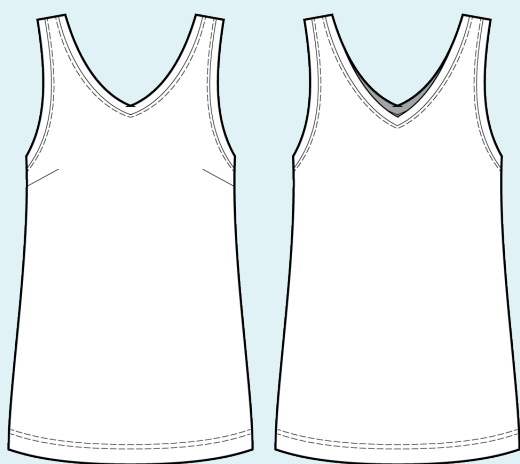


ELINA PATYKOVA  
ВЫКРОЙКИ

Instructions  
for sewing

## Mega Top

#патыкова\_мега



Skill level



# Materials and notions



- cotton lycra jersey
- matching thread
- Jersey 70-80 or Stretch 70-80 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

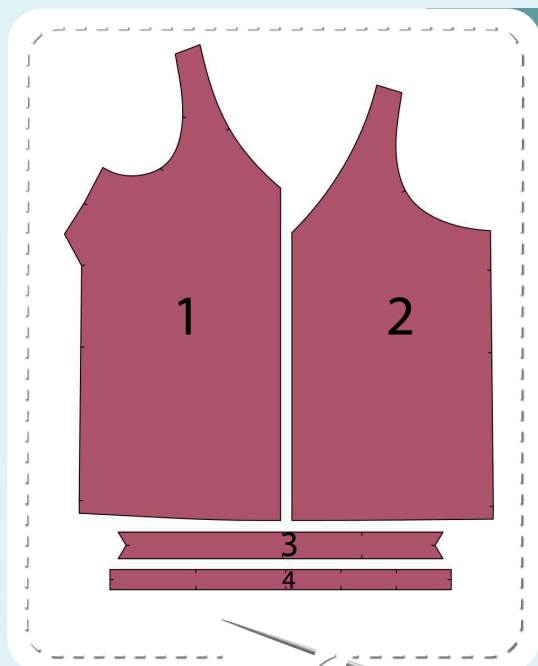
to adjust the length, width and fit of the garment and save time.

To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry, and iron it.

Let's start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

## Now you have



### TOP PIECES

1. front – cut 1 on the fold
2. back - cut 1 on the fold
3. neckband - cut 2
4. armhole band - cut 2

## Construction

# Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



**pinning**

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

## NOTE

**A**

### 4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

**B**

### 3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

**C**

### flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.

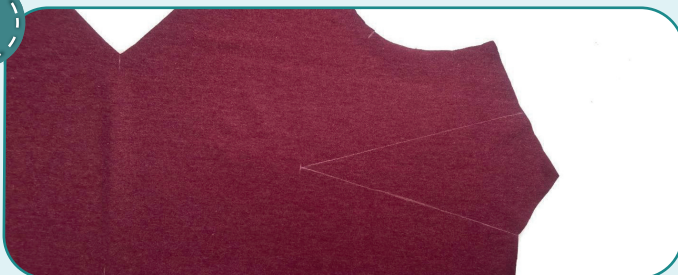




# Top construction



1



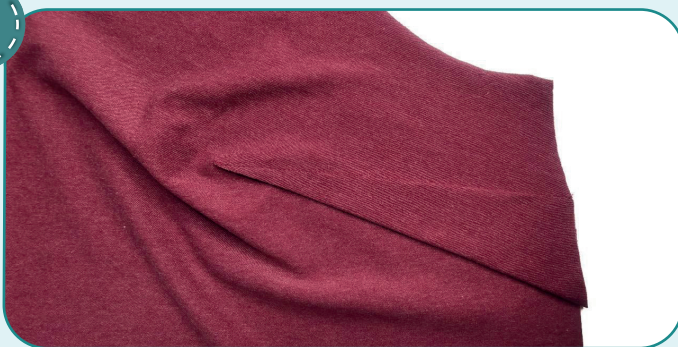
Transfer the darts marking onto the front right side.

