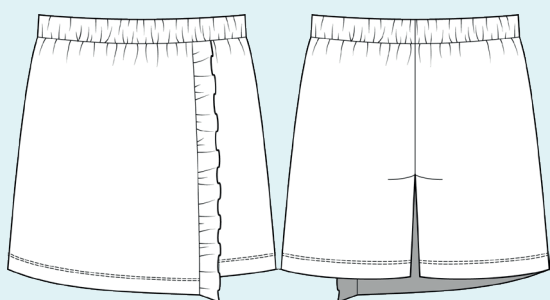


ELINA PATYKOVA
ВЫКРОЙКИ

Instructions
for sewing

Asymmetric Skort

#патыкова_шорты



Skill level



Materials and notions



- french terry
- elastic 35 mm (1 3/8") wide (for women's garment - 40 mm (1 9/16"))
- matching thread
- Jersey 80 or Stretch 80 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.



To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm

water, dry, and iron it.

How to cut

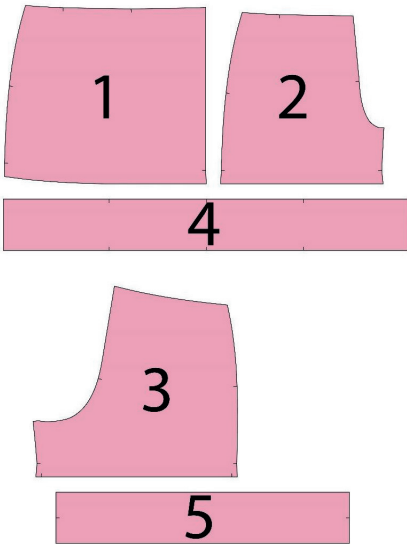
Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included. Transfer all the necessary marks from the pattern onto the wrong side of your fabric.



Now you have

SKORT PIECES



1. front flap - cut 1
2. front - cut 2
3. back - cut 2
4. waistband - cut 1
5. front flap ruffle - cut 1

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Skort construction



1



2,5-3

Fold the strip for ruffle in half, lengthways, with right side inside. Pin one short edge. Stitch the strip 7 mm (1/4") in from the edge.

NOTE: when sewing the adult sizes, skip steps 1-7. Instead: Fold the front flap to the width of the allowance to the wrong side and coverstitch it.

2



Clip the corners. Turn the ruffle out to the right side and press it.

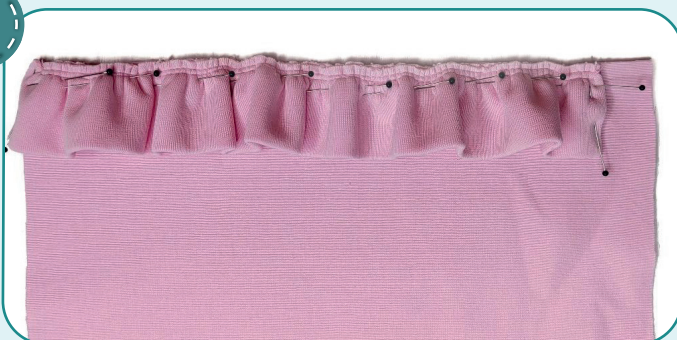
3



4-5

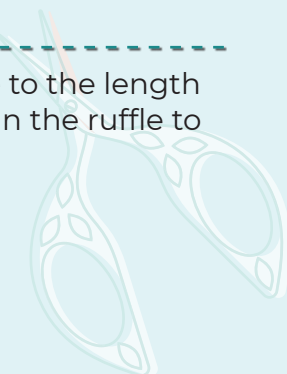
Double stitch the ruffle long edges 5 mm (3/16") and 3 mm (1/8") in from the edge. Set the maximum stitch length at 4-5 mm, do not backstitch and leave the thread tails at least 50 mm (2") long at both ends of the seams.

4



Tighten the front flap ruffle to the length indicated on the pattern. Pin the ruffle to the front flap right side.

5



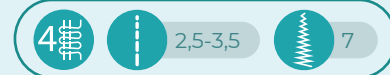
SKORT CONSTRUCTION

5



Bend the lower hem seam allowance to the right side, around the ruffle.

6



Serge the ruffle to the front flap. Turn out the corner to the right side. Press the seam allowances flat towards the front flap.

