

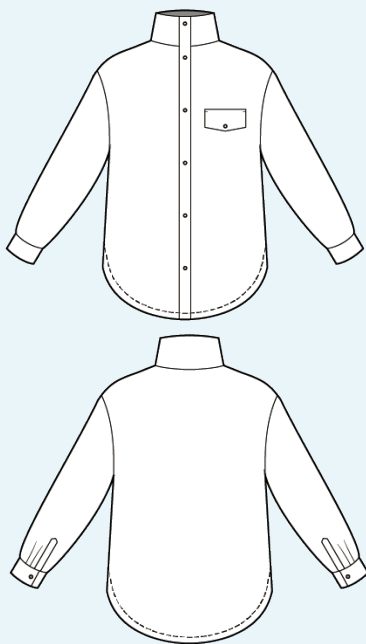
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Boho shirt

#рубашка_бохо



Skill level



Materials and notions



- jersey
- woven interfacing for stretchy fabric
- Alfa snap buttons 12,5 mm (1/2") - 80 - 92 sizes – 9 pcs. 98 - 164 sizes – 11 pcs.,
- matching thread,
- Jersey 80-90 or Stretch 80-90 needles.

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow

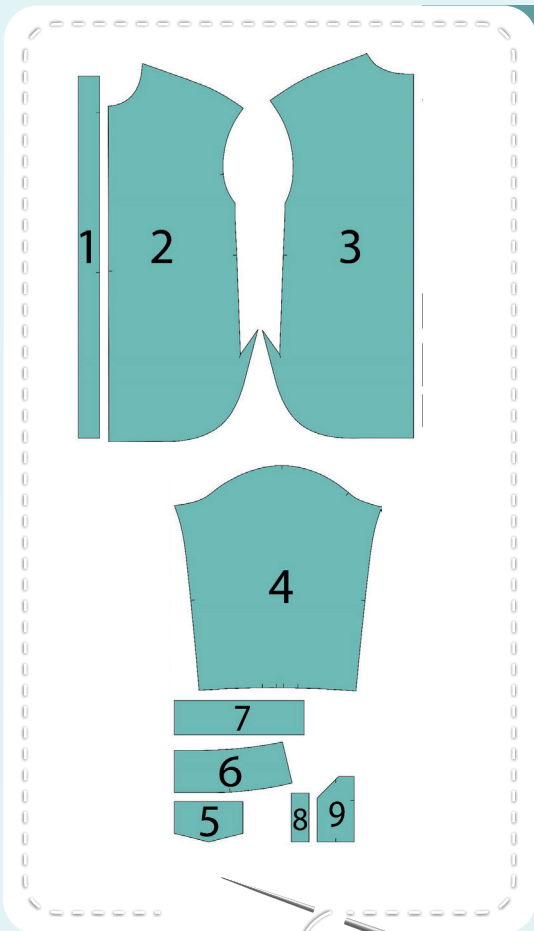
you to adjust the length, width and fit of the garment and save time.

To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

How to cut: Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

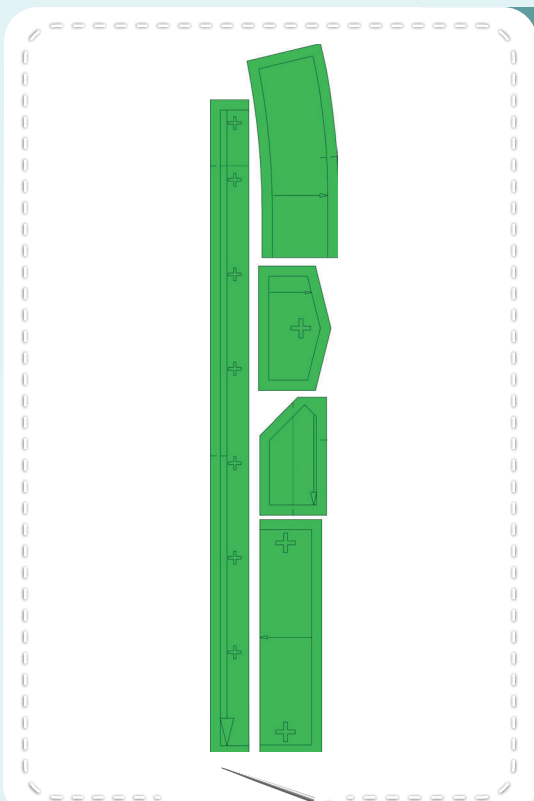
Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

