

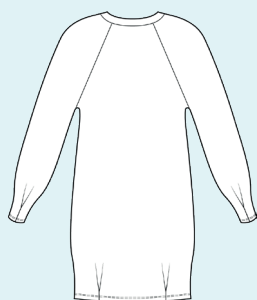
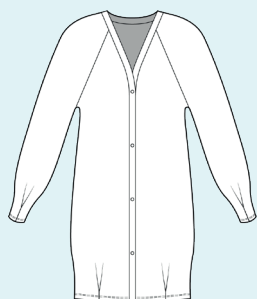
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Cardigan from sweatshirt loop back fabric

#патыкова_кардиган



Skill level



ELINA_PATKOVA



ELINA-PATKOVA.RU



VK.COM/ELINA_PATKOVA

Materials and notions



- sweatshirt loop back fabric
- fusible interfacing
- Alfa snap buttons 15 mm (9/16") - 4 pcs.
- matching thread
- Jersey 80-90 or Stretch 80-90 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

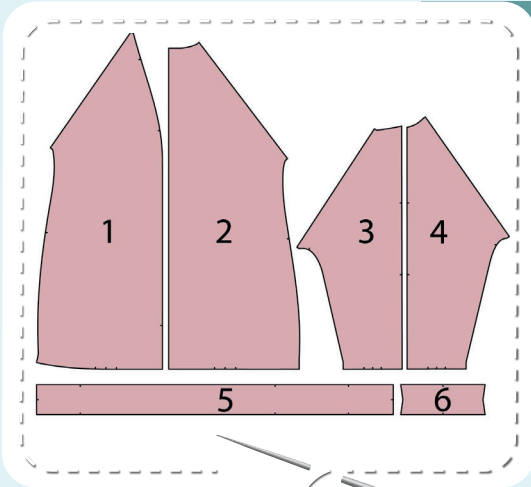
to adjust the length, width and fit of the garment and save time.

To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

How to cut: Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

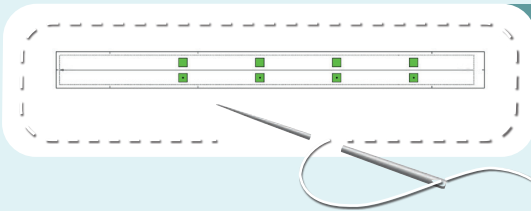
Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

Now you have



CARDIGAN PIECES:

1. front – cut 2
2. back - cut 1 on the fold
3. front sleeve - cut 2
4. back sleeve - cut 2
5. front placket - cut 2
6. back placket - cut 1



PIECES TO INTERFACE:

- Green - fusible interfacing
- places for snap buttons on the front plackets.

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Cardigan construction

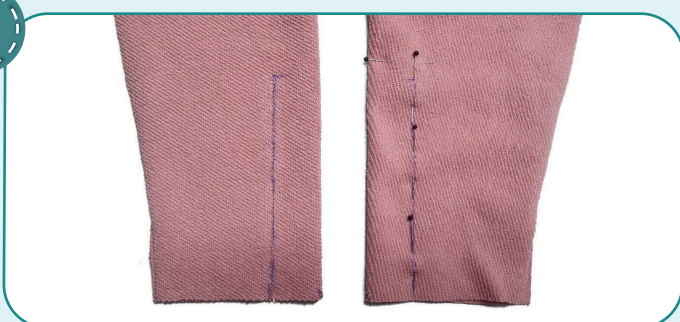


1



Duplicate the places for snap buttons on the front plackets.

2



2,5-3

Mark the pleats on the front sleeves wrong side. Pin or hand-baste carefully aligning their sides. Stitch the pleats along the marking.

3



2,5-3

Press the pleats into different directions for them to face each other on the right side. Stitch the pleats in place 5 mm (3/16") away from the edge. Repeat the process for the pleats on the back, fronts, and the back sleeves (steps 2-3).

4



2,5-3,5



7

Pin the front sleeve and the front with right sides together, aligning the marks. Serge them. Press the seam allowances flat towards the front. Repeat the process for the other front sleeve and for attaching the back sleeve to the back.

5



2,5-3,5



7

With right sides together, pin the sleeve both parts along the sleeve upper seam, aligning the marks. Serge them. Press the seam allowances towards the front. Repeat the process for the other sleeve.



6



2,5-3,5



7

Pin the back and the front along the side seam with right sides together and pin the sleeve along the side seam with right sides inside. Serge the pieces. Place the sleeve attaching seam allowances in different directions to avoid bulk. Press the seam allowances flat towards the front. Repeat the process for the opposite side seam.

