

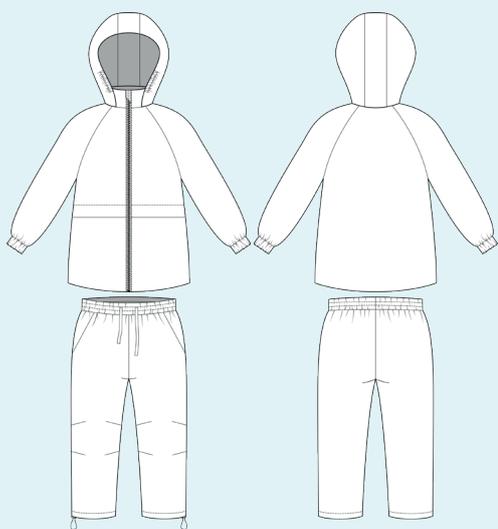
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions
for sewing

Windbreaker Suit Pocket

#патыкова_pocket



Skill level



Materials and notions



- shell fabric (Dewspo, membrane fabric, twill etc.)
- lining fabric (lining taffeta and cotton lycra jersey are used for this garment)
- open-end zipper
- elastic 2 cm (13/16") wide
- elastic 4 cm (1 9/16") wide
- eyelets 5 mm (3/16") - 4 pcs.
- elastic cord 3-4 mm (1/8")
- 2 holes stopper - 2 pcs.
- eyelets 8 mm (5/16") - 2 pcs.
- cord
- matching thread
- Microtex 70-80 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width, fit of the garment and save time.

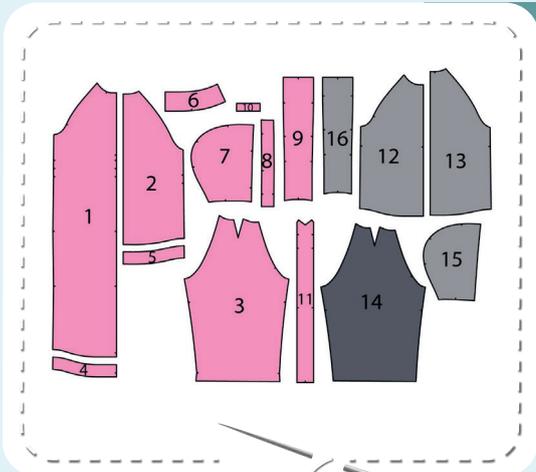


To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. How to cut: Print and glue

all the paper patterns. When printing, do not forget to check the size of the test square. Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along them. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

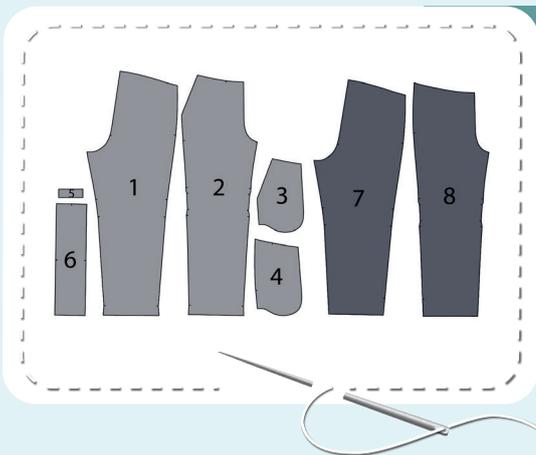


Now you have



JACKET PIECES:

1. front - cut 2 (shell fabric)
2. back - cut 1 on the fold (shell fabric)
3. sleeve - cut 2 (shell fabric)
4. front lower hem facing - cut 2 (shell fabric)
5. back lower hem facing - cut 1 on the fold (shell fabric)
6. stand collar - cut 2 on the fold (shell fabric)
7. hood side - cut 2 (shell fabric)
8. hood facing - cut 1 on the fold (shell fabric)
9. hood center - cut 1 (shell fabric)
10. hanger loop - cut 1 (shell fabric)
11. storm flap - cut 1 (shell fabric)
12. front lining - cut 2 from lining fabric (cotton lycra jersey)
13. back lining - cut 1 on the fold from lining fabric (cotton lycra jersey)
14. sleeve lining - cut 2 from lining fabric (taffeta)
15. hood lining - cut 2 from lining fabric (cotton lycra jersey)
16. hood center lining - cut 1 from lining fabric (cotton lycra jersey)



