

ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions  
for sewing

## Dress Embrace

#патыкова\_embrace



Skill level



## Materials and notions



- french terry
- knit fusible interfacing
- stabilizing tape (a strip of non-woven fabric, cut on the bias with a line of chain stitching at the center of the tape)
- fusible webbing 20 mm (13/16") wide
- matching thread
- Jersey 75-80 or Stretch 75-80 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.



To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. The fabric must be prepared for sewing: washed in warm water, dried, and ironed.

How to cut Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included . Transfer all the necessary marks from the pattern onto the wrong side of your fabric.

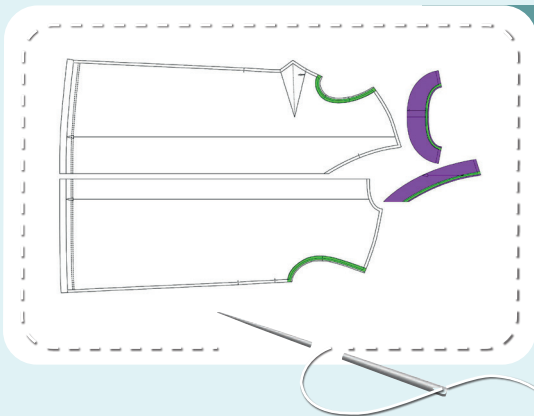


## Now you have



### DRESS PIECES:

1. front - cut 1 on the fold
2. back - cut 1 on the fold
3. front neck facing - cut 1 on the fold
4. back neck facing - cut 1
5. ruffle - cut 2



### PIECES TO INTERFACE:

- Purple - fusible interfacing
  - front neck facing
  - back neck facing
- Green - stabilizing tape (a strip of non-woven fabric, cut on the bias with a line of chain stitching at the center of the tape)
  - front neck facing
  - back neck facing
  - front armholes
  - back armholes

## Construction

# Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

## NOTE

A

### 4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

### 3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

### flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



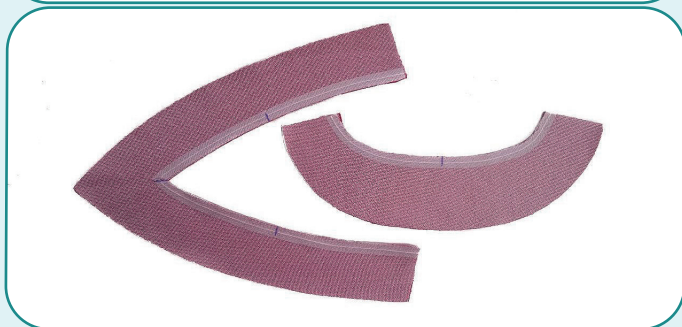
# Dress construction



1



Duplicate the back and front neck facings. Fuse stabilizing tape (a strip of non-woven fabric, cut on the bias with a line of chain stitching at the center of the tape) to the back and front armholes, and both facing necklines.

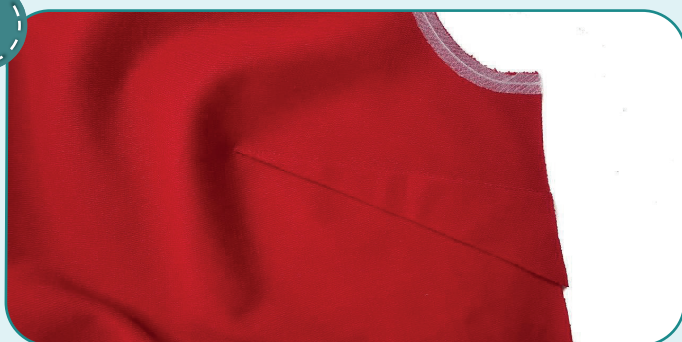


2



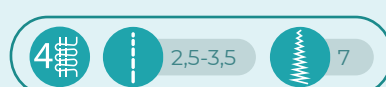
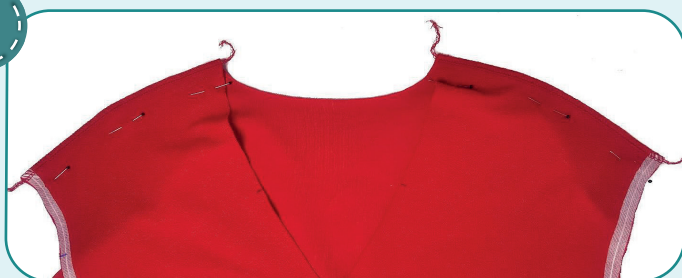
Transfer the marking for the darts from the pattern onto the front wrong side. Pin or hand-baste the darts evenly aligning their sides.