NOTE: it is recommended to try the garment on, check the fit, length and ease of it. When fitting, consider the placket width and the lower hem seam allowances.

7



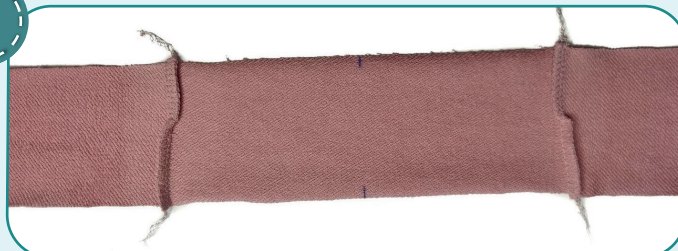
2,5-3,5



7

Pin the back placket to the front plackets with right sides together. Serge them.

8



To avoid bulk when stitching the placket, press the seam allowances into different directions.

9



2-2,5

Fold the front placket lower edges in half, with right side inside. Stitch them 8 mm (5/16") in from the edge.

10



Trim the corners close to the stitching.

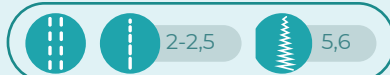
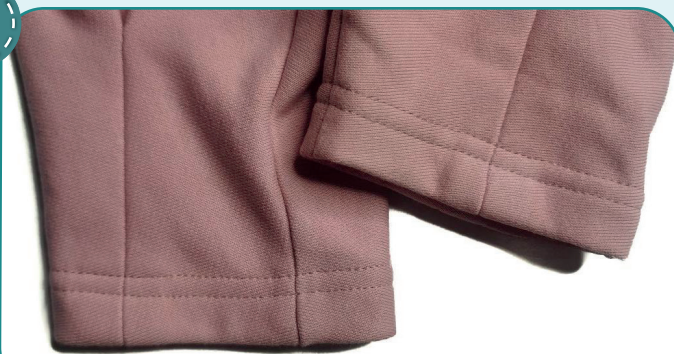
CARDIGAN CONSTRUCTION

11



Turn the placket out to the right side. Fold it in half and press.

12



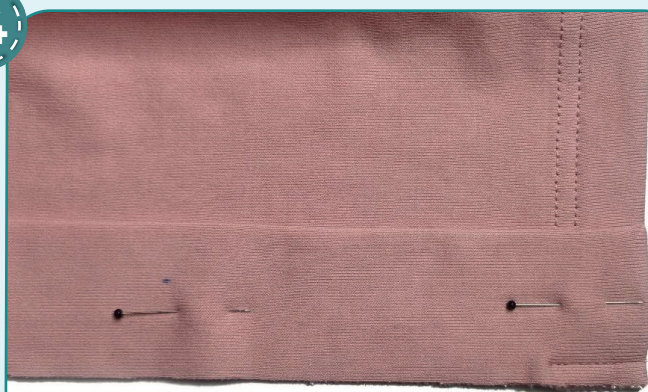
Fold the garment lower hem to the wrong side by 20 mm (13/16") and press it. You can hand-baste the garment lower hem. Coverstitch the sleeve lower hems. Press them.

13



Fold the garment lower hem to the wrong side by 25 mm (1") and press it. You can hand-baste it. Then coverstitch the lower hem and press it again.

14



Working from the right side, pin the placket to the center edges and the neckline. Align the back center and the placket center, shoulder seams with the placket pieces joining seams, and align the corresponding marks as well. Note: the back neckline is longer than the back placket, as well as the part of the front neckline from the upper marking to the shoulder seam is longer than the

corresponding part of the placket. Stitch the placket and the garment lower hems about 25 mm (1"), carefully aligning the placket lower edges and the garment edges. It will help to serge further easier. Stitch them 7 mm (1/16") in from the edge.

