

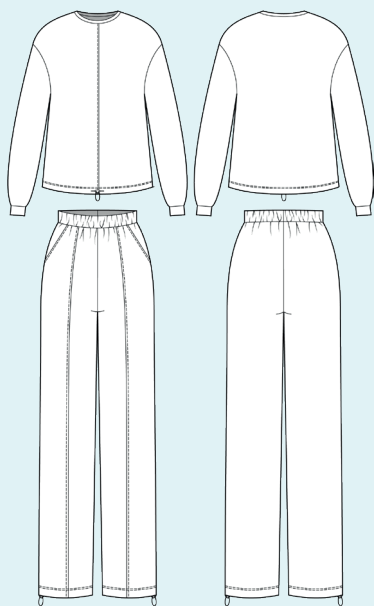
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Black Suit

#патыкова_черный



Skill level



Materials and notions



- sweatshirt loop back fabric
- rib knit fabric
- elastic 40 mm (1 9/16) wide
- elastic cord 3-4 mm (1/8») in diameter
- 2-hole cord lock - 3 pcs.
- kantenband (stabilising tape)
- fusible interfacing
- twilled ribbon
- matching thread
- Jersey 80-90 or Stretch 80-90 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

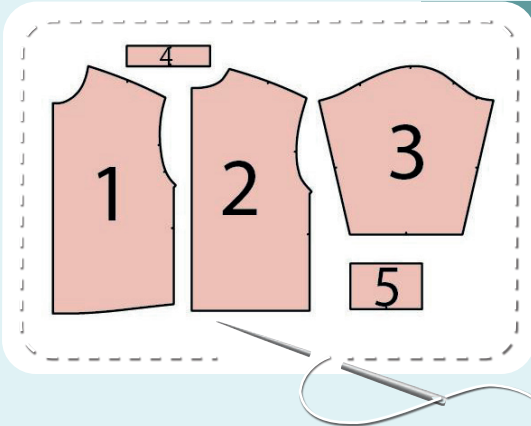
to adjust the length, width and fit of the garment and save time.

To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric on warm, dry, and iron it.

How to cut: Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

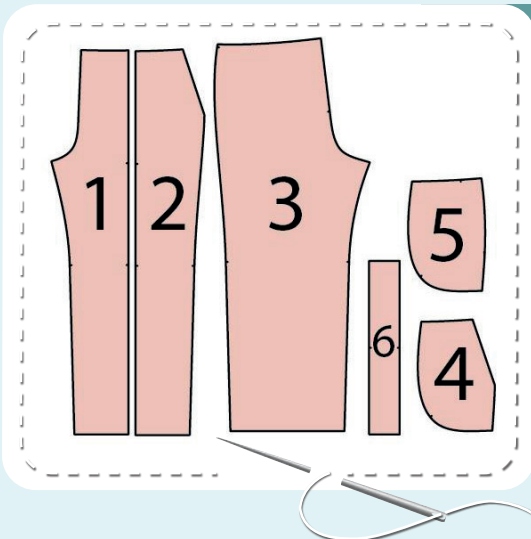
Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

Now you have



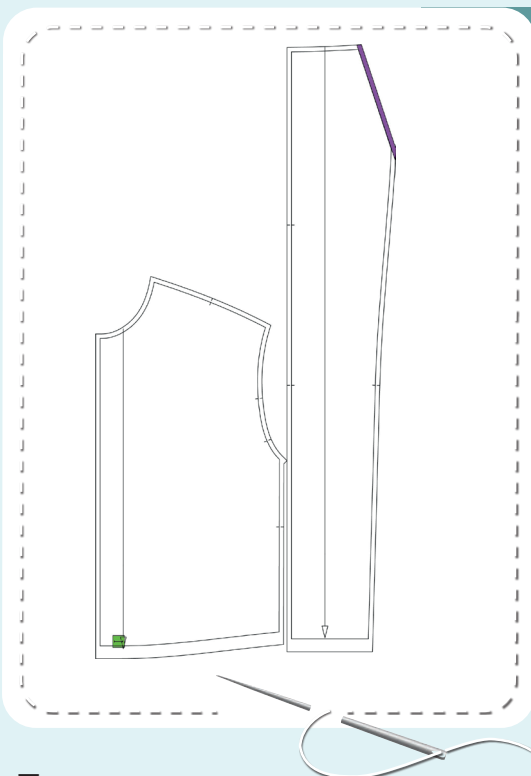
SWEATSHIRT PIECES

1. front - cut 2 (sweatshirt loop back fabric)
2. back - cut 1 on the fold (sweatshirt loop back fabric)
3. sleeve - cut 2 (sweatshirt loop back fabric)
4. neckband - cut 1 on the fold (rib knit fabric)
5. cuff - cut 2 (rib knit fabric)



