

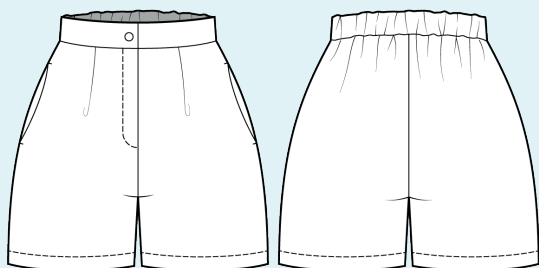
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Shorts Seven

#патыкова_seven



Skill level



Materials and notions



- eco-leather
- fusible interfacing
- stabilizing tape or kantenband
- closed-end zipper 18 cm (7") - 1 pc.
- matching thread
- elastic 40 mm (1 9/16") wide
- button or Alfa snap button 15 mm (9/16") - 1 pc.
- 80-90 Stretch needles

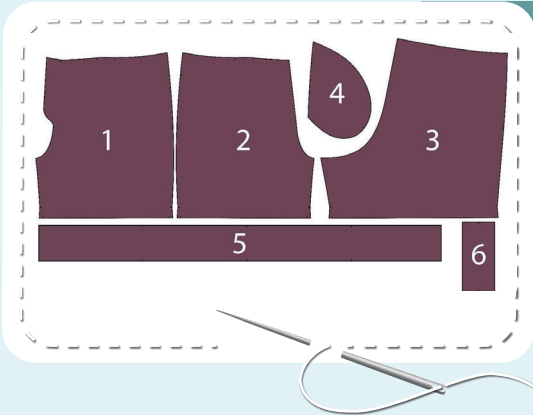
If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.

To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Sanforize eco-leather from the wrong side using a dry pressing cloth or a non-stick soleplate and with

temperature below 50°C (122 °F). Always test on a scrap beforehand because eco-leather backing can be different. How to cut: Print and glue all the paper patterns. When printing, do not forget to check the size of the test square. Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Press them with a weight to the fabric and carefully cut along the outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

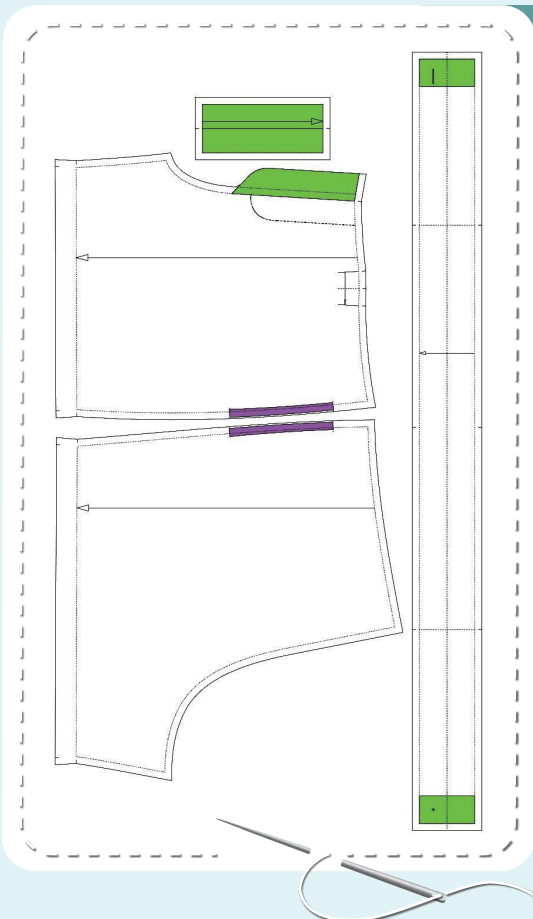
Now you have



SHORTS PIECES (FROM ECO-LEATHER):

1. right front - cut 1
2. left front - cut 1
3. back - cut 2
4. pocket lining - cut 4
5. waistband - cut 1
6. under fly - cut 1

NOTE: the eco-leather edges do not usually fray. In this case, no need to finish the seam allowances, but to have neaten edges, you can cut the pieces with pinking shears.



PIECES TO INTERFACE:

- Purple - kantenband
 - reinforce the pocket openings on the shorts fronts and backs.
- Green - knit fusible interfacing
 - the area for snap button parts on the waistband
 - under fly
 - the fly front area on the right front

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

How to sew eco-leather

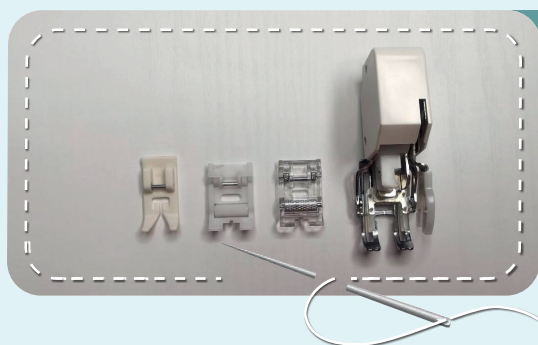


HOLES ON LEATHER

Any hole poked in leather will never go away, so try to do without ripping. It is also better to avoid basting. Instead of hand-basting you can use special sewing clips, glue stick, and special double-sided adhesive tape for leather. If you cannot avoid basting, then hand-baste 1-2 mm (1/16") away from the seam line, closer to the edge.

