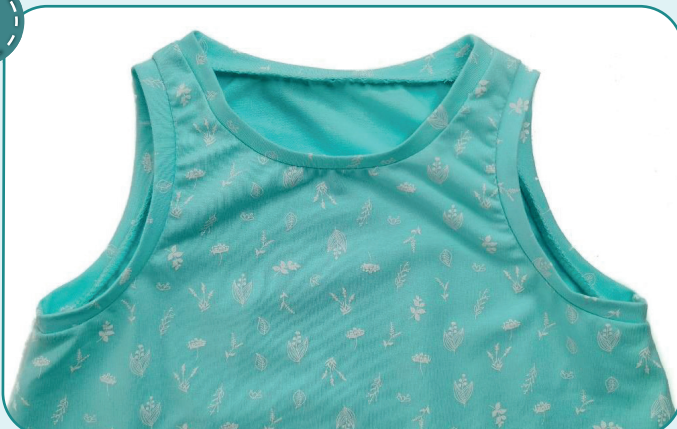
2,5-3,5

7

Stitch the arm bindings and press them in half, lengthways, with wrong side inside, repeating the process for the neck binding (steps 2-4).



8



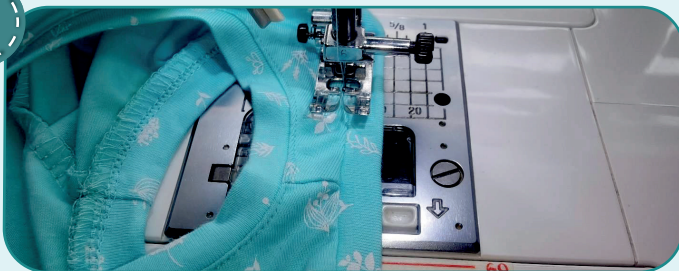
4#

2,5-3,5

7

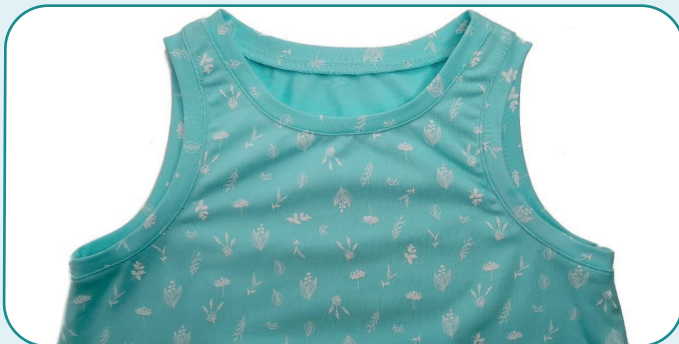
Slightly stretching the arm bindings, stitch them in the same way as the neck binding. Align the seam with the garment side seams. Press the seam allowances flat towards the bodice.

9

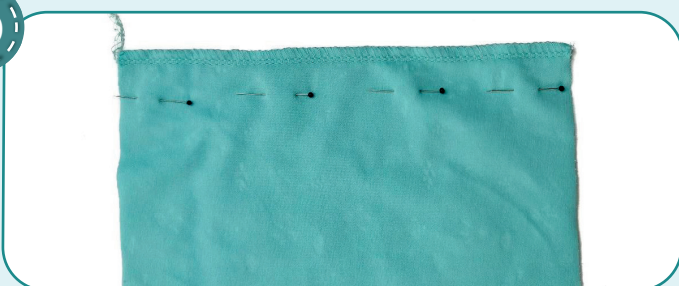


2,5-3

Topstitch the neckline and the armholes 1 mm (1/16") away from the binding attaching seams. Press the seams.



10



2,5-3,5



7

Pin the skirt panels along the side edges with right sides together. Serge them. Press the seam allowances flat towards the back.

11



4-5

First sew two parallel seams between the side seams 4 mm (1/8") and 6 mm (1/4") in from the one skirt panel edge, then do the same with the other skirt panel. Set maximum stitch length (4-5 mm), do not bar tuck, leave the thread tails at least 50 mm (2").

12



Pulling the tails of the upper threads, gather the skirt upper edge to the length indicated on the pattern. Tie the thread tails. Baste or pin the skirt to the bodice lower edge with right sides together. Align the side seams and the pieces center marks. Spread the gathers evenly.



13



2,5-3,5



7

Serge the skirt to the bodice. Press the seam allowances flat towards the bodice.



14



2,5-3



5,6

Fold the garment lower hem 20 mm (13/16") towards the wrong side and press it. You can hand-baste the edge. Coverstitch the lower hem. Tie the thread tails on the wrong side and hide them into the seam. Press the seam.

15



Remove the basting stitches, trim the thread tails, and press the garment. The sundress is ready.



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ПРО ШИТЬЕ

Tiered sundress Lime

Thank you for joining my
team and me!
Share your works in my
groups. Hope you will stay
with us for our next project!



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