15

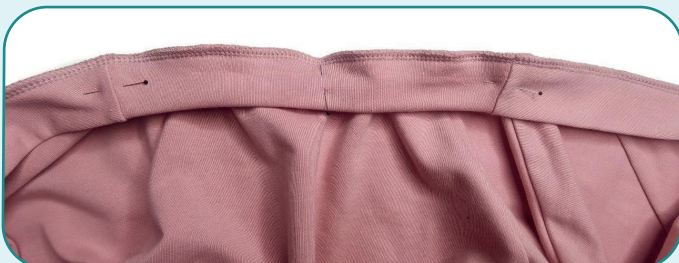


4#

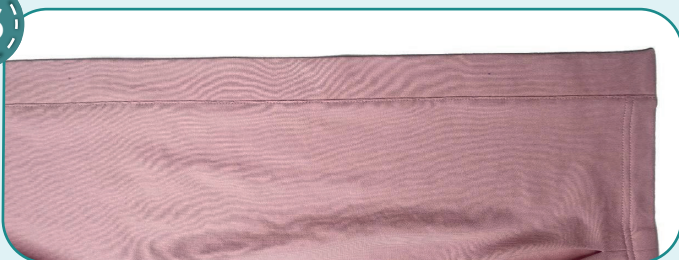
2,5-3,5

7

Serge the placket to the garment. When attaching the placket to the back neckline and to the front upper parts (between the shoulder seam and the front top mark), evenly stretch the placket, but avoid stretching the garment neckline. Tie the thread tails and hide them into the seam using a needle with big eye or a hook. Press the seam allowances flat towards the garment.



16



↺

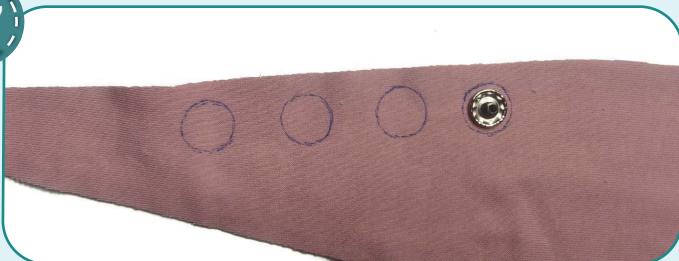
2-2,5

↺

2-2,5

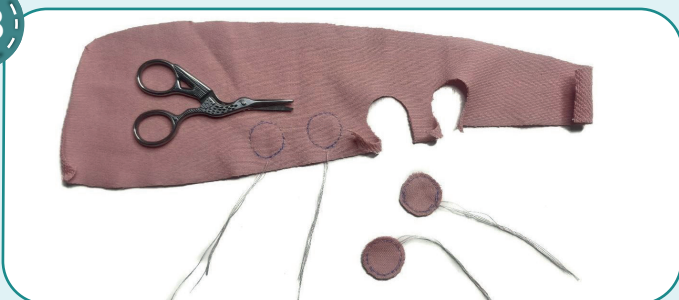
Stitch the placket seam allowance attaching seam to the front and the back 1 mm (1/16") in from the seam. Press the seam and the placket.

17



Draw circles on a scrap of main fabric with a diameter slightly larger than the diameter of the snap buttons. Draw circles Ø17 mm (11/16") for snap buttons Ø15 mm (9/16") on the fabric.

18



↺

2-2,5

↺

2-2,5

Stitch a gather thread around the edge leaving the thread tails about 50 mm (2") long. Then carefully cut out circles 1,5 mm (1/16") away from the stitching but avoid cutting the thread tails.

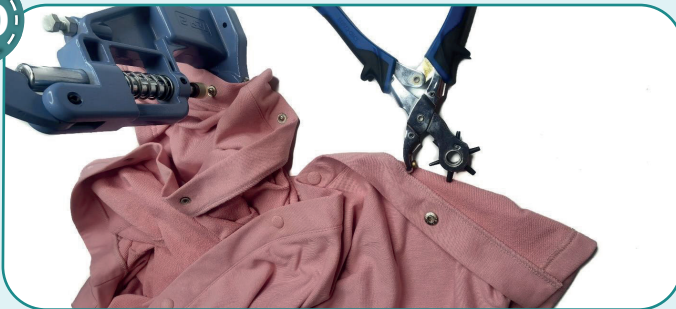
CARDIGAN CONSTRUCTION

19



Place the snap button top on the fabric piece and pull up the gathers, pulling the upper thread tails at the same time. Tie the thread tails together making several knots. Then tie the bottom thread tails to each other with a few knots. Trim the thread tails. Slightly tighten the fabric by hand with a needle and thread.

20



Transfer the marks for the snap buttons onto the front plackets. Punch 1-2 mm (1/16") holes with a Hole Punch or scissors. Attach the snap buttons with a press.

21



Remove the basting stitches, trim, and hide the thread tails and press the garment once again. The cardigan is ready!

ELINA PATYKOVA

ПРО ШИТЬЕ

Cardigan from sweatshirt loop back fabric

Thank you for joining my
team and me!
Share your works in my
groups. Hope you will stay
with us for our next project!

