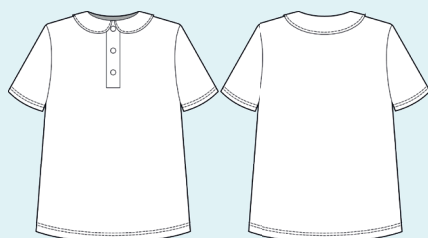


ELINA PATYKOVA
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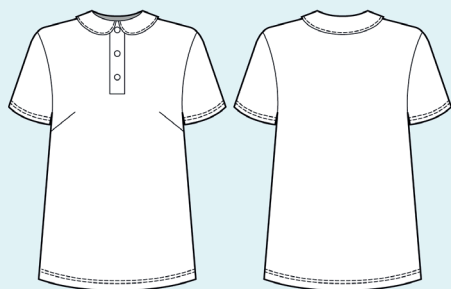
Instructions
for sewing

T-shirt «School»

#патыкова_школа



футболка детская



футболка женская

Skill level



Materials and notions



- cotton lycra jersey
- knit fusible interfacing
- twilled ribbon 10 mm (3/8") wide (optional, depending on the processing way chosen)
- shirt snap buttons 9,5 mm (3/8") - 3 pcs
- matching thread
- Jersey 70-80 or Stretch 70-80 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.

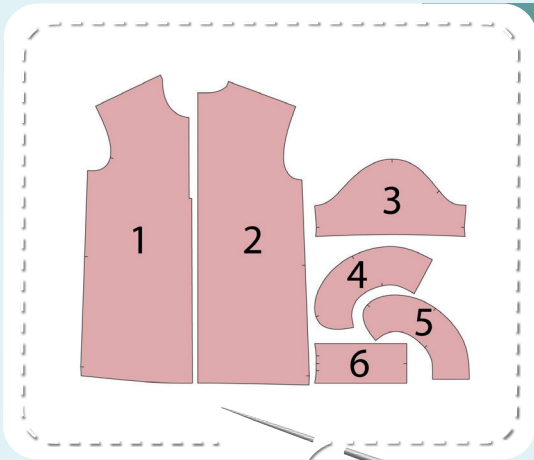


To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project. Before beginning your sewing project, wash the fabric in warm

water, dry and iron it. Cutting layout: Print and glue all the paper patterns. When printing, do not forget to check the size of the test square. Put the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric.

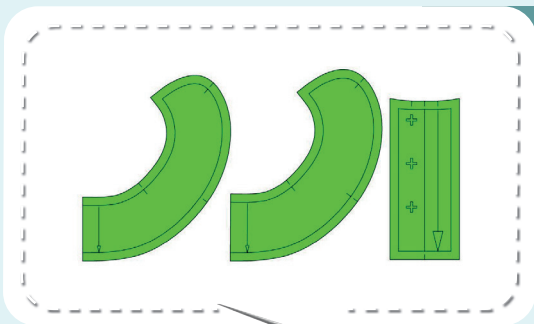


Cutting layout



T-SHIRT PIECES:

1. front - cut 1 on the fold
2. back - cut 1 on the fold
3. sleeve - cut 2
4. upper collar - cut 1 on the fold
5. under collar - cut 1 on the fold
6. placket - cut 2



PIECES TO INTERFACE:

- Green - knit fusible interfacing
 - under collar
 - upper collar
 - plackets

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

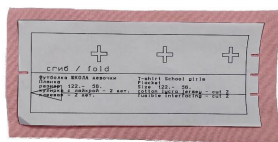
If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



T-shirt construction

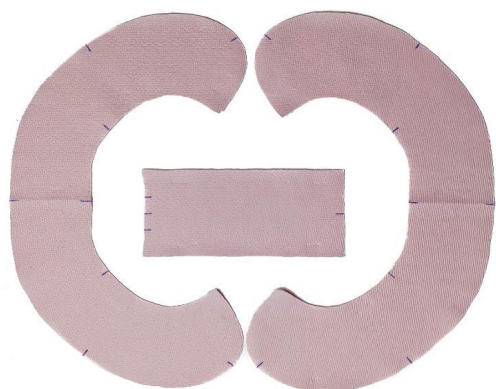


1



Plackets, both collar pieces are cut rough, i. e., expand the allowances at about 10-15 mm (3/8 - 9/16"). Do it because after you duplicate the piece, it can shrink significantly. Duplicate the pieces.

2



Cut the plackets and both collars exactly along the patterns and transfer the marks from the patterns onto the pieces.

