

ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Tiered Sundress Zephyr

#патыкова_зефирка



Skill level



Materials and notions



- dress fabric: cotton, linen
- stabilizing tape (a strip of bias non-woven fabric with a chain stitch in the center)
- matching thread
- Universal 80-90 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.



To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. The fabric must be prepared for sewing: washed in warm water, dried, and ironed.

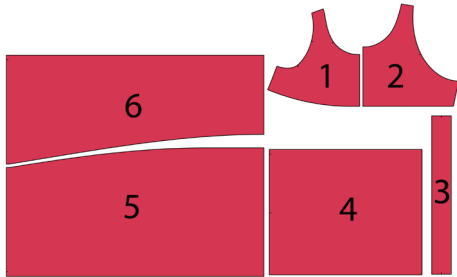
Let us start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowance is included. Transfer all the marks from the pattern onto the wrong side of your fabric.



Now you have

SUNDRESS PIECES:

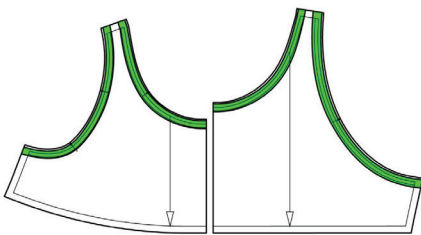


1. bodice front - cut 2 on the fold
2. bodice back - cut 2 on the fold
3. shoulder strap - cut 4
4. top tier - cut 2 on the fold
5. bottom back tier - cut 1 on the fold
6. bottom front tier - cut 1 on the fold

NOTE: the sundress can also be made without tie-up straps. In this case, you should stitch the bodice pieces along the shoulder seams and not to cut the straps. This instruction only shows how to sew a tie-up strap sundress.

NOTE: If the bottom tiers do not fit the width of the fabric chosen, then cut them across.

PIECES TO INTERFACE:



- Green - stabilizing tape
- armholes, back and front bodice lining neckline

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (pipping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

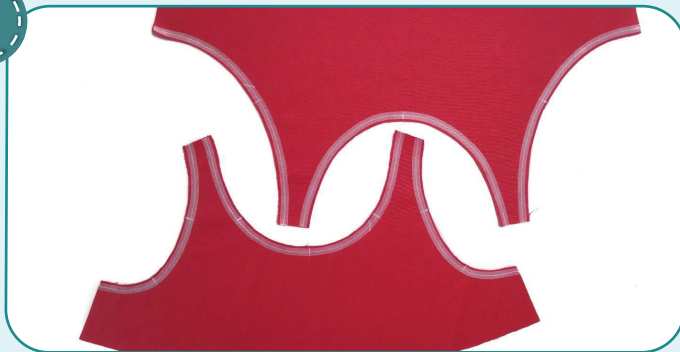
If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Sundress construction

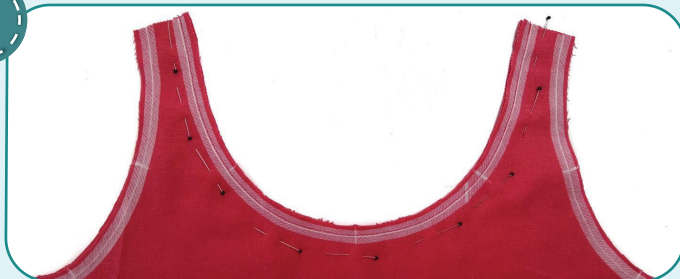


1



Fuse stabilizing tape (a strip of bias non-woven fabric with a chain stitch in the center) to the armholes and neckline one of the back and one of the front bodice pieces. We call them back and front bodice linings in this instruction. Place the chain stitch at the future seam line, i.e., 7 mm (1/4") away from the edge.