2



Baste or pin the darts, evenly aligning their sides.

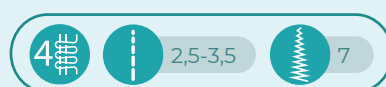
3



Stitch the darts along the marking line. Press the darts down.

**NOTE:** If you are sewing a size 56-60 top, then, after stitching, it is better to trim the dart to 1 cm (3/8") and finish the edge with serger.

4



With right sides together, pin the front and the back along the shoulder and side edges. Serge them. Press the seam allowances flat towards the back.



5



4

2,5-3,5

7

Serge the armcye band short edges, having pinned the side edge beforehand.

6



To avoid bulk when serging the armcye band, press the seam allowances into different directions.

7



With the wrong side inside, fold the armcye band in half, lengthways and press it. For convenience, the armcye band can be pinned at the marked places.

8



Working from the right side, pin the armcye band to the garment armcye right side. Align the armcye band seam with the side seam, align the rest marks with a shoulder seam and with the rest marks on the armcye.

9

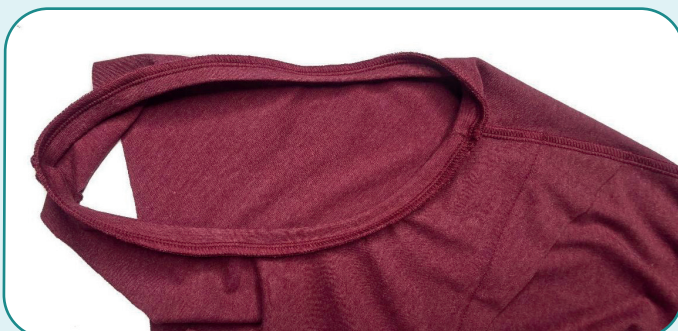


4

2,5-3,5

7

Serge the armcye band to the garment. While serging, stretch the armcye band, but avoid stretching the armcye itself. Press out the seam towards the front and the back. Repeat the process for the other armcye band piece.







10



2,5-3

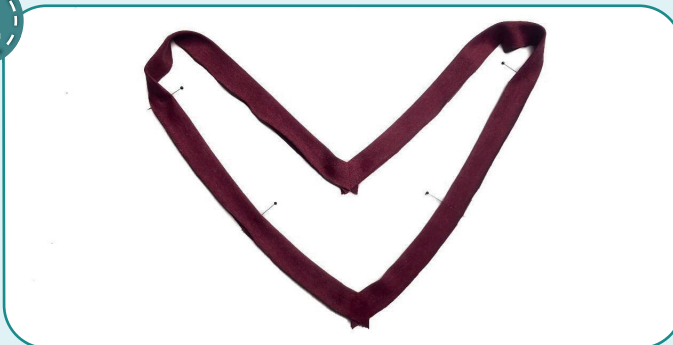
With right sides together, stitch the neckband pieces along the short edges. Stitch them 7 mm (1/4") in from the edge.

11



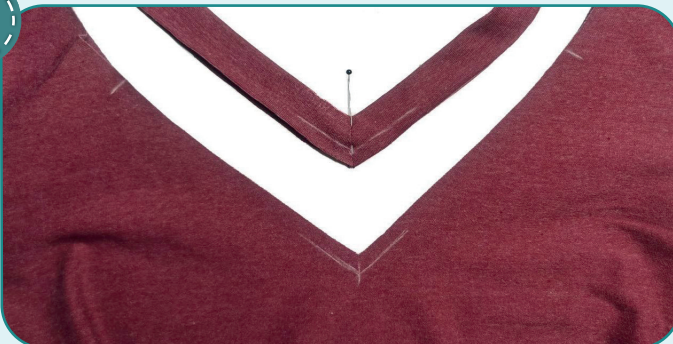
Slash the seam allowance into the corners leaving 1 mm (1/16") before the stitching. Press the seam allowances open.