Since we use knit-based eco-leather for this garment, it makes sense to use Stretch needles. But before you start working on your project, you should

test them on a scrap. Since fabrics can vary in their characteristics, leather needles are better in some cases.



PRESSER FEET

Eco-leather is easily sewn with universal presser feet from the wrong side. If you sew on the right side, folds can be formed, the stitches become smaller (since the fabric sticks to the foot and is moved unevenly). Special feet can make sewing easier: Teflon foot, roller foot or walking foot. If you do not have these eco-leather presser feet, you can lubricate the universal foot with soft petroleum

ointment, baby cream, then remove the excess with a napkin. Try all the methods on a scrap and choose the one you prefer.

Be sure to set the temperature mode trying it on small scraps, as eco-leather can melt while ironing. These fabrics can be most often ironed on the wrong side with the pressing cloth on a low temperature setting without using steam. Therefore, a special low temperature fusible interfacing is used to reinforce the pieces or do not use it at all.

Shorts construction



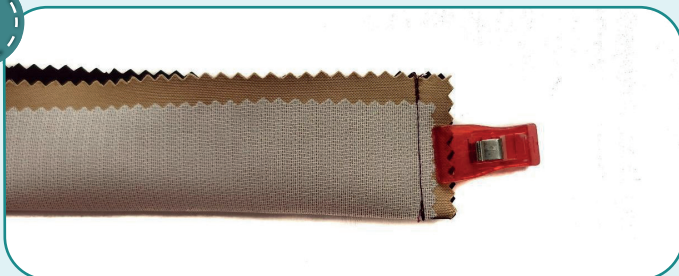
1



Reinforce the pocket openings on the shorts fronts with kantenband. Duplicate the under fly, the area for snap button parts and the fly front area on the right front.

NOTE: all the edges are trimmed with pinking shears in this garment. You can also serge the edges.

2



2,5-3

Fold the under fly lengthways, right side inside. Secure the lower edge with sewing clips and stitch it 10 mm (3/8") in from the edge.

3



Clip the corner.

4



Turn the under fly out and press it.



5



Place the zipper to the under fly, face up, aligning the right zipper edge with the under fly raw edge. Zipper top stop should be 12 mm (1/2") below the under fly upper edge. Stitch the zipper 5 mm (3/16") in from its right edge, finish stitching 10 mm (3/8") before the under fly lower edge.



2,5-3

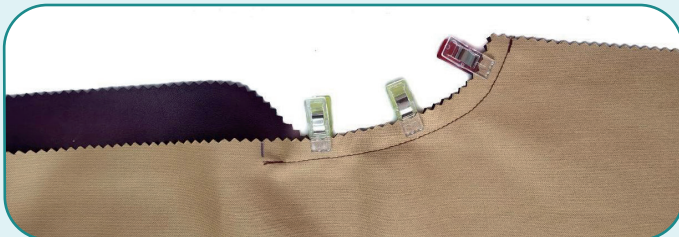
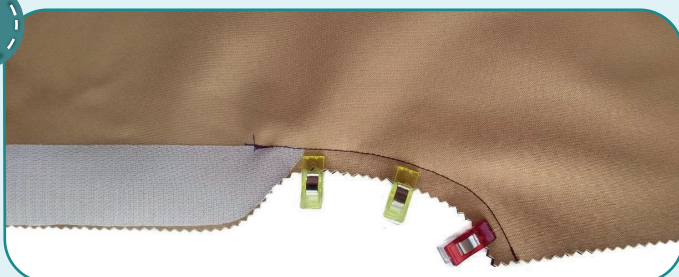
6



5-7

Trim the zipper bottom 10 mm (3/8") above the under fly lower edge. Bar tack with a zig zag stitch 5 mm (3/16") away from the zipper bottom but avoid catching the under fly itself.