PANTS PIECES

1. pant center front panel - cut 2 (sweatshirt loop back fabric)
2. pant side front panel - cut 2 (sweatshirt loop back fabric)
3. pant back panel - cut 2 (sweatshirt loop back fabric)
4. side front - cut 2 (sweatshirt loop back fabric)
5. pocket lining - cut 2 (sweatshirt loop back fabric)
6. waistband - cut 1 on the fold (rib knit fabric)



SYMBOLS:

- Green - fusible interfacing
 - opening areas for the elastic cord on the fronts
- Violet - kantenband (stabilising tape)
 - pocket opening area

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Sweatshirt construction



1



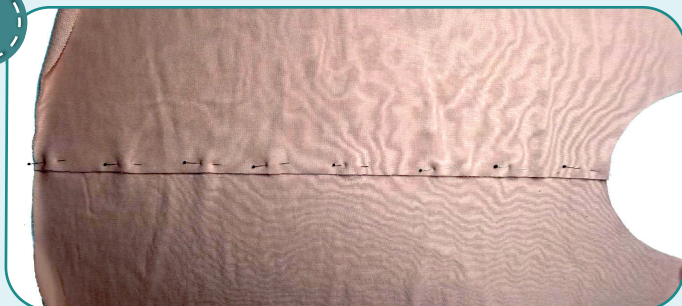
Fuse pieces of interfacing to the opening areas on the fronts.

2



Draw a marking line along the left front center edge 16 mm (5/8") in from the edge.

3

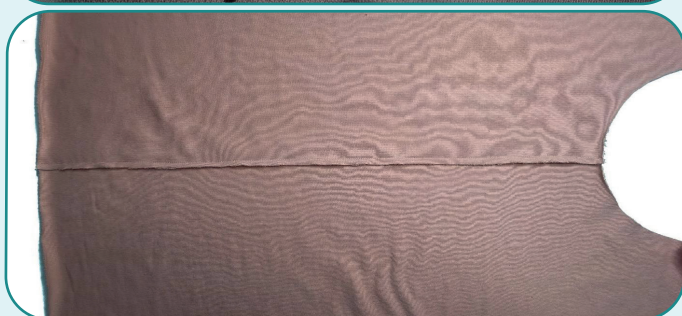


Place the right front atop the left front faced up. Align the right front center edge with the transferred marking line. Pin the pieces.

4



Stitch the right front onto the left front. Stitch 8 mm (5/16") in from the edge.



SWEATSHIRT CONSTRUCTION

5



Use buttonholing presser foot to make openings about 10 mm (3/8") long. A seam ripper may be used to make the opening but be careful not to cut the threads and bar tacks. Press it.

6



4



2,5-3,5



7

Pin the front and back along shoulder edges with right sides together. Serge them. Press the seam allowances towards the front.

7



4



2,5-3,5



7

With right sides together, pin the sleeve into the armhole, aligning all the marks. Serge it in place. Press the seam allowance towards the front and the back. Repeat the process for the other sleeve.

8



4



2,5-3,5



7

Pin the back and the front along the side edges with right sides together. Pin the sleeve along the side edges with right sides together. Serge the pieces. To avoid bulk, place the sleeve attaching seam allowances in different directions. Press the seam allowances towards the front. Repeat the process for the opposite side seam.

NOTE: it is recommended to try it on, check the fit, length and ease. When fitting, consider the cuffs and the lower hem seam allowances.

9



4



2,5-3,5

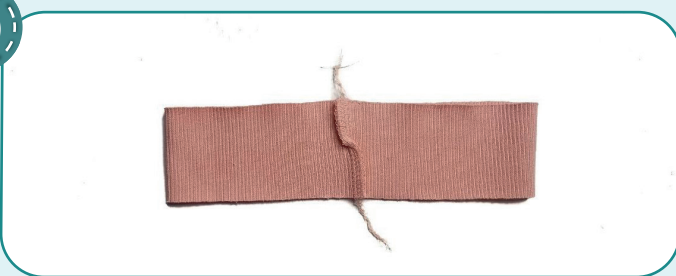


7

Serge the neckband short edges, having pinned the side edge beforehand.