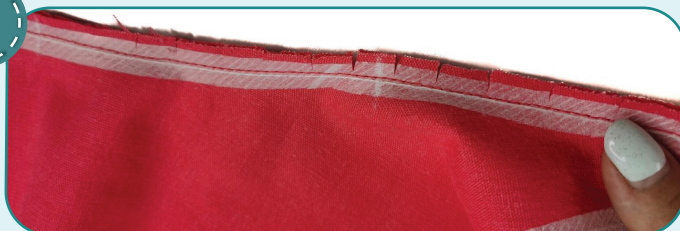
2



2,5-3

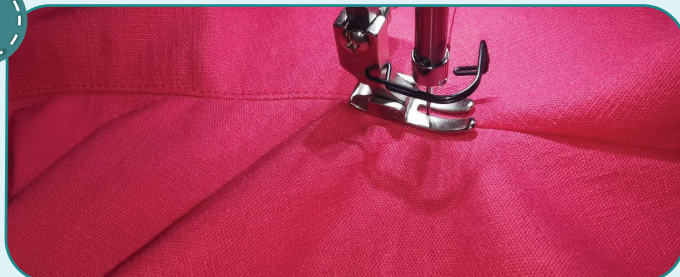
Pin the front and front lining along the neckline with right sides together. Stitch them 7 mm (1/4") in from the edge.

3



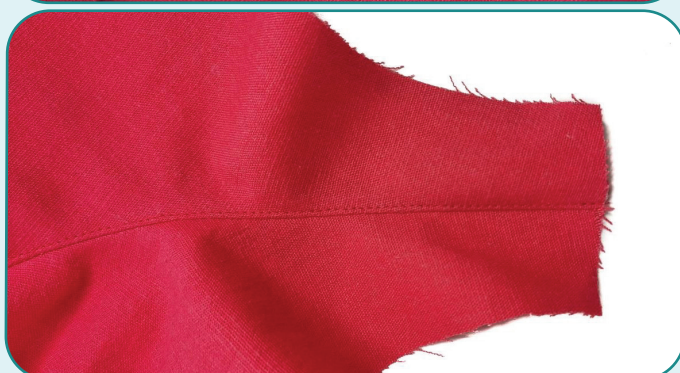
Slash the neckline seam allowances every 10 mm (3/8") leaving 1 mm (1/16") before the seam.

4



2,5-3

Stitch the front bodice seam allowances on the lining 1 mm (1/16") away from the seam.





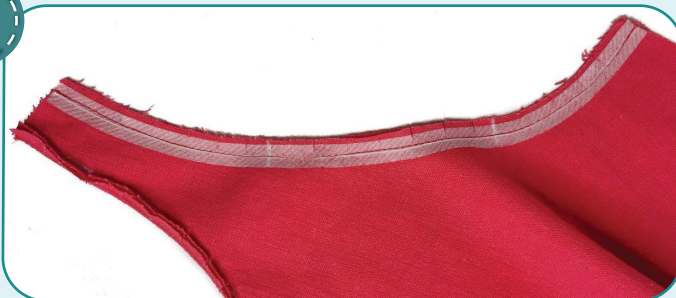
5



2,5-3

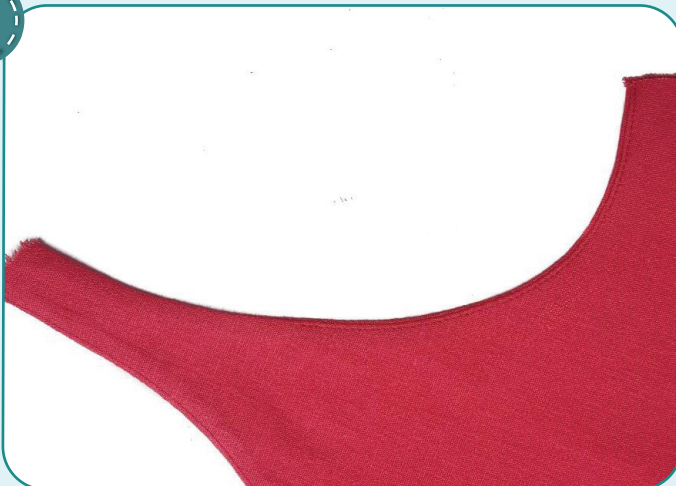
Turn the front bodice out to the wrong side. Stitch the front bodice and the front bodice lining along the armholes 7 mm (1/4") in from the edge.

6



Slash the armhole seam allowances every 10 mm (3/8") leaving 1 mm (1/16") before the seam.

7



2,5-3

Stitch the armhole seam allowances on the lining 1 mm (1/16") away from the seam. Start stitching from the side seams and finish it as close as possible to the exit for the straps. Turn the bodice front out to the right side and press the neckline and the armholes forming rolls towards the wrong side. Repeat the process for the bodice back (steps 2-7).