7



2,5-3

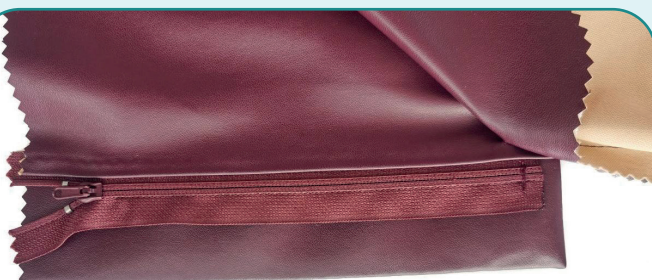
Place both fronts with right sides together. Secure the front crotch seam with sewing clips. Stitch it 10 mm (3/8") in from the edge. Finish stitching at the zipper bottom mark.

8



Fold the raw center edge of the left front by 7 mm (1/4") to the wrong side and press. You can secure the allowance with a glue stick or a double-sided adhesive tape.

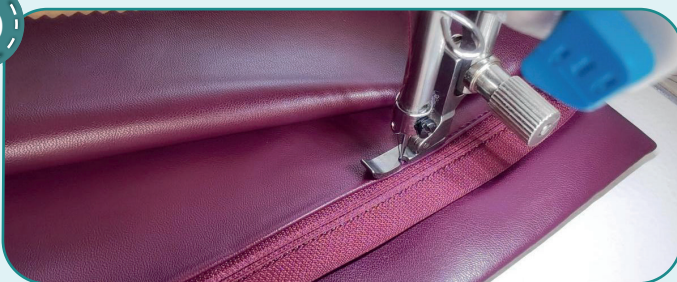
9



Place the under fly to the left front center edge, right side to the wrong side. Place the left front center edge fold 2-3 mm (1/16-1/8") away from the zipper teeth. Care the garment and the under fly upper edges are at the same level. You can secure the allowance with a glue stick or a double-sided adhesive tape.

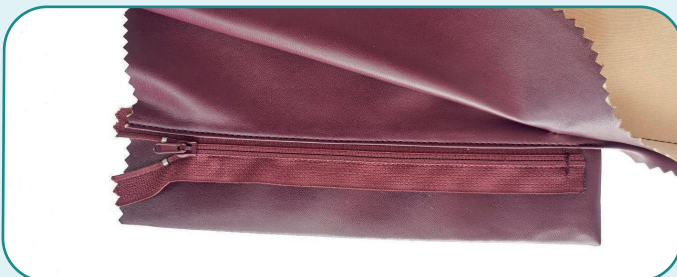


10



2,5-3

Stitch the under fly 1 mm (1/16") away from the left front center edge fold.

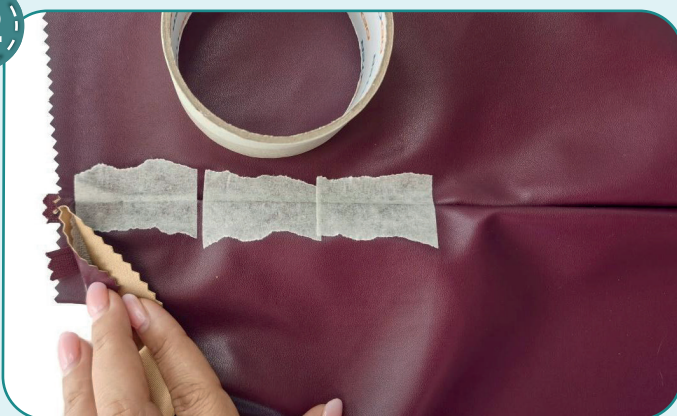


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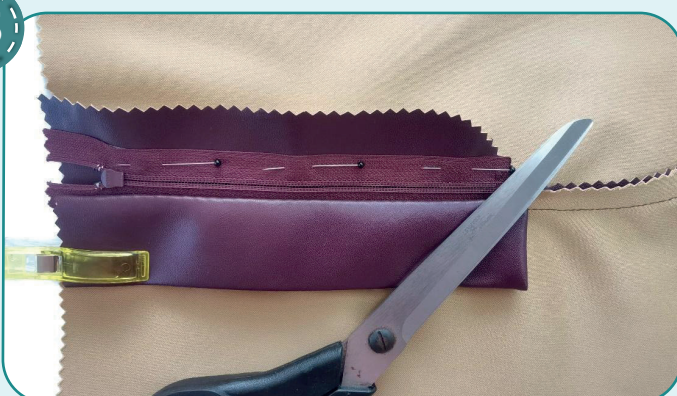
Slash the left front center seam allowance at the level of the under fly lower edge.

12



Press the fly front to the right front wrong side. Place the fronts to see them as if they are zipped up. Secure the fly front with a painter's tape on the right side.