10



To avoid bulk when attaching the neckband, press the ends of the seam allowances in different directions.

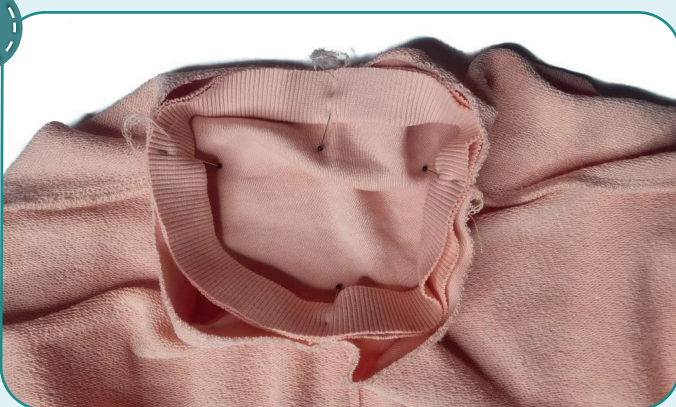
11



Fold the neckband piece in half, lengthways, wrong side inside, and press it. At the same time, shape the neckline with an iron, gently stretching the raw edges and ironing the fold. For convenience, you can pin it at the marked places beforehand.

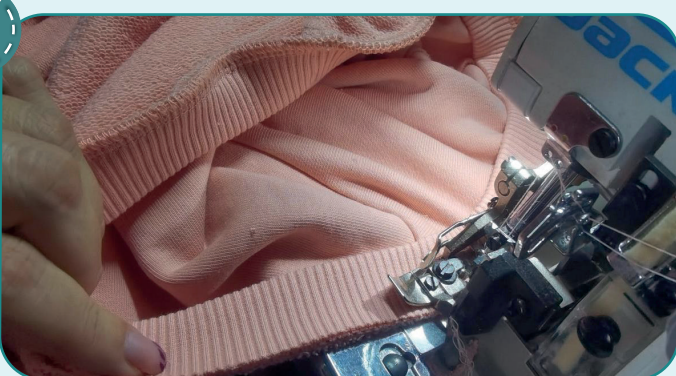


12



Pin the neckband to the garment right side. Align the neckband seam with one of the shoulder seams, the remaining marks: with the front neckline center, the back neckline center and with the other shoulder seam.

13



4#

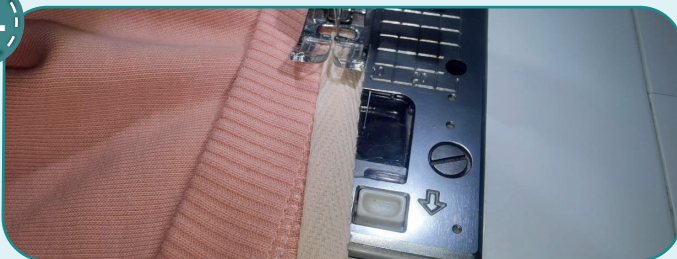
2,5-3,5

7

Serge the neckband to the garment. In the process, evenly stretch the neckband, but care not to stretch the neckline itself. Press the seams down.



14

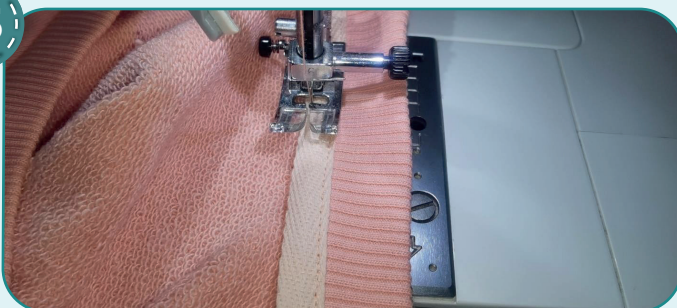


2-2,5

Stitch the twilled ribbon to the back neckline between the shoulder seams, overlapping the neckband attaching seam. Tuck the twilled ribbon ends in. Stitch the twilled ribbon so that it completely closes the serged seam. Sew exactly atop the serged seam left edge 1mm (1/16") in from the twilled ribbon edge. While stitching the twilled ribbon, stretch the neckline gently.



15



2-2,5

Overlapping the serged seam, stitch the twilled ribbon raw edge to the back, 1mm (1/16") in from the edge. Press the back neckline.