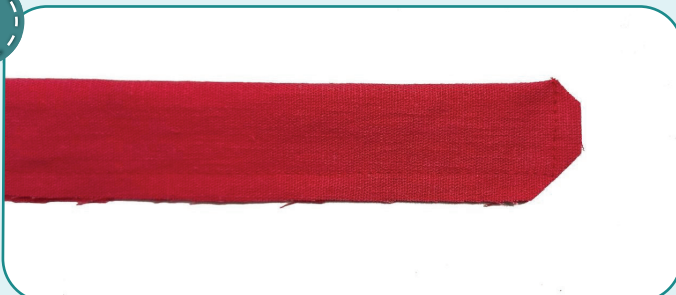
8



2,5-3

Fold the strap pieces in half, lengthways, with right side inside and pin. Stitch them 10 mm (3/8") in from the edge. Leave one short edge raw.

9

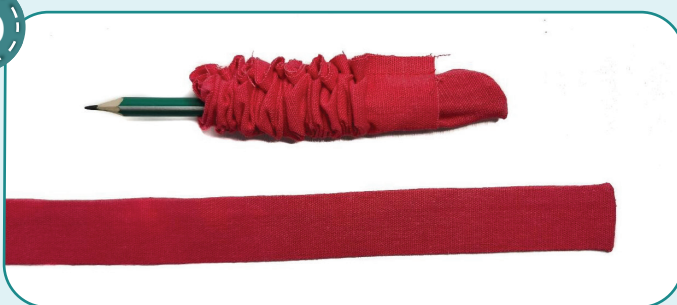


Trim the corners.



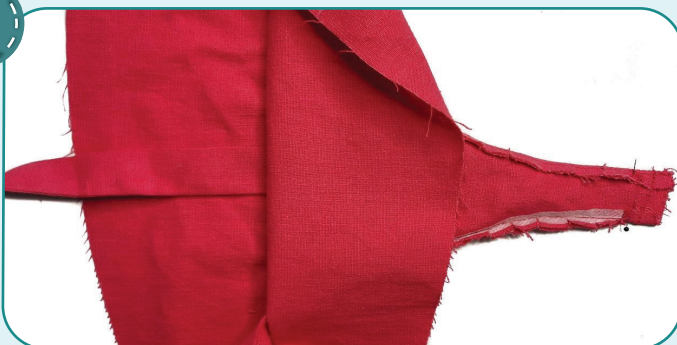


10



Turn the straps through with a pencil, smooth the corners and press them.

11



2,5-3

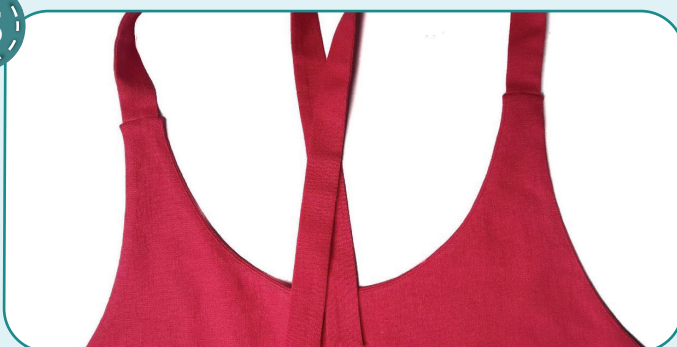
Turn the front bodice out to the wrong side. Sandwich the straps between the bodice and the bodice lining, align raw edges and pin the pieces. Tuck the neckline and armholes allowances towards the lining. Stitch the straps and the bodice 10 mm (3/8") in from the edge.

12



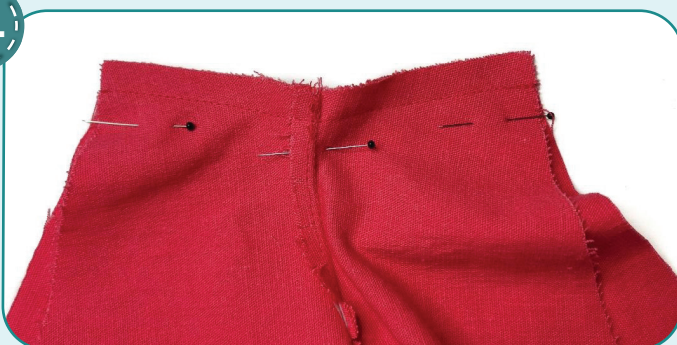
Trim the corners.

13



Turn out the bodice front to the right side and press. Repeat the process for attaching straps to the bodice back (steps 11-13).