Now you have



SHIRT PIECES:

1. front placket - cut 2 on the fold
2. front - cut 2
3. back - cut 1 on the fold
4. sleeve - cut 2
5. pocket flap - cut 2
6. stand collar - cut 2 on the fold
7. sleeve cuff - cut 2 on the fold
8. sleeve underlap placket - cut 2
9. sleeve overlap placket - cut 2



PIECES TO INTERFACE:

■ Green - woven interfacing for stretchy fabric

- front plackets
- stand collar pieces
- pocket flap
- sleeve plackets
- cuffs

If the interfacing is too dense cut the interfacing pieces with 2 - 3 mm (1/16 - 1/8") seam allowances only, not to make the seams too thick.

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

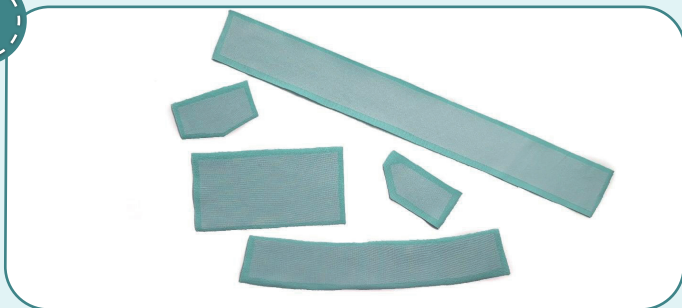
If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Shirt construction



1



Fuse the interfacing to the stand collar pieces, cuffs, pocket flap, the front plackets and the sleeve plackets.

2



Pin two pocket flap pieces with right sides together. Stitch the pieces 7 mm (1/4") in from the edge along all the perimeter, except the top edge.

3



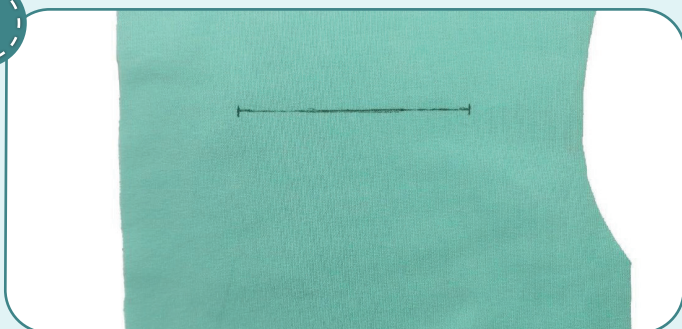
Trim the fused flap top edge seam allowance to 3 - 4 mm (1/8"). Trim the corners.

4



Turn the flap out to the right side and press it with an iron forming a roll towards the wrong side. Topstitch it 5 mm (3/16") in from the edge.

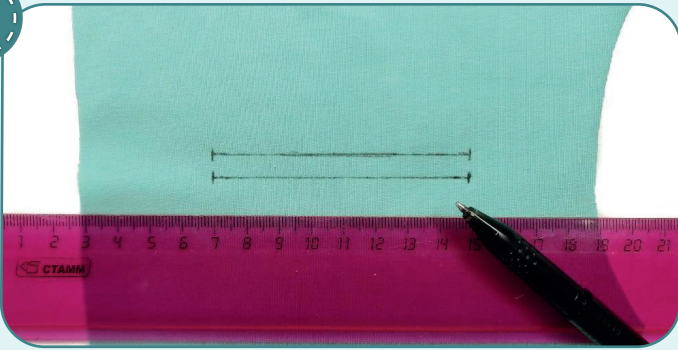
5



Transfer the pocket attaching line from the paper pattern onto the left front piece right side.