12



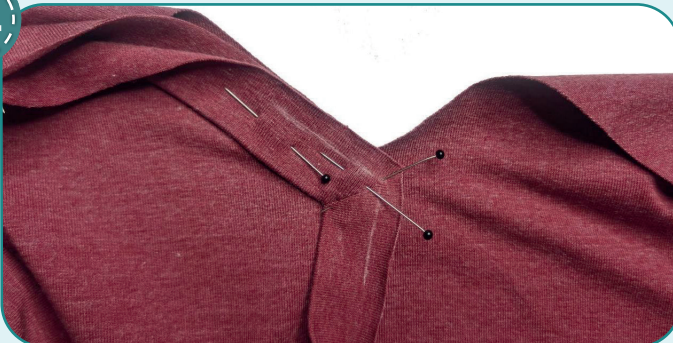
Press out the neckband in half, with wrong side inside.

13



Working from the neckband wrong side, transfer the line markings of the future corners onto the neckband and garment wrong side, 7 mm (1/4") in from the edge.

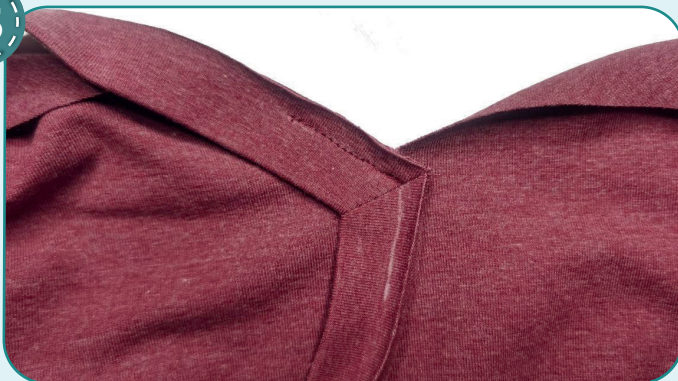
14



Pin the neckband to the neckline at the corner with right sides together. Note: you need to align the tops of the corners precisely.



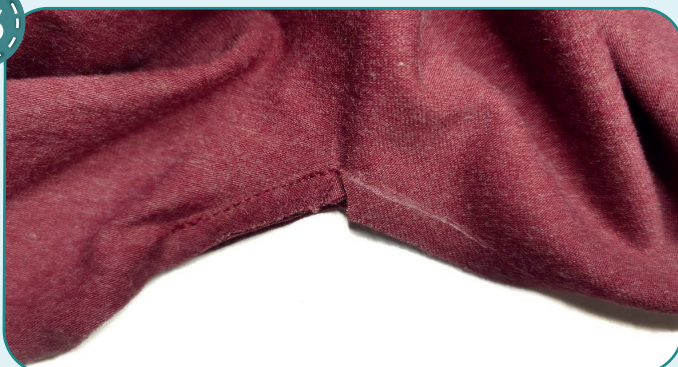
15



2,5-3

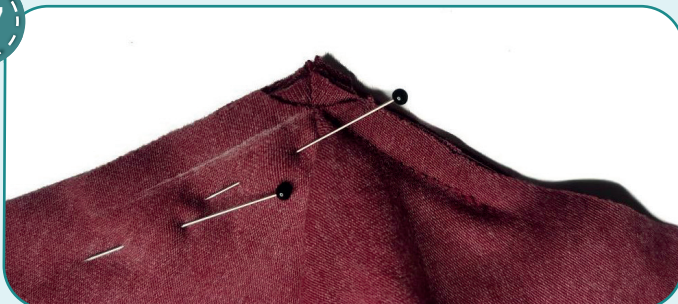
Stitch about 30-40 mm (1 3/16-1 9/16") from the marked corner top 7 mm (1/4") in from the edge.

16



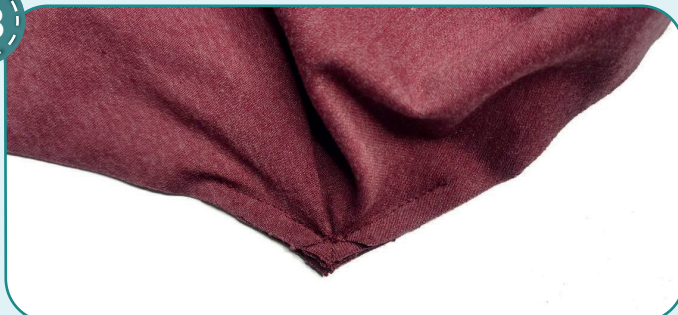
Slash the front seam allowance into the corner leaving 1 mm (1/16") before the stitching.