3



Stitch them along the marking line. Press the darts down.

4



Pin the front and back along the shoulder edges with right sides together. Serge them. Press the seam allowances flat towards the front.

5





5



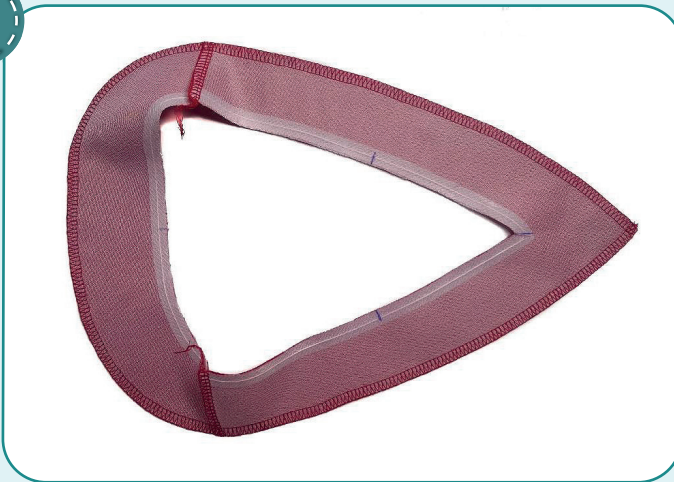
2,5-3,5



7

Pin the front and back neck facings along the shoulder edges with right sides together. Serge them. Press the seam allowances flat towards the back facing.

6



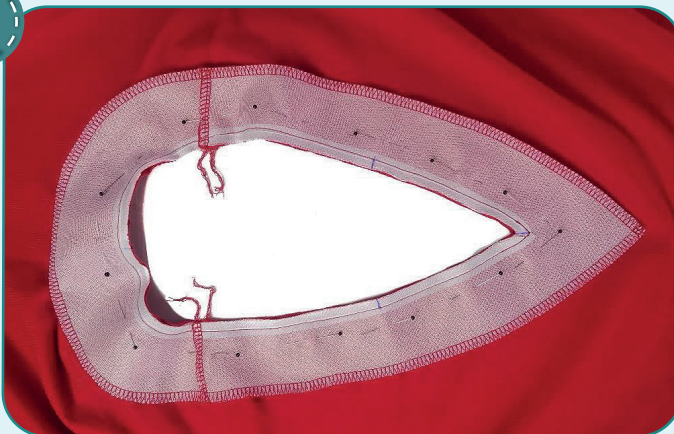
2,5-3,5



7

Finish the facings outer edges with serger. Tie the thread tails at the end of the seam. Press them.

7



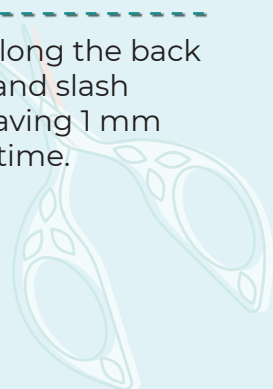
2-2,5

Pin the facings to the neckline, right sides together. Align the shoulder seams and the center marks. Mark the attaching seam line at the corner area. Stitch the facings 7 mm (1/4") in from the edge.

8



Slash the seam allowances along the back neckline every 10 mm (3/8") and slash at the front neckline area, leaving 1 mm (1/16") before the seam each time.