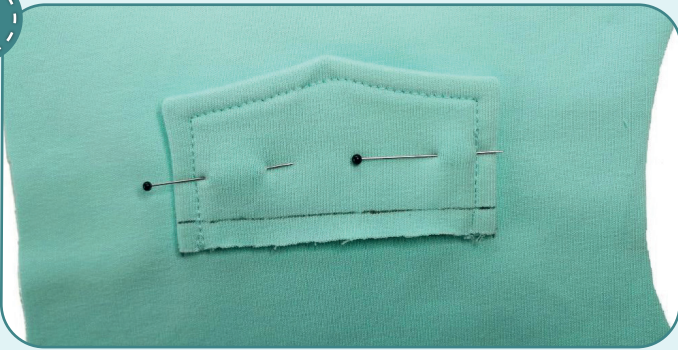


6



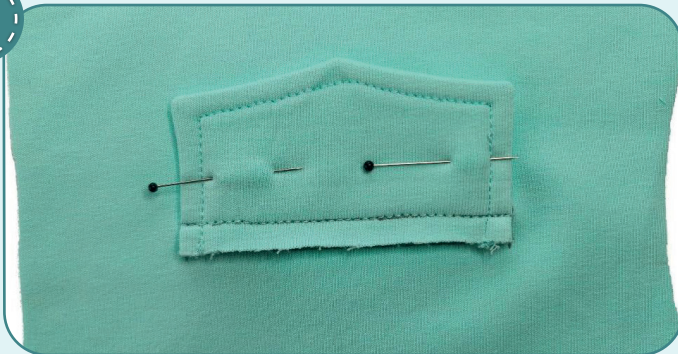
Draw a parallel line 7 mm (1/4") below the flap stitching line to coincide the flap edge with it.

7



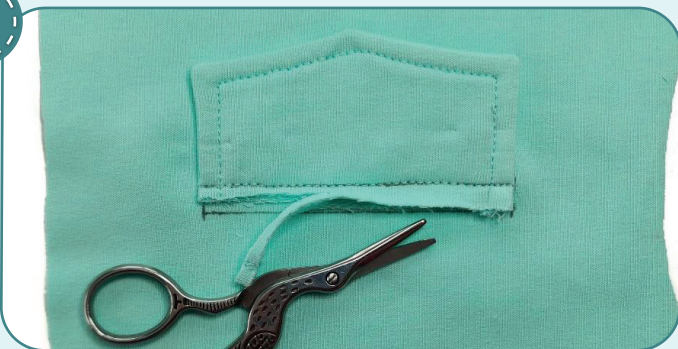
Pin the flap open edge to this line. Mark the seam line on the flap 7 mm (1/4") in from the edge.

8



Stitch the flap in place.

9



Trim the pocket flap seam allowance to 3 - 4 mm (1/8"). Press the flap down.

10



Topstitch the flap 5 mm (3/16") away from its attaching seam. Press it.



11



Stitch along the curved front lower edge 3-4 mm (1/8") away from the edge. Set maximum stitch length at 4 - 5 mm (3/16 - 2"), do not backstitch and leave the thread tails at least 30 mm (1 3/16") long at both sides of the seam.

12



Draw a line along the shirt lower hem 30 mm (1 3/16") in from the edge. Use the line to fold the shirt lower hem along the straight edges 15 mm (9/16 ") up to the wrong side. Pin, baste or glue the fold with a glue-stick.

13



Pull the thread tails to shape the curves. Tie the thread tails. Give the hem a final pressing.

14



Coverstitch the front lower hem. Tie the thread tails on the wrong side and hide them into the seam. Press the fold. Repeat the process for the other front and the back (steps 11-14).