PANTS PIECES:

1. back - cut 2 (shell fabric)
2. front - cut 2 (shell fabric)
3. pocket lining - cut 2 (shell fabric)
4. side front - cut 2 (shell fabric)
5. strap (for elastic cord) - cut 2 (shell fabric)
6. waistband - cut 1 on the fold (shell fabric)
7. back lining - cut 2 from lining fabric (taffeta)
8. front lining - cut 2 from lining fabric (taffeta)

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Jacket construction

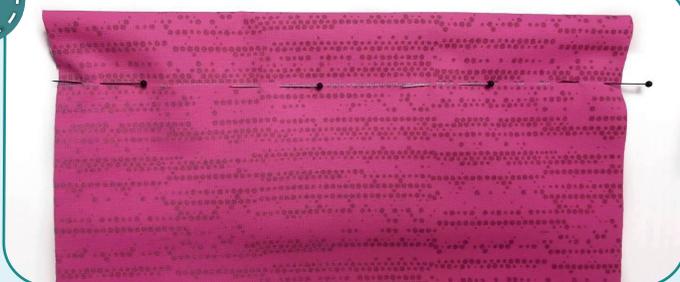


1



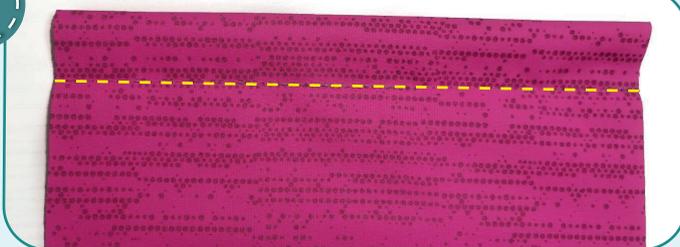
Transfer the marking for topstitching the pocket flap onto the right side of the front.

2



Fold the front along the pocket flap fold line and pin it.

3



Stitch the pocket flap along the line.

4



Align the pocket bottom line (from the paper pattern) with the flap topstitching to shape the pocket. Place the flap atop. Pin along the center and side edges. Affix the pocket side edges with straight stitching 7 mm (1/4") in from the edge. Repeat the process for the opposite pocket (steps 1-4).

5



JACKET CONSTRUCTION

5



Transfer the marking for the darts onto the sleeves wrong side. Pin or hand-baste the sleeve shoulder darts very accurately to have the darts marking match.

6



Sew the darts stitching along the lines. Make sure that the darts are smooth, do not form an angle.

7



Pin the sleeve to the front along the raglan lines with right sides together. Stitch them 10 mm (3/8") in from the edge.

8



Pin the back and the sleeve along the raglan edges with right sides together. Stitch them 10 mm (3/8") in from the edge. Repeat the process for the opposite front and the sleeve.

9



Edgestitch the darts and the raglan seams 1 mm (1/16") away from the seams. Stitch the raglan seam allowances up the front and the back. Stitch the dart up the front.

JACKET CONSTRUCTION

10



Slash the raglan seam allowances every 10-15 mm (3/8-9/16") leaving 1 mm (1/16") before the stitching.

11



Pin the hood side and center pieces with right sides together, aligning the marks. Stitch the pieces 10 mm (3/8") in from the edge. Repeat the process for the opposite hood side piece.

12



Edgestitch the hood seams down 1 mm (1/16") away from the seams. Stitch the seam allowances up the hood center piece.

13



Pin the hood side and center lining pieces with right sides together aligning the marks. Stitch the pieces 10 mm (3/8") in from the edge. Repeat the process for the opposite hood side piece. Press the seam allowances open.



14



2,5-3

Pin the hood lining with the hood facing with right sides together. Stitch them 10 mm (3/8") in from the edge.

15



2,5-3

Edgestitch the seam allowances up the lining 1 mm (1/16") away from the edge.

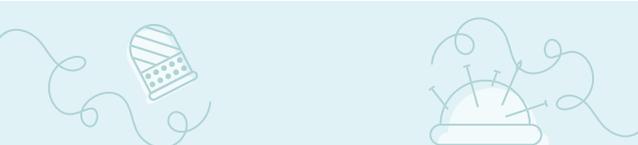
16



2,5-3

Pin the hood and the hood lining with right sides together, aligning the marks. Stitch the pieces along the outer edge 10 mm (3/8") in from the edge.