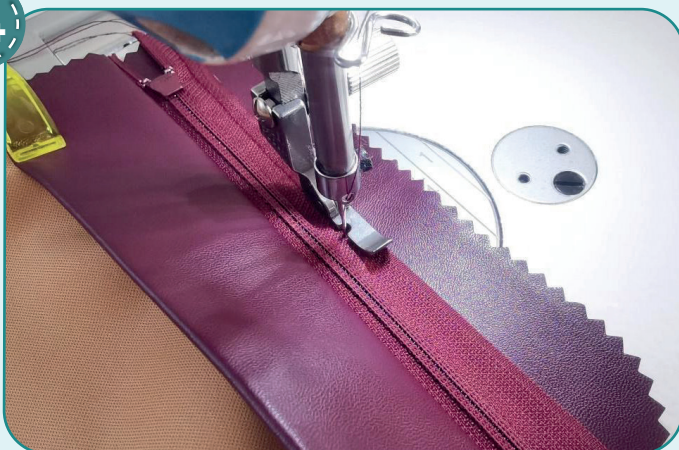
13



Turn the garment fronts to the wrong side. Fold the under fly, opening access to the zipper. Pin or glue the zipper left tape to the fly front but avoid catching the garment right side.



14

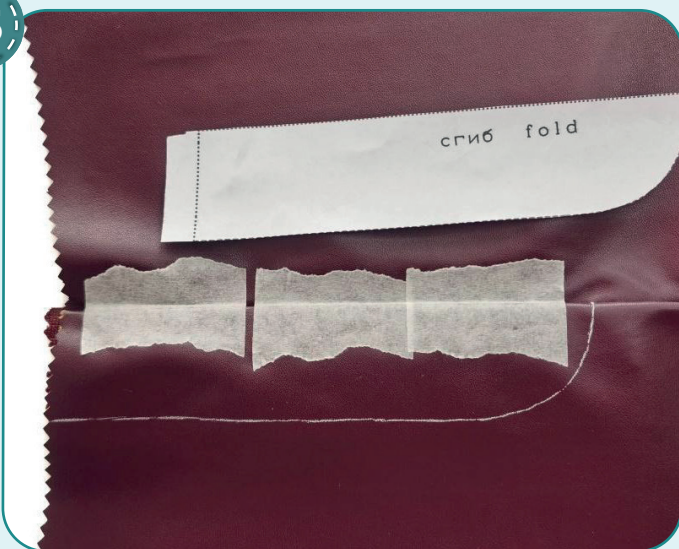


2,5-3

Stitch the zipper to the fly front 5 mm (3/16") in from the zipper edge.



15



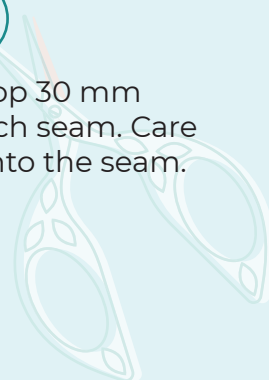
Draw the marking line for topstitching the fly front on the right side of the right front.

16



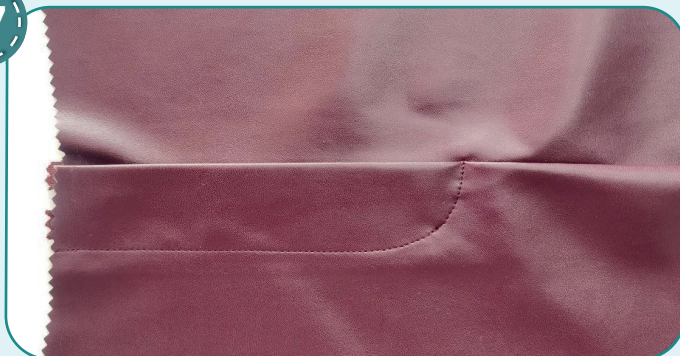
2,5-3

Topstitch the fly front but stop 30 mm (1 3/16") before the front crotch seam. Care the under fly is not caught into the seam.