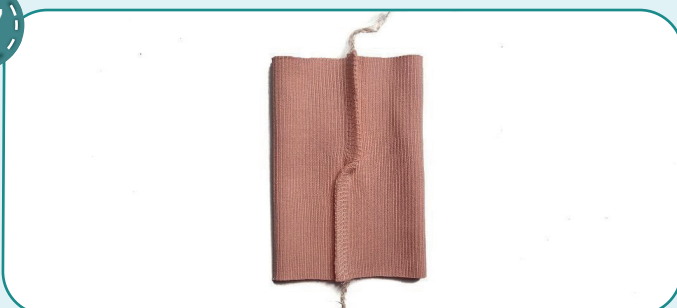
16



2,5-3,5

Fold the cuffs in half, right side inside, and pin them along the short edges. Serge them.

17



To avoid bulk when stitching the cuffs, press the seam allowances in different directions.

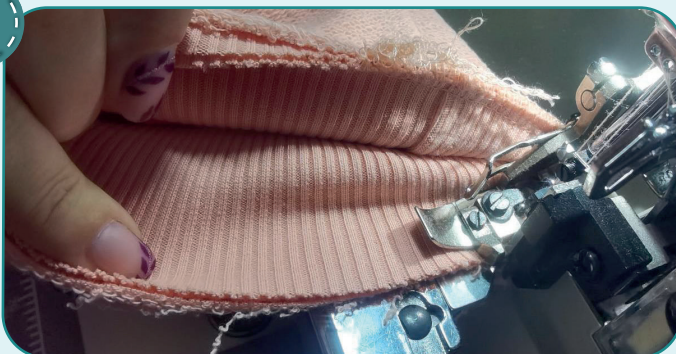


18



Fold the cuffs in half, wrong side inside, and press them.

19



4

2,5-3,5

7

Serge the cuff to the sleeve, aligning the cuff seam and the sleeve inseam. When attaching the cuff, evenly stretch it, but avoid stretching the sleeve lower edge. Repeat the process for the other cuff (steps 21-24). Press the seams upwards.



20



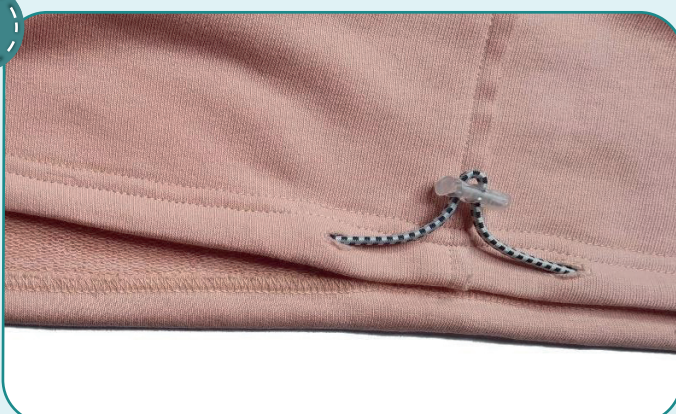
4

3-4

1,5

Cut the elastic cord with the length, indicated on the front pattern. Insert it into a 2-hole cord lock first and then into the openings. Stitch the elastic cord in a ring with a zigzag stitch having placed the ends about 20 mm (13/16") long together, facing each other.

21



2,5-3

5,6

Fold the garment lower hem to the wrong side by 25 mm (1") and press it. You can hand-baste the lower hem. The elastic cord should be inside the lower hem. Coverstitch the lower hem. Tie the seam thread tails on the wrong side and hide them into the seam. Press.

22



Remove the basting stitches, trim, and hide the thread tails and press once again. The sweatshirt is ready!

Pants sewing guide



1



Reinforce the pocket openings on the pant side front panels with kantenband.

2



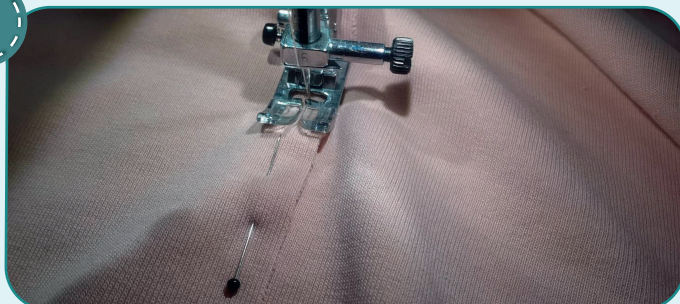
Draw a marking line along the front panel center edge 16 mm (5/8") in from the edge.