17



2,5-3

Stitch up the seam allowances onto the hood facing 1 mm (1/16") in from the seam.

18



2,5-3

Turn the hood out to the right side and pin it along the outer edge forming a roll towards the hood facing. Stitch between the marks 20 mm (13/16") in from the edge. These will be the casings for elastic.

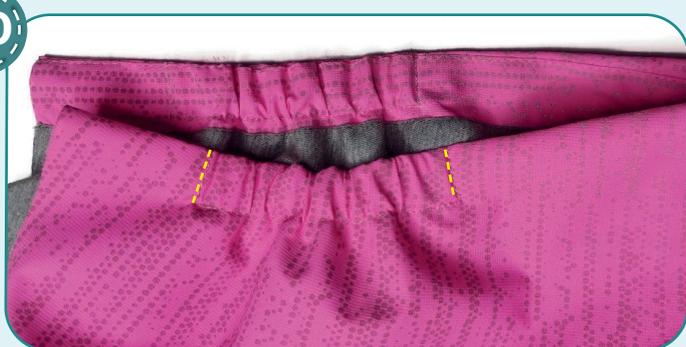
19



Cut the elastic 20 mm (13/16") wide and the length, indicated on the paper pattern. Thread the elastic into the casings using a bodkin or a safety pin. The ends of the elastic should extend 10 mm (3/8") beyond the edges of the casing. Pin the ends of the elastic.



20



2,5-3

Stitch across the casing edges to affix the ends of the elastic.

JACKET CONSTRUCTION



21



Hand-baste the hood facing seam allowances to the hood center seams for them not to get towards the right side when wearing.

22



2,5-3

Pin the hood to the garment neckline aligning the edges and the marks. Stitch them 7 mm (1/4") in from the edge.

23



2,5-3

Stitch the stand collar pieces along the upper edge with right sides together. Stitch them 10 mm (3/8") in from the edge.

24



2,5-3

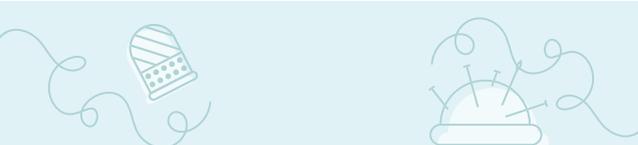
Stitch the seam allowances up one of the stand collar pieces (this will be the under piece) 1 mm (1/16") in from the seam.

25



Slash the seam allowances every 15 - 20 mm (9/16-13/16") leaving 1 mm (1/16") before the stitching.





26



2,5-3

Pin the stand collar upper piece into the garment neckline aligning the marks. Stitch the stand collar in place 10 mm (3/8") in from the edge. Stitch from the neckline side to avoid forming the folds.

27



2,5-3

Hand-stitch one zipper tape to the right front center edge with right sides together. Pin the zipper to sit accurately in the seam without wavering and pulling the fabric. Care the zipper bottom stop to be 11 mm (7/16") above the garment lower hem. Tuck the zipper top end to the wrong side (if need be, shorten the zipper to the desired length) and place it leaving 1-2 mm (1/16") before the stand collar pieces attaching seam. Stitch the zipper in place with a unilateral zipper presser foot 10 mm (3/8") from the edge.

NOTE: Sew the zipper to the left front piece for men and boys.

28



Close the zipper and draw the marks for the stand collar attaching seam and both the beginning and the end of the pocket flap on the zipper other side.

29



2,5-3

With right side inside, pin the storm flap in half, along long edges. Stitch it along short edges 10 mm (3/8") in from the edge.

30



Trim the corners. Turn the storm flap out to the right side.

31



Smooth the storm flap and edgestitch it 1 mm (1/16") in from the edge. Topstitch the flap with parallel seams spaced 5 mm (3/16") apart.

32



Pin the zipper other tape to the storm flap with right side facing up. Tuck the zipper top extension to the wrong side (or shorten the zipper to the desired length) and place it at the same level as the storm flap fold mark. Overlap the zipper

right side with the zipper guard part (above the mark) and pin. Affix the storm flap with a straight stitching 7 mm (1/4") in from the edge.