3

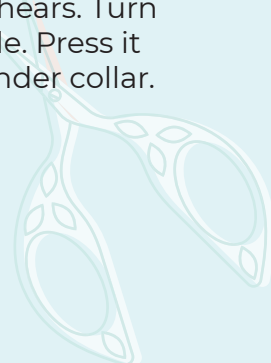


Pin the upper and under collars with right sides together. Stitch the pieces 7 mm (1/4") in from the edge.

4



Trim the collar seam allowances to 3-4 mm (1/8") with pinking shears. Turn the collar out to the right side. Press it forming a roll towards the under collar.





5



2,5-3

Edgestitch along the collar 5 mm (3/16") in from the edge. Press.

6



Press the plackets in half.

7



2,5-3,5



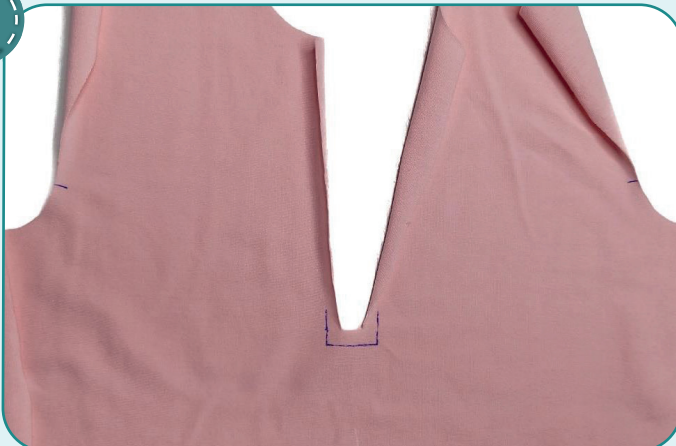
7

Finish one of the plackets long edges with a serger. Press it.

NOTE: (for women's t-shirt model):

1. Mark the darts on the wrong side of the front.
2. Hand-baste or pin the darts, matching the sides of the darts exactly.
3. Stitch the darts along the marking. Press the darts down.
4. It is recommended to trim the dart to 1 cm (3/8") and finish the edge for sizes 56-60.

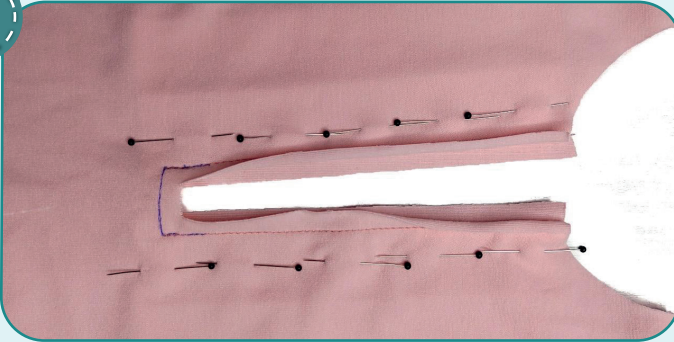
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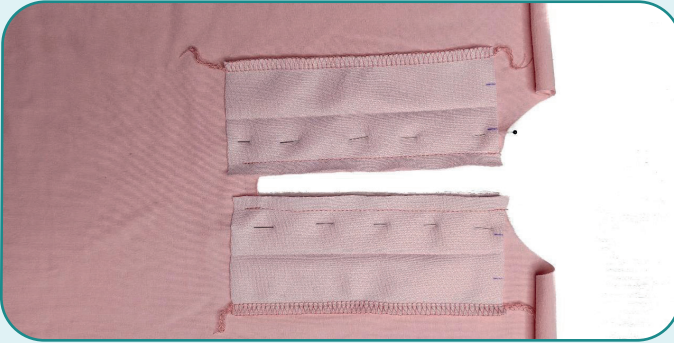
Working from the front wrong side, transfer the marking for the placket from the pattern onto the area around the split bottom point.



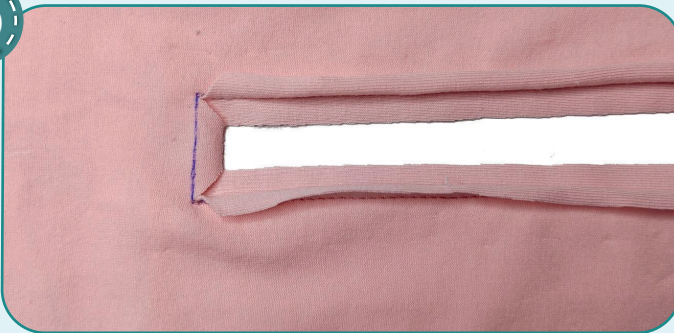
9



With right sides together, pin the placket raw edges to the split, aligning the edges. Working from the right side, stitch the plackets exactly along the marking. Stitch 7 mm (1/4") in from the edge.

