

ELINA PATYKOVA
ВЫКРОЙКИ

Instructions
for sewing

Dress Butterflies

#патыкова_бабочки



Skill level



Materials and notions



- tulle fabric
- cotton lycra jersey
- elastic 6 mm (1/4") wide
- one button - 10 mm (3/8") in diameter
- matching thread
- Universal 80-90 needles

If you are not sure about the fit of the garment, it is recommended to sew a muslin with similar properties (elasticity, thickness, drape) first. This will allow you

to adjust the length, width and fit of the garment and save time.



To find out how long a piece of fabric to take, you should place the pattern pieces onto the table, the floor or bedspread, pre-measured width equal to half the width of the selected fabric. Place the pieces, caring the direction of the grain line, their number, i.e., the way you will place them when cutting. Measure the length of the pattern pieces fit, add to this length 5% for the fabric shrinkage - this will be the required amount of fabric for the project.

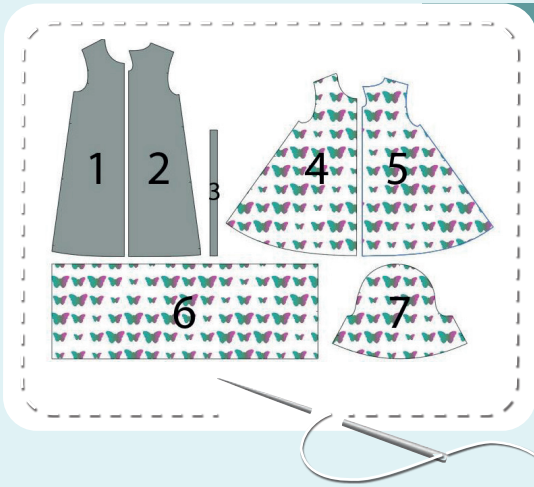
Before beginning your sewing project, wash the cotton lycra jersey cut in warm water, dry and iron it. Do not sanforize the tulle fabric!

How to cut: Print and glue the paper patterns. When printing, do not forget to check the size of the test square.

Lay the paper pattern pieces onto the fabric. It is important to check that the grain is straight. Pin the paper pattern pieces to the fabric gently and cut the fabric along outline. Note: seam allowances are already included. Transfer all the marks from the pattern onto the wrong side of your fabric. If there is a direction of paillettes sewn, we take it into account when cutting.



Now you have



DRESS PIECES:

1. under-dress front - cut 1 on the fold (cotton lycra jersey)
2. under-dress back - cut 1 on the fold (cotton lycra jersey)
3. neck binding - cut 1 (cotton lycra jersey)
4. front - cut 1 on the fold (tulle fabric)
5. back - cut 1 on the fold (tulle fabric)
6. bottom tier - cut 2 on the fold (tulle fabric)
7. sleeve - cut 2 (tulle fabric)

Construction

Symbols



straight stitch



the stitch length in (mm)



flat lock stitch



zigzag stitch



the stitch width in (mm)



3-Step Zigzag Seam Finishing



unilateral zipper presser foot



universal presser foot



invisible zipper presser foot



pinning

You should lockstitch the seam and trim the thread tails or tie the seam thread tails and hide them into the seam after sewing a serger stitch or cover seaming chain stitch.



double welting (piping) presser foot



3-thread serger stitch



4-thread serger stitch

NOTE

A

4-thread serger stitch

If you do not have a serger, you can use stretch stitches available on your sewing machine, or at least, a zigzag stitch.

B

3-thread serger stitch

If you do not have a serger, you can replace it with an overedge stitch, or a zigzag stitch.

C

flat lock stitch

If you do not have a coverstitch machine, the flat seam can be performed with a) a twin needle on a sewing machine, b) decorative stretch seam on a sewing machine, c) finish the seams with serger and stitch them with a straight stitch.