15



Cut the sleeve along the split line leaving 10 mm (3/8") before the split top point.



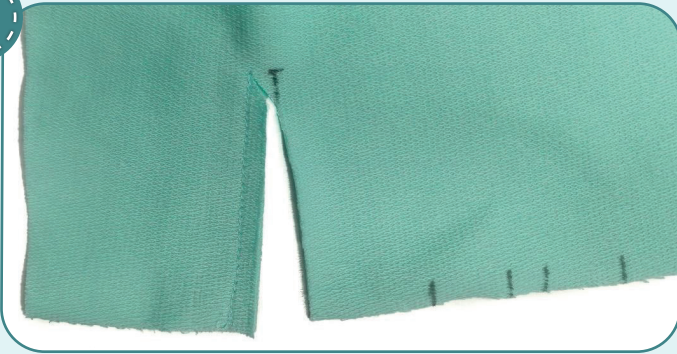


16



Coincide the underlap placket piece with the closer to the sleeve side seam split side. Pin the pieces with right sides together. Stitch it in place 5 mm (3/16") in from the edge. Start stitching at the level of the split top point.

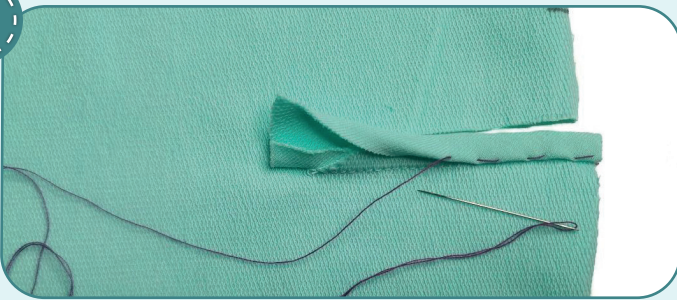
17



Slash diagonally the seam allowance 1 mm (1/16") before the underlap placket attaching seam end. Press the seam allowances towards the underlap placket.



18



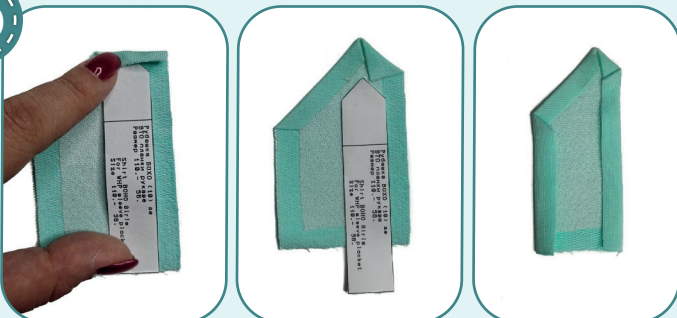
Wrap the underlap placket, edge turned under to the wrong side around the seam allowance. Baste in small stitches in small stitches to have the underlap placket covering the stitching. Press it.

19



Stitch it on the right side 1 mm (1/16") in from the edge. Make sure that the underlap placket is stitched evenly on both sides. Remove the basting stitches and press.

20



Use the sleeve overlap placket WTO paper pattern to press the sleeve overlap placket seam allowances. First press the top corner, then press the side edges. You can use a glue stick to keep the top seam allowances folded. But the long side edge is not glued.



SHIRT CONSTRUCTION



21



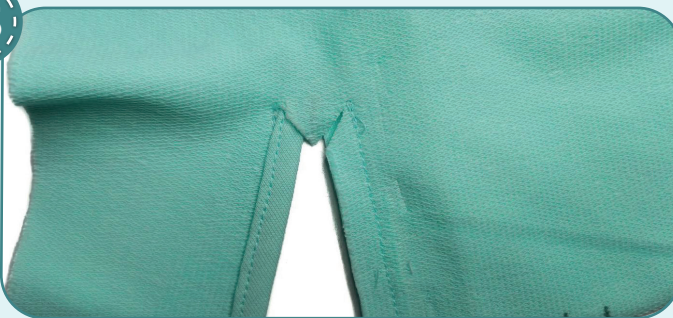
Press the placket in half. Check if the pressed placket side is equal the split length. Also check if the placket is symmetrical and corresponds to the template for WTO.