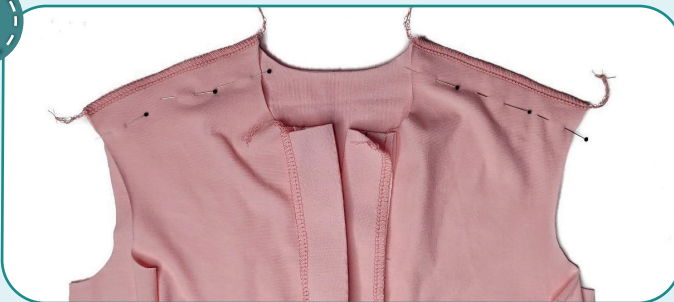


10



Slash the front into the corners leaving 1 mm (1/16") before the placket attaching seams.

11

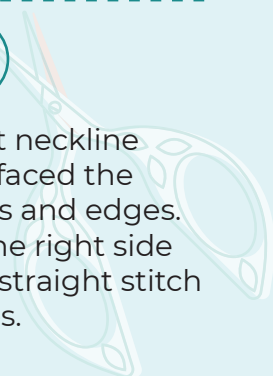


With right sides together pin the front and the back along the shoulder edges. Serge them. Press the seam allowances flat towards the front.

12

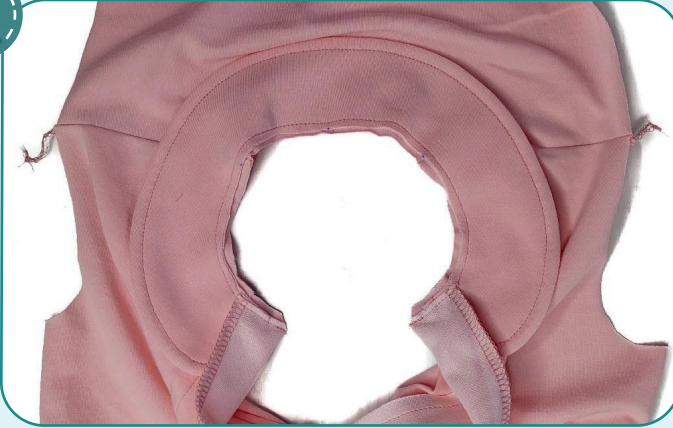


Pin the collar to the garment neckline right side (with under collar faced the garment), aligning the marks and edges. Fold the plackets in half to the right side atop the collar. Stitch with a straight stitch 7 mm (1/4") in from the edges.



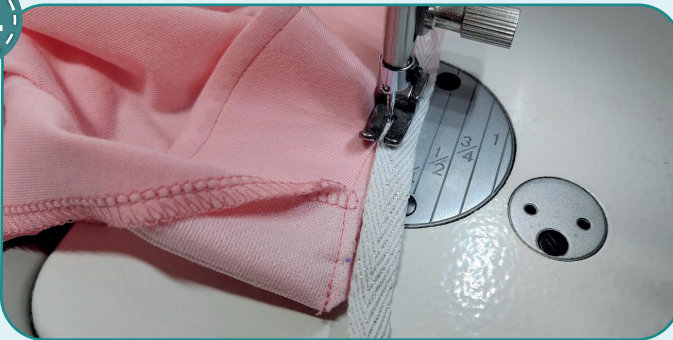


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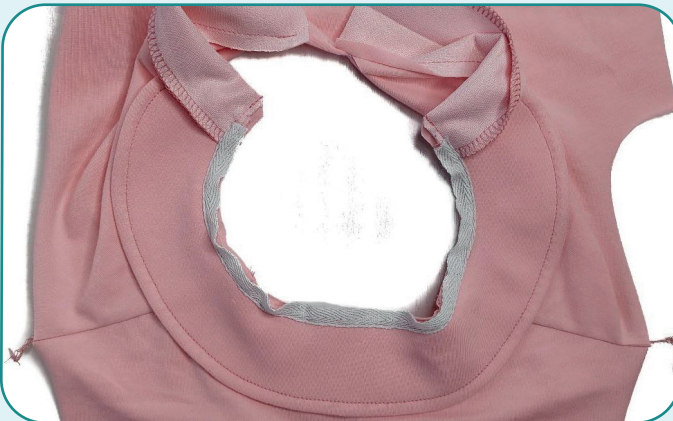


Trim the corners leaving 1 mm (1/16") before the stitching. Trim the collar seam allowances to 3-4 mm (1/8").