3



Place the side front panel atop the center front panel, faced up. Align the side front center edge with the transferred marking line. Pin the pieces.

4



Topstitch the side front panel onto the center front panel. Stitch 8 mm (5/16") in from the edge. Repeat the process for the other pant front (steps 2-4).



5



4#

2,5-3,5

7

With right sides together, pin the pocket lining to the pants front along the pocket opening. Serge the pieces. Press the seam allowances towards the lining.

6



↺

↻

2-2,5

Press the lining to the wrong side forming a roll. Topstitch along the pocket opening 5 mm (3/16") in from edge. Press the pocket opening.

7



4#

2,5-3,5

7

Pin the pocket lining to the side front with right sides together. Serge the pieces. Press the pocket.

8



↺

↻

2-2,5

Affix the pocket bag above and below the pocket opening, stitching 4-5 mm (3/16") away from the edge. Repeat the process for the opposite pocket (steps 5-8).

9



4#

2,5-3,5

7

Finish the bottom 40 mm (1 9/16") of the side edges of the pants front and back panels. Press them.

NOTE: there is an opening marking for the elastic cord on the pattern. You can see one more way how to do it below.

10



4#

2,5-3,5

7

Pin the pant front and back panels along the side edges, right side inside. Serge them leaving 40 mm (1 9/16") before the lower edge.



11



↺

2-2,5

↺

2-2,5

Stitch the side seam up to the end, leaving an opening for the elastic cord. The opening should be about 10 mm (3/8") long and be 12 mm (1/2") above the pant lower hem. Press the side seam allowances to the back panel but press it open at the bottom.



12



↺

2-2,5

↺

2-2,5

Stitch a loop (made from the elastic or ribbon) 70 mm (2 3/4") above the pant lower hem to fix the elastic cord. You can do it while stitching the side seam (step 10).

13



4#

2,5-3,5

7

Place the pant front and back panels along the inseam, right side inside. Serge them. Press the seam allowances flat towards the pant front panel. Repeat the process for the other pant leg (step 9-13).

14



2,5-3,5



7

Insert the left pant leg into the right one with right sides together. Pin along the crotch seam placing the inseams allowances in different directions to avoid bulk. Serge it. Press the seam towards the left.

15



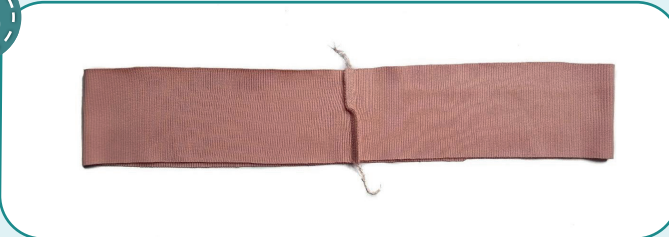
2,5-3,5



7

With right sides inside, fold the waistband in half, lengthways, and pin along the short edges. Serge it.

16



To avoid bulk when stitching the waistband, press the seam allowances in different directions.

17



Fold the waistband in half, lengthways, wrong side inside and press it.

18



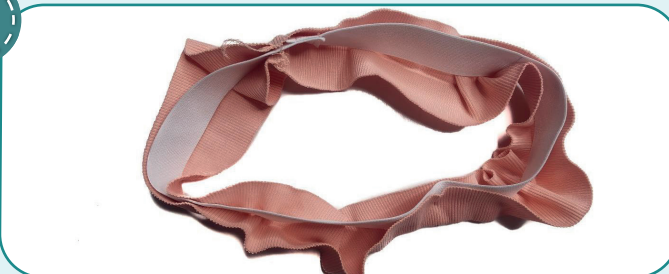
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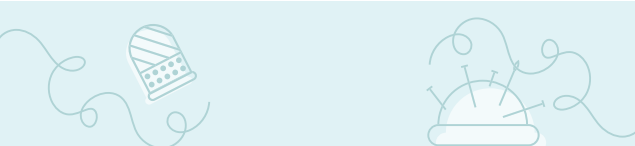
1,5

Cut the elastic 40 mm (1 9/16") wide and the length, indicated on the waistband paper pattern. Stitch the elastic in a ring with a straight or a zigzag stitch.