33



With right sides together, pin the zipper tape with storm flap to the left front (the zipper tape sandwiched between the zipper guard and the front). Very precisely, align the marks on the zipper with the stand collar attaching seam and the pocket flap ends. Place the upper fold 1 mm (1/16") below the lower edge of the stand collar pieces attaching seam. Stitch the zipper and storm flap in place 10 mm (3/8") in from the edge. Zip up and make sure that the pocket flap and the storm flap attaching seams match.

NOTE: sew the storm flap on the right side for men and boys.

34



Pin the front lower hem facing to the front lining with right sides together. Stitch them 10 mm (3/8") in from the edge. Press the seam allowances towards the lining.

35



Working from the lining side, edgestitch the lower hem attaching seam 1 mm (1/16") in from the edge. Repeat the process for the other front lining and the back lining (steps 34-35).



36







2,5-3

Stitch the sleeve lining shoulder darts. Press the seam allowances towards the front.

37







2,5-3

With right sides together, stitch the sleeve linings and the back lining along the raglan edges 10 mm (3/8") in from the edges. Press the seam allowances towards the back lining.

38







2,5-3

With right sides together, stitch the sleeve linings and the front linings along the raglan edges 10 mm (3/8") in from the edges. Press the seam allowances towards the front linings.

39



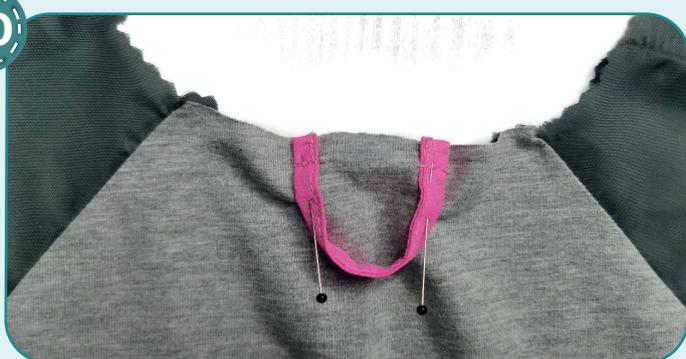




2,5-3

Fold the hanger loop in half and double tuck it, wrong side inside, pin and edge-stitch 1 mm (1/16") in from the edge.

40







2,5-3

Working from the right side, pin the prepared hanger loop to the lining neckline back center. Stitch the hanger loop 7 mm (1/4") in from the edge.



41



2,5-3

Smooth the garment and the lining. Place them with right sides together. Stitch the sleeve and the sleeve lining lower hems 10 mm (3/8") in from the edges.

42



2,5-3

With right sides together pin along the side edges: the back with the front, the sleeve, the sleeve lining, the back lining with the front lining. Stitch the pieces 10 mm (3/8") in from the edge. Leave a hole about 120 mm (4 3/4") in one of the sleeves for turning the garment out. Leave holes about 15-17 mm (9/16-11/16") for threading the elastic in both sleeves near the lower hems. Stitch swing tacks to lining underarm seams (strips of lining fabric 60 mm (2 3/8") long and 15 mm (9/16") wide). Repeat the process for the other side edge.



43



2,5-3

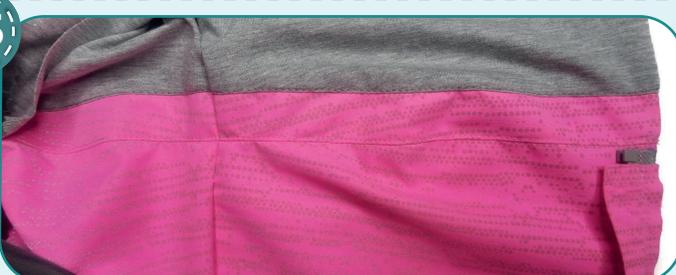
Pin the jacket and the lining along the lower edges with right sides together. Stitch them 10 mm (3/8") in from the edge.

44



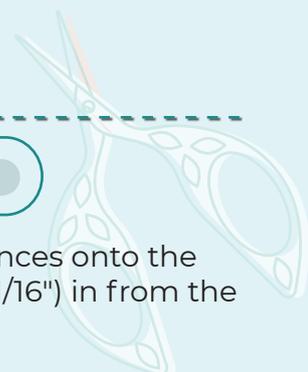
Clip V-shapes along the seam allowances every 15-20 mm (9/16-13/16") leaving 1 mm (1/16") before the stitching.