22



With right sides together, pin the overlap placket to the split other side. Sew on the overlap placket, stitching exactly along the pressed fold. Finish stitching at the split top point level. Press the seam allowances towards the overlap placket.

23



Slash diagonally the seam allowance leaving 1 mm (1/16") before the overlap placket attaching seam end.

24



Baste the overlap placket short side edge making sure that its edge covers the seam.

25



Stitch a straight seam line 1 mm (1/16") away from the seam. Make sure that the underlap placket is stitched evenly on both sides. Press it. Press the seam allowance in form of a corner to the sleeve right side, for convenience you can glue it with a glue-stick.



26



Pull the end of the underlap placket to the right side. Baste or glue the sleeve placket top point to secure it, having previously aligned the split bottom edges. Use a hand-baste stitch to indicate the split top point. You can draw a stitch line with chalk or a vanishing fabric marker.

27



Working from the right side, topstitch the placket top along the perimeter. Make sure the split top point is caught in the stitching on the wrong side. Press the sleeve opening.

28



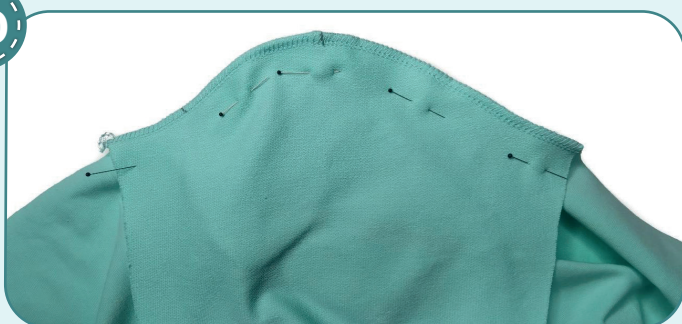
Fold the pleats in the direction of the sleeve opening according to the marks, transferred from the pattern, with pleats facing the sleeve split. Pin them and then stitch 5 mm (1/4") in from the edge to secure. Repeat the same steps with the opposite sleeve (steps 15-28).

29

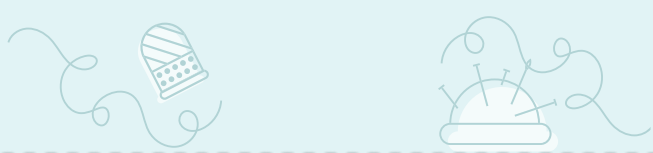


Pin the fronts and the back along the shoulder seams with right sides together. Serge the pieces. Press the seam allowances flat towards the fronts.

30



With right sides together, pin the sleeves into the armholes, carefully aligning the marks. Serge the sleeves in place. Press the seam allowances towards the front and the back.



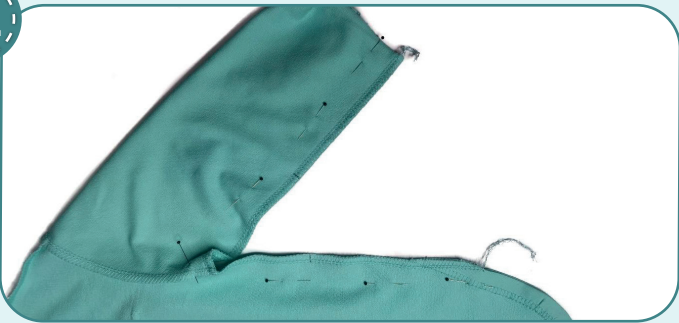
31



2-2,5

With right sides together, pin the shirt pieces along the side seams aligning the marks. Stitch about 30 mm (1 3/16") of the side seam bottom end to secure the lower edges.