14



2,5-3

Pin the bodice front and back and their linings along the side edges with right sides together. Stitch them 10 mm (3/8") in from the edge. Press the seam allowances open. Repeat the process for the opposite side seam.

SUNDRESS CONSTRUCTION

15



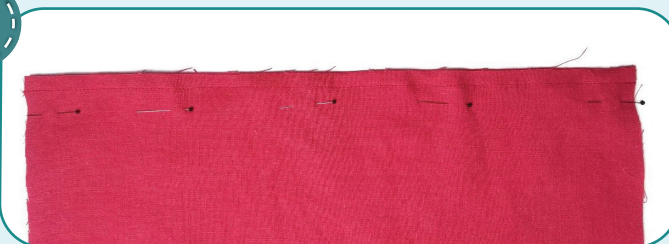
3

3-4

7

Pin the bodice pieces and the bodice linings along the lower edges, wrong side inside. Finish both lower edges together with serger. Press them.

16



2,5-3

2,5-3

2,5-3

Pin the top tier pieces along the side edges with right sides together. Stitch them 10 mm (3/8") in from the edge.

17



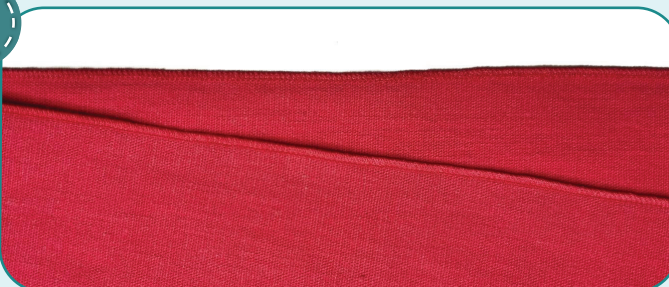
3

3-4

7

Finish the seam allowances together with serger. Press the seam allowances towards the top tier front piece.

18



3

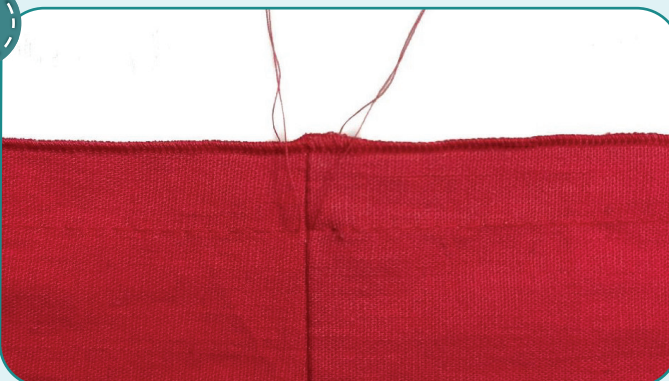
0,5

5

Finish the top tier edge with a rolled hemming stitch or fine zigzag stitch. Press it.

NOTE: To perform a rolled hemming stitch, remove the left needle, retract the knife, and switch to the rolled hemming stitch mode. You can read the detailed instructions in the operation manual to your serger.

19



4-5

4-5

4-5

Stitch between the side seams along one top tier piece upper edge 20 mm (13/16") in from the edge, then repeat the process for the other top tier piece. Set maximum stitch length (4-5 mm), do not bar tuck, leave the thread tails at least 50 mm (2").