45



2,5-3

Stitch up the seam allowances onto the lower hem facings 1 mm (1/16") in from the seam.



46



With right sides together, pin the stand collar under piece and the lining along the neckline. Stitch them 10 mm (3/8") in from the edge.

47



Hand-baste the lower hem facings along the side seams for them not to get towards the right side when wearing.

48



Pin the jacket and the lining along the center edges with right sides together. Stitch them 10 mm (3/8") in from the edge. Start stitching from the shell fabric side, so the seam coincides with the zipper attaching seam. Trim the corners.

49



Trim the pocket bag and the storm flap seam allowances to 3 mm (1/8"). Do not trim the zipper tape.





50



2,5-3

Pin the jacket and lining neckline seam allowances. Stitch them 7 mm (1/4") in from the edge. Start and finish stitching as close to the zipper as possible.

51



Slash along the seam allowances every 20 mm (13/16") leaving 1 mm (1/16") before the stitching.

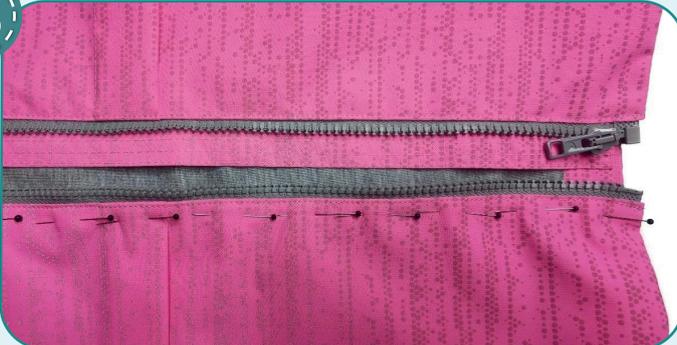
52



2,5-3

Stitch swing tacks to the garment underarm seam allowances. Turn the garment out to the right side.

53



2,5-3

Smooth the corners above and below the zipper. Pin along the zipper, placing the lining accurately. Edgestitch the zipper 1 mm (1/16") away from the front edge.

54



2,5-3

Pin the sleeve lower hem fold (it should be 30 mm (1 3/16")) together with seam allowances). Topstitch the sleeve lower hems 20 mm (13/16") in from the edge.

JACKET CONSTRUCTION



55



Cut the elastic 20 mm (13/16") wide and the length, indicated on the sleeve paper pattern. Thread it through the hole with a safety pin or a bodkin.

56



Join the ends of the elastic by stitching the short edges together. Spread the elastic evenly along the sleeve.

57



Hand-baste the holes in the sleeves.



58



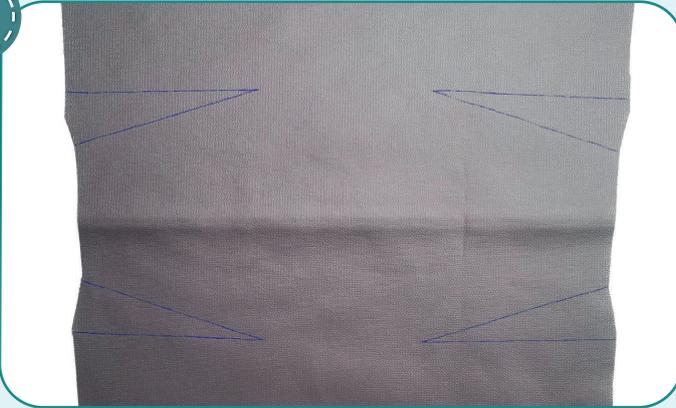
Remove the basting stitches, trim and hide the thread tails. The jacket is ready!



Pants construction



1



Transfer the marking for the darts onto the wrong side of the pant front panels.

2



Stitch the darts along the marking.

3



Stitch up the darts into different directions 1 mm (1/16") away from the seam.

4



With right sides together, pin the pocket lining to the pants front along the pocket opening. Stitch them 10 mm (3/8") in from the edge.

PANTS CONSTRUCTION

5



2,5-3

Stitch up the seam allowances onto the pocket lining 1 mm (1/16") in from the seam.

6



2,5-3

Bend the pocket lining onto the wrong side of the pants front. Topstitch along the pocket opening 7 mm (1/4") in from the edge.