32

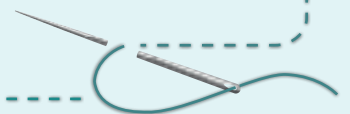


4針
3-4
7

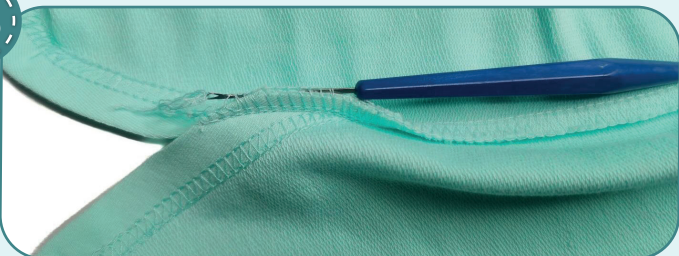
Serge the side seams. Place the seam allowances of the sleeve attaching seam in different directions to avoid bulk.



NOTE: It is recommended to try it on, check the fit, length and ease. When fitting, consider the front plackets width and the cuff width.

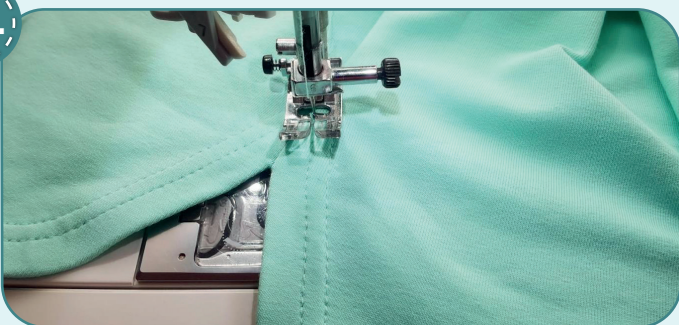


33



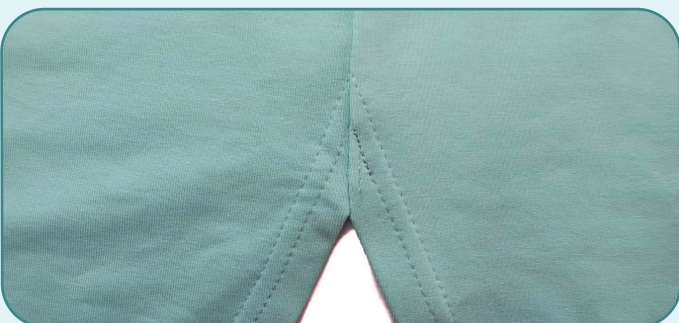
Use a hook or needle with a big eye to hide the thread tails into the seam. Press the seams flat towards the fronts.

34



2-2,5

To secure the seam allowance, stitch along the flat seam about 10 mm (3/8").





35



Fold the cuffs lengthways in half, wrong side inside, and press them. Pin the cuff to the sleeve lower hem with right sides together. Stitch it 7 mm (1/4") in from the edge. Press the seam allowances towards the cuff.

36



Trim the sleeve seam allowances to 3 - 4 mm (1/8").

37



Fold the cuff in half, right side inside. Pin the short side edges, tuck the seam allowances to the wrong side. Stitch the side edges 10 mm (3/8") in from the edge.

38

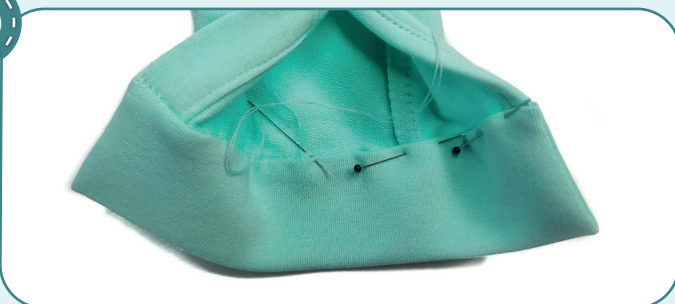


Trim the right side cuff seam allowances to 3 - 4 mm (1/8"). Trim the corner tops. Turn the cuff out and press it.