Dress construction



1



4

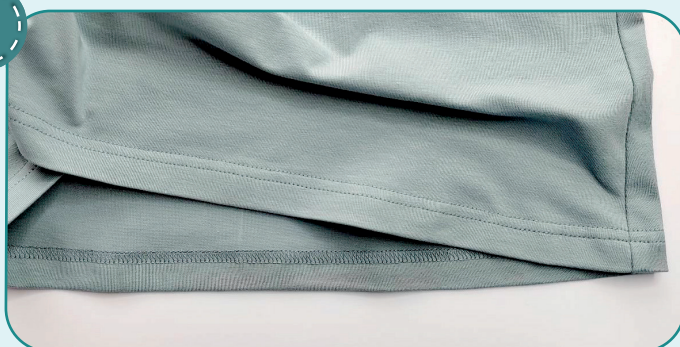
2,5-3,5

7

Pin the front and back of the under-dress along the shoulder and side edges with right sides together. Serge the seams. Press the seam allowances flat towards the front.

NOTE. If you lack experience, it is better to hand-baste before stitching.

2



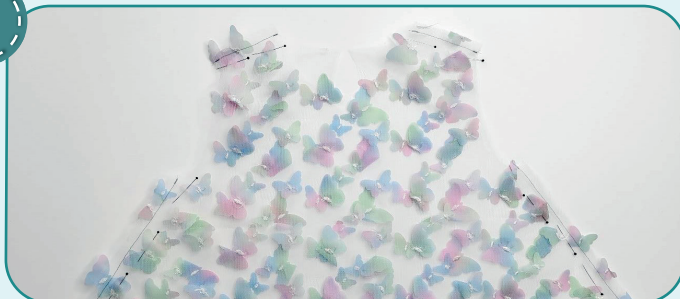
5,6

2,5-3

5,6

Fold the under-dress lower hem to the wrong side at 20 mm (13/16") and press it. You can whip stitch the edge. Coverstitch the lower hem. Tie the thread tails on the wrong side and hide them into the seam. Press it again.

3



2,5-3

2,5-3

2,5-3

With right sides together, pin the front and the back of the dress along the shoulder and side edges. Stitch them 10 mm (3/8") in from the edge.

4



3

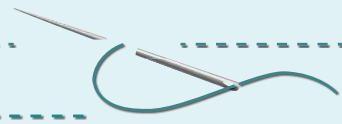
2,5-3,5

7

Finish the shoulder and side edges with the serger. Use a 3-thread serger stitch (the left needle is removed) to finish the edges. Press the seam allowances flat towards the back.



NOTE. Use a scrap of fabric to select a temperature mode beforehand.

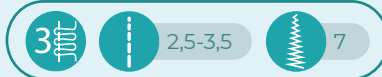


5



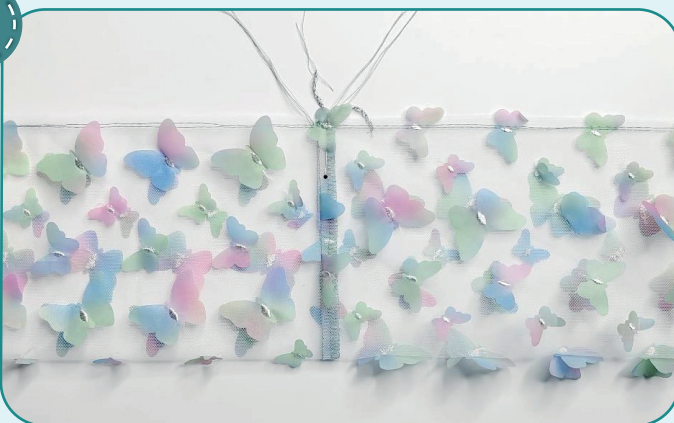
With right sides together, pin the tier pieces along the short edges. Stitch them 10 mm (3/8") in from the edge.

6



Finish the tier short edges with a 3-thread serger stitch. Press the seam allowances flat towards the back.