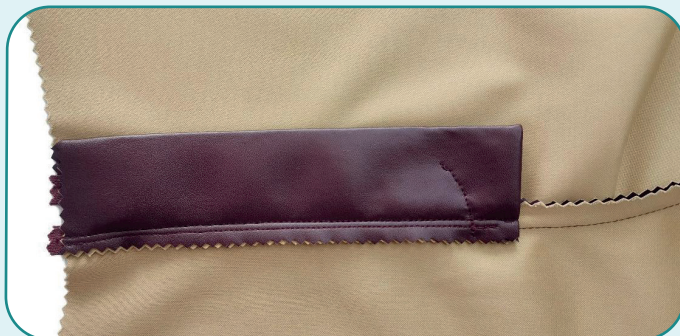


17

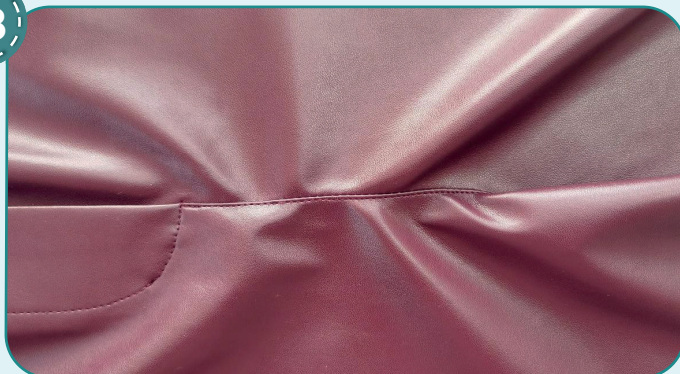


2,5-3

Smooth the under fly. Finish topstitching the fly front and care to stop exactly at the end of the previous seam, having the under fly caught into the seam.



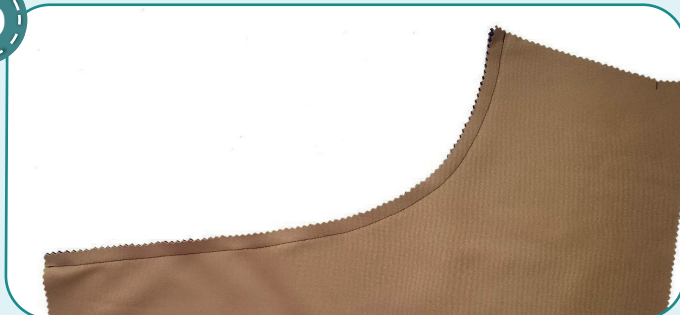
18



2,5-3

Press the crotch seam allowances towards the right front and topstitch 1 mm (1/16") away from the seam. Iron from the wrong side.

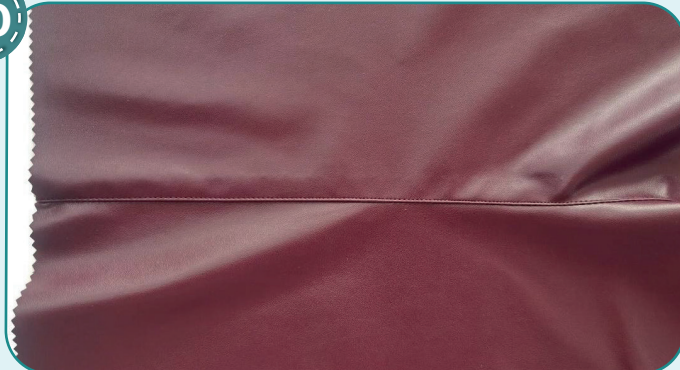
19



2,5-3

Place the back pieces along the crotch seam with right sides together. Stitch them 10 mm (3/8") in from the edge.

20



2,5-3

Press the crotch seam allowances towards the right back and topstitch 1 mm (1/16") away from the seam. Iron from the wrong side.

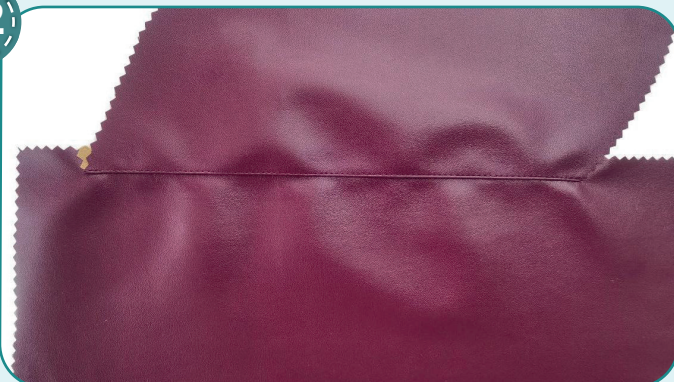
21



2,5-3

Pin the pocket lining to the garment front with right sides together aligning the marks. Stitch the pocket lining 9 mm (3/8") in from the edge. Repeat the process to attach the pocket linings to the other front piece and the back pieces.

22



2,5-3

Stitch up the seam allowances towards the pocket linings 1 mm (1/16") in from the attaching seam.

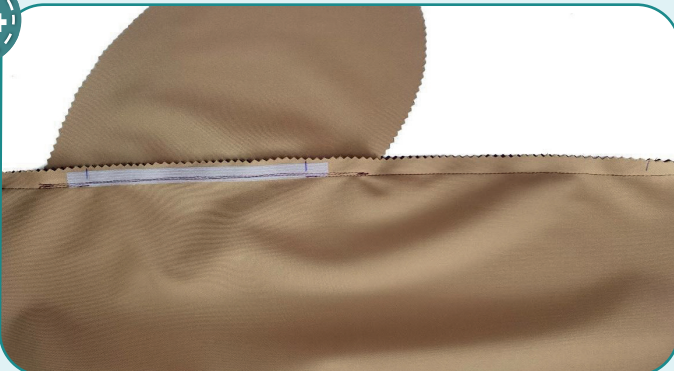
23



2,5-3

Fold the pleats facing the side seams on both front right sides. Stitch them 7 mm (1/4") in from the edge.