14

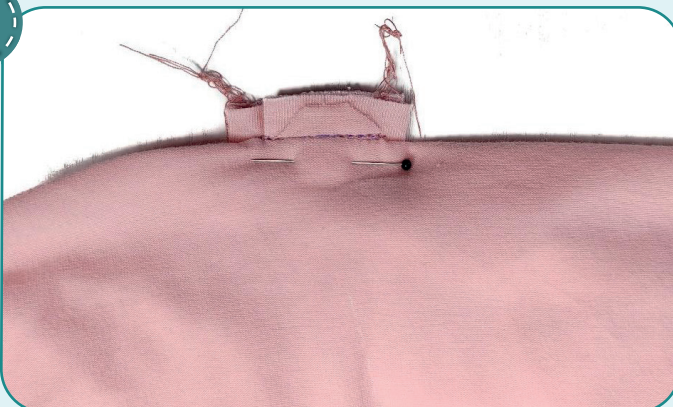


Cover the collar attaching seam with twilled ribbon (from one placket to the other). Extend the twilled ribbon ends onto the placket at about 10 mm (3/8"). When stitching the twilled ribbon, care the needle get atop the collar attaching seam, 1 mm (1/16") away from the twilled ribbon edge. When stitching the twilled ribbon, stretch the neckline slightly.



NOTE. If you decide not to use twilled ribbon, you can finish the seam with the serger.

15



Align and pin the placket lower edges and the seam allowances of the split for the placket. Right placket is sandwiched between the garment and the left placket. Align the placket folds and the split corners. Stitch them along the marking. Make sure the right side is good, no folds are formed.



16



4



2,5-3,5



7

Finish the placket lower edges with the serger. Tie the thread tails and hide them into the seam using a thick needle with a large eye. Press the seam allowances down.

17



2,5-3

Baste the twilled ribbon free edge to the garment, covering the serged seam. Stitch the twilled ribbon from one placket to the other 1 mm (1/16") away from the edge. Press the neckline.



18



Pin or baste the placket free edges.





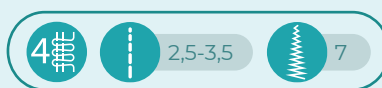
19



Edgestitch the placket over the perimeter 1 mm (1/16") away from the attaching seam. Press it.

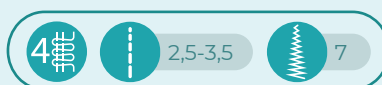


20



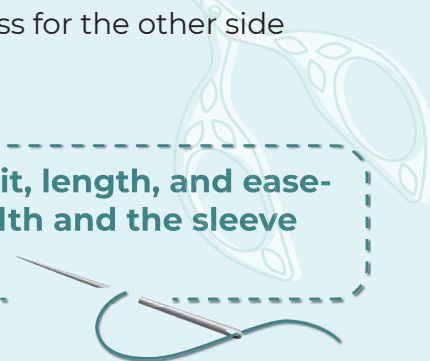
With right sides together, pin the sleeve into the armhole aligning all the marks. Serge it in place. Press the seam allowances towards the front and the back. Repeat the process for the other sleeve.

21



Pin the back and the front along the side seam with right sides together. Pin the sleeve along the side seam with right sides together. Serge them. To avoid bulk, place the sleeve attaching seam allowances in different directions. Press the seam allowances towards the front. Repeat the process for the other side seam.

NOTE. It is recommended to make a fitting and assess the fit, length, and ease-over-body. When fitting, consider the folded lower hem width and the sleeve lower hem width.





22



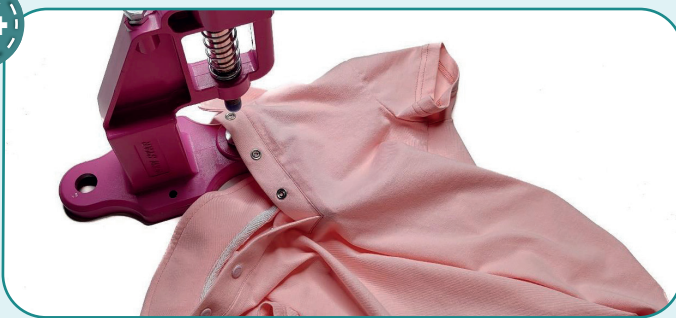
Fold the garment lower hem to the wrong side at 20 mm (13/16") and press it. You can hand-baste the edge. Coverstitch the lower hem. Tie the thread tails on the wrong side and hide them into the seam. Press again.

23



Fold the sleeve lower hems to the wrong side at 15 mm (9/16") and press them. You can hand-baste the sleeve edges. Coverstitch the lower hems. Tie the thread tails on the wrong side and hide them into the seam. Press them again.

24



Transfer the marks for the snap buttons from the pattern onto the placket. Attach the shirt snap buttons with a press.

25



Remove the basting stitches, trim the thread tails, and press the garment. The T-shirt is ready.



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T-shirt «School»

Thank you for joining my team and me!
Share your works in my groups. Hope you will stay with us for our next project!