39



Place the cuff raw edge over the seam line. Fold it inside and hand-baste in place. Press the cuff.

40



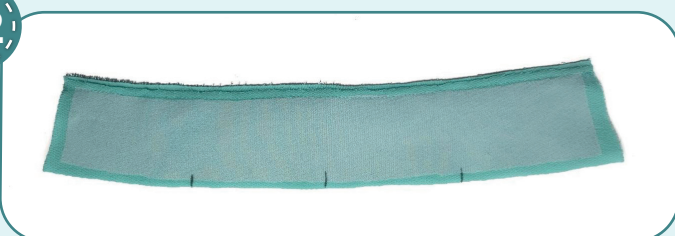
Topstitch the cuff 5 mm (3/16") away from the edge. Press the cuff again. Repeat the process for the other cuff (steps 35 - 40).

41



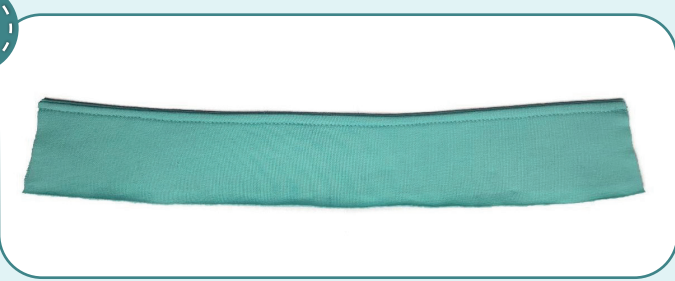
Pin both stand collar pieces along the top edge with right sides together. Stitch them 7 mm (1/4") in from the edge.

42



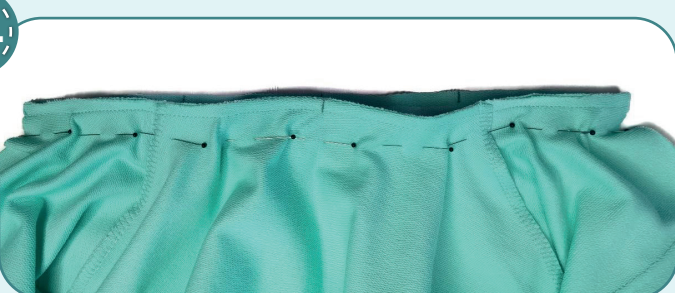
Trim the upper collar seam allowance to 3 - 4 mm (1/8"). Press the seam allowance towards the under collar.

43

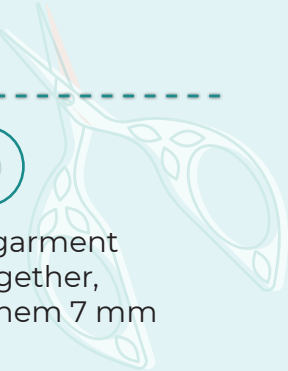


Press the stand collar top towards the under collar forming a roll. Topstitch the collar top edge 5 mm (3/16") away from the edge. Press it.

44

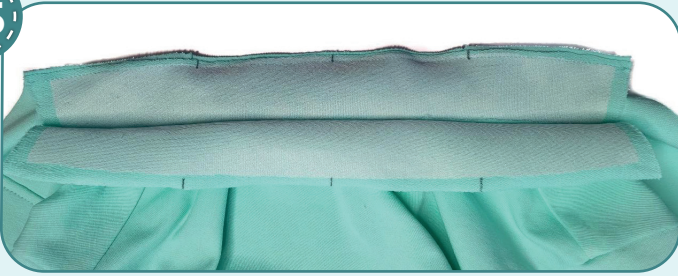


Pin the upper collar to the garment neckline with right sides together, aligning the marks. Stitch them 7 mm (1/4") in from the edge.