17



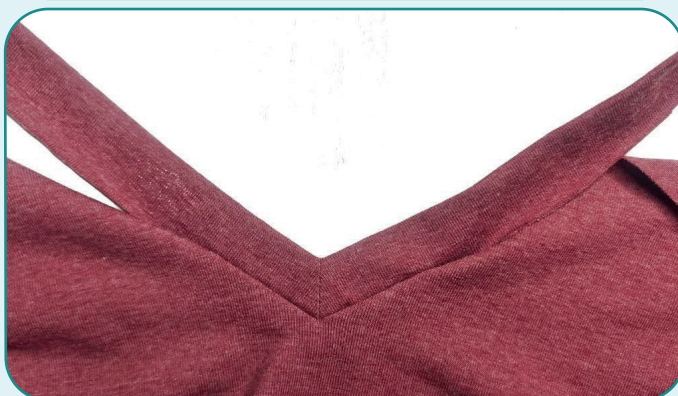
Pin the corner on the other side.

18



2,5-3

Stitch from the marked corner top in the other direction. The length of the stitching is about 30-40 mm (1 3/16-1 9/16"), the distance from the edge is 7 mm (1/4"). The beginning of the stitching should exactly coincide with the end of the previous one. Repeat the process for the neckband corner on the back neckline (steps 13-18).







19



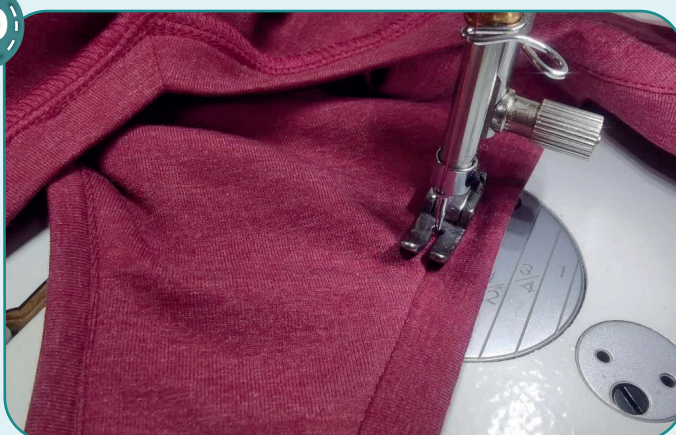
2,5-3,5



7

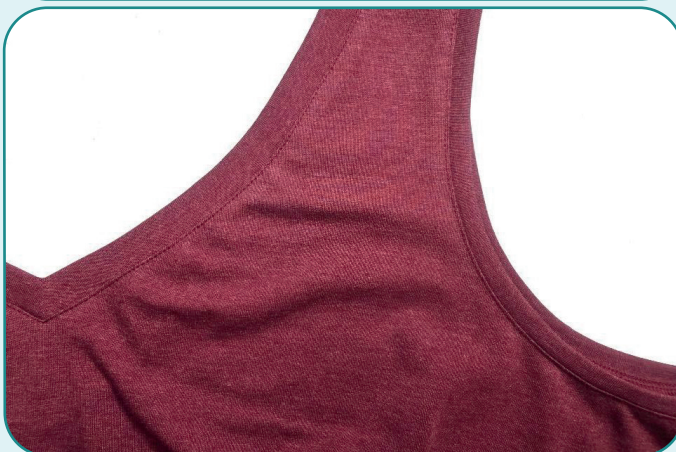
Pin the neckband and the neckline aligning the marks. Slightly stretching the neckband, serge it to the garment. Press the seam allowances towards the front and the back.

20



2,5-3

Edgestitch around the neckband. Edgestitch the armholes 1 mm (1/16") away from the armhole band attaching seam. Press them.



21



2,5-3



5,6

Fold the garment lower hem at 20 mm (13/16") towards the wrong side and press it. You can hand-baste the lower hem. Coverstitch the lower hem. Tie the seam thread tails on the wrong side and hide them into the seam. Press it.





22



Remove the basting stitches, trim, and hide the thread tails and press the garment once again. The top is ready.



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## Mega Top

Thank you for joining my  
team and me!  
Share your works in my  
groups. Hope you will stay  
with us for our next project!