24



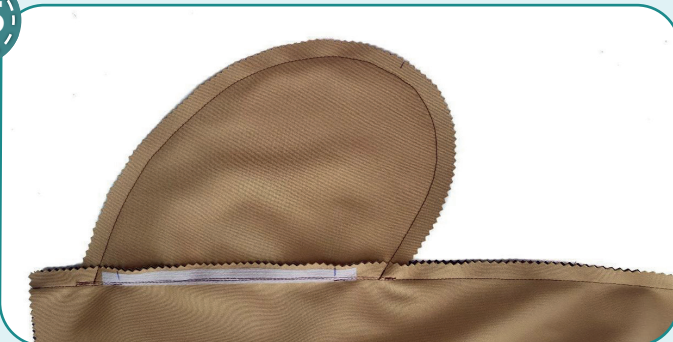
2,5-3

Use the sewing clips to join the garment front and back panels along the side seams with right sides together. Stitch the pieces 10 mm (3/8") in from the edge. Finish stitching exactly near the pocket opening marks. Repeat the process for the other side seam.





25



2,5-3

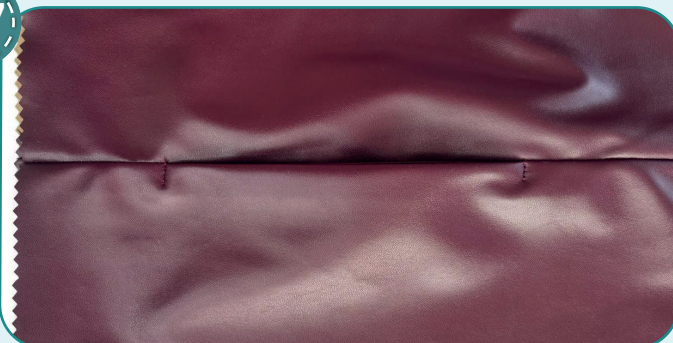
Pinch the pocket linings together with sewing clips. Stitch them 10 mm (3/8") in from the edge. Start and finish stitching exactly at the side seams. Repeat the process for the opposite pocket bag.

26



Slash the back seam allowances above and below the pocket bag. Clip V-notches on the fold level 30 mm (1 3/16") away from the lower edge, for the seam allowances to be invisible on the right side. Press the side seam allowances open and press the pockets towards the front.

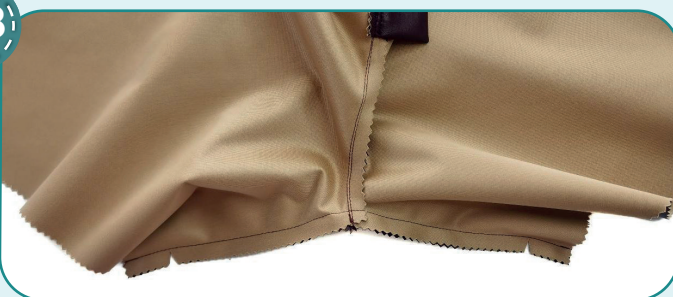
27



2,5-3

Bar tack the pocket opening ends. Start stitching exactly at the pocket opening marks. The bar tack length is 7-10 mm (1/4-3/8"). Repeat the process for the opposite pocket.

28



2,5-3

Use the sewing clips to join the garment front and back panels along the inseams with right sides together. Stitch the pieces 10 mm (3/8") in from the edge. Clip V-notches on the fold level 30 mm (1 3/16") away from the lower edge, for the seam allowances to be invisible on the right side. Press the inseam allowances open.

29



Fold the waistband in half and press it.

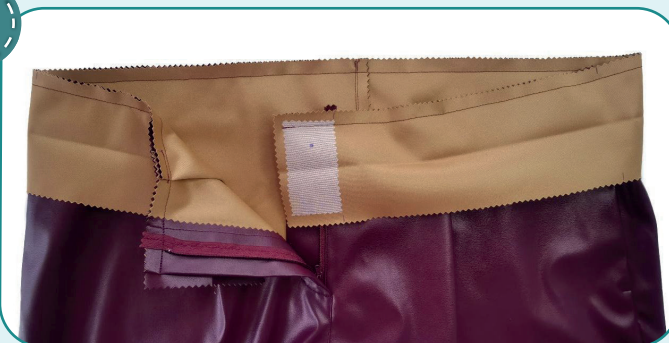


30



Place the waistband to the garment with right sides together aligning the marks and secure them with sewing clips.