7



2,5-3

Pin the side front to the pocket lining with right sides together. Stitch them 10 mm (3/8") away from the edge.

8



2,5-3

Affix the pocket bag with straight stitching 7 mm (1/4") away from the edge: below the pocket opening and along the upper edge. Repeat the process for the opposite pocket (steps 4-8).



9



Pin the front and the back along the side seams. Stitch them 10 mm (3/8") in from the edge.

10



Stitch the side seam allowances up the pants back with straight stitching 1 mm (1/16") away from the seam.

11



Pin the front and the back along the inseam. Stitch them 10 mm (3/8") in from the edge. Repeat the process for the other pant leg (steps 9-11).

12



Insert the right pant leg into the left one with right sides together. Pin the crotch seam aligning the marks and inseams. Stitch it 10 mm (3/8") in from the edge. Stitch the seam allowances up the right side for girls and up the left side for boys 1 mm (1/16") away from the seam.



13



Focusing on the marking, use a press to attach 4 eyelets 5 mm (3/16") to the pant leg lower hems and 2 eyelets 8 mm (5/16") to the pants waistband.

14



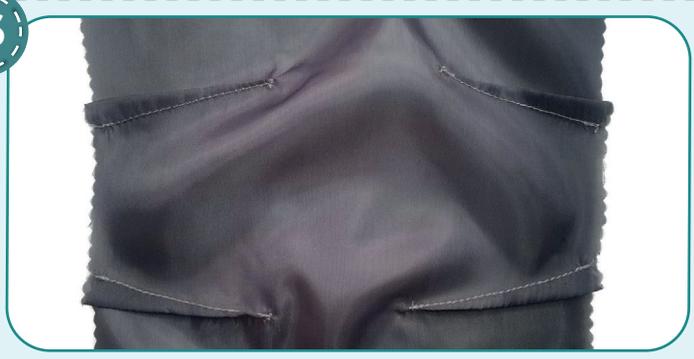
Fold the waistband in half with right side inside and pin along short edges. Stitch the waistband in a ring with two straight stitching 55 mm (2 3/16") and 15 mm (9/16") to leave a hole for threading the elastic.

15



With right sides together, pin the waistband to the pants upper edge aligning the waistband seam with the pants back crotch seam, waistband center with the front crotch seam and the marks with the side seams. Stitch them 10 mm (3/8") away from the edge.

16



Transfer the marking for the darts onto the wrong side of the pant lining front panels. Stitch the darts along the marking. Press them into different directions.

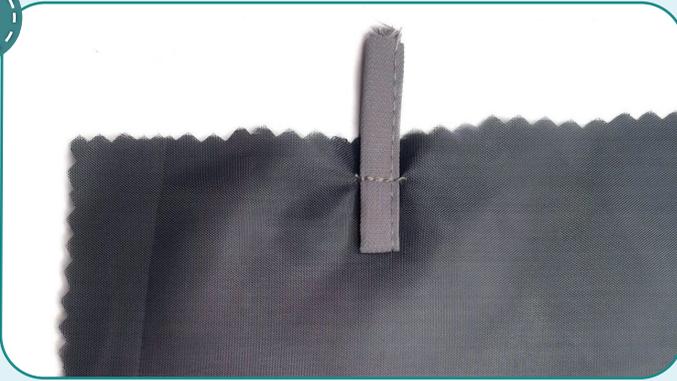
17



Fold the straps in half and double tuck it, wrong side inside, pin and topstitch 1 mm (1/16") in from the edge.



18



2,5-3

Fold the straps in half. Focusing on the marks, stitch them to the front linings. Place the strap 20 mm (13/16") away from the edge and direct the strap fold inside the piece. Trim the excess strap.

19



2,5-3

Pin the front and back linings along the inseams and the side seams. Stitch them 10 mm (3/8") in from the edge. Leave a hole about 12 mm (1/2") in one of the pant legs for turning the garment out. Press the seam allowances open.

