

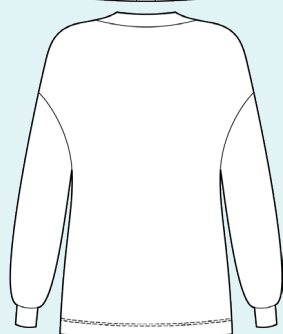
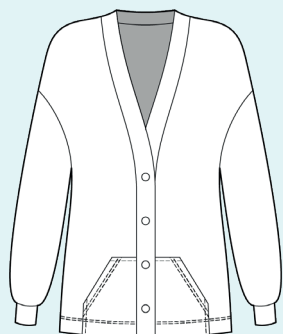
ELINA PATYKOVA

ПРО ШИТЬЕ

Instructions  
for sewing

## Cardigan Warm

#кардиган\_теплый



Skill level



## Materials and notions



- sweatshirt fleece
- buttons 20-30 mm (13/16-1 3/16") - 4 pcs.
- matching thread
- Jersey 80-90 or Stretch 80-90 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you to adjust the length, width and fit of the garment and save time.

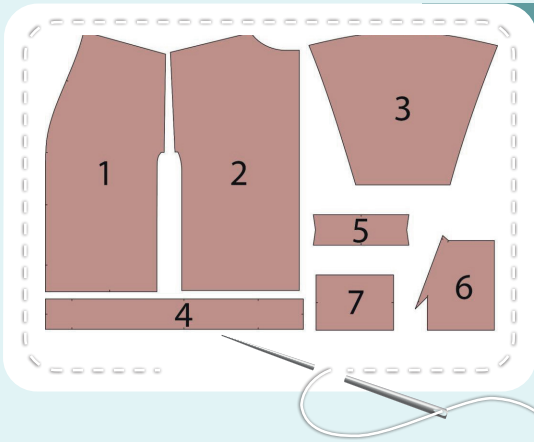
To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project.

Before beginning your sewing project, wash the fabric in warm water, dry and iron it.

Let us start the cutting. Print and glue all the paper patterns. When printing, do not forget to check the size of the test square.

Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along them. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

## Now you have



### CARDIGAN PIECES:

1. front - cut 2
2. back - cut 1 on the fold
3. sleeve - cut 2
4. front placket - cut 2
5. back placket - cut 1
6. pocket - cut 2
7. cuff - cut 2

Construction

# Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

## NOTE

A

### 4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

### 3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

### flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



# Cardigan construction



1



Press the edge of the pocket opening at 20 mm (13/16"). Hem it with coverstitch machine. Press the fold.

2



Transfer the marking for the pockets onto the fronts right side. Draw the lines parallel to the upper lines for attaching the pockets and 10 mm (3/8") below them.

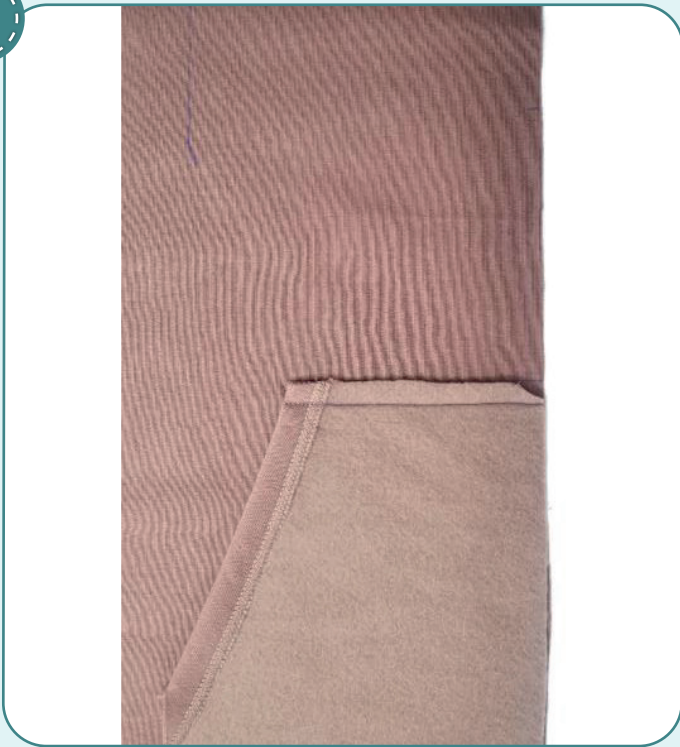
3



Turn the pocket upside down, align the pocket upper edge with lower line and pin it to the front right side. Stitch it 10 mm (3/8") in from the edge (you can mark the line beforehand for convenience).



4



To avoid bulk, clip the corner, which is closer to the center edge.



5



Press 10 mm (3/8") of the pocket side edges towards the wrong side. Press the pocket down. Pin or hand-baste the pocket to the front, aligning its side edges with the marking line, and aligning the pocket bottom and center edges with the front bottom and center edges.

6



Stitch the pocket along the side and the top folds 1 mm (1/16") in from the edge. Stitch along the pocket bottom and center edges 4 mm (3/16") in from the edges. Press the pocket. Repeat the process for the opposite pocket (steps 1-6).



## CARDIGAN CONSTRUCTION



7



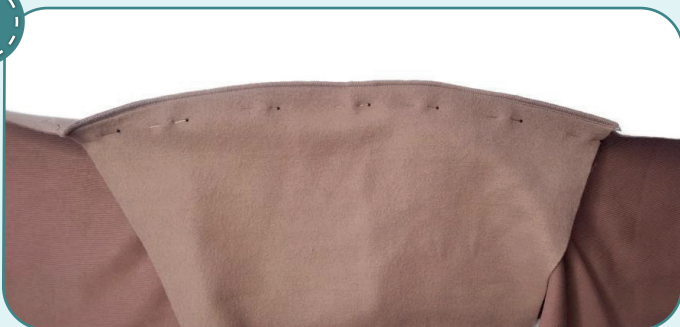
4

2,5-3,5

7

Pin the front and the back along the shoulder edges with right sides together. Serge them. Press the seam allowances flat towards the fronts.