45



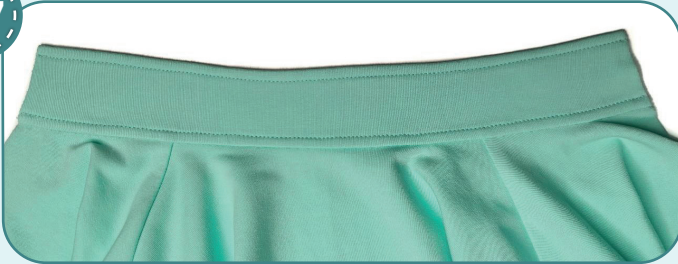
Trim the upper collar seam allowance to 3 - 4 mm (1/8"). Press the seam allowances towards the stand collar.

46



Place the front placket raw edge over the seam line. Fold it inside and hand-baste in place. Press the stand collar.

47



Topstitch the stand collar bottom edge 5 mm (3/16") away from its attaching seam. Press the stand collar.

48



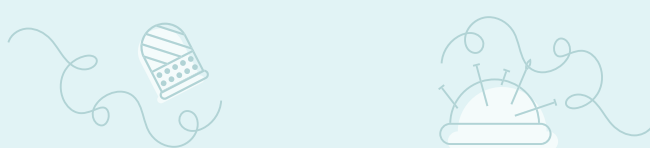
Fold the front placket in half lengthways with right side inside. Pin along the side edges. Stitch them 7 mm (1/4") in from the edge.

49



Trim one of the seam allowances to 3 - 4 mm (1/8"). Trim the sharp corner points. Turn the front placket out and press it.





50



With right sides together pin the front placket one side to the center front and the stand collar. Align the marks. Coincide the marks carefully, aligning the placket short edges with the shirt lower hem and the stand collar top edge. Stitch the placket 7 mm (1/4") in from the edge.

51



Trim the placket seam allowance to 3 - 4 mm (1/8"). Press the seam allowances towards the placket.

52



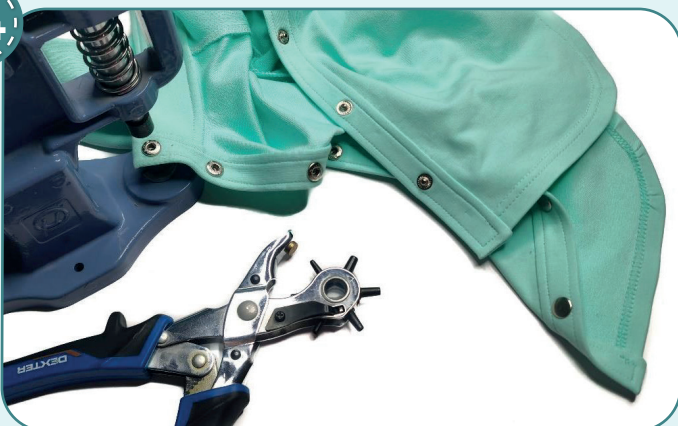
Place the front placket raw edge over the seam line. Fold it inside and hand-baste in place. Press the placket.

53



Topstitch the placket along the perimeter 5 mm (3/16") away from the edge. Press the seam again. Repeat the process for the opposite front placket (steps 48 - 53).

54



Transfer the marks for the snap buttons from the pattern onto the plackets, cuffs, and the pocket flap. Punch 1 - 2 mm (1/16") holes with a Hole Punch or scissors. Attach the snap buttons with a press.



55



Remove the basting stitches, trim, and hide the thread tails and press the garment once again. The shirt is ready.



ELINA PATYKOVA

ПРО ШИТЬЕ

Boho shirt

Thank you for joining my team and me!
Share your works in my groups. Hope you will stay with us for our next project!