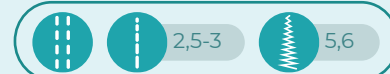
NOTE: to avoid deformation, the seam allowance of the front flap can be reinforced with kantenband (stabilising tape).

7



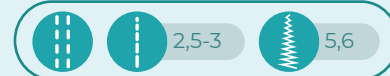
Topstitch the ruffle 1 mm (1/16") in from the attaching seam. Press it.

8



Fold the front flap lower hem 20 mm (13/16") towards the wrong side and press it. You can hand-baste the edge. Coverstitch the lower hem. Tie the seam thread tails on the wrong side and hide them into the seam. Press the garment.

9



Fold the right front lower hem 20 mm (13/16") towards the wrong side and press it. Coverstitch the lower hem. Tie the seam thread tails on the wrong side and hide them into the seam. Press it.

SKORT CONSTRUCTION



10



4



2,5-3,5



7

Pin the fronts with right sides together along the front crotch seam. Serge the pieces. Press the seam allowances flat towards the right front.

11



2,5-3



7

Pin the front flap to the garment front. Carefully align the lower hems. To affix the pieces, stitch along the side and upper edges 4-5 mm (3/16") in from the edge.

12



4



2,5-3,5



7

Pin the backs with right sides together along the crotch seam. Serge the pieces. Press the seam allowances flat towards the left back.

13



4



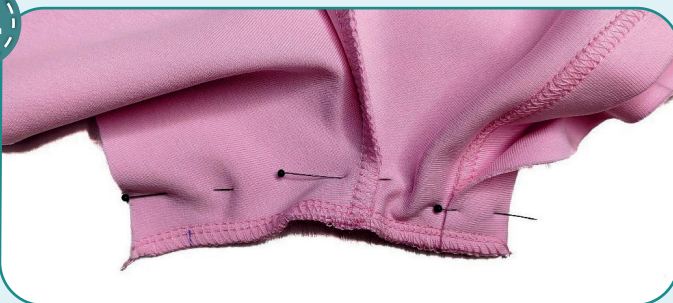
2,5-3,5



7

Pin the front and the back panels along the side seams with right sides together. Tuck the right back lower hem seam allowances around the front one. Serge the side edges. Press the seam allowances towards the back.

14



4



2,5-3,5



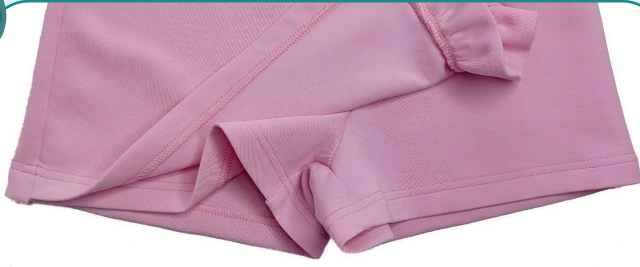
7

Pin the front and the back panels along the inseams with right sides together. Tuck the right back lower hem seam allowances around the front one. To avoid bulk, place the crotch seam allowances in different directions. Stitch the inseams.

Press the seam allowances towards the back.

SKORT CONSTRUCTION

15

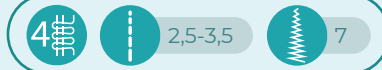
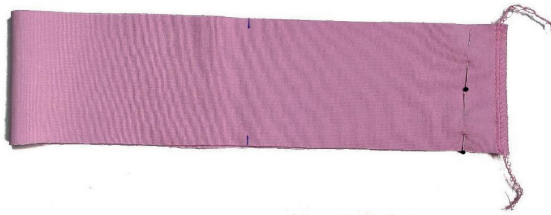


the left leg lower hem 20 mm (13/16") towards the wrong side and press it. Press the garment.



Fold the right back lower hem 20 mm (13/16") towards the wrong side and press it. Coverstitch the lower hem from the side seam to the inseam. Tie the seam thread tails on the wrong side and hide them into the seam. Fold and coverstitch

16



Fold the waistband in half, lengthways, right side inside. Serge the waistband short edges having previously pinned them.

17



To avoid bulk when stitching the waistband, press the seam allowances into different directions.

