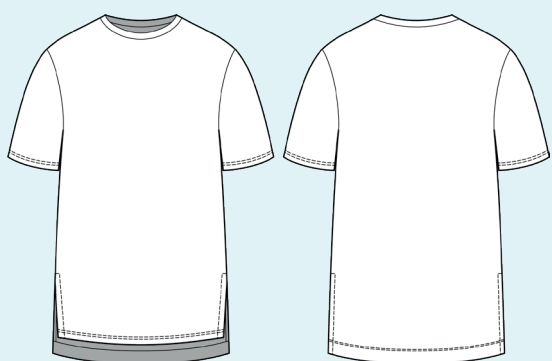


ELINA PATYKOVA  
ВЫКРОЙКИ

Instructions  
for sewing

## Side Split T-shirt

#патыкова\_сразрезами



Skill level



## Materials and notions



- cotton lycra jersey
- twilled ribbon 10 mm (3/8") wide
- matching thread
- Jersey 70 - 80 or Stretch 70 - 80 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.

To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

**Cutting layout:** Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along the outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

# Cutting layout



## T-SHIRT PIECES:

1. front - cut 1 on the fold
2. back - cut 1 on the fold
3. sleeve - cut 2
4. neckband - cut 1

Construction

# Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

## NOTE

A

### 4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

### 3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

### flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



# T-shirt construction



1



4



2,5-3,5



7

With right sides together pin the front and the back along the shoulder edges. Serge them. Press the seam allowances flat towards the front.

2



4



2,5-3,5



7

With right sides together, pin the sleeve into the armhole, aligning all the marks. Serge it in place. Press the seam allowance towards the front and the back. Repeat the process for the other sleeve.

3



4



2,5-3,5



7

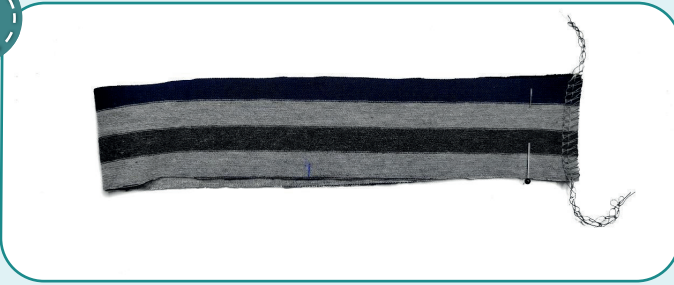
Pin the back and the front along the side seam with right sides together. Pin the sleeve along the side seam with right sides together. Serge the pieces till the split top mark. To avoid bulk, place the sleeve attaching seam allowances in different directions. Press the seam allowances towards the front. Repeat the process for the opposite side seam.



**NOTE:** it is recommended to try the garment on, check the fit, length and ease. When fitting, consider the folded lower hem width and the sleeves hem width.



4



4 2,5-3,5 7

Serge the neckband short edges in a ring, having pinned the side edge beforehand.

5



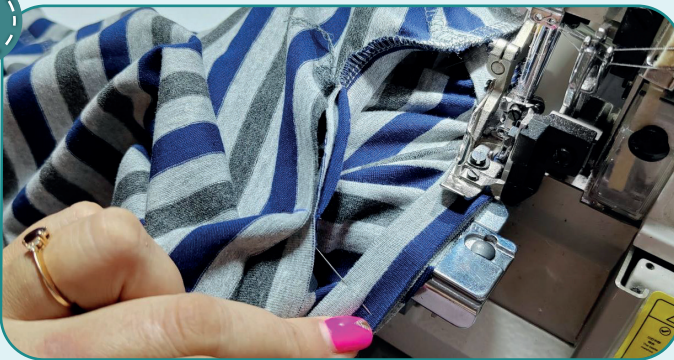
To avoid bulk while attaching the neckband, press the seam allowances in different directions.