7



Place the tier in half with wrong side inside. First sew two parallel seams along the tier half 5 mm (3/16") and 7 mm (1/4") in from the edge, then repeat the process for the other half. Set maximum stitch length (4-5 mm), do not bar tuck, leave the thread tails at least 50 mm (2").

8



Pull the upper threads to gather the tier upper edge to the length specified in the pattern. Tie the thread tails at the ends of the seams. Spread the gathers evenly. Hand-baste or pin the tier to the dress lower edge with right sides together. Align the side seams and the pieces center marks.

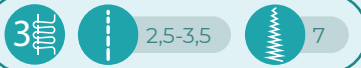


9



Stitch the tier to the dress lower edge 10 mm (3/8") in from the edge.

10



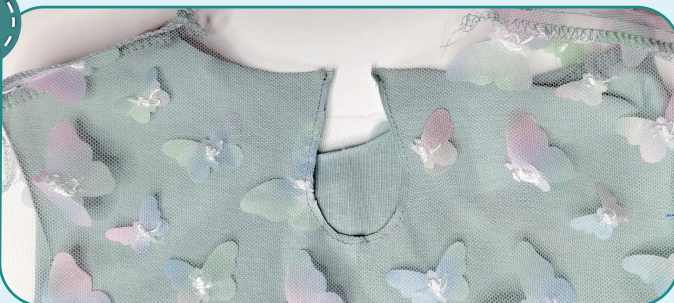
Finish the seam allowances with a three thread serger stitch. Press the seam allowances upwards.

11



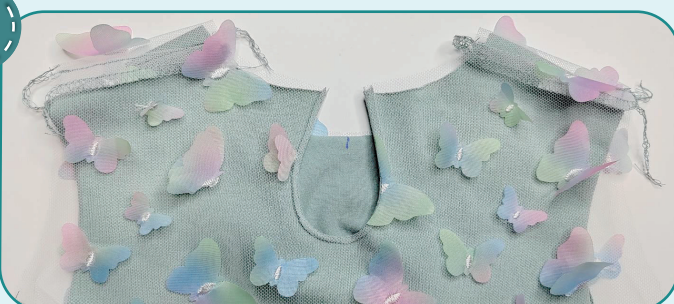
Pin the upper-dress right side to the under-dress wrong side along the back neck cutout.

12



Trim the seam allowances of the cutout.

13



Turn the garment out to the right side. The seam allowance should end up between the upper-dress and under-dress. Press the cutout forming a roll.



14



Stitch the cutout 1 mm (1/16") in from the edge. Press it.

15



To join both dresses together, stitch them along the neckline and the armholes 5 mm (3/16") in from the edge.



16



With right sides together, pin the neck binding to the neckline slightly stretching it. Tuck the ends of the neck binding about 5 mm (3/16") to the wrong side and trim the excess of it. Stitch it 5 mm (3/16") in from the edge.

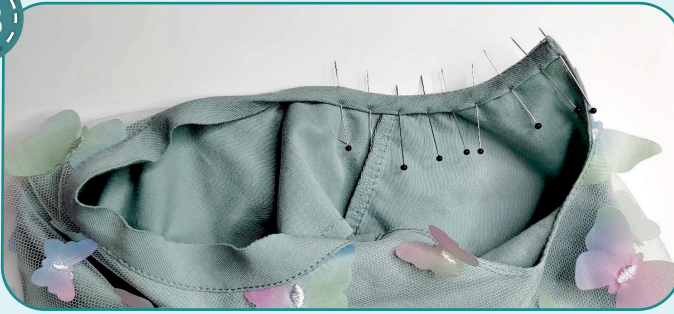
17



Stitch the neckline seam allowances onto the neckline binding 1 mm (1/16") away from its attaching seam. Press the neckline binding towards the wrong side forming a roll.