18



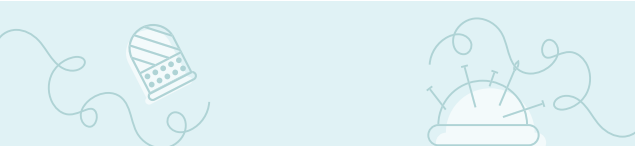
Fold the waistband in half, lengthways, wrong side inside and press it.

19



Cut the elastic 35 mm (1 3/8") wide and with the length, indicated on the waistband pattern. Stitch the elastic in a ring with a straight or a zig-zag stitch.

NOTE: take the elastic 40 mm (1 9/16") wide when sewing the adult sizes.

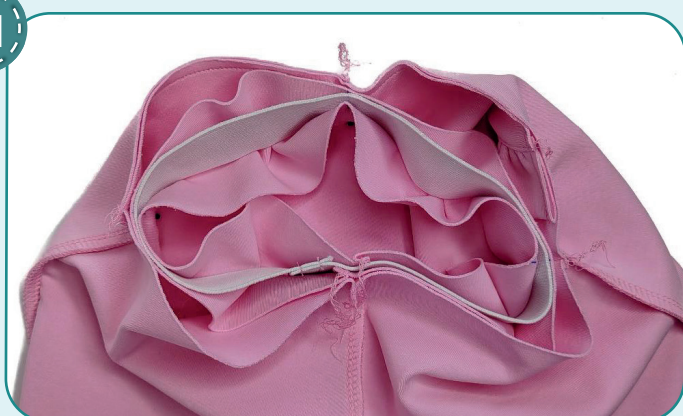


20



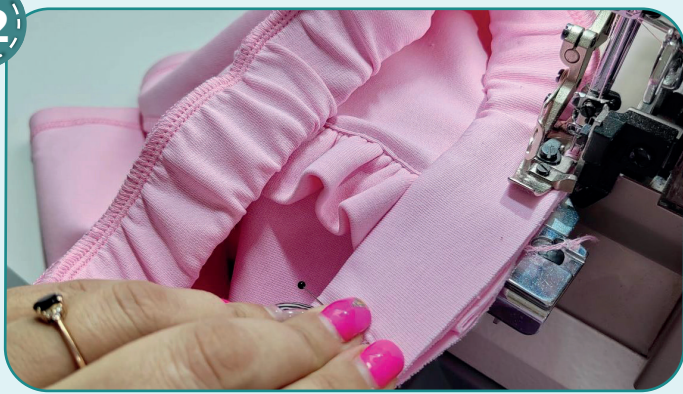
Divide the elastic in quarters and pin at the marks. Place the elastic into the waistband, align the marks on the elastic with the marks on the waistband and pin them. To avoid bulk, do not align the seams of the elastic and the waistband.

21



Turn the garment to the wrong side and insert the waistband with the elastic inside. With right sides together, pin the waistband to the garment upper edge, aligning the waistband seam with the garment back crotch seam, waistband center with the front crotch seam and the marks with the side seams.

22

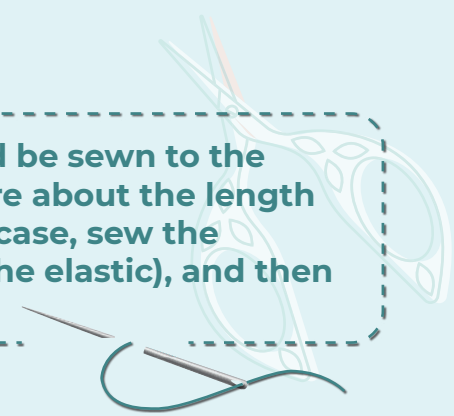


4 2,5-3,5 7

Serge the waistband to the garment. When serging, evenly stretch the elastic, but avoid stretching the garment upper edge. Serge very slowly. When stretching the elastic, care the needles to be at their lowest position. Tie the seam thread tails and hide them into the seam. Press the seam allowances downwards.



NOTE: the elastic should be 35 mm (1 3/8") wide and should be sewn to the garment together with the waistband. But if you're not sure about the length of the elastic, then use the elastic 25 mm (1") wide. In that case, sew the waistband without the elastic (be sure to leave a hole for the elastic), and then thread the elastic and stitch its short edges together.





23



Remove the basting stitches, trim, and hide the thread tails and press the garment. The skort is ready.



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Thank you for joining my team and me!
Share your works in my groups. Hope you will stay with us for our next project!