6



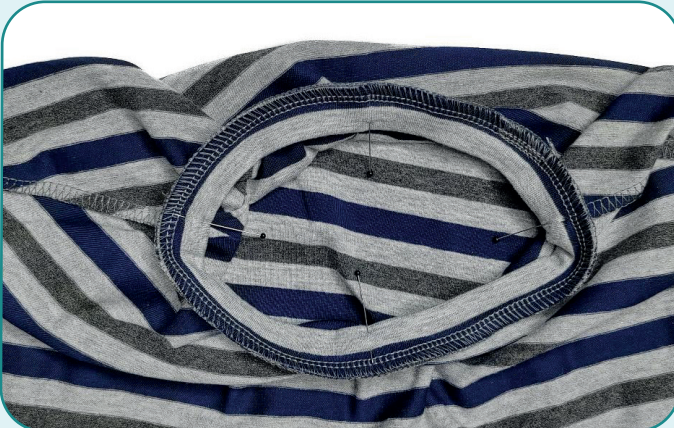
Fold the neckband in half, lengthways, wrong side inside, and press it. At the same time, shape the neckline with an iron, gently stretching the raw edges and ironing the fold. For convenience, you can pin it at the marked places beforehand.

7



4 2,5-3,5 7

Pin the neckband to the garment neckline. Align the neckband seam with one of the shoulder seams, the remaining marks - with the marks on the front neckline, the back neckline center and with the other shoulder seam. Serge the neckband to the garment. In the process, evenly stretch the neckband, but care not to stretch the neckline. Press the seams downwards.





8



2,5-3

Stitch the twilled ribbon to the back neckline between the shoulder seams, overlapping the neckband attaching seam. Tuck the twilled ribbon ends in. Stitch the twilled ribbon so that it completely covers the serged seam. Sew exactly atop the serged seam left edge 1 mm (1/16") in from the twilled ribbon edge. While stitching the twilled ribbon, stretch the neckline gently.



9



2,5-3

Stitch the twilled ribbon raw edge to the back, 1 mm (1/16") away from the edge, overlapping the serged seam. Press the back neckline.

10



2,5-3

Topstitch the neckline between the shoulder seams 1 mm (1/16") away from the neckband attaching seam. Press.

11



2,5-3



5,6

Fold the garment lower hem and sleeves 20 mm (13/16") towards the wrong side and press it. You can hand-baste the edges. Coverstitch the lower hems. Tie the seam thread tails on the wrong side and hide them into the seam. Press them.



12



2,5-3

Stitch the side seam down to the split top mark.

13



2,5-3

Cut the twilled ribbon length indicated on the pattern. Working from the wrong side, place the twilled ribbon across the side seam, above the split top mark. The twilled ribbon ends should be at least 20 mm (13/16") longer than the sides of the split. Stitch it. Match the stitching with the side seam.

14



Slash the split seam allowances on the back, leaving 1 mm (1/16") before the seam.

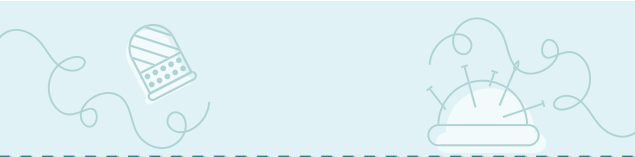
15



2,5-3

Tuck the twilled ribbon and place it onto the right side, along one of the split edge. Align one of the twilled ribbon edge with the split edge. Stitch the other twilled ribbon edge 1 mm (1/16") in from the edge. Start the stitching from the split top, tuck the twilled ribbon short edge 10 mm (3/8") inside, if need be, trim the excess twilled ribbon end.





16







2,5-3

Repeat the process for the opposite split (step 15). Press the split.

17



Trim the seam allowances to 5-7 mm (3/16 - 1/4").

18







2,5-3

Edgestitch the free twilled ribbon edges along the split perimeter. Press it. Repeat the process for the opposite split (steps 12-18).





19



Remove the basting stitches, trim and hide the thread tails and press the garment once again. The T-shirt is ready!



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## Side Split T-shirt

Thank you for joining my  
team and me!  
Share your works in my  
groups. Hope you will stay  
with us for our next project!