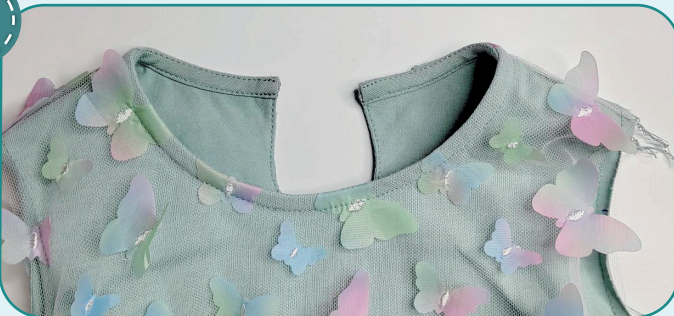


18



Tuck the neckline binding to the wrong side along the seam allowance. Hand-baste or pin it to the garment. Press it.

19



Stitch the neckline binding 1 mm (1/16") away from the fold and 7 mm (1/4") away from the neckline edge. Stitch from the garment wrong side. Press it.

20



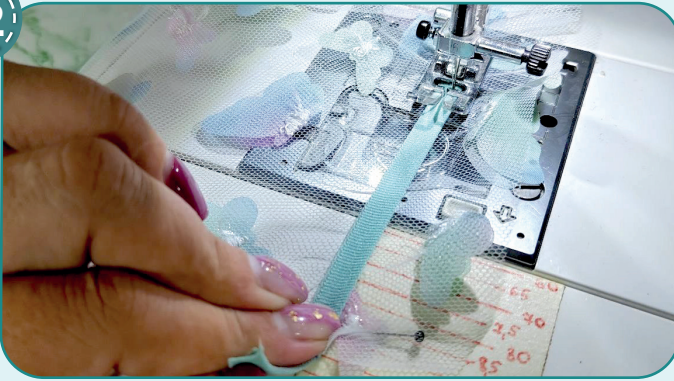
Stitch two parallel rows along the sleeve cap 5 and 7 mm (3/16 and 1/4") in from the edge. Stitch from mark to mark (the two closest marks to the top center mark are meant). Set maximum stitch length (4-5 mm), do not bar tuck, leave the thread tails at least 50 mm (2").

21

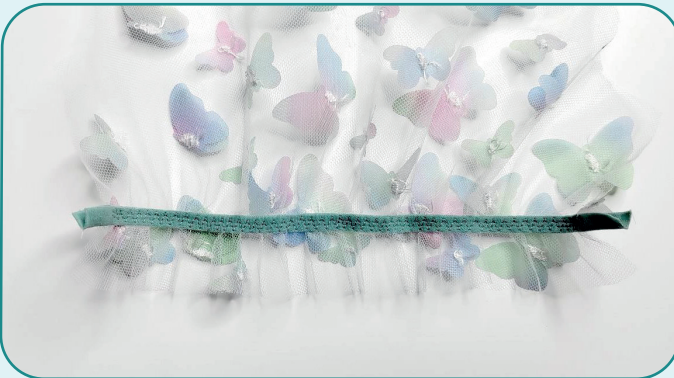


Cut the elastic 6 mm (1/4") wide and the length indicated on the sleeve pattern + 30 mm (1 3/16"). Pin the elastic ends to the sleeve side edges leaving free 15 mm (9/16") from each side. This is necessary to move the elastic easier when sewing on. Place the elastic 30 mm (1 3/16") above the sleeve lower edge.

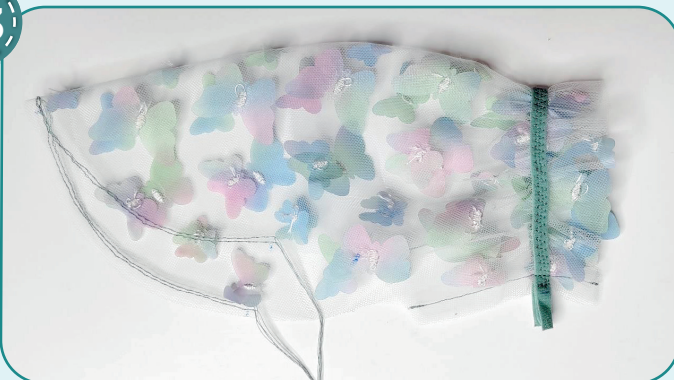
22



Evenly stretching the elastic, stitch it with a zig-zag or a 3-point zigzag stitch. Stitch from the elastic side. For convenience, you can draw a marking line 30 mm (1 3/16") away from the sleeve edge.