8



4

2,5-3,5

7

With right sides together, pin the sleeve into the armhole, aligning the marks. Serge it in place. Press the seam allowance towards the front and the back. Repeat the process for the other sleeve.

9



4

2,5-3,5

7

Pin the back with the front and the sleeve along the side seam, with right side inside. Serge the pieces. To avoid bulk, place the sleeve attaching seam allowances in different directions. Press the seam allowances flat towards the front. Repeat the process for the opposite side seam.

**NOTE:** it is recommended to try it on, check the fit, length, and ease. When fitting, consider the cuffs, the placket width and the lower hem seam allowances.

10



4

2,5-3

7

With right sides together, fold the cuff in half, lengthways, and pin along the short edges. Stitch the pieces 7 mm (1/4") in from the edge.

11



To avoid bulk later, trim the seam allowance ends at an angle. Press the seam allowances open. Clip the seam allowances at the fold level (in the middle of the seam).



12



Fold the cuff in half, lengthways, wrong side inside, and press it.

13



4 2,5-3,5 7

Turn the garment out to the wrong side. Insert the cuff into the sleeve, aligning the edges and matching the cuff seam and the sleeve side seam. Serge the cuff to the sleeve. When attaching the cuff, evenly stretch it, but avoid stretching the sleeve lower edge. Repeat the process for the other cuff (steps 10-13). Press the seams upwards.



14



2,5-3

Pin the back placket to the front plackets with right sides together. Stitch the pieces 7 mm (1/4") in from the edge.

15



To avoid bulk later, trim the seam allowance ends at an angle. Press the seam allowances open. Clip the seam allowances at the fold level (in the middle of the seam).

16



2,5-3

Fold the placket lower edges in half, with right sides inside. Stitch the pieces 25 mm (1") in from the edge.



## CARDIGAN CONSTRUCTION

17



Trim the seam allowance to 7 mm (7/16"). Trim the corners close to the stitching.

18



Turn the placket out to the right side. Fold it in half and press.

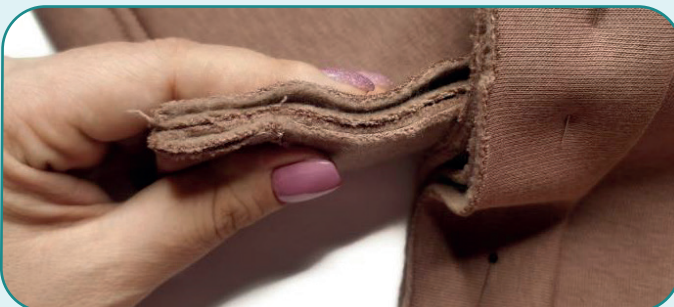
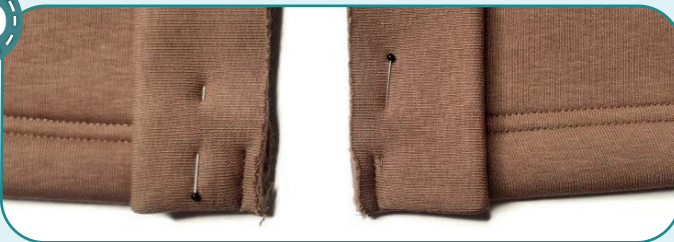
19



Fold the garment lower hem to the wrong side by 25 mm (1") and press it. You can hand-baste the garment lower hem. Coverstitch the garment lower hem. To ease the stitching, place scraps of fabric, folded in 3-4 times, at the beginning and the end of the garment. You can cut them off later. Press the lower hem again.

**NOTE:** To avoid bulk, you can trim the front hem so that it reaches the hem fold.

20



Working from the right side, pin the placket to the center edges and the neckline. Align the back center and the placket center, shoulder seams with the placket pieces joining seams, and align the corresponding marks as well. Note: the back neckline is longer than the back placket, as well as the part of the front neckline from the upper marking to the shoulder seam is longer than the corresponding part of the placket. Stitch the placket and the garment lower hems about 20-25 mm (13/16-1"), carefully aligning the placket lower edges and the

garment edges. It will help to ease the further serging. Stitch them 2 mm (1/16") in from the edge.



21



4



2,5-3,5



7

Serge the placket to the garment. When attaching the placket to the back neckline and to the front upper parts, evenly stretch the placket, but avoid stretching the garment neckline. Tie the thread tails and hide them in the seam using a needle with big eye or a hook. Press the seam allowances flat towards the garment.

22



2,5-3

Stitch the placket seam allowance attaching seams to the front and the back 1 mm (1/16") in from the seam. Press the seam and the placket.

23



Transfer the marks for the buttonholes onto the right front and stitch, then cut them through. Press it. Then place the right front over the left one aligning the lower hems and the pocket upper edges. Draw marks for the buttons. Sew on the buttons.

**NOTE:** It is recommended to try to make the buttonholes on the scrap of the fabric, caring to make the same grain line direction, and thickness similar to those on the placket. Most likely, you will have to set the buttonhole length equal to the diameter of the button or slightly less. Otherwise, the buttonholes may be too loose due to the fabric elasticity.



24



Remove the basting stitches, trim the thread tails and press once again. The cardigan is ready!



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## Cardigan Warm

Thank you for joining my team and me!  
Share your works in instagram and my group in vkontakte. Hope you will stay with us for our next project!