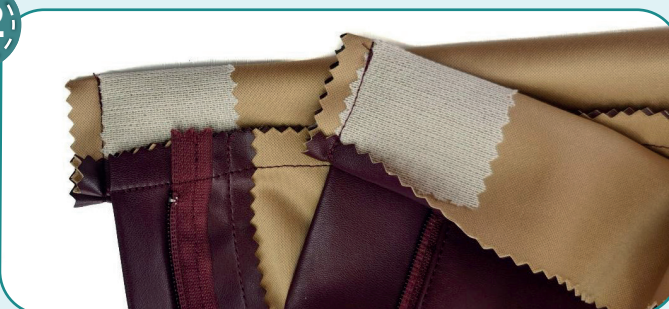
31



2,5-3

Stitch the waistband 10 mm (3/8") in from the edge.

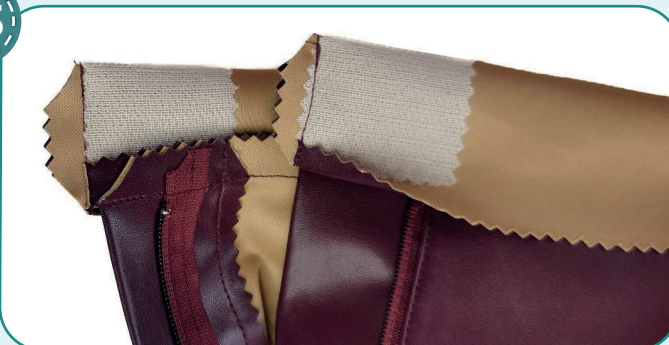
32



2,5-3

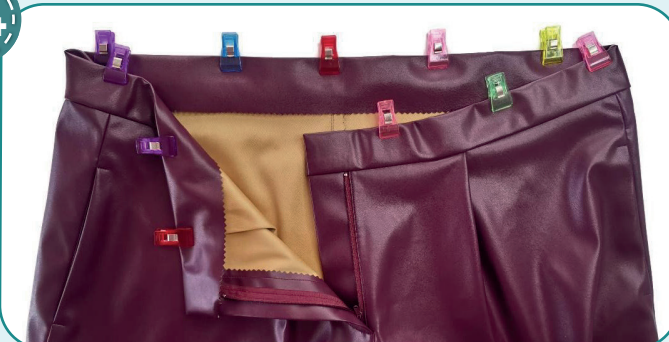
Fold the waistband in half, lengthways, right side inside. Pin the short edges, tucking the seam allowances inside. Stitch the waistband short edges 10 mm (3/8") in from the edge.

33



Clip the corners.

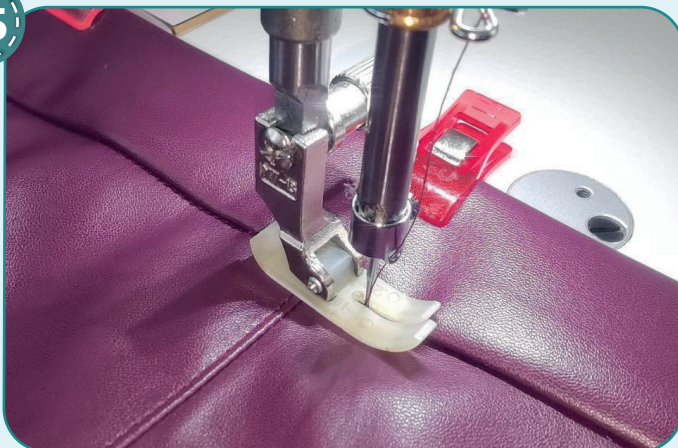
34



Turn the waistband out and press it. Secure the fold with sewing clips.

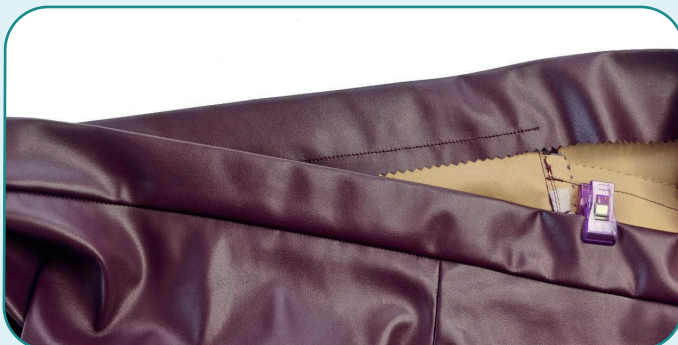


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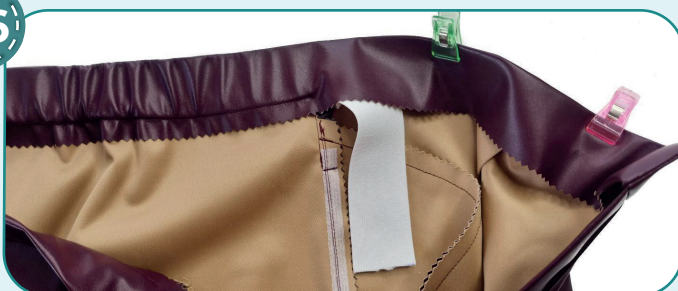