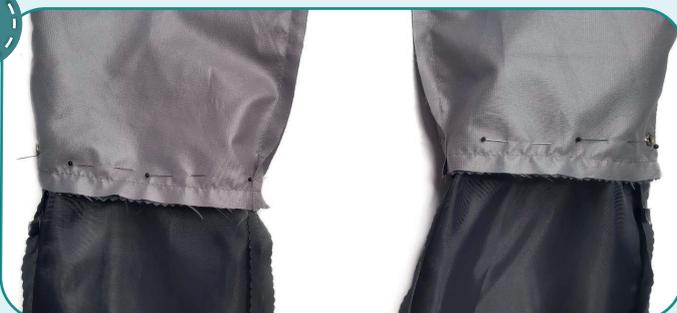
20



2,5-3

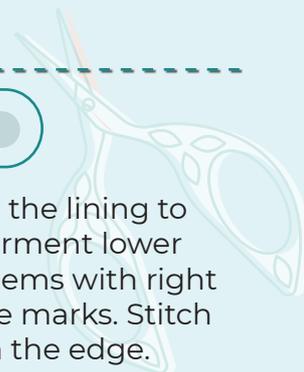
Insert the left pant leg into the right one with right sides together. Pin the crotch seam aligning the marks and inseams. Stitch it 10 mm (3/8") in from the edge. Press the seam allowances open.

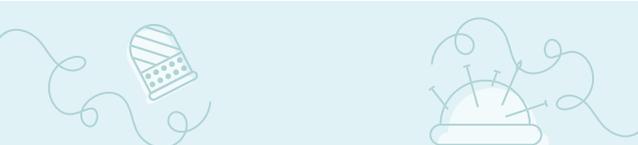
21



2,5-3

Turn out the garment and the lining to the wrong side. Pin the garment lower hems to the lining lower hems with right sides together aligning the marks. Stitch them 10 mm (3/8") in from the edge.





22



Cut the elastic cord with length indicated on the pants front paper pattern. First thread it into the strap, then into the 2-hole stopper and then into the hole. Stitch the elastic cord in a ring having placed its ends (about 20 mm or 13/16") together facing each other.



23



Pin the lining and the garment along the upper edge with right sides together. Stitch them 10 mm (3/8") in from the edge. Start stitching from the garment side, so the seam coincides with the waistband attaching seam. Turn the garment out to the right side.

24



Fold the pant leg lower hem to the wrong side at 30 mm (1 3/16") considering allowances. You can hand-baste the edges. Place the elastic cord inside the garment folded lower hem. Topstitch the pant leg lower hem 20 mm (13/16") away from the edge. Start stitching from the side seam: first place the elastic cord and the stopper behind the presser foot. At the end of the stitching, the elastic cord and the stopper are in front of the presser foot. Repeat the process for the other pant leg lower hem.



PANTS CONSTRUCTION

25



Cut the elastic 40 mm (1 9/16") wide and the length, indicated on the waistband paper pattern. Thread it through the hole with a safety pin or a bodkin.

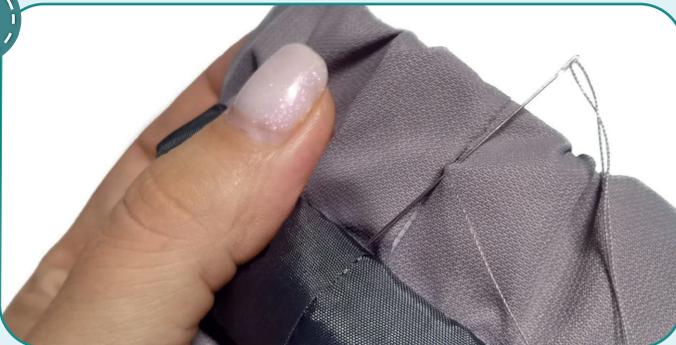
26



Join the ends of the elastic together by straight or zigzag stitch. Spread the elastic evenly along the waistband.

NOTE: It is recommended to try it on, check the fit, length and ease. Make sure the waistband is comfortable to wear. If need be, change the length of the elastic.

27



Hand-baste the hole in the waistband with a blind stitch.

28



Evenly stretching the elastic, stitch two parallel seams 12 mm (1/2") away from the waistband edge and the attaching seam.

29



Hand-baste with a blind stitch the hole in the pants lining.

30



Thread the cord into the waistband (the length is indicated on the waistband pattern). Remove the basting stitches, trim and hide the thread tails. The pants are ready.

ELINA PATYKOVA

ПРО ШИТЬЕ

Windbreaker Suit Pocket

Thank you for joining my team and me!
Share your works in my groups. Hope you will stay with us for our next project!