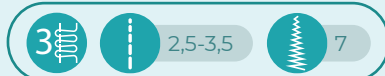


23



Pin the sleeve along the side edges with right side inside and align the elastic ends. Stitch them 10 mm (3/8") in from the edge.

24



Finish the edges with a 3-thread serger stitch. Hide the thread tails into the seam. Press the seam allowances flat towards the back.

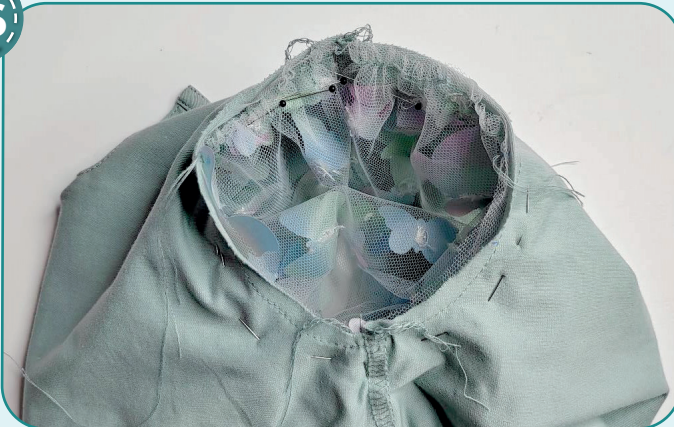


25



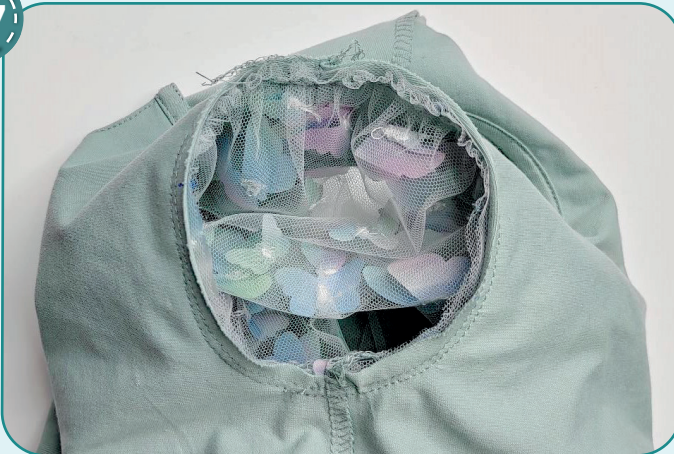
Pin the sleeve into the armhole with right sides together. Align the side seams and the check marks.

26



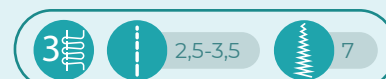
Pull up the gathers to make the sleeve cap fit the armhole, using the thread tails of two rows along the sleeve cap. Tie the thread tails at the ends of the seams. Evenly spread the gathers along the sleeve cap. Pin or baste along the sleeve cap.

27



Stitch the sleeve into the armhole 10 mm (3/8") in from the edge. Stitch from the sleeve side.

28



Finish the edges with a 3-thread serger stitch. Press the seam allowances on the edge. Repeat the process for the other sleeve (steps 20-28).



29



Make a loop (take 6-8 threads for it) on one of the cutout sides according to the size of the button, then make a set of arcs to wave the loop.

30



Sew on a button on the cutout opposite side.

31



Remove the basting stitches, trim the thread tails and hide them into the seam. The dress is ready!



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Thank you for joining my team and me!
Share your works in my groups. Hope you will stay with us for our next project!