2,5-3

Topstitch the waistband raw edge right side, sewing exactly atop the waistband attaching seam. You can use a unilateral zipper presser foot to attach it. Another waistband edge should be exactly caught into the seam. Stitch between the side seams on the back.

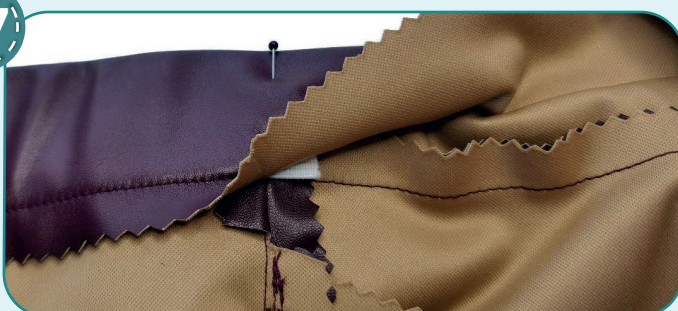


36



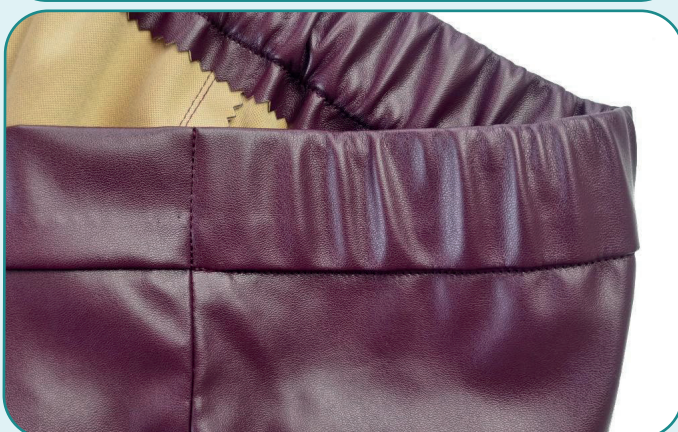
Cut the elastic 40 mm (1 9/16") wide and the length, indicated on the waistband paper pattern. Thread the elastic from the one of the side seams and pin one of its ends.

37



2,5-3

To secure the elastic, stitch across the waistband, continuing the side seam.

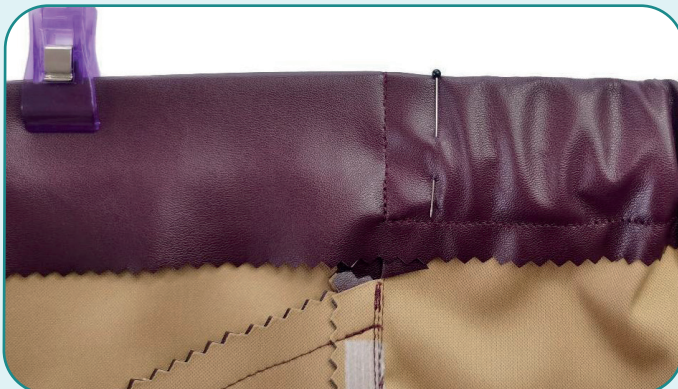


38



2,5-3

Stretch the elastic to the other side seam and pin it. To secure the elastic, stitch across the waistband, continuing the side seam.



39



2,5-3

Stitch the waistband front pieces with the unilateral zipper presser foot sewing exactly along the waistband attaching seam.

40



Attach the snap button with a press. You can sew on the button and the buttonhole instead of the snap button.

NOTE: it is recommended to try it on, check the fit, length and ease. When trying the garment, consider the lower hem seam allowance width. Make sure, that the shorts waistband is comfortable to wear. If necessary, change the length of the elastic.

41



2,5-3

Press the leg lower hems at 30 mm (1 3/16") towards the wrong side. You can secure them with sewing clips. Topstitch the folded hems 25 mm (1") away from the fold. Press it.

42



You can iron the garment again from the wrong side. The shorts are ready!

ELINA PATYKOVA

ПРО ШИТЬЕ

Shorts Seven

Thank you for joining my
team and me!
Share your works in my
groups. Hope you will stay
with us for our next project!



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