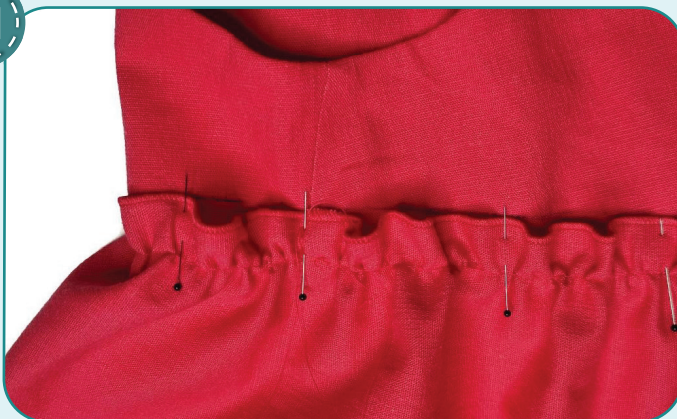


20



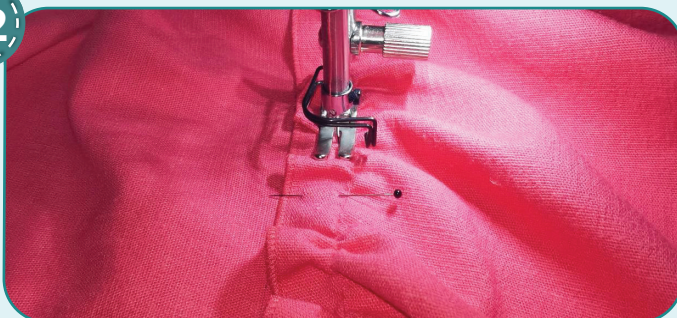
Working from the right side, draw a line along the bodice lower edge 25 mm (1") away from the edge.

21

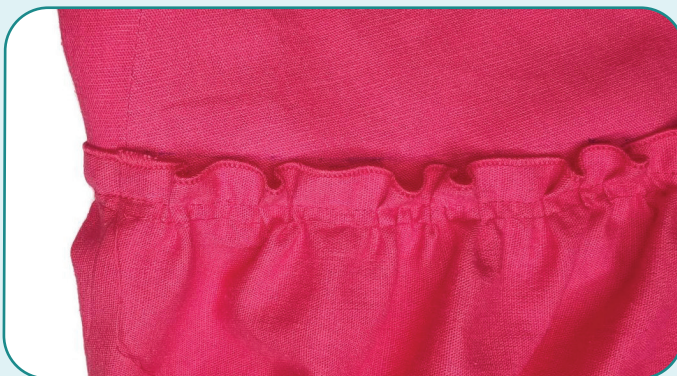


Pulling the tails of the upper threads, gather the top tier upper edge to the length indicated on the pattern. Tie the thread tails. Hand-baste or pin the top tier wrong side to the bodice right side. Align the top tier upper edge with the marking line. Care the side seams and center marks of the pieces to match. Spread the gathers evenly.

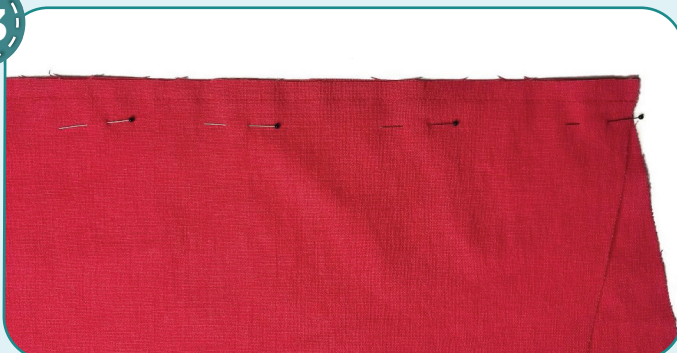
22



Stitch the top tier on the bodice right side. Stitch 15 mm (9/16") away from the top tier upper edge. Remove gathering basting stitches. Press the gathers.



23



With right sides together, pin the bottom front and back tiers along the side edges. Stitch them 10 mm (3/8") in from the edge.



24



3



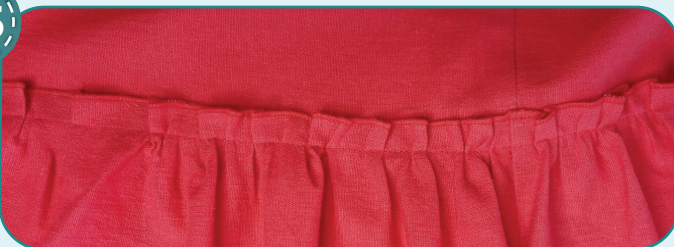
3-4



7

Finish the seam allowances together with serger. Press the seam allowances towards the bottom tier back piece.

25



Finish the top tier lower edge with serger. Finish the bottom tier upper edge with a rolled hemming stitch or fine zigzag stitch. Press it. Repeat the process of stitching the bottom tier onto the top tier as described in steps 19-22.

26



Press the garment lower hem to the wrong side twice at 10 mm (3/8"). Pin or hand-baste the hem.

27



1



2,5-3



2,5-3

Stitch along the hem 10 mm (3/8") in from the edge. Press the seams.

28



Remove the basting stitches, trim, and hide the thread tails and press the garment once again. The dress is ready.



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Tiered Sundress Zephyr

Thank you for joining my
team and me!
Share your works in my
groups. Hope you will stay
with us for our next project!



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