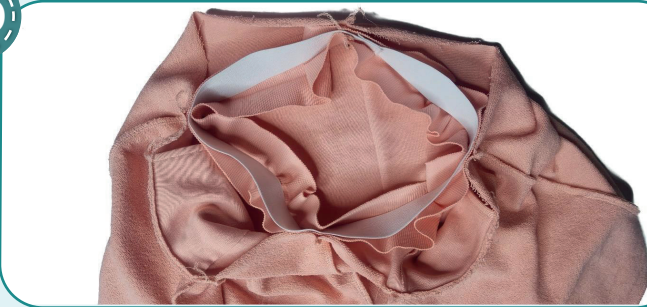
19



Divide the waistband and the elastic in quarters and pin at the marks. Place the elastic inside the waistband, align the marks on the elastic with the marks on the waistband and pin at these places. To avoid bulk, do not align the waistband and elastic seams.



20



Turn the garment out to the wrong side and place the waistband with elastic to the garment upper edge. Pin the waistband to the garment upper edge, with right sides together, aligning the waistband seam with the pants crotch seam, waistband center with the front crotch seam and the marks with the side seams.

NOTE: the elastic should be 40 mm (1 9/16") wide and sewn to the pants together with the waistband. But if you are not sure what length of the elastic to take, or you are afraid that it is too thick to serge, use elastic 30 mm (1 3/16") wide. In that case, sew the waistband without elastic (be sure to leave an opening for the elastic), then thread the elastic and sew it into a ring.

21



4

2,5-3,5

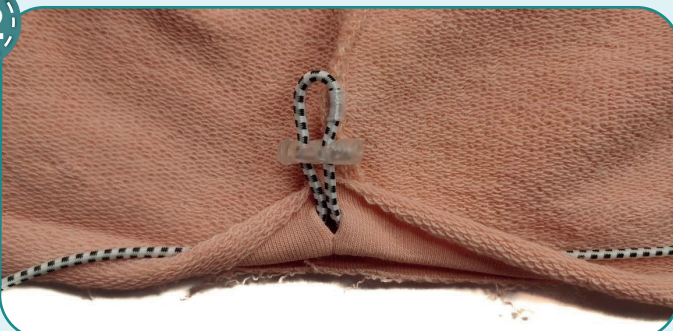
7

Serge the waistband to the garment. While serging, evenly stretch the elastic, but avoid stretching the garment upper edge. Serge slowly, especially along the pockets. When stretching the elastic, the serger needles should be at their lowest position. Tie the seam thread tails and hide them into the seam. Press the seam allowances down.



NOTE: it is recommended to try it on, check the fit, length and ease. When fitting, consider the lower hem width. It is also necessary to check if the pants waistband is comfortable to wear.

22



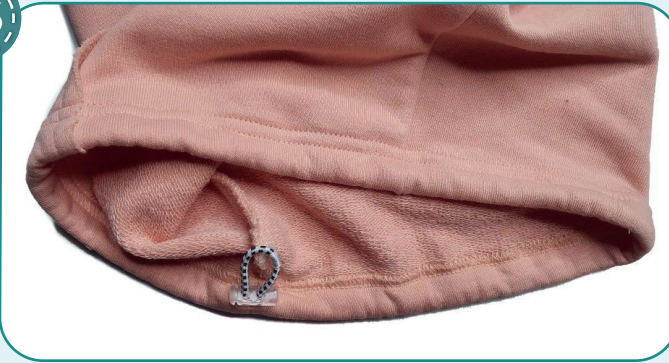
3-4

1,5

Cut the elastic cord with the length, indicated on the back panel pattern. First thread it into the loop, and then into the 2-hole cord lock. Stitch the elastic cord in a ring with a zigzag stitch having placed the ends about 20 mm (13/16") long together, facing each other.



26



Fold the pant leg lower hems to the wrong side by 25 mm (13/16") and press. You can hand-baste the lower hems. The elastic cord should be inside the lower hem. Coverstitch the lower hems. Start stitching from the side seam: first place the elastic cord and the 2-hole cord lock behind the presser foot. At the end of the

stitching, the elastic cord and the 2-hole cord lock are in front of the presser foot. Tie the seam thread tails on the wrong side and hide them into the seam. Press them.

27



Remove the basting stitches, trim, and hide the thread tails and press once again. The pants are ready!



ELINA PATYKOVA

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Black Suit

Thank you for joining my
team and me!
Share your works in my
groups. Hope you will stay
with us for our next project!



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