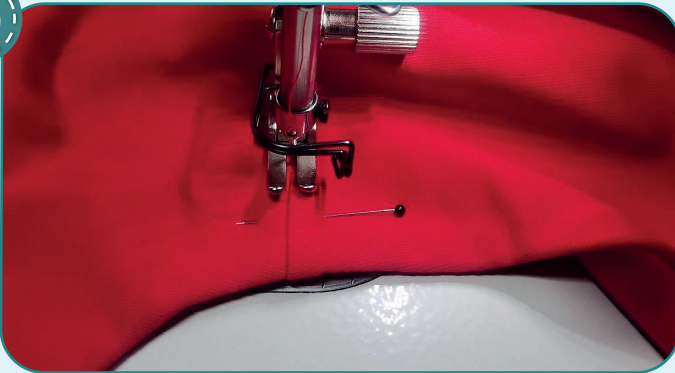
9



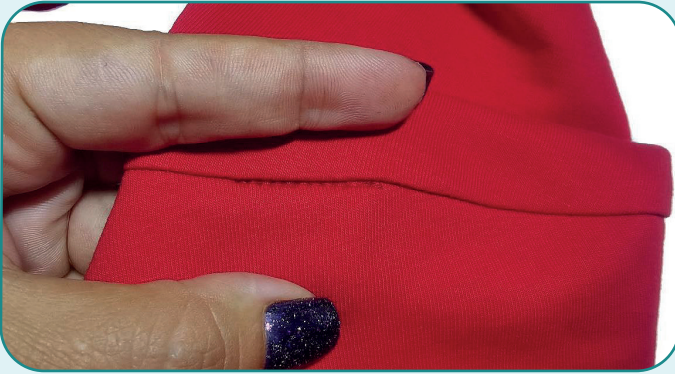
Topstitch the seam allowances onto the facing 1 mm (1/16") in from the seam. Press the facing to the wrong side, forming a roll.



10



Affix the neck facings along the shoulder seams. Working from the right side, stitch about 20 mm (13/16") exactly atop the shoulder seam line.



11



Fuse the back neck facing edge center to the back bodice with a piece of fusible webbing. Repeat the process for the front neck facing.





12



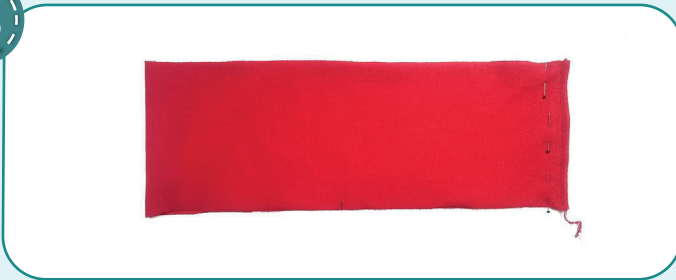
4

2,5-3,5

7

Pin the back and the front along the side seam with right sides together. Serge the pieces. Press the seam allowances towards the back. Repeat the process for the opposite side seam.

13



4

2,5-3,5

7

Serge the ruffle, having pinned the side edge beforehand. Press the seam allowances flat towards the front.

14



4-5

4-5

4-5

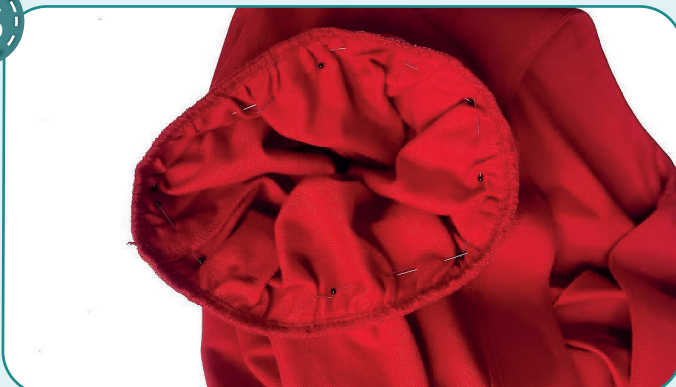
Stitch two parallel seams along the ruffle edge (from the ruffle side seam towards this very seam) 4 mm (1/8") and 6 mm (1/4") in from the edge. Set the maximum stitch length at 4-5 mm, do not backstitch and leave the thread tails at least 50 mm (2") long at both ends of the seams.

15



With right sides together, pin the ruffle into the armhole, aligning all the marks. Pull the upper threads of the seam, previously made, along the ruffle upper edge to make it's size equal the armhole size. Tie the thread tails at the ends of the seams. Spread the gathers along the armhole. Pin or hand-baste them.

16



4

2,5-3,5

7

Serge the ruffle into the armhole. Serge from the ruffle side. Press the seam allowances towards the front and the back. Repeat the process for the other ruffle (steps 13-16).





17



Fold the garment and the ruffle lower hems 20 mm (13/16") towards the wrong side and press it. You can hand-baste the edge. Coverstitch the lower hems. Tie the thread tails on the wrong side and hide them into the seam. Press the garment.



18



Remove the basting stitches, trim and hide the thread tails and press the garment. The dress is ready!



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ПРО ШИТЬЕ

## Dress Embrace

Thank you for joining my team and me!  
Share your works in my groups. Hope you will stay with us for our next project!

